

Mental Health Nursing

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Why did you choose psychiatric/mental health nursing?

I like talking to people .

Please provide a brief description of what you do.

I am a charge nurse who also provides direct patient care.

Please describe your role in the health care team in the region/ organization/community where you practice psychiatric/mental health nursing.

Staff nurse to education the community about mental health.

What do you consider to be the most challenging and most rewarding parts of psychiatric/mental health nursing?

The most challenging part of mental health nursing is dealing with patient conflicts on the unit.

The most rewarding part is seeing the patients discharge at a higher level of caring for themselves in the community.

What advice do you have for nursing graduates who are considering psychiatric/mental health nursing as a career?

I would advise the new grads to obtain some basic nursing skills such as Med/Surg because you will have to deal with the mental and medical issues.

