

Michigan Alliance for Prevention of Sudden Cardiac Death of the Young (MAP-SCDY)

MAP-SCDY is a statewide collaborative network that strives to prevent sudden cardiac death of the young. MAP-SCDY provides leadership, education, and resources to help communities prevent sudden cardiac death of the young.

To learn more about sudden cardiac death of the young, please visit www.michigan.gov/scdy

For more information, please contact:

MI HEARTSafe School Program

Phone: 1-866-852-1247

E-mail: MDHHS-MI-HeartSafe@michigan.gov
www.migr.org/miheartsafe

Michigan Department of Health and Human
Services

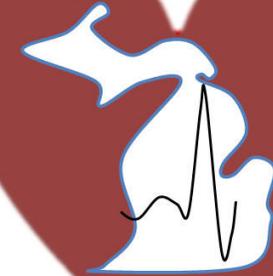
Genomics and Genetic Disorders Section

333 South Grand Ave
Lansing, MI 48933



Introducing

MI HEARTSafe



Schools

Important questions to consider:

- ♥ Does your school have a cardiac emergency response plan?
- ♥ Who can recognize the symptoms of cardiac arrest?
- ♥ Who knows how to get help "on the way, right away"?
- ♥ Who knows CPR in your school?
- ♥ Where are the automated external defibrillators (AEDs) located in your school building?
- ♥ Who knows how to use AEDs?



www.migr.org/miheartsafe

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What are MI HEARTSafe Schools?

MI HEARTSafe Schools are prepared for cardiac emergencies.

MI HEARTSafe Schools have met standards to protect their students, staff and visitors in the event of a sudden cardiac arrest. The Michigan Department of Health and Human Services, Michigan Department of Education, Michigan High School Athletic Association, American Heart Association and Michigan Alliance for Prevention of Sudden Cardiac Death of the Young (MAP-SCDY) designate these schools as MI HEARTSafe.

The MI HEARTSafe School designation is for three years. MI HEARTSafe Schools receive a certificate and are named on the www.migr.org/miheartsafe website. There is no cost for schools to apply or to receive the MI HEARTSafe School designation.

Why should our school become MI HEARTSafe?

Cardiac arrest is often an unexpected and sudden event that can happen at any age.

The American Heart Association recommends the *Chain of Survival* to increase chances of survival for victims of cardiac arrest.



The *Chain of Survival* steps include:

- ♥ Early recognition of a cardiac arrest and calling 9-1-1
- ♥ Rapid bystander response with hands-only CPR
- ♥ Use of an AED
- ♥ Emergency medical services
- ♥ Post-cardiac arrest care

The *Chain of Survival* needs to be done quickly (goal of 3-5 minutes from collapse to rapid defibrillation).



MI HEARTSafe Schools are prepared to implement the *Chain of Survival* to save lives.

How does our school become MI HEARTSafe?

Schools interested in becoming MI HEARTSafe need to complete an application which can be found at www.migr.org/miheartsafe. There is no cost to apply.

Criteria include:

- ✓ **A written medical emergency response plan** reviewed at least annually with staff
- ✓ **A medical emergency response team** with current CPR/AED training, sufficient to respond to an emergency during school hours and organized after-school activities
- ✓ **Current CPR/AED training** for at least 10% of staff, 50% of coaches and 100% of varsity head coaches and physical education staff
- ✓ A sufficient number of accessible, **properly maintained and inspected AEDs**, ready to use, with signs identifying AED locations
- ✓ Performance of at least one **cardiac emergency response drill** per year
- ✓ **Pre-participation sports screening** for all athletes using the most current form endorsed by Michigan High School Athletic Association (MHSAA)