

Individual Level Prevention Counseling (ILPC) program outline
Implemented June 2011

The ILPC would consist five one-one-one counseling sessions delivered with fidelity as trained in the ILPC model.

Recruitment: Eligible clients will be HIV positive and experiencing at least one of the following:

- Recent (within one calendar year) STI;
- Recent (within two years) HIV diagnosis;
- Disclosure of on-going risk behavior for acquisition of STI and/or transmission of HIV.

This is a voluntary program for clients who wish to address STD and HIV risk related to sexual and/or substance use behaviors.

Session 1: Introduction to program
Completion of informed consent
Completion of Pre-Test
Initial Assessment utilizing ILPC forms
Assess risks and goals in the domains of:

- Sexual Risk
- Substance Use related to sexual risk
- Disclosure/Communication of HIV status
- Partner Services
- Referrals as needed

Session 2: Continuation of Initial Assessment, if needed
Client goal setting in each applicable risk domain
Action Step documentation per goal
Referrals as needed

Session 3: Action Step documentation per client goal
Feedback, coaching and progress assessment on Action Steps
Referrals as needed

Session 4: Continued Action Step documentation
Feedback, coaching and progress assessment of Action Steps
Referrals as needed

Session 5: Continued Action Step documentation
Feedback, coaching and progress assessment of Action Steps
Referrals as needed
Documentation of discharge and discharge plan
Post-test survey completion

Service referrals should be made as needed throughout the program as expediently as possible.