

Michigan Cardiovascular Alliance

Meeting – Kellogg Center

May 30, 2013

Attending: Sandra Chase, Mark Fendrick, Julie Gleason, Robert Ross, Kristi Pier, Sarah Poole, Alice Betz, Sylvia Roemer, Stacey Jackson, Sandy Waddell, Elaine Schneringer, Angela Vanker, Teri Wilson, Stacey Roberts, Kristina Dawkins, Rochelle Hurst, Christi Demitz, Jill Gregus

Sandra Chase and Mark Fendrick welcomed everyone – Mark Fendrick shared a heartwarming story of his mother’s stroke and timely tPA given. Introductions were made.

Dinner

Teri Wilson – Power Point: HDSP accomplishments 2009-2014 (Powerpoint included at the end of the minutes)

Teri presented progress made toward accomplishing the strategic plan objectives over the project period. A final report is due to CDC in September. Receiving updated surveillance data was challenging due to the epidemiologist vacancy. Further analysis can be conducted once MDCH fills the position.

MDCH submitted one coordinated request for funding to CDC for heart disease/stroke, diabetes, obesity and school health. We are hoping to hear the funding decision by the beginning of next week. All states will receive basic funding and had the opportunity to apply for enhanced funding, which Michigan did. CDC has been moving in the direction of more collaborative approach and making that link between primary care and community resources. This collaborative CDC funding application was the first of its kind for MDCH.

Partner Updates:

Sandy Waddell – National Kidney Foundation of Michigan (NKFM):

NKFM has worked for three years with MDCH convening an advisory group. Four projects have been completed since May 2010, with the last couple centered on education. Staff in low income FQHCs in Detroit and Flint is doing teach back with patients about the importance of adherence. A considerable number of referrals have been made, especially to PATH and Enhance Fitness. Inkster had a core program as well as several educational opportunities to address chronic conditions. Some FQHCs have a community health worker in the lobby to encourage patients to use high blood pressure monitor by themselves. NKFM and MPRO are offering the same initiatives, so there could be an opportunity to collaborate and give a high blood pressure webinar. Some challenges working with the FQHCs include high staff turnover and the MAs not having a medical background. Dr. Flack, chairperson of the Hypertension Expert Group, said there was no accurate method of taking HBP measurement on morbidly obese patients. The size of the large cuff is not large enough. NKFM would like more brochures on the DASH Diet.

Julie Gleason – Wayne State University Cardiovascular Research Institute (CVRI):

Received grant “Eating for Heart Health.” Kiosk housed in Detroit Primary Care Clinic. Information provided via the kiosk on healthy eating. The first measurements they take for this project are BP and weight. All participants were low-income African Americans with BMIs greater than 25. Average age of participants was 55 and 80% were women. During the project, everyone lost weight. Project staff included four PhD nurses and an MPH student. Project results will be published. Curriculums for blood pressure and diabetes educational modules, which are evidence-based, were provided by American Telecare, Inc.

Sarah Poole – American Heart Association:

AHA is involved in Healthy Kids Healthy Michigan. Watching tobacco prevention issues in Lansing: for example, possible bill to provide smoking exemption for restaurant patios. AHA also is playing a role in the Medicaid expansion debate. Continue to work on stroke and STEMI project. Working on 4x4 program. Bill introduced and sitting with the House

Education Committee that proposes to substitute of one fire drill with one AED/cardiac response drill. Christian Hurley is working on a disparities project in the Detroit area. AHA has been happy to be a part of the MiCA group as it has helped them keep in touch of what is going on.

Alice Betz –Michigan State Medical Society, Michigan Academy of Pediatricians:

Working with Healthy Kids, Healthy Michigan. Completed a year in a hospital collaborative, will get final data in the fall.

Stacey Roberts – State of Michigan - MOSAIC Stroke Registry:

Stroke remains the 4th leading cause of death and a major cause of long term disability for Michiganders. As a whole, MI has near national average age-adjusted stroke-related death rates, however over half of Michigan counties are above the national rate. Stroke hospital readmission rates for stroke among the Medicare population are some of the nation's highest. The registry is looking at in hospital and transitions of care to the post hospital setting.

Stacey Comstock Jackson – Institute for Health Care Studies:

Work with Medicaid Health Plans on quality improvement initiatives. The project is focusing on 6 small practices in Detroit working with diabetes. CMS – 1 million of funding, 75% is for Medicaid with focus on maternal child health, obesity, and hypertension monitoring. The goal is to integrate with programs. The approach can touch many conditions.

Kristi Pier – Diabetes Prevention Program:

The National Diabetes Primary Prevention program is being implemented throughout Michigan. They are working with organizations that receive Diabetes Prevention Recognition Program certification to support standardized practice. There are 91 hospital-based certified diabetes self-management education programs. They will be collaborating with the MDCH Cardiovascular Health Section if receive funding from CDC to address heart disease & stroke, diabetes, obesity and school health. They do a lot around PATH, pairing up with National Kidney Foundation of Michigan primarily in low income areas. The Diabetes Partners in Action Coalition is still going strong.

Bob Ross – Physician Assistant Association:

Thank you to the group for listening to him about PAD over the years. PAD is prevalent with diabetes & kidney disease. If anyone wants to learn more about taking BP in ankle please contact him.

Sylvia Roemer & Angela Vanker – MPRO:

MPROs newest project focuses on hypertension in Wayne and Genesee Counties as part of the recently awarded CMS State Innovation Model award. They are working with all FQHCs & working with physicians. Dr. Flack has helped guide them; the project has been received well. They needed MPRO to recruit 225 physicians, and they recruited 260. One key component is Cardiac Learning and Action Network. Implementation of ABCs/ Million Hearts has improved because they are able to get credit for it.

Elaine Schnueringer– Health Plans Plus:

They will add blood pressure checks to the flu shot clinics this fall. They are addressing depression and chronic conditions via a website. They are eager to see and share the data. They are working with MSU prevention program to gathering information.

The Future of the MiCA Partnership

This was the last meeting of the Michigan Cardiovascular Alliance. MDCH appreciates MiCA members sharing their expertise and knowledge; the state heart disease and stroke efforts over the past six years could not have happened without their input. A membership survey was conducted in fall 2012. All responders said they would like to stay connected for the purpose of bringing researchers and policy makers together to address cardiovascular disease, collaborate on special projects, provide an opportunity for networking, provide a venue for MDCH to share its priorities, and assist with the 4 x 4 program implementation. Some additional ideas generated at the meeting to keep MiCA members connected:

- Connect at the Premier Public Health Conference in the fall.
- The potential CDC heart disease & stroke, diabetes, obesity and school health grant is more implementation than collaborative, but MiCA members could be contacted if opportunities arise for collaboration.
- Set up a virtual group using social media. PH Connect offers a venue for creating a group.
- Maybe just staying connected and then asking others to get involved.

*MDCH will follow up and invite MiCA participants to be part of a social media group as the first way to stay connected.

Evaluation

Attendees were given a sheet to write down what type of support their organization has provided the heart disease and stroke or Million Hearts initiatives. MDCH will send the sheet to members unable to attend.

***Though this was discussed at the meeting – MDCH will not be able to play this role, as it is more appropriate that this activity is carried out by a partner external to MDCH.**