



Datasheet Reference Guide

Data element description	Variable name	Coding/valid-values
Participant ID	PARTICIP	Uniquely assigned by site; up to 25 alphanumeric characters
Participant's Prediabetes Determination (1 of 5)	FPG	1 Prediabetes diagnosed by FPG 2 Prediabetes NOT diagnosed by FPG (default)
Participant's Prediabetes Determination (2 of 5)	OGTT	1 Prediabetes diagnosed by 2-hour OGTT 2 Prediabetes NOT diagnosed by OGTT (default)
Participant's Prediabetes Determination (3 of 5)	A1C	1 Prediabetes diagnosed by A1c 2 Prediabetes NOT diagnosed by A1c (default)
Participant's Prediabetes Determination (4 of 5)	GDM	1 Prediabetes determined by clinical diagnosis of GDM during previous pregnancy 2 Prediabetes NOT determined by GDM (default)
Participant's Prediabetes Determination (5 of 5)	RISKTEST	1 Prediabetes determined using the CDC Prediabetes Screening Test 2 Prediabetes NOT determined using the CDC Prediabetes Screening Test (default)
Participant's Age	AGE	18 to 125 (in years, rounded with no decimals)
Participant's Ethnicity	ETHNIC	1 Hispanic or Latino 2 Not Hispanic or Latino 9 Not reported (default)
Participant's Race (1 of 5)	AIAN	1 American Indian or Alaska Native 2 Not American Indian or Alaska Native (default)
Participant's Race (2 of 5)	ASIAN	1 Asian 2 NOT Asian (default)
Participant's Race (3 of 5)	BLACK	1 Black or African American 2 NOT Black or African American (default)
Participant's Race (4 of 5)	NHOPI	1 Native Hawaiian or Other Pacific Islander 2 NOT Native Hawaiian or Other Pacific Islander (default)



Datasheet Reference Guide

Data element description	Variable name	Coding/valid-values
Participant's Race (5 of 5)	WHITE	1 White 2 NOT White (default)
Participant's Sex	SEX	1 Male 2 Female
Participant's Height	HEIGHT	30 to 98 (in inches) — or — 99 Not reported (default)
Organization Code	ORGCODE	Unique code assigned by CDC to recognized site; Up to 25 alphanumeric characters;
Location Code	LOCATION	Unique code assigned by site for location of program; Up to 25 alphanumeric characters
Core Group Code	CORECODE	Unique code assigned by site for each program group; up to 25 alphanumeric characters
Session Date	DATE	mm/dd/yyyy
Lifestyle Coach ID	COACH	Unique code assigned by site for each Lifestyle Coach; Up to 25 alphanumeric characters
Participant's Weight	WEIGHT	70 to 997 (in pounds) — or — 998 Pregnant (data will not be included when calculating average weight loss — or — 999 Not recorded (default)
Participant's Physical Activity Minutes	PA	0 to 997 (in minutes) — or — 998 Monitoring not begun in curriculum — or — 999 Not recorded (default)
Session Type	SESSTYPE	C Core session P Post-core session M Make-up for core session
Session ID	SESSID	1 to 16 Core or makeup session — or — 99 Post-core session



Datasheet Reference Guide

Helpful Tips for Using the Datasheet

1. The highlighted information should be the same for the participant across all sessions.

PARTICIP	FPG	OGTT	A1C	GDM	RISKTEST	AGE	ETHNIC	AIAN	ASIAN	BLACK	NHOPI	WHITE	SEX	HEIGHT	ORGCODE	LOCATION	CORECODE	DATE	SESSTYPE	SESSID	WEIGHT	PA
12-A-01	2	2	2	2	1	49	2	2	1	2	2	2	1	67	12345	MAIN	2012 - A	1/17/2012	C	1	186	998

- PARTICIP
- FPG
- OGTT
- A1C
- GDM
- RISKTEST
- AGE
- ETHNIC
- AIAN
- ASIAN
- BLACK
- NHOPI
- WHITE
- SEX
- HEIGHT
- ORGCODE
- LOCATION
- CORECODE

2. Note that more than one risk factor can be indicated in verifying a participant's prediabetes determination.

PARTICIP	FPG	OGTT	A1C	GDM	RISKTEST	AGE	ETHNIC	AIAN	ASIAN	BLACK	NHOPI	WHITE	SEX	HEIGHT	ORGCODE	LOCATION	CORECODE	DATE	SESSTYPE	SESSID	WEIGHT	PA
12-A-01	1	2	2	2	1	49	2	2	1	2	2	2	1	67	12345	MAIN	2012 - A	1/17/2012	C	1	186	998

- FPG
- OGTT
- A1C
- GDM
- RISKTEST



Datasheet Reference Guide

3. "Make up" sessions (coded as "M") are often conducted immediately preceding the next session. Therefore, the participant's weight data may be identical from one session to the next (see highlighted text below for reference).

DATE	SESSTYPE	SESSID	WEIGHT	PA
1/17/2012	C	1	186	998
1/24/2012	C	2	184	998
1/31/2012	C	3	183	998
2/7/2012	C	4	183	998
2/14/2012	C	5	184	998
2/21/2012	C	6	182	60
2/28/2012	C	7	180	110
3/6/2012	C	8	179	140
3/13/2012	C	9	999	999
3/20/2012	C	10	178	160
3/27/2012	M	11	180	150
4/3/2012	C	12	180	150
4/17/2012	C	13	176	140
4/24/2012	C	14	175	170

4. Code 999 is used for missed sessions, indicating that no data was collected (note: encourage participants to make up missed sessions whenever possible).

PARTICIP	FPG	OGTT	A1C	GDM	RISKTEST	AGE	ETHNIC	AIAN	ASIAN	BLACK	NHOPI	WHITE	SEX	HEIGHT	ORGCODE	LOCATION	CORECODE	DATE	SESSTYPE	SESSID	WEIGHT	PA
12-A-01	2	2	2	2	1	49	2	2	1	2	2	2	1	67	12345	MAIN	2012 - A	8/7/2012	P	99	999	999



Datasheet Reference Guide

5. Data on any participant who has attended four or more core sessions will be included in the final data report. If a participant misses a session or drops out after at least 4 sessions, enter code 999 to indicate each session that was not attended.

PARTICIP	FPG	OGTT	A1C	GDM	RISKTEST	AGE	ETHNIC	AIAN	ASIAN	BLACK	NHOPI	WHITE	SEX	HEIGHT	ORGCODE	LOCATION	CORECODE	DATE	SESSTYPE	SESSID	WEIGHT	PA
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	1/17/2012	C	1	132	998
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	1/24/2012	C	2	131	998
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	1/31/2012	M	3	130	998
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	2/7/2012	C	4	130	998
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	2/14/2012	C	5	999	998
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	2/21/2012	C	6	130	60
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	2/28/2012	C	7	128	80
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	3/6/2012	C	8	99	99
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	3/13/2012	C	9	129	100
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	3/20/2012	C	10	999	999
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	3/27/2012	C	11	999	999
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	4/3/2012	C	12	999	999
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	4/17/2012	C	13	999	999
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	4/24/2012	C	14	999	999
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	5/1/2012	C	15	999	999
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	5/8/2012	C	16	999	999
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	6/5/2012	P	99	999	999
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	7/10/2012	P	99	999	999
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	8/7/2012	P	99	999	999
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	9/11/2012	P	99	999	999
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	10/9/2012	P	99	999	999
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	11/6/2012	P	99	999	999
12-A-04	2	2	2	2	1	32	2	2	2	2	1	2	2	61	12345	MAIN	2012 - A	12/4/2012	P	99	999	999



Datasheet Reference Guide

6. It is not required to record participants' minutes of Physical Activity (PA) during post-core. If you are not recording a participant's PA in post-core, use code 999. If you are recording a participant's PA, use an average of the weeks between sessions (given that post-core sessions are held approximately every 4 weeks).

SESSTYPE	SESSID	WEIGHT	PA
C	1	186	998
C	2	184	998
C	3	183	998
C	4	183	998
C	5	184	998
C	6	182	60
C	7	180	110
C	8	179	140
C	9	999	999
C	10	178	160
M	11	180	150
C	12	180	150
C	13	176	140
C	14	175	170
C	15	174	150
C	16	174	150
P	99	172	999
P	99	173	999
P	99	999	999
P	99	173	999
P	99	174	999
P	99	172	999
P	99	173	999

7. PA monitoring is not introduced until session 5 of the lifestyle change program. If your program is using the national curriculum, code PA minutes as 998 until PA monitoring is introduced after session 5.

PARTICIP	FPG	OGTT	A1C	GDM	RISKTEST	AGE	ETHNIC	AIAN	ASIAN	BLACK	NHOPI	WHITE	SEX	HEIGHT	ORGCODE	LOCATION	CORECODE	DATE	COACH	SESSTYPE	SESSID	WEIGHT	PA
12-A-01	1	2	2	2	1	49	2	2	1	2	2	2	1	67	12345	MAIN	2012 - A	1/17/2012	LC1	C	1	186	998
12-A-01	1	2	2	2	1	49	2	2	1	2	2	2	1	67	12345	MAIN	2012 - A	1/24/2012	LC1	C	2	184	998
12-A-01	1	2	2	2	1	49	2	2	1	2	2	2	1	67	12345	MAIN	2012 - A	1/31/2012	LC1	C	3	183	998
12-A-01	1	2	2	2	1	49	2	2	1	2	2	2	1	67	12345	MAIN	2012 - A	2/7/2012	LC1	C	4	183	998
12-A-01	1	2	2	2	1	49	2	2	1	2	2	2	1	67	12345	MAIN	2012 - A	2/14/2012	LC1	C	5	184	998
12-A-01	1	2	2	2	1	49	2	2	1	2	2	2	1	67	12345	MAIN	2012 - A	2/21/2012	LC1	C	6	182	60
12-A-01	1	2	2	2	1	49	2	2	1	2	2	2	1	67	12345	MAIN	2012 - A	2/28/2012	LC1	C	7	180	110