

Nancy T. Artinian, PhD, RN, FAHA, FPCNA, FAAN



A fellow of the American Heart Association, Council on Cardiovascular Nursing, the Preventive Cardiovascular Nurses Association, and the American Academy of Nursing, Nancy T. Artinian is a professor at the Wayne State University College of Nursing where she is currently serving as the Interim Dean.

Dr. Artinian's sustained program of funded research has focused on cardiovascular health and health disparities, receiving grants from numerous agencies including the National Institutes of Health, the American Heart Association, and Metro Health Foundation, to conduct research designed to assist individuals with heart disease have better health outcomes. Her recent studies are among the first to test the use of cutting-edge technology to improve cardiovascular health. These studies include randomized clinical trials to test an Internet-based self-care and medication compliance device for heart failure patients, and to test home blood pressure telemonitoring in assisting African Americans with controlling their blood pressure. Currently, Dr. Artinian is testing the ef-

fects of a kiosk-based education and self-monitoring intervention on nutrition knowledge and eating behavior among primary care patients receiving care in Detroit healthcare clinics.

Dr. Artinian has written over 80 publications including an American Heart Association Scientific Statement titled, Interventions to Promote Physical Activity and Dietary Lifestyle Changes for Cardiovascular Risk Factor Reduction in Adults. She has served on review panels for the National Institute of Health, National Center for Minority Health and Health Disparities as well as served in several professional leadership roles including Vice President of the Midwest Nursing Research Society, at-large member of the Leadership Committee, Chair of the Prevention Committee and the Program Committee of the Council on Cardiovascular Nursing of the American Heart Association, and other local level leadership positions.

Dr. Artinian's Story

My initial thoughts about becoming a nurse were inspired by my mother, who was also a nurse. I worked as a candy striper during high school and loved the hospital environment, talking with patients, witnessing procedures, delivering meal trays etc., I excelled in sciences in high school and was fascinated by health and body. Although I was encouraged to consider other careers, I kept returning to nursing as my 1st career choice; I have never regretted my decision. I have had a career that has stimulated me, nurtured ongoing professional development, brought immense satisfaction, and presented me with many wonderful opportunities.