Hypothermia Cardiac Arrest

Pre-Medical Control

MFR/EMT/SPECIALIST/PARAMEDIC

1. Follow **General Pre-hospital Care Protocol.**
2. Assess body temperature. If temperature is greater than 30° C (86° F), follow **Cardiac Arrest – General Protocol**
3. If pulseless, begin CPR.
4. Protect against heat loss.
5. Apply heat packs, if available, to axillae, groin, and neck.
6. Administer warmed humidified oxygen, if possible.

SPECIALIST/PARAMEDIC

7. Administer warmed NS IV/IO, if possible.

PARAMEDIC

8. Follow appropriate **VF/VT or Asystole/PEA Protocols** EXCEPT:
   A. Limit defibrillation to a single attempt.
   B. Medication Administration: follow appropriate cardiac arrhythmia treatment protocol with 1 round of medication.

EMT/SPECIALIST/PARAMEDIC

9. Initiate transport and contact Medical Control.

Follow **General Pre-hospital Care Protocol**

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Follow appropriate **VF/VT or Asystole/PEA Protocols EXCEPT:**

- Limit defibrillation to a single attempt
- Medication administration: follow appropriate cardiac arrhythmia treatment protocol with 1 round of medication.

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Initiate transport

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Contact Medical Control