Adrenal Crisis

Purpose: This protocol is intended for the management of patients with a known history of adrenal insufficiency, experiencing signs of crisis, and where the medication is readily available.

Indications:

1. Patient has a known history of adrenal insufficiency or Addison's disease.
2. Presents with signs and symptoms of adrenal crisis including:
    a. Pallor, headache, weakness, dizziness, nausea and vomiting, hypotension, hypoglycemia, heart failure, decreased mental status, or abdominal pain.
3. Medication is available.

Pre-Medical Control

PARAMEDIC

1. Follow **General Pre-hospital Care Protocol.**

Post-Medical Control

2. Administer fluid bolus NS.
3. Assist with administration of patient's own hydrocortisone sodium succinate (Solu-Cortef)
    a. Adult: 100 mg IVP
    b. Pediatric: <5 ft. tall (<35kg/75lbs) 1-2 mg/kg IVP
4. Transport
5. Notify Medical Control of patient's medical history.
6. Refer to **Hypoglycemia Protocol.**