

October Heart-to- Heart

Updates

From the Desk of Mary J. Marin, Executive Director, Family Center Children's Special Health Care Services (CSHCS) Division

A Word from Mary...

This is an exciting year for Children's Special Health Care Services. We are celebrating the 75th Anniversary of the federal Title V Program. With the passing of the Social Security Act of 1935, the Federal Government, through Title V, pledged its support of State efforts to extend health and welfare services for the Nation's mothers and children.

♥ Title V remains the only federal program that focuses solely on improving the health of all mothers and children.

♥ Title V is a partnership with State Maternal and Child Health (MCH)

♥ Title V funds support programs for children with special health needs to facilitate the development of family-centered, community-based, coordinated systems of care.

Direct services include medical care services for Children with Special Health Care Needs. Enabling services include transportation, translations, outreach, respite care, health education, family support services, purchase of health insurance, and case management coordination with Medicaid, WIC, and education. Population-based services include newborn screening, lead screening, immunization, sudden infant death syndrome counseling, oral health, injury prevention, nutrition and outreach/public education.

Infrastructure-building services include needs assessment, evaluation, planning, policy development, coordination, quality assurance, standards development, monitoring, training, applied research, systems of care and information systems.

Today many historical legacies of Title V survive as key components of local and state systems of care. Look for more information each month on the Title V program and how it benefits Michigan families. Edited from www.Amchp.org.

Mary J. Marin

October is National Disability Employment Month

The United States Department of Labor has designated this year's theme as "*Talent Has No Boundaries: Workforce Diversity INCLUDES Workers with Disabilities.*" The theme reminds the public that workers with disabilities represent a diverse and vibrant talent pool for hire. For more information, visit www.dol.gov or www.disability.gov. Michigan has recently added a new website dedicated to issues facing persons with disabilities. Additional information for Michigan residents can be found at www.Michigan.gov/disabilityresources.

Mini-Grant Update-Ingham County

Ingham County's CSHCS office held their parent/family picnic at Hawk Island on June 25, 2010. The outdoor program featured Mr. Johnnie Tuitel, a motivational speaker. He addressed concerns and challenges that families

The Family Center is a section of the Children's Special Health Care Services (CSHCS) Division of the Michigan Department of Community Health (MDCH). CSHCS is part of MDCH's Bureau of Family, Maternal and Child Health.

CSHCS primarily provides medical specialty care to children with a qualifying diagnosis. The Family Center serves families of all children with special needs. The Family Support Network of Michigan (FSN) is the Family Center's parent-to-parent support arm.

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CSHCS Family Phone Line
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Events and resources are compiled by the Family Center from a variety of sources. A listing does not stand for endorsement.

and Children with Special Health Care Needs (CSHCN) programs.

♥ Title V makes a special effort to build community capacity to deliver such services as care coordination.

may have experienced and gave insight on how to focus on abilities and opportunities when these challenges arise. Families enjoyed this dialogue and shared personal experiences. There was also creative face painting by Luci and a visit from funny and colorful clowns named Shanangians & Nifty. The children created unique sun visors at a make-and-take craft area. Everyone had a meal of hotdogs, beverages, cookies and chips during the gathering. About 40 people attended and had a great time chatting with the speaker, one another and CSHCS staff.

Lansing State Journal, along with reporters from Channel's 6 and 10 news, attended and did interviews with CSHCS staff and a parent of a child who is a client of CSHCS. Ingham County CSHCS is developing their website and plan to have pictures from the event posted.

2011 Mini-Grants

The mini-grants for next year must include the involvement of families in the policy and program development of CSHCS at the local health department level.

Free Health Care Coverage Booklet The Michigan Family-to-Family Health Information and Education Center (F2FHIEC) has produced a 20-page booklet called "Free and Low Cost Health Care Coverage Available to Michigan Adults, Children, Pregnant Women and Families." This booklet provides information on numerous free and low cost health care coverage programs available in Michigan.

It can be viewed at:

<http://bridges4kids.org/f2f/mdch.ins.booklet.pdf>

If you are interested in ordering free copies, go to :

<http://www.bridges4kids.org/f2f/cshcsorders.pdf>

To learn more about F2FHIEC visit our website at: www.bridges4kids.org/f2f

Epilepsy Online Support Group – A new free online Epilepsy Support Group is now available for “patients, family members and friends dedicated to dealing with Epilepsy.” The support group is part of MDJunction.com. Visit the website at

<http://www.mdjunction.com/epilepsy>

Events.....

Harvests and Haunts in Michigan State Parks and Recreation Areas

FALL in love with Michigan State Parks and Recreation Areas. From hayrides to haunted forests, they offer lots of reasons to extend your camping/outdoor season and have some fun with *Harvests & Haunts* events throughout the state. For information about activities in your area, go to www.Michigan.gov/dnr.

Fall is the time to enjoy the cooler weather, autumn colors and fresh apples. It's time to visit cider mills, orchards, corn mazes, harvest festivals and much more. Remember, there's not much time until the snow flies. Visit www.Michigan.org/Things-to-Do/Attractions,

HAVE A HAPPY AND SAFE HALLOWEEN!

When you're carving your Halloween pumpkins, don't throw away the seeds! [How to Roast Pumpkin Seeds](#)



1. Rinse pumpkin seeds under cold water and pick out the pulp and strings. (This is easiest just after you've removed the seeds from the pumpkin, before the pulp has dried.)
 2. Place the pumpkin seeds in a single layer on an oiled baking sheet, stirring to coat. If you prefer, omit the oil and coat with non-stick cooking spray.
 3. Sprinkle with salt and bake at 325 degrees F until toasted, about 25 minutes, checking and stirring after 10 minutes.
 4. Let cool and store in an air-tight container
- Edited from www.allrecipes.com