



Public Survey on Pain March 2009

Acknowledgements and Data Inquiry Information

The March 2009 public survey on pain knowledge, attitudes, and behavior was produced for the Professional Practice Section of the Michigan Department of Community Health's Bureau of Health Professions. It is the purpose of the Professional Practice Section to address significant practice issues such as the need to adequately and effectively manage pain and symptoms.

The Michigan Department of Community Health Office of Communications utilized the Glengariff Group, Inc. to conduct the public telephone survey. A special thanks to the MDCH Office of Communications and the Glengariff Group, Inc. for their guidance and survey input, and for completing the survey ahead of schedule.

A special thanks to the Advisory Committee on Pain and Symptom Management for their expertise and timely input as the Bureau refined their initial draft of the survey.

These survey data are not to be used for publications, presentations or other documents without approval from the Bureau of Health Professions.

If approval to use these data for publications, presentations or other documents has been granted by the Bureau, one must acknowledge the Bureau of Health Professions, MDCH Office of Communications, and the Glengariff Group, Inc. as the source of this survey information.

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GLENGARIFF GROUP, INC.

**MICHIGAN DEPARTMENT OF COMMUNITY HEALTH
PAIN MANAGEMENT SURVEY**

**1000 Sample
March 19, 2009**

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METHODOLOGY

The Glengariff Group, Inc. conducted a 1,000 sample statewide, random digit dial survey of Michigan residents for the Michigan Department of Community Health. The survey has a margin of error of +/-3.1% with a confidence level of 95%. The survey was conducted on March 11-16, 2009.

KEY FINDINGS

- 24.3% of Michigan residents have been told that they are entitled to have their pain managed as a basic part of their health care.
 - There is a statistically significant difference among Caucasian and African American respondents: 25.3% of Caucasian respondents have been told they are entitled to have their pain managed as compared to only 17.6% of African American respondents.
- 89% of respondents agree that acute pain can be effectively managed with today's pain medications or other treatments -- 50.8% of respondents strongly agree. A substantially lower 63.3% of respondents agree that chronic pain can be effectively managed with medications or treatments and only 21.3% of respondents strongly agree.
- By a margin of 60.7%-30.5% respondents agree that people do not seek pain treatment because they fear becoming addicted to pain medication.
- 28.2% of Michigan residents have sought treatment from a health care professional for an acute pain condition in the past year. Respondents reported a pain level of 7.02 prior to seeking treatment and a pain level of 2.75 after seeking treatment.
 - 29.0% of respondents with insurance reported seeking acute pain treatment while only 20.6% of respondents without insurance reported seeking acute pain treatment.
 - Respondents 55 years of age and older, respondents with income levels below \$25,000, and respondents with no insurance reported the highest levels of pain before receiving treatment.
 - Respondents with income levels below \$25,000 were the least satisfied with the treatment they received for their acute pain.

- 24.3% of Michigan residents have sought treatment from a health care professional for a chronic pain condition in the past year. Respondents reported a pain level of 7.47 prior to seeking treatment and a pain level of 3.67 after seeking treatment. Today, respondents with chronic pain conditions report their pain level at 4.22.
 - Residents that were most likely to seek treatment for chronic pain were respondents over the age of 45 years old, respondents with insurance, and respondents with income levels below \$25,000.
 - Female respondents, respondents aged 35-54, respondents with income levels below \$70,000, and respondents with no insurance reported the highest levels of pain prior to seeking treatment for a chronic condition.
 - By a margin of 77.0%-16.1%, respondents with a chronic pain condition are satisfied with the treatment they did or are receiving for their condition.

- Respondents were asked over the past year if they had received pain treatment from a list of health care professionals:
 - 54.8% had received care from a primary care provider, general practice doctor, osteopathic nurse, nurse practitioner or physician's assistant.
 - 14.4% received care from a physical therapist.
 - 14.2% received care from a chiropractor.
 - 13.1% received care from an orthopedic physician.
 - 11.0% received care from a surgeon.
 - 8.6% received care from a massage therapist.

- Only 4.5% of respondents indicated that they had ever had a physician or health care provider show a reluctance or refusal to prescribe what the respondents thought was an effective type or amount of pain medication.

- 23.8% of respondents have had an acute or chronic pain condition for which they did not seek medical treatment. Respondents most likely not to seek treatment were under the age of 24 years old, male, and those respondents without insurance.

- In the past year, 16.9% of respondents have had an acute or chronic pain condition which prevented them from either going to work or doing their job while at work.

MDCH PAIN MANAGEMENT SURVEY

Hello, my name is _____. I'm not selling anything. I am doing a survey of Michigan residents studying the issue of pain management for the Michigan Department of Community Health. The information from this survey will help to guide the state's policy on pain management issues. The survey should take less than ten minutes.

For statistical purposes, can you tell me in which year you were born? IF LESS THAN 18, ASK: IS THERE ANYONE IN THE HOUSEHOLD OVER 18 YEARS OLD WITH WHOM I CAN SPEAK?

1. Age

1.	18-24	(1985-1991)	4.3%
2.	25-34	(1975-1984)	8.2%
3.	35-44	(1965-1974)	20.9%
4.	45-54	(1955-1964)	26.2%
5.	55-64	(1945-1954)	20.2%
6.	65 +	(1944 or before)	20.2%
7.	Refused/ don't know...TERMINATE		0.0%

2. In what county do you live? IF WAYNE, ASK: WOULD THAT BE IN THE CITY OF DETROIT OR OUTSIDE OF THE CITY OF DETROIT?

1.	Northern Michigan	13.0%
2.	West Michigan	11.0%
3.	Southwest Michigan	8.5%
4.	Mid Michigan	8.6%
5.	Tri Cities/ East Central	7.9%
6.	Oakland County	13.4%
7.	Macomb County	8.4%
8.	Wayne County	11.1%
9.	City of Detroit	7.0%
10.	Remainder of Detroit MSA	11.1%
11.	Refused....TERMINATE	0.0%

3. Have you ever heard or been told that as a Michigan resident or patient you are entitled to have your pain managed as a basic part of your health care?

1.	Yes, have been told	24.3%
2.	No, have not been told	74.6%
3.	Don't know/ cannot recall	1.0%
4.	Refused...DO NOT OFFER	0.1%

When people talk about pain, they are talking about two different types of pain: acute and chronic. Acute pain refers to a pain that is generally temporary and short-lived such as a toothache, a strained muscle, an injury, or the pain following surgery. Chronic pain, on the other hand, tends to be continuous and recurring and may be caused by illnesses or ongoing conditions such as arthritis, cancer, fibromyalgia, or a number of other on-going health problems.

4. Based on what you know about acute pain – which is a short lived pain –would you say you agree or disagree with the following statement: “Acute pain can be effectively managed with today’s pain medication or other treatments.” ASK: WOULD THAT BE STRONGLY AGREE/DISAGREE OR JUST SOMEWHAT AGREE/DISAGREE?

1.	Strongly agree	50.8%
2.	Somewhat agree	37.2%
3.	Somewhat disagree	4.1%
4.	Strongly disagree	4.4%
5.	Neither agree, nor disagree....DO NOT OFFER	1.4%
6.	Don’t know...DO NOT OFFER	1.8%
7.	Refused...DO NOT OFFER	0.3%

5. Based on what you know about chronic pain – which is a continuous pain – would you say you agree or disagree with the following statement: Chronic pain can be effectively managed with today’s pain medication or other treatments. ASK: WOULD THAT BE STRONGLY AGREE/DISAGREE OR JUST SOMEWHAT AGREE/DISAGREE?

1.	Strongly agree	21.3%
2.	Somewhat agree	42.0%
3.	Somewhat disagree	15.0%
4.	Strongly disagree	12.3%
5.	Neither agree, nor disagree...DO NOT OFFER	2.9%
6.	Don’t know...DO NOT OFFER	6.4%
7.	Refused...DO NOT OFFER	0.1%

6. Please tell me whether you agree or disagree with the following statement. “People do not seek treatment for pain because they fear becoming addicted to pain medications.” Would you say you agree or disagree with that statement? ASK: WOULD THAT BE STRONGLY AGREE/DISAGREE OR JUST SOMEWHAT AGREE/DISAGREE?

1.	Strongly agree	22.1%
2.	Somewhat agree	38.6%
3.	Somewhat disagree	16.3%
4.	Strongly disagree	14.2%
5.	Neither agree, nor disagree...DO NOT OFFER	5.4%
6.	Don't know...DO NOT OFFER	3.4%
7.	Refused...DO NOT OFFER	0.0%

7. Again, acute pain refers to a temporary or short term condition such as a toothache, strained muscle, an injury, or pain following surgery. In the past year, have you sought treatment from a health care professional for an acute pain condition?

1.	Yes...MOVE TO Q8	28.2%
2.	No....MOVE TO Q11	71.7%
3.	Don't know/ can't remember...DO NOT OFFER/ MOVE TO Q11	0.1%
4.	Refused...DO NOT OFFER/ MOVE TO Q11	0.0%

8. On a scale from one to ten, with one meaning ‘zero pain’ and 10 meaning ‘the worst pain you could experience’, on most days how would you have rated your pain level BEFORE you were treated for your acute pain condition?

MEAN SCORE: 7.02

1	2	3	4	5	6	7	8	9	10	DK/Ref
1.8%	2.1%	3.2%	6.0%	12.4%	11.0%	14.5%	22.0%	11.0%	15.2%	0.7%

9. And on that same scale of one to ten, with one meaning 'zero pain' and ten meaning 'the worst pain you could experience', on most days how would you rate your pain level AFTER you were treated for your acute pain condition?

MEAN SCORE: 2.75

1	2	3	4	5	6	7	8	9	10	DK/Ref
33.7%	21.3%	16.0%	12.1%	6.0%	2.5%	3.9%	1.1%	1.1%	0.7%	1.8%

10. To what degree are you satisfied or not satisfied with the treatment you received for your acute pain condition? Would you say that you were very satisfied, somewhat satisfied, somewhat unsatisfied or very unsatisfied?

1.	Very satisfied	54.6%
2.	Somewhat satisfied	31.6%
3.	Neither satisfied/nor dissatisfied...DO NOT OFFER	2.5%
4.	Somewhat unsatisfied	6.0%
5.	Very unsatisfied	5.3%
6.	Don't know/ refused...DO NOT OFFER	0.0%

11. As you recall, chronic pain tends to be recurring pain caused by illness or conditions such as arthritis, cancer, fibromyalgia, or other ongoing health problems. In the past year, have you ever received treatment to manage a chronic pain condition?

1.	Yes...MOVE TO Q12	24.3%
2.	No...MOVE TO Q16	75.6%
3.	Don't know/ can't remember...DO NOT OFFER/ MOVE TO Q16	0.0%
4.	Refused...DO NOT OFFER/MOVE TO Q16	0.1%

12. On a scale from one to ten, with one meaning 'zero pain' and 10 meaning 'the worst pain you could experience', on most days how would you rate your pain level BEFORE you were treated for your chronic pain condition?

MEAN SCORE: 7.47

1	2	3	4	5	6	7	8	9	10	DK/Ref
0.4%	1.6%	3.3%	2.5%	8.6%	9.5%	16.0%	27.2%	9.9%	18.9%	2.1%

13. And on that same scale of one to ten, with one meaning 'zero pain' and ten meaning 'the worst pain you could experience', on most days how would you rate your pain level AFTER you were treated for your chronic pain condition?

MEAN SCORE: 3.67

1	2	3	4	5	6	7	8	9	10	DK/Ref
16.9%	19.3%	16.5%	13.2%	12.8%	6.2%	7.0%	4.5%	0.4%	1.2%	2.1%

14. And using that same one to ten scale, during the last two weeks how would you rate your pain level for your chronic pain condition?

MEAN SCORE: 4.22

1	2	3	4	5	6	7	8	9	10	DK/Ref
17.7%	12.3%	15.2%	11.5%	9.5%	10.3%	6.2%	9.9%	2.9%	2.1%	2.5%

15. To what degree are you satisfied or not satisfied with the treatment you are receiving or did receive for your chronic pain condition? Would you say that you were very satisfied, somewhat satisfied, somewhat unsatisfied or very unsatisfied?

1. Very satisfied	35.0%
2. Somewhat satisfied	42.0%
3. Neither satisfied/nor dissatisfied...DO NOT OFFER	2.9%
4. Somewhat unsatisfied	13.2%
5. Very unsatisfied	7.0%
6. Don't know/ refused....DO NOT OFFER	0.0%

16. I am going to read you a list of health care professionals who may have treated your pain over the past year. For each type of professional, please tell me if you have sought help from this type of health care professional at any point during the last year.
 READ OPTIONS 1-18

1.	Acupuncturist	1.5%
2.	Chiropractor	14.2%
3.	Massage therapist	8.6%
4.	Oncologist or cancer specialist	2.8%
5.	Orthopedic physician	13.1%
6.	Osteopathic physician for manipulation	4.3%
7.	Pain specialist	6.8%
8.	Palliative care or hospice specialist	0.2%
9.	Physical therapist	14.4%
10.	A Primary care provider such as a family doctor, a general practice doctor, an osteopathic nurse, a nurse practitioner, or a physician's assistant.	54.8%
11.	Psychiatrist	3.9%
12.	Psychologist, social worker, or a mental health counselor	4.0%
13.	Rheumatologist	3.8%
14.	Spiritual counselor or a member of the clergy	5.3%
15.	Sports medicine physician	2.6%
16.	Surgeon	11.0%
17.	Was there anyone else who treated you? SEE APPENDIX A	7.2%
18.	I HAVE NOT BEEN TREATED FOR PAIN THE PAST YEAR/ [MOVE TO Q19]	33.0%
19.	Refused....DO NOT OFFER	0.5%

17. In the past year, have you ever had a physician or other health care provider show a reluctance or a refusal to prescribe what you thought was an effective type or amount of pain medication?

- | | | |
|----|--|-------|
| 1. | Yes....MOVE TO Q18 | 4.5% |
| 2. | No....MOVE TO Q19 | 95.5% |
| 3. | Don't know/ not sure....DO NOT OFFER...MOVE TO Q19 | 0.0% |
| 4. | Refused...DO NOT OFFER....MOVE TO Q19 | 0.0% |

18. I am going to read you six different reasons why the health care professional might have refused or been reluctant to prescribe that medication. Please tell me for each if you believe that might have been the reason or part of the reason for not prescribing the medication or the dosage. READ 1-6

- | | | |
|----|--|-------|
| 1. | Your health care provider did not believe that your pain was bad enough for you to need a certain type or amount of a pain medication. | 50.0% |
| 2. | Your provider was concerned that you would become, or were becoming, addicted to the pain medication. | 30.0% |
| 3. | Your provider thought you would not use the medication as prescribed by either taking too much, not taking it on schedule, or saving it up and taking it only when the pain gets bad. | 10.0% |
| | [IF ASKED: EXAMPLES OF NOT USING THE MEDICATION AS PRESCRIBED MIGHT BE (1) TAKING TOO MUCH (2) NOT TAKING IT ON SCHEDULE OR (3) SAVING IT UP AND TAKING IT ONLY WHEN THE PAIN GETS BAD.] | |
| 4. | Your provider thought you were drinking too much alcohol and or using illegal or illicit drugs. | 3.3% |
| | [IF ASKED: EXAMPLES ARE THE TAKING OF A DRUG THAT WASN'T PRESCRIBED TO THE USER OR THE TAKING OF A STREET DRUGS LIKE HEROIN.] | |
| 5. | You did not fully tell your provider how much pain you were having, so your provider was not able to fully decide on how best to treat you. | 6.7% |
| 6. | Was there any other reason? _____ | 23.3% |
| 7. | Refused...DO NOT OFFER | 3.3% |

19. In the past year, have you had an acute or chronic pain condition for which you did NOT seek medical treatment from a professional?

- | | |
|--|-------|
| 1. Yes... | 23.8% |
| ASK: WHAT ARE THE REASONS YOU DID NOT SEEK MEDICAL TREATMENT IN THESE CASES? ASK: ARE THERE ANY OTHER REASONS? [WRITE AS WRITTEN/ CODE RESPONSE] | |
| <hr/> | |
| 2. No | 76.0% |
| 3. Don't know/ can't recall...DO NOT OFFER | 0.2% |
| 4. Refused...DO NOT OFFER | 0.0% |

20. In the past year, have you had an acute or chronic pain condition that prevented you from going to work or from carrying out your work while you were at work?

- | | |
|------------------------------|-------|
| 1. Yes | 16.9% |
| 2. No | 83.0% |
| 3. Don't Know...DO NOT OFFER | 0.0% |
| 4. Refused...DO NOT OFFER | 0.1% |

21. Do you currently have health insurance?

- | | |
|--------|-------|
| 1. Yes | 90.3% |
| 2. No | 9.7% |

22. And which of the following types of health insurance do you have? Please tell me all that apply. [READ 1-4/ MORE THAN ONE ANSWER ALLOWED]

1. Health insurance through your current or former employer	73.0%
2. Health insurance that you pay for on your own	13.2%
3. Medicaid insurance	6.1%
4. Medicare insurance	22.3%
5. Not sure/ don't know...DO NOT OFFER	0.2%
6. Refused...DO NOT OFFER	0.4%

23. And which of the following best describes your current work status? Please tell me all that apply.

1. I am employed full time	32.8%
2. I am employed part time	12.4%
3. I do not work outside of the home	8.1%
4. I am unemployed	9.9%
5. I am a student	3.9%
6. I am retired	27.5%
7. I am disabled	5.1%
8. Other _____	0.0%
9. Don't know/ refused...DO NOT OFFER	0.3%

24. And what is the highest level of education you have reached?

1.	1st through 8 th grade	0.9%
2.	Some high school	3.4%
3.	High school graduate	23.5%
4.	Technical/ vocational training	3.1%
5.	Some college, but did not graduate	17.6%
6.	Two year college degree	12.7%
7.	Four year college degree	23.2%
8.	Some graduate work	3.2%
9.	Graduate degree	11.7%
10.	Don't know/ refused....DO NOT OFFER	0.7%

25. And with what ethnicity do you most identify? Would you say you are Caucasian, African American, Hispanic, Asian or something else?

1.	Caucasian	81.8%
2.	African American	13.1%
3.	Hispanic	1.4%
4.	Asian	0.6%
5.	Native American	0.8%
6.	Mixed race....DO NOT OFFER	0.6%
7.	Refused....DO NOT OFFER	1.7%

26. I am going to read you several income categories. Please tell me into which category you would put your TOTAL HOUSEHOLD INCOME for last year.

1.	\$0-\$15,000	7.5%
2.	\$15,000-\$25,000	8.1%
3.	\$25,000-\$40,000	13.8%
4.	\$40,000-\$70,000	21.4%
5.	\$70,000-\$100,000	13.9%
6.	Over \$100,000	13.2%
7.	Don't know/ refused...DO NOT OFFER	22.1%

27. Gender

1.	Male	50.0%
2.	Female	50.0%

Thank you. This completes our survey.

Question 3: Have you ever heard or been told that as a Michigan resident or patient you are entitled to have your pain managed as a basic part of your health care?

	Yes	No
18-24	11.6%	86.0%
25-34	24.4%	73.2%
35-44	25.8%	73.2%
45-54	27.9%	71.8%
55-64	23.8%	74.8%
65+	21.3%	77.7%
Male	24.2%	74.2%
Female	24.4%	75.0%
Insurance	24.7%	74.2%
No Insurance	20.6%	78.4%
0-15,000	22.7%	76.0%
15-25,000	22.2%	77.8%
25-40,000	22.5%	76.1%
40-70,000	25.2%	73.8%
70-100,000	30.2%	68.3%
Over 100,000	24.2%	74.2%
Caucasian	25.3%	73.3%
African American	17.6%	82.4%

Question 4: Based on what you know about acute pain – which is a short lived pain – would you say you agree or disagree with the following statement: “Acute pain can be effectively managed with today’s pain medication or other treatments.”

	Strongly Agree	Somewhat Agree	Somewhat Disagree	Strongly Disagree	Neither Agree/Dis	Don't Know
18-24	37.2%	46.5%	4.7%	7.0%	0.0%	4.7%
25-34	42.7%	40.2%	6.1%	8.5%	1.2%	1.2%
35-44	54.5%	32.1%	5.7%	6.2%	0.5%	1.0%
45-54	58.4%	33.2%	2.3%	4.6%	1.1%	0.4%
55-64	51.0%	41.6%	2.5%	1.5%	1.5%	1.5%
65+	43.1%	40.1%	5.4%	3.0%	3.0%	4.5%
Male	47.8%	38.4%	4.2%	6.0%	1.2%	2.2%
Female	53.8%	36.0%	4.0%	2.8%	1.6%	1.4%
Insurance	51.3%	37.3%	3.9%	4.2%	1.1%	1.9%
No Insurance	46.4%	36.1%	6.2%	6.2%	4.1%	1.0%
0-15,000	37.3%	46.7%	5.3%	5.3%	4.0%	1.3%
15-25,000	54.3%	32.1%	4.9%	3.7%	1.2%	3.7%
25-40,000	44.2%	46.4%	2.2%	2.9%	1.4%	2.2%
40-70,000	57.9%	34.1%	2.8%	2.3%	1.4%	0.9%
70-100,000	61.2%	32.4%	2.9%	2.9%	0.7%	0.0%
Over 100,000	61.4%	31.1%	3.0%	3.0%	0.8%	0.8%
Caucasian	52.4%	37.2%	3.9%	3.4%	1.1%	1.8%
African American	45.0%	34.4%	4.6%	9.9%	3.8%	1.5%

Question 5: Based on what you know about chronic pain – which is a continuous pain – would you say you agree or disagree with the following statement: “Chronic pain can be effectively managed with today’s pain medication or other treatments.”

	Strongly Agree	Somewhat Agree	Somewhat Disagree	Strongly Disagree	Neither Agree/Dis	Don't Know
18-24	20.9%	41.9%	18.6%	14.0%	0.0%	4.7%
25-34	20.7%	31.7%	22.0%	19.5%	1.2%	4.9%
35-44	19.1%	43.1%	13.9%	15.8%	2.9%	5.3%
45-54	22.1%	42.4%	13.0%	14.9%	3.1%	4.6%
55-64	20.8%	50.5%	15.3%	6.9%	1.0%	5.0%
65+	23.3%	36.1%	14.9%	7.4%	5.9%	12.4%
Male	20.0%	42.4%	14.4%	13.4%	3.4%	6.2%
Female	22.6%	41.6%	15.6%	11.2%	2.4%	6.6%
Insurance	20.7%	43.0%	15.4%	11.7%	2.8%	6.3%
No Insurance	26.8%	33.0%	11.3%	17.5%	4.1%	7.2%
0-15,000	20.0%	41.3%	18.7%	9.3%	5.3%	5.3%
15-25,000	27.2%	32.1%	13.6%	13.6%	2.5%	11.1%
25-40,000	25.4%	34.8%	16.7%	11.6%	4.3%	6.5%
40-70,000	26.2%	41.6%	14.0%	10.3%	2.3%	5.6%
70-100,000	20.9%	48.2%	17.3%	5.8%	2.2%	5.8%
Over 100,000	17.4%	53.0%	14.4%	7.6%	2.3%	5.3%
Caucasian	20.7%	42.5%	15.8%	11.1%	3.3%	6.5%
African American	22.9%	37.4%	9.9%	23.7%	0.8%	5.3%

Question 6: Please tell me whether you agree or disagree with the following statement: “People do not seek treatment for pain because they fear becoming addicted to pain medications.” Would you say you agree or disagree with that statement?

	Strongly Agree	Somewhat Agree	Somewhat Disagree	Strongly Disagree	Neither Agree/Dis	Don't Know
18-24	25.6%	23.3%	18.6%	23.3%	7.0%	2.3%
25-34	29.3%	35.4%	18.3%	8.5%	6.1%	2.4%
35-44	18.7%	39.2%	14.4%	19.1%	6.2%	2.4%
45-54	25.6%	37.0%	16.4%	15.3%	3.8%	1.9%
55-64	20.8%	42.1%	18.8%	9.9%	3.5%	5.0%
65+	18.8%	41.1%	14.4%	12.4%	7.9%	5.4%
Male	21.2%	36.4%	15.6%	17.4%	5.6%	3.8%
Female	23.0%	40.8%	17.0%	11.0%	5.2%	3.0%
Insurance	21.7%	39.0%	16.5%	14.0%	5.2%	3.7%
No Insurance	25.8%	35.1%	14.4%	16.5%	7.2%	1.0%
0-15,000	36.0%	37.3%	13.3%	9.3%	4.0%	0.0%
15-25,000	34.6%	23.5%	17.3%	16.0%	3.7%	4.9%
25-40,000	25.4%	37.0%	13.8%	13.8%	7.2%	2.9%
40-70,000	23.8%	37.9%	14.5%	16.4%	5.1%	2.3%
70-100,000	17.3%	46.0%	20.1%	10.8%	2.2%	3.6%
Over 100,000	15.9%	43.2%	16.7%	14.4%	6.8%	3.0%
Caucasian	19.2%	40.7%	16.5%	14.9%	5.1%	3.5%
African American	32.8%	31.3%	13.7%	13.0%	6.1%	3.1%

Question 7: Again, acute pain refers to a temporary or short term condition such as a toothache, strained muscle, an injury, or pain following surgery. In the past year, have you sought treatment from a health care professional for an acute pain condition?

	Yes	No
18-24	20.9%	79.1%
25-34	22.0%	78.0%
35-44	31.6%	68.4%
45-54	28.2%	71.4%
55-64	30.7%	69.3%
65+	26.2%	73.8%
Male	25.2%	74.6%
Female	31.2%	68.8%
Insurance	29.0%	70.9%
No Insurance	20.6%	79.4%
0-15,000	25.3%	74.7%
15-25,000	29.6%	70.4%
25-40,000	29.7%	70.3%
40-70,000	29.4%	70.6%
70-100,000	30.2%	69.8%
Over 100,000	28.0%	72.0%
Caucasian	29.7%	70.3%
African American	23.7%	76.3%

Question 8: One a scale of one to ten with one mean 'zero pain' and ten meaning 'the worst pain you could experience', on most days how would you have rated your pain level before you were treated for your acute pain condition?

	Mean Score
18-24	7.00
25-34	5.78
35-44	7.17
45-54	6.81
55-64	7.31
65+	7.21
Male	6.91
Female	7.10
Insurance	6.97
No Insurance	7.60
0-15,000	8.11
15-25,000	7.71
25-40,000	7.15
40-70,000	6.80
70-100,000	6.83
Over 100,000	6.35
Caucasian	6.89
African American	7.74

Question 9: On that same scale of one to ten, with one meaning 'zero pain' and ten meaning 'the worst pain you could experience', on most days how would you rate your pain level after you were treated for your acute pain condition?

	Mean Score
18-24	2.33
25-34	2.22
35-44	2.73
45-54	2.93
55-64	2.42
65+	3.15
Male	2.65
Female	2.82
Insurance	2.75
No Insurance	2.74
0-15,000	3.63
15-25,000	3.13
25-40,000	2.78
40-70,000	2.74
70-100,000	2.36
Over 100,000	2.57
Caucasian	2.75
African American	2.87

Question 10: To what degree are you satisfied or not satisfied with the treatment you received for you acute pain condition?

	Very Satisfied	Somewhat Satisfied	Neither	Somewhat Unsatisfied	Very Unsatisfied
18-24	77.8%	11.1%	0.0%	0.0%	11.1%
25-34	50.0%	33.3%	11.1%	5.6%	0.0%
35-44	60.6%	30.3%	1.5%	4.5%	3.0%
45-54	43.2%	35.1%	2.7%	8.1%	10.8%
55-64	59.7%	32.3%	1.6%	3.2%	3.2%
65+	54.7%	30.2%	1.9%	9.4%	3.8%
Male	50.8%	34.9%	4.0%	6.3%	4.0%
Female	57.7%	28.8%	1.3%	5.8%	6.4%
Insurance	54.6%	31.7%	2.3%	6.5%	5.0%
No Insurance	55.0%	30.0%	5.0%	0.0%	10.0%
0-15,000	36.8%	26.3%	5.3%	15.8%	15.8%
15-25,000	50.0%	37.5%	0.0%	8.3%	4.2%
25-40,000	56.1%	31.7%	2.4%	2.4%	7.3%
40-70,000	50.8%	36.5%	1.6%	7.9%	3.2%
70-100,000	69.0%	19.0%	0.0%	7.1%	4.8%
Over 100,000	51.4%	43.2%	2.7%	2.7%	0.0%
Caucasian	54.7%	31.3%	2.9%	6.2%	4.9%
African American	54.8%	29.0%	0.0%	6.5%	9.7%

Question 11: In the past year, have you ever received treatment to manage a chronic pain condition?

	Yes	No
18-24	9.3%	90.7%
25-34	8.5%	91.5%
35-44	21.1%	78.5%
45-54	25.6%	74.4%
55-64	29.7%	70.3%
65+	30.2%	69.8%
Male	20.8%	79.2%
Female	27.8%	72.0%
Insurance	25.5%	74.4%
No Insurance	13.4%	86.6%
0-15,000	26.7%	73.3%
15-25,000	33.3%	66.7%
25-40,000	23.9%	76.1%
40-70,000	22.9%	77.1%
70-100,000	24.5%	75.5%
Over 100,000	19.7%	80.3%
Caucasian	24.6%	75.3%
African American	20.6%	79.4%

Question 12: On a scale from one to ten, with one meaning 'zero pain' and ten meaning 'the worst pain you could experience', on most days how would you rate your pain level before you were treated for your chronic pain condition?

	Mean Score
18-24	6.50
25-34	7.00
35-44	7.67
45-54	7.76
55-64	7.07
65+	7.53
Male	7.26
Female	7.62
Insurance	7.44
No Insurance	7.92
0-15,000	7.58
15-25,000	8.11
25-40,000	7.50
40-70,000	7.59
70-100,000	6.97
Over 100,000	6.65
Caucasian	7.41
African American	7.52

Question 13: And on that same scale of one to ten, with one meaning ‘zero pain’ and ten meaning ‘the worst pain you could experience’, on most days how would you rate your pain level after you were treated for your chronic pain condition?

	Mean Score
18-24	2.00
25-34	3.43
35-44	3.63
45-54	4.17
55-64	3.33
65+	3.64
Male	3.87
Female	3.53
Insurance	3.65
No Insurance	4.08
0-15,000	3.84
15-25,000	4.85
25-40,000	3.97
40-70,000	3.92
70-100,000	2.94
Over 100,000	3.08
Caucasian	3.53
African American	4.67

Question 14: And using that same one to ten scale, during the last two weeks how would you rate your pain level for your chronic pain condition?

	Mean Score
18-24	3.25
25-34	4.29
35-44	4.17
45-54	4.42
55-64	3.62
65+	4.72
Male	4.44
Female	4.07
Insurance	4.20
No Insurance	4.75
0-15,000	4.26
15-25,000	5.50
25-40,000	4.70
40-70,000	3.92
70-100,000	3.36
Over 100,000	3.73
Caucasian	4.08
African American	5.81

Question 15: To what degree are you satisfied or not satisfied with the treatment you are receiving or did receive for your chronic pain condition?

	Very Satisfied	Somewhat Satisfied	Neither	Somewhat Unsatisfied	Very Unsatisfied
18-24	0.0%	100.0	0.0%	0.0%	0.0%
25-34	14.3%	42.9%	0.0%	42.9%	0.0%
35-44	36.4%	43.2%	4.5%	6.8%	9.1%
45-54	29.8%	46.3%	3.0%	14.9%	6.0%
55-64	38.3%	36.7%	5.0%	15.0%	5.0%
65+	41.0%	37.7%	0.0%	11.5%	9.8%
Male	33.7%	42.3%	4.8%	9.6%	9.6%
Female	36.0%	41.7%	1.4%	15.8%	5.0%
Insurance	36.1%	41.7%	2.2%	13.0%	7.0%
No Insurance	15.4%	46.2%	15.4%	15.4%	7.7%
0-15,000	45.0%	30.0%	0.0%	20.0%	5.0%
15-25,000	22.2%	51.9%	0.0%	14.8%	11.1%
25-40,000	24.2%	51.5%	9.1%	9.1%	6.1%
40-70,000	34.7%	46.9%	2.0%	10.2%	6.1%
70-100,000	38.2%	47.1%	0.0%	8.8%	5.9%
Over 100,000	38.5%	34.6%	7.7%	15.4%	3.8%
Caucasian	36.3%	41.8%	3.5%	12.9%	5.5%
African American	22.2%	48.1%	0.0%	18.5%	11.1%

Question 16: I am going to read you a list of health care professionals who may have treated your pain over the past year.

	Acupuncture	Chiropractor	Massage	Oncologist	Orthopedic
18-24	0.0%	23.3%	16.3%	2.3%	7.0%
25-34	1.2%	9.8%	8.5%	1.2%	1.2%
35-44	1.0%	12.4%	9.6%	9.1%	9.1%
45-54	2.3%	13.7%	10.7%	14.5%	14.5%
55-64	1.5%	19.3%	7.9%	15.8%	15.8%
65+	1.5%	11.4%	4.0%	18.8%	18.8%
Male	1.6%	13.6%	5.8%	2.4%	11.0%
Female	1.4%	14.8%	11.4%	3.2%	15.2%
Insurance	1.6%	15.1%	9.2%	3.1%	13.6%
No Insurance	1.0%	6.2%	3.1%	0.0%	8.2%
0-15,000	0.0%	12.0%	5.3%	1.3%	12.0%
15-25,000	2.4%	16.0%	6.2%	1.2%	9.9%
25-40,000	0.7%	8.7%	5.8%	2.1%	10.1%
40-70,000	1.4%	14.5%	9.4%	2.8%	11.7%
70-100,000	0.7%	16.6%	9.4%	3.6%	14.4%
Over 100,000	2.2%	16.7%	11.4%	5.3%	14.4%
Caucasian	1.6%	15.3%	9.4%	2.6%	12.2%
African American	0.8%	10.7%	6.1%	3.8%	16.0%

Question 16: I am going to read you a list of health care professionals who may have treated your pain over the past year.

	Osteopathic	Specialist	Palliative	Physical	Primary Care
18-24	0.0%	4.7%	0.0%	11.6%	32.6%
25-34	0.0%	2.4%	0.0%	3.7%	48.8%
35-44	3.3%	4.8%	0.0%	13.4%	56.5%
45-54	3.4%	9.2%	0.0%	16.8%	53.4%
55-64	5.9%	5.9%	0.0%	13.9%	58.9%
65+	7.4%	8.9%	1.0%	17.8%	57.9%
Male	4.0%	5.0%	0.0%	11.8%	52.2%
Female	4.6%	8.6%	0.4%	17.0%	57.4%
Insurance	4.7%	7.2%	0.2%	15.2%	56.1%
No Insurance	1.0%	3.1%	0.0%	7.2%	42.3%
0-15,000	2.7%	9.3%	0.0%	17.3%	54.7%
15-25,000	4.9%	9.9%	0.0%	17.3%	63.0%
25-40,000	5.8%	7.9%	0.0%	13.0%	51.4%
40-70,000	4.7%	6.5%	0.9%	12.6%	58.4%
70-100,000	4.3%	5.0%	0.0%	15.8%	51.8%
Over 100,000	5.3%	6.0%	0.0%	18.2%	53.0%
Caucasian	4.4%	6.9%	0.1%	14.3%	55.3%
African American	3.8%	6.1%	0.7%	12.9%	55.0%

Question 16: I am going to read you a list of health care professionals who may have treated your pain over the past year.

	Psychiatrist	Psychologist	Rheumatologist	Spiritual	Sports Med	Surgeon
18-24	4.7%	2.3%	0.0%	2.3%	7.0%	7.0%
25-34	4.9%	3.7%	2.4%	6.1%	1.2%	6.1%
35-44	4.3%	5.3%	2.4%	7.7%	1.9%	7.2%
45-54	6.5%	4.6%	4.2%	3.1%	3.8%	12.2%
55-64	3.5%	4.5%	3.5%	7.9%	2.5%	15.3%
65+	0.0%	2.0%	6.4%	3.5%	1.5%	11.9%
Male	4.4%	4.2%	1.0%	4.0%	3.2%	9.6%
Female	3.4%	3.8%	6.6%	6.6%	2.0%	12.4%
Insurance	3.8%	4.1%	3.9%	5.6%	2.5%	11.7%
No Insurance	5.2%	3.1%	3.1%	2.1%	3.1%	4.1%
0-15,000	6.7%	10.7%	5.3%	5.3%	1.3%	12.0%
15-25,000	3.7%	8.6%	3.7%	7.4%	2.5%	13.6%
25-40,000	5.0%	5.8%	5.8%	8.0%	2.2%	9.4%
40-70,000	2.8%	1.4%	1.4%	7.0%	0.9%	11.2%
70-100,000	2.1%	2.1%	3.6%	3.6%	1.4%	14.4%
Over 100,000	6.8%	3.8%	1.5%	6.0%	6.8%	10.6%
Caucasian	4.2%	4.0%	3.8%	5.1%	2.6%	11.7%
African American	1.5%	2.3%	3.0%	6.9%	3.8%	9.9%

Question 17: In the past year, have you ever had a physician or other health care provider show a reluctance or a refusal to prescribe what you thought was an effective type or amount of pain medication?

	Yes	No
18-24	4.2%	95.8%
25-34	15.9%	84.1%
35-44	4.8%	95.2%
45-54	5.7%	94.3%
55-64	0.7%	99.3%
65+	2.9%	97.1%
Male	4.5%	95.5%
Female	4.5%	95.5%
Insurance	4.5%	95.5%
No Insurance	4.0%	96.0%
0-15,000	5.8%	94.2%
15-25,000	1.8%	98.2%
25-40,000	6.6%	93.4%
40-70,000	8.2%	91.8%
70-100,000	3.2%	96.8%
Over 100,000	3.4%	96.6%
Caucasian	4.3%	95.7%
African American	3.6%	96.4%

Question 18: I am going to read you six different reasons why the health professional might have refused or been reluctant to prescribe the medication. Please tell me for each if you believe that might have been the reason or part of the reason for not prescribing the medication or the dosage.

	1	2	3	4	5	6
18-24	100.0%	0.0%	0.0%	0.0%	0.0%	0.0%
25-34	57.1%	28.6%	28.6%	0.0%	14.3%	14.3%
35-44	71.4%	14.3%	0.0%	0.0%	0.0%	28.6%
45-54	40.0%	30.0%	10.0%	0.0%	20.0%	10.0%
55-64	0.0%	100.0%	0.0%	0.0%	0.0%	0.0%
65+	25.0%	50.0%	0.0%	25.0%	0.0%	50.0%
Male	50.0%	42.9%	14.3%	7.1%	7.1%	14.3%
Female	50.0%	18.8%	6.3%	0.0%	6.3%	31.3%
Insurance	50.0%	32.1%	10.7%	3.6%	7.1%	21.4%
No Insurance	50.0%	0.0%	0.0%	0.0%	0.0%	50.0%
0-15,000	33.3%	0.0%	0.0%	0.0%	33.3%	33.3%
15-25,000	0.0%	0.0%	0.0%	0.0%	0.0%	100.0%
25-40,000	33.3%	33.3%	16.7%	16.7%	0.0%	33.3%
40-70,000	58.3%	33.3%	8.3%	0.0%	8.3%	16.7%
70-100,000	33.3%	66.7%	0.0%	0.0%	0.0%	33.3%
Over 100,000	66.7%	0.0%	0.0%	0.0%	0.0%	0.0%
Caucasian	54.2%	25.0%	8.3%	4.2%	4.2%	29.2%
African American	33.3%	66.7%	0.0%	0.0%	0.0%	0.0%

Question 19: In the past year, have you had an acute or chronic pain condition for which you did not seek medical treatment from a professional?

	Yes	No
18-24	30.2%	67.4%
25-34	24.4%	75.6%
35-44	26.8%	73.2%
45-54	25.6%	74.0%
55-64	24.8%	75.2%
65+	15.8%	84.2%
Male	26.6%	73.0%
Female	21.0%	79.0%
Insurance	22.7%	77.1%
No Insurance	34.0%	66.0%
0-15,000	14.7%	85.3%
15-25,000	22.2%	77.8%
25-40,000	27.5%	72.5%
40-70,000	24.8%	74.8%
70-100,000	23.7%	76.3%
Over 100,000	28.8%	71.2%
Caucasian	24.2%	75.6%
African American	20.6%	79.4%

Question 20: In the past year, have you had an acute or chronic pain condition that prevented you from going to work or from carrying out your work while you were at work?

	Yes	No
18-24	16.3%	83.7%
25-34	9.8%	89.0%
35-44	20.1%	79.9%
45-54	21.4%	78.6%
55-64	18.8%	81.2%
65+	8.9%	91.1%
Male	14.6%	85.2%
Female	19.2%	80.8%
Insurance	16.8%	83.2%
No Insurance	17.5%	81.4%
0-15,000	18.7%	81.3%
15-25,000	16.0%	84.0%
25-40,000	20.3%	79.7%
40-70,000	18.2%	81.8%
70-100,000	20.9%	79.1%
Over 100,000	17.4%	82.6%
Caucasian	17.4%	82.6%
African American	13.7%	85.5%

APPENDIX A:

Question 20: Was there anyone else who treated you?

<u>Other</u>	<u>Number</u>	<u>Percent</u>
Dentist.	23	31.9 %
Urologist.	6	8.3 %
Anesthesiologist while giving birth.	1	1.4 %
Hematologist.	1	1.4 %
Podiatrist.	5	6.9 %
OBGYN.	5	6.9 %
Neurologist.	10	13.9 %
Proctologist.	1	1.4 %
Cardiologist.	5	6.9 %
Orthodontist.	2	2.8 %
Radiologist.	2	2.8 %
Heart specialist.	1	1.4 %
Internalist.	2	2.8 %
Internist and cardiologist.	1	1.4 %
Foot doctor.	1	1.4 %
Anesthesiologist.	1	1.4 %
Internal medicine.	1	1.4 %
Endocrinologist.	1	1.4 %
Neurologist, dentist.	1	1.4 %
Homeopathic doctor.	1	1.4 %
<u>Alternative medicine specialist.</u>	<u>1</u>	<u>1.4 %</u>
Total	72	100.0 %

APPENDIX B:

Question 18: Was there any other reason?

<u>Other</u>	<u>Number</u>	<u>Percent</u>
He wanted to do surgery instead.	1	14.3 %
He was scared to lose his license.	1	14.3 %
I don't have insurance, so I couldn't afford the tests that went with taking the meds.	1	14.3 %
He was trying to schedule so many visits.	1	14.3 %
Because of my age.	1	14.3 %
Afraid there are too many side effects.	1	14.3 %
The doctor said the FDA prohibited him from writing me any more pain meds.	1	14.3 %
Total	7	100.0 %

APPENDIX C:

Question 19: What are the reasons you did not seek medical treatment in these cases?

WHAT ARE THE REASONS YOU DID NOT SEEK MEDICAL TREATMENT IN THESE CASES?	Number	Percent
I have arthritis and take Aleve for it. There's just some things you have to live with.	1	0.4 %
I feel it's age related.	1	0.4 %
I don't go to the doctor unless I have to.	1	0.4 %
I didn't think it was that bad.	1	0.4 %
It would just go away.	1	0.4 %
I usually knew what it was and how to treat it. I have a high pain threshold.	1	0.4 %
It wasn't serious.	1	0.4 %
I didn't need treatment.	1	0.4 %
Trying to be tough.	1	0.4 %
I don't have good health insurance. It was acute and would eventually go away.	1	0.4 %
By the time I got to the doctor the pain would be gone.	1	0.4 %
I'm stubborn.	1	0.4 %
I'm learning to live with it, I gave up.	1	0.4 %
It was headaches, I just took pills.	1	0.4 %
They couldn't help.	1	0.4 %
I didn't have insurance and could handle it myself.	1	0.4 %
It wasn't needed.	1	0.4 %
I have a fairly high pain tolerance and don't go to the hospital if I don't have to.	1	0.4 %
Nothing that over the counter wouldn't take of.	1	0.4 %

Costs too much.	1	0.4 %
My insurance won't cover pain medication.	1	0.4 %
It wasn't bad pain.	2	0.8 %
It wasn't a big deal.	1	0.4 %
No big deal.	1	0.4 %
Didn't see need to go for acute pain.	1	0.4 %
Lack of insurance.	2	0.8 %
I treated it at home.	1	0.4 %
It's not needed.	1	0.4 %
I have arthritis, but I'm used to that pain. It doesn't bother me.	1	0.4 %
I take over the counter medicine.	1	0.4 %
Wasn't bad enough.	1	0.4 %
It costs too much.	1	0.4 %
I just manage it with over the counter drugs.	1	0.4 %
Doctor says I need to live with it.	1	0.4 %
When I get a migraine I don't go to a doctor.	1	0.4 %
Wasn't bad enough yet.	1	0.4 %
Just went in for checkups.	1	0.4 %
I self medicate.	1	0.4 %
I smoke weed and so they won't give me meds, so why go.	1	0.4 %
Over the counter stuff took care of it.	1	0.4 %
Felt it would go away by resting.	1	0.4 %
It wasn't that bad.	1	0.4 %
They don't last long.	1	0.4 %
Migraines are easy for me to handle.	1	0.4 %
Felt like I could deal with it. I don't want to get addicted.	1	0.4 %
I used to the pain, I live with it.	1	0.4 %
I had the flu and couldn't leave the house.	1	0.4 %

I played through the pain.	1	0.4 %
I was able to manage it on my own.	1	0.4 %
Thought it would go away.	1	0.4 %
Not bad enough to go to the doctor.	1	0.4 %
I can take care of it with over the counter drugs.	1	0.4 %
It was the result of a fall, I couldn't travel.	1	0.4 %
Too expensive.	1	0.4 %
I thought maybe I could just deal with it.	1	0.4 %
It was acute and would go away.	1	0.4 %
I thought it would heal itself.	1	0.4 %
I treated it myself.	1	0.4 %
Medications don't work so I learned to live with it.	1	0.4 %
I can handle it with over the counter medication.	1	0.4 %
I have cancer in the bones.	1	0.4 %
Didn't have money.	1	0.4 %
I have a bottle of aspirin, it works just fine.	1	0.4 %
I thought it was something else that would go away.	1	0.4 %
Felt it wasn't medically treatable.	1	0.4 %
Was able to manage it.	1	0.4 %
My tooth got knocked out and I put it back in myself and had no problems with it.	1	0.4 %
Not enough pain to go to the doctor.	1	0.4 %
I didn't think it was a major problem.	1	0.4 %
No insurance.	7	2.9 %
I used medication from over the counter.	1	0.4 %
Don't believe it's serious enough.	1	0.4 %
Used over the counter home remedy things.	1	0.4 %
No time.	2	0.8 %
Not severe enough.	1	0.4 %

I don't have dental insurance to get my toothache taken care of.	1	0.4 %
My back hurt, I was OK.	1	0.4 %
I was able to walk it off.	1	0.4 %
I didn't want to become dependent on the medication.	1	0.4 %
No health insurance.	1	0.4 %
It was something I knew would go away.	1	0.4 %
Did not need doctor's advice.	1	0.4 %
The doctor didn't believe me and I got sick of it.	1	0.4 %
I can't afford it.	1	0.4 %
In the past they couldn't treat me, so I don't waste my time.	1	0.4 %
It was acute and I felt I could deal with it.	1	0.4 %
It was unnecessary, it was manageable.	1	0.4 %
The pain went away.	2	0.8 %
It went away with over the counter drugs.	1	0.4 %
Every time I complained about the pain the doctor pretended I wasn't experiencing any problem.	1	0.4 %
I just take over the counter stuff, or moving around helps my joints a bit.	1	0.4 %
I'm tired of it.	1	0.4 %
It hurt, but I dealt with it.	1	0.4 %
It's not that bad.	1	0.4 %
I knew what it was and that it would heal.	1	0.4 %
Taking over the counter medication.	1	0.4 %
I don't like drugs.	1	0.4 %
Did not seem like a big deal at the time.	1	0.4 %
Over the counter meds took care of it.	1	0.4 %

I have no insurance.	1	0.4 %
Too many doctors didn't know what was wrong.	1	0.4 %
Didn't want to pay the money.	1	0.4 %
It was temporary and the money it would cost to see a doctor is a lot.	1	0.4 %
I don't like going to the doctor.	1	0.4 %
I take Aleve.	1	0.4 %
I didn't want to go to a doctor.	1	0.4 %
It's a chronic pain and I don't have the money.	1	0.4 %
Don't have the time.	1	0.4 %
I have no insurance and it wasn't bad enough.	1	0.4 %
Didn't seem bad enough.	1	0.4 %
I don't like doctors.	1	0.4 %
I have a bad back and they want to do surgery, but I don't. So I avoid the doctor about it.	1	0.4 %
Pain medication makes me sick.	1	0.4 %
It wasn't so bad.	1	0.4 %
Anxiety.	1	0.4 %
I take over the counter medication.	1	0.4 %
I used over the counter pain meds.	1	0.4 %
I took care of it on my own.	1	0.4 %
It wasn't necessary.	1	0.4 %
Was able to treat it with over the counter medication.	1	0.4 %
Felt it could be controlled with over the counter meds.	1	0.4 %
It goes with being old. I take over the counter medication.	1	0.4 %
It comes and goes, and I didn't want to face surgery to get rid of it completely.	1	0.4 %
They don't treat it. Those people just wait until		

it gets so bad they have to operate.	1	0.4 %
I knew it was curable.	1	0.4 %
I take over the counter medication for my backaches.	1	0.4 %
The medical bills.	1	0.4 %
I take over the counter drugs for lower back pain.	1	0.4 %
I thought I could handle the pain.	1	0.4 %
I manage the pain myself.	1	0.4 %
I treat it myself with over the counter meds.	1	0.4 %
I didn't think it would help me.	1	0.4 %
I'm broke.	1	0.4 %
I felt I didn't need to.	1	0.4 %
I figured it couldn't help.	1	0.4 %
It wasn't that bad and I have mobility problems.	1	0.4 %
Just minor stuff that over the counter drugs took care of.	1	0.4 %
I took care of it myself.	1	0.4 %
I just don't have time and I don't think doctors know too much about muscle pain.	1	0.4 %
It wasn't severe.	1	0.4 %
The doctor couldn't do much, over the counter meds helped.	1	0.4 %
Didn't see the need.	1	0.4 %
It wasn't severe enough.	1	0.4 %
It didn't help before and I was on vacation.	1	0.4 %
I was able to control the pain myself.	1	0.4 %
I felt my doctor wouldn't do anything for the pain.	1	0.4 %
I don't want to take narcotics.	1	0.4 %
Can't afford insurance.	1	0.4 %

Fear of addiction.	1	0.4 %
It went away.	2	0.8 %
I tried alternatives.	1	0.4 %
I try natural remedies first since I was a heroin addict and the only medicine doctors can give me that works are opiates.	1	0.4 %
Health care is too expensive.	1	0.4 %
Can't afford the medical bill.	1	0.4 %
I figured it was temporary and it would go away.	1	0.4 %
It was just muscle aches, Ibuprofen worked fine.	1	0.4 %
Over the counter meds helped.	1	0.4 %
I have chronic back pain, but no money to treat it.	1	0.4 %
I was too busy to go. It was only minor, so I didn't want to raise my insurance rate.	1	0.4 %
I thought it would go away.	1	0.4 %
I didn't want to go to the hospital.	1	0.4 %
I don't go to the doctor unless it's connected to MS.	1	0.4 %
I can control it with my mind.	1	0.4 %
Treatment wasn't working for my problem.	1	0.4 %
I believed it would heal on its own.	1	0.4 %
I used over the counter meds.	1	0.4 %
I used over the counter medication for my back pain.	1	0.4 %
Inconvenient.	1	0.4 %
I took over the counter meds that helped.	1	0.4 %
Lack of money. I took medication that I had that took the pain away.	1	0.4 %
The over the counter meds work fine.	1	0.4 %

I used over the counter meds that helped.	1	0.4 %
We have no insurance.	1	0.4 %
I can take the pain.	1	0.4 %
I'm self managing.	1	0.4 %
I sprained my ankle and I could live with it.	1	0.4 %
Self treatment because I'm and MD.	1	0.4 %
I can use my old meds.	1	0.4 %
Previous experience.	1	0.4 %
Didn't feel it was necessary.	1	0.4 %
My insurance turned me down.	1	0.4 %
Money.	2	0.8 %
Just a stomach ache and strained muscles, not serious enough.	1	0.4 %
Tylenol took care of it.	1	0.4 %
I'm better off taking over the counter meds.	1	0.4 %
Exercise helped my back pain.	1	0.4 %
I didn't know who to go see. It wasn't hurting that bad.	1	0.4 %
I just worked through it.	1	0.4 %
I took some over the counter medication.	1	0.4 %
I managed it myself with over the counter meds.	1	0.4 %
It was controlled with over the counter meds.	1	0.4 %
Didn't feel that it was serious enough.	1	0.4 %
Over the counter remedies were sufficient. It wasn't bad enough to seek a doctor.	1	0.4 %
Able to relieve it with over the counter meds.	1	0.4 %
I don't like being on painkillers.	1	0.4 %
It was post-surgical pain that could be managed with over the counter meds.	1	0.4 %
Was able to manage it myself.	1	0.4 %
The therapy for my chronic pain does not help.	1	0.4 %

They won't help me at all.	1	0.4 %
I called the doctor, he didn't call back, so I took care of it myself.	1	0.4 %
Was able to manage with over the counter meds.	1	0.4 %
There was nothing the can do from what I've researched.	1	0.4 %
I felt it would go away on its own.	1	0.4 %
It was recently, I just haven't gone yet.	1	0.4 %
I didn't have the time. I was taught how to treat it by my health care provider.	1	0.4 %
I can live with it.	1	0.4 %
I got tired of paying doctor bills.	1	0.4 %
I use over the counter drugs.	1	0.4 %
I just take Motrin.	1	0.4 %
It was not bad enough.	1	0.4 %
It wasn't serious enough.	1	0.4 %
It would require surgery that I don't want.	1	0.4 %
I take Advil.	1	0.4 %
It comes and goes.	1	0.4 %
I knew I could tough it out with Tylenol until it went away.	1	0.4 %
I have arthritis and I've learned to live with it.	1	0.4 %
The pain from the arthritis wasn't bad enough.	1	0.4 %
I don't like taking narcotics.	1	0.4 %
My insurance refused to pay.	1	0.4 %
I could handle it on my own.	1	0.4 %
I tend to put things off.	1	0.4 %
I'll put up with it.	1	0.4 %
There's nothing anyone can do for it other than drugs.	1	0.4 %
It was only a minor injury.	1	0.4 %

It was not enough pain.	1	0.4 %
I just toughed it out because I've had the condition for years and knew it would subside.	1	0.4 %
<u>Total</u>	<u>238</u>	<u>100.0 %</u>