

# Integration of Early Childhood Mental Health Consultation in Primary Care Settings

Implementing Project Launch  
In Saginaw County



November 2010



**Project LAUNCH**  
Linking Actions for Unmet Needs  
in Children's Health

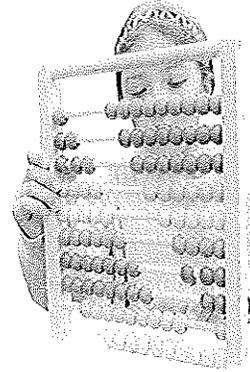
<http://projectlaunch.promoteprevent.org/>



## The LAUNCH Model

### Approaches:

- Promotion, Prevention and Intervention Paradigm
- Workforce Development & Public Education
- Public Health Approach, Holistic Perspective, Ecological Framework
- Cultural Competence, Family Centered and Collaboration



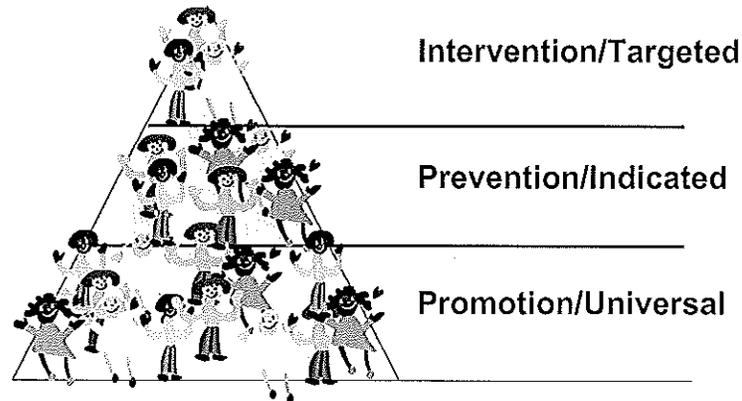
## The LAUNCH Model

### Major Activities:

- Evidence-based Practices (Fidelity & rigor to the model/s)
- Systems integration and alignment to reduce silos
- Data on Child/Family Outcomes (Evaluation)
- Direct services - 5 Required Strategies
  - Developmental Assessments (and screening)
  - Home Visiting Services
  - Family Strengthening
  - Mental Health Consultation in Early Care and Education (Child Care Expulsion Prevention Program)
  - Behavioral Health into Primary Care

# A Public Health Continuum

## Levels and Types of Intervention



## Promotion



- In mental health consultation in primary care and early care and education:
  - Dissemination of information promoting healthy social-emotional development
  - Parent knowledge of child development
  - Developmental assessment/screening (including S/E) in multiple settings, including primary care
- Screening for maternal depression in primary care
- Child care health consultation
- High quality child care & early education
- Use of an evidence-based curriculum
- Outreach and Parent Involvement/ Education
- Baby College & Imagination Library
- Newborn & 0-3 home visits
- Pre-K

## Prevention



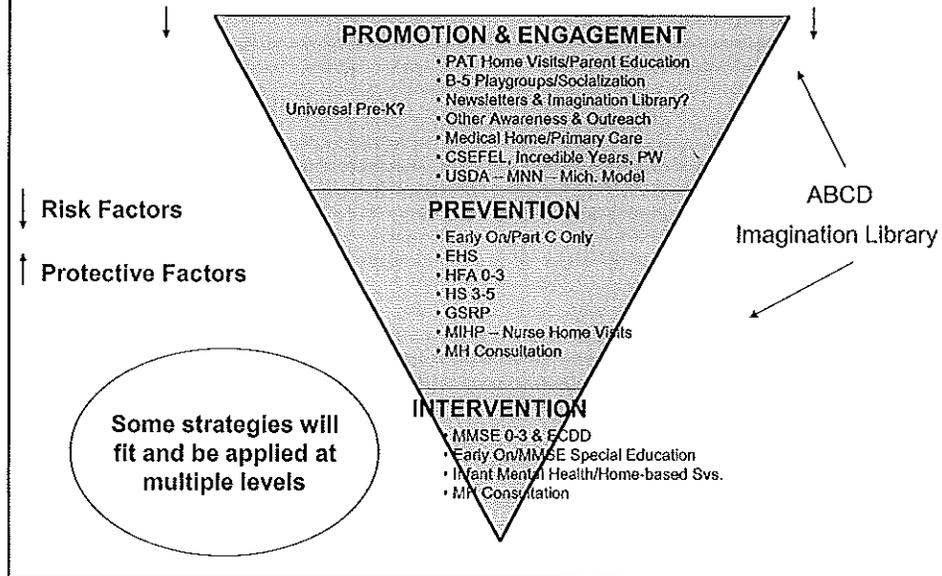
- Intensive Home visiting
- Mental Health Consultation
- Family mentors
- Targeted curricula in early care and education settings
- Enhanced family supports and training
- Consultation and evidence-based practices for early educators & caregivers
- Other mentor & training supports

## Intervention

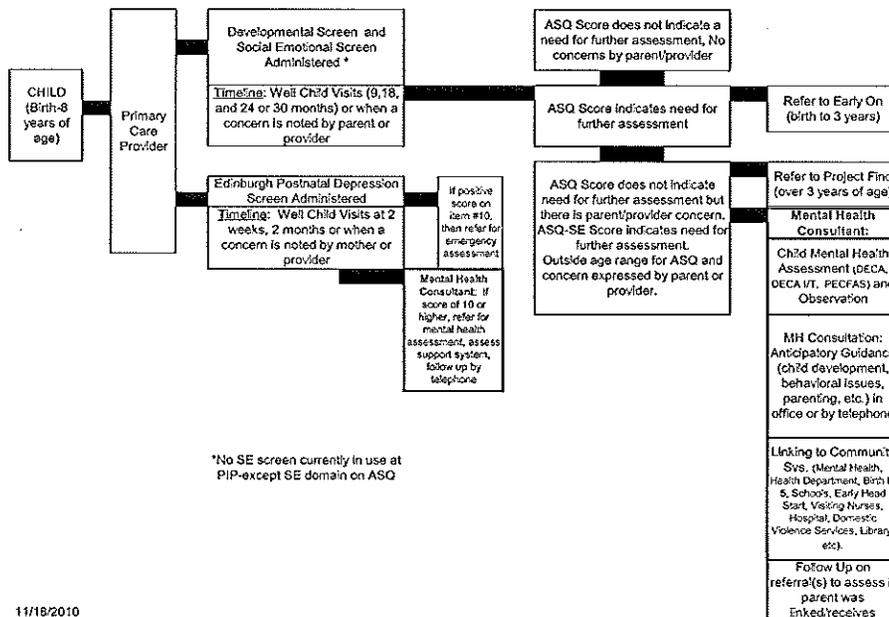
- Intensive Mental Health consultation
- Crisis teams
- Wraparound services
- Infant Mental Health (Relationship-based therapy)
- Home-based Services
- Behaviorally-based programs in a variety of settings
- Multi-generational treatment
- Special Education



# Universal, Comprehensive Wellness Promotion for all Children, 0 to 8 years of age



## MENTAL HEALTH CONSULTATION IN PRIMARY CARE Project LAUNCH



## Early Childhood Mental Health Consultation in Primary Care

The mental health consultant provides the following activities in primary care practices as part of Project LAUNCH, a promotion/ prevention project for young children (ages 0-8). The activities include:

- After the administration of the ASQ/ASQ-SE where the child has been identified as "at risk," **consult with parents regarding the results** and secure the parent's approval for social-emotional assessment.
- Provide a **social-emotional assessment** of the young child [use of the DECA for Infants, Toddler, Preschool or the PECFAS].
- **Consult with primary care office staff** regarding social-emotional well being of young children, results of administration of assessment on identified young children, referral(s) for mental health services or community-based service, and follow up with family regarding referral(s).
- **Provide consultation with parent(s)** regarding the results of the social-emotional assessment and recommendations regarding mental health services or other community-based services [home-visitation, parenting education, special education, etc.].
- Provide **anticipatory guidance** on child development, behavior issues, parenting, etc.
- **Facilitate referral to mental health services or other community based services** and follow up with families to ensure their linkage with service. If family does not engage with provider, facilitate referral to another service/provider.

## Early Childhood Mental Health Consultation in Primary Care

- In first quarter of operation, the Mental Health Consultant:
  - Supported primary care staff in implementing the Ages and States Questionnaire Social/Emotional (ASQ-S/E) in addition to the ASQ.
  - Supported primary care staff in use of the Edinburgh Postnatal Depression Scale at all 2 week and 2 month newborn well visits as screen for postpartum depression.
    - Assisted in the development of record/database system to use to track the results of the Edinburgh Postnatal Depression Scale
  - Had **28** contacts with parents/children in the primary care setting/pediatric practice.

## Early Childhood Mental Health Consultation in Primary Care

### Next Steps:

- Expand the use of early childhood mental health consultation to 4 additional sites (FQHC) in Saginaw.
- Track referrals to ensure parent/child are linked with needed community service.
- Analyze data (low income, focus on young children in the City of Saginaw) to ascertain referral flow and identification of women, young children in need of mental health services.



## For further information

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