

# H1N1 VACCINE:

## THE VALUE OF PROTECTING THOSE MOST AT-RISK

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### What are “target groups”?

Some groups of people will be affected more severely from the H1N1 virus. Tribal elders are respected members in the tribal community and should encourage the following groups to be vaccinated first:

- Pregnant women.
- Anyone who has regular contact with children younger than 6 months old.
- Healthcare and emergency medical services personnel.
- All people from 6 months through 24 years old.
- People 25 through 64 years old who have health conditions like asthma, diabetes, cancer, heart disease, or are immunosuppressed. People with these conditions have a higher risk of medical complications from flu.

### Why do I need to wait to get vaccinated?

- To best protect your family, your grandchildren, and your tribe, it is important for you to wait to get your H1N1 vaccine.
- It is your responsibility to protect those most at-risk in your tribal community.

### Vaccine Supply

- It is expected that there will be enough 2009 H1N1 flu vaccine for anyone who chooses to get vaccinated.
- The 2009 H1N1 vaccine first became available in early October and more doses are becoming available every week.

