## BEHAVIOR/MOOD SYMPTOM TRACKING TOOL

CAUSE		PLACE	SYMPTOM	INTERVENTION		OUTCOME	
1.Boredom	9.Loneliness	Resident room	1.	1.		1. Behavior ceased	
2. Change in caregiver	10. Multiple stimuli	2. Hallway	2.	2.		2. Behavior got worse	
3. Change in environment	11. Needs toileting	3. Dining room	3.	3.		3. Resident became combative	
4. Illness	12. Pain	4. Shower	4.	4.		4. Resident became louder	
5. Fatigue	13. Stress	5. Activity	5.	5.		5. Resident cried	
6. Fear	14. Thirst	6. Lounge	6.	6.		6. Resident became withdrawn	
7. Hunger	15. Approach	7. Outing/Pass	7.	7.		7. Resident became agitated	
8. Inactivity	16. Other	8. Other	8.	8.		agitated 8. Other	
Date/Time (When)	Cause (Why)	Place (Where)	Symptom (What)	Intervention (What now)	Outcome	Staff Signature (Who)	
(when)	(vv iiy)	(where)	(what)	(what how)		(WHO)	
				<u>                                     </u>			
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# MONTHLY BEHAVIOR SUMMARY BROKEN INTO SHIFTS SHIFT BEHAV4 BEHAV1 BEHAV2 BEHAV3 BEHAV5 BEHAV6 BEHAV7 BEHAV8 1ST 2ND 3RD TOTAL NARRATIVE MONTHLY BEHAVIOR SUMMARY With permission from Iosco Medical Care Facility Page 2

#### MOOD AND BEHAVIOR TRACKING SYMPTOMS

THE FOLLOWING ARE A LIST OF MOOD/BEHAVIOR SYMPTOMS TO BE UTILIZED ON THE FACILITY BEHAVIOR/MOOD SYMPTOM TRACKING TOOL. PLEASE DO NOT ADD ANY OTHER SYMPTOMS ON TRACKING LOGS PRIOR TO DISCUSSING WITH BEHAVIOR MANAGEMENT TEAM.

#### WANDERING BEHAVIORAL SYMPTOMS:

RESTLESSNESS PACING TO THE POINT OF EXHAUSTION WANDERING INTO INAPPROPRIATE PLACES ATTEMPTING TO LEAVE FACILITY LOUD POUNDING ON DOORS

#### **VERBALLY ABUSIVE BEHAVIOR SYMPTOMS:**

**SCREAMING** VERBALLY THREATENING **SWEARING** 

#### PHYSICALLY ABUSIVE BEHAVIORAL SYMPTOMS:

HITTING **KICKING** 

**BITING** 

**SCRATCHING/PINCHING** 

#### SOCIALLY INAPPROPRIATE/DISRUPTIVE BEHAVIORAL SYMPTOMS:

**DISRUPTIVE SOUNDS** 

NOISINESS/SCREAMING

**SELF ABUSIVE ACTS** 

UNDESIRED SEXUAL BEHAVIOR

**DISROBING IN PUBLIC** 

SMEARED/THREW FOOD/FECES

HOARDING

RUMMAGED THROUGH OTHER'S BELONGINGS

#### **RESISTS CARE:**

**RESISTS ADL CARE** 

**REFUSES TO EAT** 

RESISTED TAKING MEDICATIONS

#### PARANOID BEHAVIOR SYMPTOMS:

SUSPICIOUSNESS/FEARFULNESS **HALLUCINATIONS (SPECIFY) DELUSIONS (SPECIFY)** DISORGANIZED THINKING

### **MOOD BEHAVIOR SYMPTOMS:**

**CRYING/TEARFULNESS** 

PERSISTENT ANGER TOWARD SELF OR OTHERS

SOCIAL WITHDRAWAL

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