

Table 14 -- Choice of Antidepressant

Drug Class	Preferred Agents	Alternate Agents	Least Preferred
SSRIs	Citalopram Escitalopram Paroxetine Sertaline	Fluoxetine	Nefazodone Trazodone
TCAs	Desipramine Nortriptyline		Amitriptyline Amoxapine Doxepin Imipramine
Tetracyclics	Mirtazapine		Maprotiline
MISC	Venlafaxine XR	Bupropion	
MAO Inhibitors			Tranlycypromine Isocarboxazid

Adapted from AMDA Guidelines

Table 15 -- Doses of Antidepressants That are Likely to be Adequate

Antidepressant	Average Starting Dose (mg/day)	Average Target Dose After 6 Weeks (mg/day)	Usual Final Acute Dose (mg/day)
Bupropion SR	100	150 - 300	300 - 400
Citalopram	10 - 20	20 - 30	30-40
Desipramine	10 - 40	50 - 100	100 - 150
Escitalopram	10	10	10 - 20
Fluoxetine	10	20	20 - 40
Fluvoxamine	25 - 50	50 - 200	100 - 300
Mirtazapine	7.5 - 15	15 - 30	30 - 45
Nortriptyline	10 - 30	40 - 100	75 - 125
Paroxetine	10 - 20	20 - 30	30 - 40
Sertraline	25 - 50	50 - 100	100 - 200
Venlafazine XR	25 - 75	75 - 200	150 - 300

Adapted from Alexopoulos et al, 2001⁵