



Share.

An online community
for NICU families.

“Share is an absolutely special place, where emotions never have to be explained, because NICU parents understand the whole array of emotions. Share is also a healing place for many parents who want to share their beautiful children with others ... and we are always healing with each other.”

Brenda, mother of premature baby,
Stroudsburg, PA

Every day, families face the frightening experience of having a baby born prematurely or with a health condition. Whether your baby is in a NICU now or spent time there and has come home, you're not alone. There are other people, like you, who understand. Connect with them by visiting the March of Dimes online community created especially for you.

marchofdimes.com/share

Here's what you'll find on *Share*.

Community Center

- Introduce yourself
- Get local

Share Your Story

- Post your experiences
- Start a blog
- Read other stories about premature

Get Involved

- Raise awareness
- Volunteer

Parent to Parent

- After the NICU
- Daily coping
- Baby's development

A message for parents of premature babies

Even when you do everything right during pregnancy, you can have a premature baby. If you've had a preterm birth, the odds of having another are increased. Talk to your health care provider about ways to reduce your chances of premature birth in the future.

For more information about premature birth, visit our Pregnancy & Newborn Health Education Center® at marchofdimes.com

For information on our NICU Family Support® Project, visit marchofdimes.com/NICU



March
of Dimes®
Saving babies, together®