

# Contours Express—Dearborn Heights

27255 Joy Rd

invites State of Michigan:

## 36-Week Weight Loss Study!

### To Qualify:

- Age Range 18-75
- Must have 15 - 100 pounds or more to lose.
- Not currently exercising on a regular basis.
- Will agree to participate in a 36-week Weight Reduction Study, 30 minute sessions 3 times weekly.
- Will under go a supervised weight loss profile at the start & at the end of the 36 week study.
- Must call to register for the study within 3 days of receiving this notice.
- Agree to a weekly weight-in and record statistics in Private Weight Loss Journal.
- Agree to follow a sensible nutritional eating plan Mon. - Fri.
- Eat normal on weekends.

### CONGRATULATIONS!

Contours Express For Women is seeking women to participate in an innovative 36- Week Weight Loss study. Participations must have 15 - 100 or more pounds to lose and be able to attend three, 30-minute sessions per week, plus be accountable to your coach.

**MUST READ:** If your goals are to....Lose Body Fat, Improve Muscle Tone, Revitalize Skin Complexion, Treat Arthritis, Control Diabetes, Manage Fibromyalgia, Enhance Overall Health & Fitness, Reduce Cellulite, Lower Blood Pressure, Decrease Cholesterol Levels and Improve Bone Density, then this study will benefit you!

**Call NOW!** The fee for this study is valued at over \$449; however, we have taken care of this for you. You pay ABSOLUTELY NO STUDY FEE to participate. All that we ask is that you cover the low monthly maintenance fee —\* \$39.

\* \$39 monthly Maintenance Fee includes a weekly one-on-one session with a coach as well as personalized training throughout the program.

**(313) 561-1707**