

**Are You At Risk?**

**Don't let the flu sneak up on you!**



**FLU  
SEASON  
AHEAD**

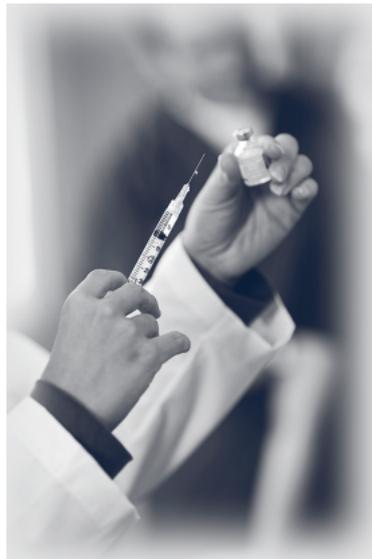


*Get the facts. Get the shot.*

# DID YOU KNOW...

*The following health problems can make you more likely to have serious effects from the flu (if you're not sure, ask your doctor):*

- Mobility problems
- An ongoing health problem—like diabetes, or heart or lung disease
- Compromised health
- A weak immune system



The seasonal flu can affect you more severely, and make your health problems worse. You could end up in the hospital, or even die.

**The flu shot is your best protection against the flu.  
Get your flu shot as soon as it is available in your area!**

This message was made possible by support from the Centers for Disease Control and Prevention to the Michigan Partnership for Health & Disability.