

### State of Michigan Employee Tobacco Cessation Benefits

Category	OTC and Pharmacy Benefit							Cessation Programs			
	OTC Nicotine Replacement Patch	OTC Nicotine Replacement Gum	OTC Nicotine Replacement Lozenge	Rx Nicotrol Inhaler	Rx Nicotrol Nasal Spray	Rx Bupropion/ Zyban or Wellbutrin	Rx Chantix/ Varenicline	Counseling	Telephone Counseling	Online Program	Website
Departmental Reimbursement	Must enroll in cessation counseling program; Rx; QL; \$2 copay applies; One-time only reimbursement; Check union contract for eligibility.							One-time reimbursement up to \$50 for Smoking Cessation/ Abatement Assistance (receipt and completion certificate required). See union contract for details. Employees shall not be entitled to be reimbursed if such program is covered by the employee's health plan or HMO.			
Blue Cross Blue Shield of Michigan PPO				Rx; Copay Applies	Rx; Copay Applies	Rx; Copay Applies	Rx; Copay Applies		Quit the Nic 1-800-775-2583		<a href="http://www.bcbsm.com/member/managing_your_health/smoking_cessation.shtml">www.bcbsm.com/member/managing_your_health/smoking_cessation.shtml</a>
Blue Care Network	Must enroll in Quit the Nic; Rx; QL; copay applies	Must enroll in Quit the Nic; Rx; QL; copay applies	Must enroll in Quit the Nic; Rx; QL; copay applies	Must enroll in Quit the Nic; Rx; QL; copay applies	Must enroll in Quit the Nic; Rx; QL; copay applies	Must enroll in Quit the Nic; Rx; QL; copay applies	Must enroll in Quit the Nic; Rx; PA; ST; copay applies		Quit the Nic 1-800-811-1764		<a href="http://www.mibcn.com/member/your_health/healthProgramsResources/readytoQuitSmoking.shtml">www.mibcn.com/member/your_health/healthProgramsResources/readytoQuitSmoking.shtml</a>
Grand Valley Health Plan						Rx; copay applies		Health coaches work individually with members one-on-one. Members can receive support services in the form of phone calls, at a stand-alone appointment, in conjoined appointments (with a health coach scheduled at the same time as another preventive visit), or at the moment of need (curbside appointment). Group programs are also available.	Yes	To enroll on-line or for information about group sessions and workshops, go to <a href="http://www.gvhp.com/members/HealthNet/">www.gvhp.com/members/HealthNet/</a> Complete the on-line form and register at the Family Health Center to obtain a PIN number to the HealthNet on-line services.	<a href="https://wellsuite.com/gvhp/owc/center.aspx?cid=88D1382C31F5">https://wellsuite.com/gvhp/owc/center.aspx?cid=88D1382C31F5</a>
Health Alliance Plan	Rx; copay applies	Rx; copay applies	Rx; copay applies	Rx; copay applies	Rx; copay applies	Rx; copay applies	Rx; copay applies	Group Support: Tobacco Free for Life (313) 874-1885 or email <a href="mailto:TobaccoFree@hfhs.org">TobaccoFree@hfhs.org</a>	Smoking Intervention Program 1 888 427-7587 or email <a href="mailto:TobaccoFree@hfhs.org">TobaccoFree@hfhs.org</a>	iStrive Breathe online @ www.hap.org	<a href="http://www.hap.org/health/smoking/index.php">http://www.hap.org/health/smoking/index.php</a>

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HealthPlus	Highly encourage enrollment in phone coach QuitNet; Rx; QL; generic copay applies			Highly encourage enrollment in phone coach QuitNet; Rx; QL; brand copay applies	Highly encourage enrollment in phone coach QuitNet; Rx; QL; brand copay applies	Highly encourage enrollment in phone coach QuitNet; Rx; QL; generic copay applies	Highly encourage enrollment in phone coach QuitNet; Rx; QL; brand copay applies	Reimburse with original receipt & certificate of completion Call 1-800-345-9956 ext. 1943, option 2 for paperwork	QuitNet: Health Quest Tobacco Cessation Call 1-800-345-9956 ext. 1943, option 2 or email <a href="mailto:hquest@healthplus.org">hquest@healthplus.org</a>	QuitNet: Tobacco Cessation - You can enroll online: Click below to enroll online <a href="http://www.quitnet.com/">www.quitnet.com/</a>	<a href="http://www.healthplus.org/TobaccoCessationProgram.aspx?ssq=1">www.healthplus.org/TobaccoCessationProgram.aspx?ssq=1</a>
McLaren Health Plan						generic Zyban Rx; QL Tier 1 90 days per calendar year copay applies	Chantix Rx; QL Tier 2 90 days per calendar year copay applies				<a href="http://www.mclarenhealthplan.org/documents/health%20articles/stop%20smoking%20commercial.pdf">www.mclarenhealthplan.org/documents/health%20articles/stop%20smoking%20commercial.pdf</a>
Physician Health Plan of Mid-MI	Must participate in Healthy Roads Smoking Cessation; OTC; PA; 50% Copay	Must participate in Healthy Roads Smoking Cessation; OTC; PA; 50% Copay		Must participate in Healthy Roads Smoking Cessation; PA; Tier 2 copay applies		<b>For generic Zyban</b> - Must participate in Healthy Roads Smoking Cessation; PA; Tier 1 copay applies	Must participate in Healthy Roads Smoking Cessation; PA; Tier 2 copay applies		Healthy Roads Smoking Cessation Tobacco Cessation Program enroll @ 1-877-330-2746		<a href="https://www.phpmm.org/ForMembers/Life360Programs/TobaccoCessation/tabid/3329/Default.aspx">https://www.phpmm.org/ForMembers/Life360Programs/TobaccoCessation/tabid/3329/Default.aspx</a>
Priority Health	OTC ; generic copay applies	OTC ; generic copay applies	OTC QL: generic copay applies	Rx; QL; copay applies	Rx; QL; copay applies	Generic Rx; QL; copay applies	Rx; QL; copay applies			WebMD Smoking Cessation @ <a href="https://www.priorityhealth.com/webmd/start.aspx?toolid=1254">https://www.priorityhealth.com/webmd/start.aspx?toolid=1254</a>	<a href="http://www.priorityhealth.com/healthwellness/tobacco">www.priorityhealth.com/healthwellness/tobacco</a>
Total Health Care	Highly encourage enrollment in "I Can Quit"; Generic Rx; QL; copay applies	Highly encourage enrollment in "I Can Quit"; Generic Rx; QL; copay applies				Generic Rx; QL; copay applies	Rx; QL; copay applies		I Can Quit! Smoking Cessation Program 1-800-480-7848		<a href="http://www.totalhealthcareonline.com/DesktopDefault.aspx?tabindex=2&amp;tabid=33">www.totalhealthcareonline.com/DesktopDefault.aspx?tabindex=2&amp;tabid=33</a>
Michigan Department Community Health - Tobacco Cessation Program							FREE Smokers' Quit Kit @ <a href="http://www.michigan.gov/tobacco">www.michigan.gov/tobacco</a> or 1-800-480-7848				<a href="http://www.michigan.gov/documents/mdch/Michigan_Smokers_Quit_Kit_240738_7.pdf">www.michigan.gov/documents/mdch/Michigan_Smokers_Quit_Kit_240738_7.pdf</a>

**Key:**

Rx= Prescription required for coverage  
PA=Prior Authorization  
QL=Quantity Limit  
ST=Step Therapy Program

**Note:**

- Check your insurer to confirm coverage eligibility and requirements.  
- In some cases, the member may obtain the brand name drug, but may incur an additional charge (higher copay).  
- Benefits are subject to change.