

SEUNG-NI

BODY SCULPT KICKBOXING PLYO PUMP

FIT CLUB

力量

Seung-Ni Fit Club, Bay City

Fitness for Life: Change your look – and your outlook. The benefits of fitness go beyond looking good; you'll feel better, too. The Seung-Ni Fit Club offers fitness training with experienced instructors who will get you moving and keep you motivated.

- **Body Sculpt**
- **Plyo Pump**
- **Aerobic Kickboxing**
- **Seung-Ni Body Challenge**
- **Personal Training**

State of Michigan Employees receive

20% discount

off monthly membership

Owners: Angie and Chad Hugo bring years of fitness training and instruction to the Bay City Fit Club. Their enthusiasm and knowledge will help you get the most from your workouts to keep you coming back.

Fees

Monthly: \$60.00

Punch Card (12 visits): \$70.00

Personal Training: \$80.00/hr



Join Today!

Start on your new look – and new outlook – today! See how fitness can change your life. Try two classes at no charge, then join the Bay City Fit Club to keep the benefits coming! Bay City Fit Club members also enjoy privileges at Seung-Ni locations in Saginaw, Midland, Grand Rapids and Novi.

Call for more information: (989) 671-4001 or stop by for a tour!

Bay City Fit Club

3772 Wilder Road

Bay City, MI 48706