

2007 Michigan Youth Risk Behavior Survey: Trend Results by Item

KEY TO THE DETAIL TABLE

8	← CDC Code book number or variable	Behavior	92	Whole rounded percent			N/A	Not available for survey year
9	← Survey question # used for analysis	measured by the indicator	92.3	Percent to the tenth			NC	No comparison due to word change
			90.7-93.6	95% Confidence interval			-	Suppressed due to less than 100 cases

CB#	Indicator Description	Behavior	MI 07	MI 05	MI 03	MI 01	MI 99	MI 97
Q #								

VEHICLE SAFETY

8	Of students who rode bicycle during past 12 months, % who never/rarely wore a helmet	Bicycle no helmet (12 months)	92	90	92	89	93	95
9			92.3	89.8	91.7	89.3	93.2	95.0
			90.7-93.6	86.2-93.4	89.1-94.3	87.0-91.5	91.1-95.3	93.5-96.4
9	% of students who never/rarely wore seat belt when riding in a car driven by someone else	Car passenger no seat belt	6	6	8	8	14	19
10			6.2	6.3	7.9	8.3	13.8	18.5
			5.0-7.8	4.8-7.7	6.6-9.1	7.0-9.7	11.3-16.3	16.3-20.8
10	% of students who during the past 30 days rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol	Car passenger with driver DUI (30 days)	28	25	30	32	34	37
11			27.6	24.9	29.6	32.1	33.6	37.1
			24.3-31.1	22.2-27.7	27.5-31.8	28.6-35.6	30.9-36.3	33.4-40.9
11	% of students who during the past 30 days drove a car or other vehicle one or more times when they had been drinking alcohol	DUI (30 days)	9	9	11	13	13	17
12			9.1	8.5	10.7	12.9	13.0	16.5
			7.2-11.6	6.9-10.0	9.0-12.4	10.7-15.1	11.1-14.9	13.8-19.2

VIOLENCE

12	% of students who carried a weapon, such as a gun, knife or club, on one or more of the past 30 days	Weapon carry (30 days)	18	16	15	13	16	19
13			17.9	15.8	15.2	12.5	16.0	18.9
			15.4-20.6	12.9-18.7	13.5-17.0	11.0-14.0	12.9-19.1	16.4-21.5
13	% of students who carried a gun on one or more of the past 30 days	Gun carry (30 days)	6	6	4	5	6	7
14			5.6	5.9	4.4	4.5	5.6	7.0
			4.3-7.3	4.5-7.4	3.3-5.5	3.8-5.1	4.2-7.0	5.4-8.5
14	% of students who carried a weapon, such as a gun, knife or club, on school property on one or more of the past 30 days	Weapon on school property (30 days)	5	5	5	5	8	8
15			5.0	4.7	5.1	4.9	7.5	8.2
			3.8-6.5	3.7-5.8	3.8-6.4	4.1-5.8	6.0-9.1	6.9-9.5
15	% of students who did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school	Missed school felt unsafe (30 days)	7	7	6	7	5	5
16			6.5	7.0	5.5	7.2	5.4	5.1
			4.3-9.8	4.9-9.1	4.2-6.7	5.5-8.9	4.3-6.5	4.0-6.3
16	% of students who had been threatened or injured with a weapon on school property one or more times during the past 12 months	Weapon threat/injury on school property (12 months)	8	9	10	9	9	9
17			8.1	8.6	9.7	9.0	9.2	9.2
			6.7-9.8	7.0-10.2	8.6-10.8	8.1-10.0	8.3-10.1	8.0-10.5
17	% of students who had property, such as car, clothing, or books, stolen or deliberately damaged on school property during past 12 months	Stolen/damaged property at school (12 months)	30	31	32			
18			30.1	30.7	31.5	N/A	N/A	N/A
			27.2-33.1	27.8-33.6	29.9-33.1			
18	% of students who were in a physical fight one or more times during the past 12 months	Physical fight (12 months)	31	30	31	34	35	36
19			30.7	30.1	30.8	33.8	35.1	36.4
			27.1-34.6	26.1-34.1	27.8-33.7	30.9-36.6	32.0-38.2	33.8-39.0
19	% of students who were injured in a physical fight and had to be treated by a doctor/nurse one or more times during the past 12 months	Fight injury requiring treatment (12 months)	3	4	3	4	3	4
20			3.1	3.7	3.1	3.8	3.3	3.9
			2.3-4.2	2.7-4.6	2.5-3.7	3.2-4.3	2.6-4.0	2.7-5.0
20	% of students who were in a physical fight on school property one or more times during the past 12 months	Physical fight on school property (12 months)	11	11	12	11	14	15
21			11.4	11.4	12.2	11.4	13.5	15.2
			9.7-13.3	9.3-13.6	10.2-14.2	9.6-13.3	11.8-15.2	13.3-17.2

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Q #									
21	% of students who were ever hit, slapped or physically hurt on purpose by their boyfriend/girlfriend during the past 12 months	Physical violence with boyfriend/girlfriend (12 months)	12	11	11	12	13		
22			12.4	11.1	11.4	11.8	12.9	N/A	
			11.1-13.9	9.9-12.4	9.8-13.0	10.5-13.1	11.7-14.0		
DEPRESSION & SUICIDE									
23	% of students who ever felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	Sad or hopeless two weeks (12 months)	27	26	30	27	27		
24			26.9	26.3	30.2	27.3	27.4	N/A	
			24.6-29.2	23.6-28.9	27.3-33.1	25.5-29.0	25.2-29.6		
24	% of students who seriously considered attempting suicide during the past 12 months	Suicide considered (12 months)	15	16	18	18	20	24	
25			15.3	15.8	18.1	18.1	20.1	23.8	
			13.2-17.7	13.4-18.2	15.7-20.4	16.7-19.5	18.2-22.0	21.1-26.4	
25	% of students who made a plan about how they would attempt suicide during the past 12 months	Suicide planned (12 months)	12	12	14	15	15	19	
26			12.0	12.2	14.2	14.8	15.2	18.6	
			10.4-13.7	9.9-14.6	12.3-16.0	13.8-15.8	13.9-16.5	17.0-20.3	
26	% of students who actually attempted suicide one or more times during the past 12 months	Suicide attempted (12 months)	9	9	11	10	8	10	
27			9.1	9.3	10.5	10.2	7.9	10.4	
			7.4-11.2	7.5-11.1	9.2-11.8	8.7-11.6	6.9-8.8	9.0-11.8	
27	% of students whose attempted suicide resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months	Suicide injury treated (12 months)	3	3	3	4	3	3	
28			2.6	3.3	3.2	3.5	2.9	3.1	
			1.9-3.5	2.2-4.4	2.5-3.9	2.8-4.2	2.1-3.6	2.5-3.7	
TOBACCO									
28	% of students who ever tried cigarette smoking, even one or two puffs	Cigarettes Ever	51	52	60	64	72	75	
29			51.2	52.4	60.2	63.5	72.2	75.0	
			47.4-54.9	48.3-56.6	57.0-63.4	60.0-67.1	69.8-74.6	71.8-78.2	
29	% of students who smoked a whole cigarette for the first time before age 13	Cigarettes before age 13	14	16	21	23	27	27	
30			13.8	16.1	21.3	23.2	26.7	27.2	
			11.7-16.3	12.9-19.3	17.7-24.8	20.6-25.7	23.4-30.0	24.4-30.0	
30	% of students who smoked cigarettes on one or more of the past 30 days	Cigarettes 1+ 30 days (Recent)	18	17	23	26	34	38	
31			18.0	17.0	22.6	25.7	34.1	38.2	
			14.7-21.8	14.6-19.5	18.3-26.9	22.6-28.8	30.9-37.4	34.4-42.0	
FR CIG	% of students who smoked cigarettes on 20 or more of the past 30 days	Cigarettes 20+ days 30 days (Frequent)	8	8	11	13	17	20	
31			8.1	7.8	11.3	12.7	17.4	19.8	
			6.2-10.7	6.0-9.6	6.8-15.8	10.1-15.4	14.4-20.5	16.6-23.0	
31	% of students who smoked 2 or more cigarettes per day on the days they smoked during the past 30 days	Cigarettes 2+ per day 30 days (Regular)	9	14	16	18	23	27	
32			8.7	13.6	15.9	17.7	23.0	26.9	
			6.5-11.6	9.2-17.9	11.1-20.8	15.1-20.4	20.1-25.8	23.6-30.2	
32	% of students less than 18 years of age who were current smokers, and purchased cigarettes at a store or gas station during the past 30 days	Bought cigarettes under 18 (30 days)	15	16	18	25			
33			15.0	16.0	18.2	25.1	NC	NC	
			10.3-21.5	9.8-22.2	14.4-22.1	20.0-30.1			
33	% of students who smoked cigarettes on school property on one or more of the past 30 days	Cigarettes on school property (30 days)	6	5	9	9	13	17	
34			6.0	4.9	9.3	9.1	12.8	17.3	
			4.6-7.7	3.4-6.4	5.7-12.9	7.3-11.0	10.4-15.3	14.7-19.9	

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Q #									
34	% of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days	Daily cigarettes ever	13	12	18	20	27		
35			12.7	12.2	18.4	20.4	27.0	N/A	
			10.3-15.6	9.7-14.7	13.4-23.3	17.1-23.7	23.5-30.4		
35	% of students who were current smokers and have tried to quit smoking during the past 12 months	Cigarettes tried to quit (12 months)	58	57	58	64			
36			57.6	57.1	58.4	64.0	NC	N/A	
			52.5-62.5	52.2-62.0	55.2-61.6	59.7-68.4			
89	% of students who have ever tried chewing tobacco, snuff, or dip	Chew, snuff, dip (Ever)	19	15	17	20	24		
37			19.2	15.4	16.6	19.6	23.7	N/A	
			15.8-23.2	12.5-18.3	14.1-19.2	16.6-22.6	20.7-26.8		
36	% of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days	Chew, snuff, dip (30 days)	9	7	7	8	8	8	
38			8.9	6.9	6.5	7.7	8.2	8.4	
			6.7-11.9	5.1-8.6	5.2-7.9	5.9-9.5	6.6-9.8	6.0-10.9	
38	% of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days	Cigars (30 days)	15	13	14	15	20		
39			14.7	13.3	13.6	14.9	19.6	N/A	
			12.5-17.2	11.1-15.6	11.8-15.4	13.0-16.9	17.8-21.4		
ANYT	% of students who used any tobacco during the past 30 days	Any tobacco (30 days)	25	23	27	30	39		
OB			24.8	23.2	27.4	29.9	39.2	N/A	
			21.2-28.9	19.9-26.4	23.3-31.5	26.5-33.3	36.6-41.8		
ALCOHOL									
39	% of students who had at least one drink of alcohol on one or more days during their life	Alcohol Ever	72	73	76	77	82	82	
40			72.2	72.6	75.9	77.4	81.7	81.9	
			69.0-75.1	68.9-76.4	74.0-77.7	74.2-80.6	79.4-84.1	78.5-85.3	
40	% of students who had their first drink of alcohol, other than a few sips, before age 13	Alcohol before age 13	21	23	27	27	32	35	
41			21.4	22.6	26.9	26.9	32.2	34.9	
			18.7-24.4	19.2-25.9	24.7-29.1	24.6-29.2	28.9-35.5	31.7-38.1	
41	% of students who had at least one drink of alcohol on one or more of the past 30 days	Recent alcohol use (30 days)	43	38	44	46	49	51	
42			42.8	38.1	44.0	46.2	48.5	50.5	
			39.4-46.2	34.7-41.5	41.2-46.7	42.6-49.8	45.4-51.7	46.1-54.8	
42	% of students who had 5 or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days	Alcohol binge (30 days)	25	23	27	29	30	32	
43			24.6	22.5	27.4	29.3	29.9	32.4	
			20.8-28.9	19.4-25.6	24.1-30.7	25.6-33.1	27.0-32.8	27.9-36.9	
44	% of students who had a least one drink of alcohol on school property on one or more of the past 30 days	Alcohol school property (30 days)	4	4	5	5	6	7	
45			3.6	3.6	4.6	4.9	5.8	7.2	
			2.7-4.8	2.7-4.5	4.0-5.3	3.9-6.0	4.7-6.9	6.1-8.4	
43	Among students who reported current alcohol use, % who usually got the alcohol they drank by buying it in a store during the past 30 days	Bought own alcohol (30 days)	4						
44			4.1	N/A	N/A	N/A	N/A	N/A	
			2.3-7.1						
OTHER DRUGS									
45	% of students who used marijuana one or more times during their life	Marijuana use Ever	35	37	44	44	46	48	
46			35.4	37.4	44.1	44.0	46.4	48.1	
			31.6-39.4	33.3-41.4	40.1-48.0	40.1-47.9	42.9-50.0	43.1-53.1	

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Q #								
46 47	% of students who tried marijuana for the first time before age 13	Marijuana before age 13	9	9	12	12	12	12
			9.0	8.7	11.5	11.6	12.3	12.2
			6.6-12.1	6.5-10.9	8.9-14.0	9.9-13.3	9.6-14.9	10.2-14.2
47 48	% of students who used marijuana one or more times during the past 30 days	Recent marijuana (30 days)	18	19	24	24	26	28
			18.0	18.8	24.0	24.3	25.9	28.2
			15.9-20.3	16.2-21.3	20.1-27.8	21.7-26.8	22.4-29.4	24.8-31.6
48 49	% of students who used marijuana on school property one or more times during the past 30 days	Marijuana on school property (30 days)	4	4	7	6	6	9
			4.0	3.7	7.0	5.6	6.0	8.9
			3.0-5.3	2.7-4.7	4.6-9.3	4.2-7.0	4.9-7.2	7.2-10.6
49 50	% of students who used any form of cocaine, including powder, crack, or freebase, one or more times during their life	Cocaine Ever	7	7	9	8	8	7
			6.8	7.0	8.7	7.8	8.1	7.4
			5.5-8.4	5.6-8.4	5.2-12.2	6.0-9.5	6.6-9.6	5.6-9.1
50 51	% of students who used any form of cocaine, including powder, crack, or freebase, one or more times during the past 30 days	Recent cocaine (30 days)	3	4	4	4	3	4
			2.5	3.6	3.9	3.6	3.4	3.5
			1.9-3.3	2.7-4.4	2.4-5.4	2.7-4.5	2.6-4.1	2.6-4.4
51 52	% of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paint or spray to get high one or more times during their life	Inhalants Ever	12	12	13	13	16	22
			12.0	12.2	13.4	12.8	15.6	21.6
			10.4-13.9	10.5-13.8	11.2-15.5	10.7-14.9	13.5-17.7	19.0-24.3
90 53	% of students who have taken barbiturates without a doctor's prescription one or more times during their life	Barbiturates Ever	10	13	17	17		
			9.6	12.5	17.2	16.9	NC	N/A
			7.9-11.7	10.5-14.5	12.8-21.6	13.5-20.2		
91 54	% of students who have taken barbiturates without a doctor's prescription during the past 30 days	Recent barbiturates (30 days)	5	6	9	10		
			5.0	5.5	9.3	9.7	NC	N/A
			3.7-6.7	4.1-6.8	7.2-11.4	7.6-11.8		
52 55	% of students who used heroin one or more times during their life	Heroin Ever	2	4	4	3	4	
			2.2	3.5	3.5	3.3	3.6	N/A
			1.4-3.5	2.5-4.6	2.2-4.7	2.7-3.9	2.4-4.8	
92 56	% of students who used heroin one or more times during the past 30 days	Recent heroin (30 days)	2	2	3	2	2	
			1.9	2.3	2.6	2.2	1.9	N/A
			1.3-2.9	1.6-3.1	1.8-3.3	1.7-2.6	1.4-2.4	
53 57	% of students who used methamphetamines one or more times during their life	Methamphetamines Ever	4	4	8	8	9	
			4.0	4.3	7.8	8.2	9.0	N/A
			3.1-5.2	3.2-5.3	5.8-9.8	6.9-9.6	7.2-10.9	
93 58	% of students who have used club drugs one or more times during their life	Club drugs Ever	7	8	11	15		
			6.7	8.4	10.8	15.0	N/A	N/A
			5.0-9.0	6.7-10.1	7.4-14.3	12.8-17.3		
94 59	% of students who have used club drugs one or more times during the past 30 days	Recent club drugs (30 days)	3	3	5	8		
			3.3	3.4	5.1	8.2	N/A	N/A
			2.2-4.9	2.3-4.6	3.2-7.0	6.6-9.8		

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55 60	% of students who took steroid pills or shots without a doctor's prescription one or more times during their life	Steroids Ever	3 2.8 2.0-3.9	3 3.2 2.4-4.0	4 3.7 2.8-4.7	4 4.3 3.6-5.0	4 4.0 2.9-5.2	5 5.4 4.2-6.6	
95 61	% of students who have taken steroid pills or shots without a doctor's prescription one or more times during the past 30 days	Recent steroids (30 days)	2 2.3 1.3-3.9	2 2.4 1.6-3.2	3 2.5 1.8-3.3	3 2.5 1.8-3.1	3 2.5 1.8-3.3	N/A	
56 62	% of students who used a needle to inject any illegal drug into their body one or more times during their life	Illegal drug injection Ever	3 2.6 1.8-3.7	3 2.5 1.7-3.3	2 2.4 1.7-3.1	2 2.4 1.7-3.1	2 2.3 1.6-3.0	3 2.9 2.1-3.7	
57 63	% of students who were offered, sold, or given an illegal drug on school property during the past 12 months	Illegal drug exchange on school property (12 months)	29 29.1 27.0-31.3	29 28.8 26.1-31.5	31 31.3 28.4-34.3	36 35.6 32.9-38.2	34 33.7 30.3-37.1	36 36.2 32.8-39.5	
SEXUAL BEHAVIOR									
96 64	% of students whose parents or other adults in their family have ever talked with them about what they expected them to do or not to do when it comes to sex	Family discussion regarding sex Ever	72 72.1 69.2-74.8	71 70.9 68.7-73.1	72 71.7 69.6-73.8	69 69.4 67.2-71.6	69 69.1 67.4-70.8	NC	
22 23	% of students who have ever been physically forced to have sexual intercourse when they did not want to	Forced sex Ever	10 10.3 9.0-11.9	9 9.0 7.4-10.5	10 9.9 8.4-11.4	10 9.5 8.2-10.8	NC	NC	
58 65	% of students who had sexual intercourse	Sexual intercourse Ever	42 42.4 38.1-46.9	42 42.2 37.3-47.1	44 43.5 38.4-48.6	40 40.3 36.7-44.0	45 44.6 40.7-48.5	49 48.9 43.9-53.9	
59a 66	% of students who had sexual intercourse for the first time before age 16	Sexual intercourse before age 16	30 30.4 26.2-34.9	31 30.9 25.4-36.4	32	N/A	N/A	N/A	
59 66	% of students who had sexual intercourse for the first time before age 13	Sexual intercourse before age 13	5 5.3 3.9-7.2	6 6.2 4.0-8.5	7 6.9 4.8-9.1	5 4.9 3.5-6.3	7 6.9 5.5-8.2	8 8.3 7.1-9.5	
97a 67	Of students who ever had sexual intercourse, % whose first partner was 3 or more years older	First sex with someone 3+ yrs older	21 20.8 16.4-25.9	25 25.1 21.5-28.8	29 28.6 24.4-32.9	25 25.0 22.5-27.6	26 25.6 22.9-28.2	N/A	
60 68	% of students who had sexual intercourse with four or more people during their lives	Sexual intercourse 4+ partners	12 12.2 9.7-15.3	12 11.8 9.4-14.2	14 13.5 10.6-16.4	11 10.5 8.5-12.5	14 13.7 10.5-16.9	16 16.4 14.1-18.7	
61 69	% of students who had sexual intercourse during the last 3 months	Recent sexual intercourse (3 months)	30 30.0 26.8-33.4	29 29.4 26.0-32.8	31 31.1 26.6-35.7	30 29.9 27.0-32.8	31 31.4 27.8-35.1	34 34.4 30.2-38.7	
61a 69	Of students who have ever had sexual intercourse, % not having sexual intercourse during the past 3 months	Abstinence (3 months)	29 29.4 26.6-32.3	30 30.3 26.2-34.4	29 28.5 24.2-32.8	26 25.5 22.6-28.3	30 29.7 25.6-33.8	30 29.7 26.8-32.6	

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			90.7-93.6	95% Confidence interval			-	Suppressed due to less than 100 cases	
CB#	Indicator Description	Behavior	MI 07	MI 05	MI 03	MI 01	MI 99	MI 97	
Q #									
62 70	Of students who had sexual intercourse during the past 3 months, % who drank alcohol or used drugs before last sexual intercourse	Alcohol or drugs last intercourse (3 months)	23	22	24	24	24	33	
			23.2	22.3	24.2	23.7	24.4	32.8	
			19.9-26.9	18.4-26.1	20.0-28.5	19.4-28.0	19.7-29.2	28.4-37.2	
63 71	Of students who had sexual intercourse during the past 3 months, % who used a condom during last sexual intercourse	Condom last intercourse (3 months)	65	62	63	61	59	58	
			65.0	61.7	62.5	61.0	58.9	58.2	
			59.7-70.0	57.9-65.5	55.6-69.3	58.2-63.9	55.9-61.9	53.1-63.3	
64 72	Of students who had sexual intercourse during the past 3 months, % who used birth control pills during last sexual intercourse	Birth control pills last intercourse (3 months)	19	19	17	22	20	22	
			19.3	18.5	17.1	21.7	20.4	22.3	
			15.9-23.2	14.7-22.2	14.0-20.2	17.2-26.2	16.4-24.4	18.1-26.6	
98 73	% of students who had been pregnant or gotten someone pregnant one or more times	Pregnancy ever	4	5	5	3	5	6	
			3.7	5.4	4.5	2.9	4.9	5.8	
			2.5-5.3	3.9-6.9	2.8-6.1	2.1-3.8	3.7-6.2	4.9-6.8	
85 94	% of students who had ever been taught about AIDS or HIV infection in school	HIV/AIDS instruction in school Ever	90	90	89	89	86	88	
			89.6	89.7	88.6	88.6	86.1	87.9	
			87.4-91.5	87.8-91.5	86.6-90.7	86.9-90.3	82.7-89.5	85.5-90.4	
WEIGHT & NUTRITION									
ROV WGT 6, 7	% of students who are at risk for becoming overweight, whose Body Mass Index is >85% and < 95%	Overweight risk	17	14	15	13	15	N/A	
			16.5	13.5	15.0	13.3	14.7		
			14.6-18.6	11.5-15.5	13.6-16.4	12.0-14.6	13.2-16.3		
OVW GT 6, 7	% of students who are overweight, whose Body Mass Index is > or = 95%	Overweight	12	12	12	11	10	N/A	
			12.4	12.1	12.4	10.7	9.9		
			10.6-14.5	9.9-14.3	10.7-14.1	9.3-12.0	8.6-11.2		
65 74	% of students who described themselves as slightly or very overweight	Overweight perception	29	29	31	31	32	30	
			28.9	29.3	31.4	30.7	31.7	30.4	
			27.2-30.7	27.1-31.6	29.6-33.2	28.8-32.7	29.5-33.9	28.1-32.8	
66 75	% of students were trying to lose weight	Trying to lose weight	45	45	46	46	45	45	
			44.6	44.8	46.4	45.8	44.5	44.8	
			43.1-46.2	42.0-47.5	43.9-48.9	43.5-48.1	42.4-46.6	42.6-46.9	
67 76	% of students who exercised to lose weight or keep from gaining weight during the past 30 days	Exercise (30 days)	65	61	62	61	60	56	
			65.4	60.9	61.6	61.4	60.2	55.7	
			62.7-68.0	58.8-63.0	59.2-63.9	59.6-63.2	58.1-62.3	52.8-58.7	
68 77	% of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days	Diet (30 days)	41	40	41	43	43	N/A	
			40.5	39.5	41.2	42.6	42.8		
			38.5-42.6	37.4-41.6	38.8-43.7	40.5-44.8	40.5-45.0		
69 78	% of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	Fast (30 days)	14	11	13	14	13	N/A	
			14.0	11.2	12.6	14.3	13.1		
			12.2-16.0	9.5-13.0	10.8-14.4	12.7-15.9	11.6-14.6		
70 79	% of students who took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days	Diet pills (30 days)	7	5	9	10	8	N/A	
			7.1	4.8	9.0	9.7	8.1		
			5.7-8.7	3.8-5.8	7.5-10.5	8.5-11.0	7.2-9.1		

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CB#	Indicator Description	Behavior	MI 07	MI 05	MI 03	MI 01	MI 99	MI 97	
Q #									
71 80	% of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	Vomit/laxatives (30 days)	6 6.0 5.4-6.6	5 4.7 3.6-5.8	7 6.6 5.4-7.8	8 7.6 6.5-8.8	6 5.7 4.5-6.8	6 6.1 5.1-7.2	
72 81	% of students who drank 100% fruit juices one or more times during the past 7 days	Fruit juices (7 days)	81 80.6 78.1-82.9	79 79.4 77.2-81.6	81 81.0 79.7-82.3	85 84.8 83.4-86.3	83 83.4 82.2-84.5	N/A	
73 82	% of students ate fruit one or more times during the past 7 days	Fruit (7 days)	84 84.3 81.5-86.8	85 84.5 81.7-87.3	85 85.1 83.1-87.1	85 85.1 82.9-87.4	83 83.4 81.4-85.5	N/A	
74 83	% of students who ate green salad one or more times during the past 7 days	Green salad (7 days)	65 64.7 61.2-68.0	64 64.1 60.4-67.7	68 68.0 65.0-71.0	70 70.4 67.6-73.1	65 64.5 61.3-67.8	N/A	
75 84	% of students who ate potatoes one or more times during the past 7 days	Potatoes (7 days)	71 71.4 67.7-74.8	72 71.6 70.0-73.1	72 72.1 69.4-74.8	76 76.1 73.8-78.3	75 75.2 73.1-77.3	N/A	
76 85	% of students who ate carrots one or more times during the past 7 days	Carrots (7 days)	48 48.3 43.5-53.1	49 48.9 45.5-52.4	50 49.5 44.9-54.2	54 54.2 51.0-57.5	50 49.5 45.6-53.4	N/A	
77 86	% of students who ate other vegetables one or more times during the past 7 days	Other vegetables (7 days)	82 82.2 79.2-84.9	81 80.6 77.4-83.7	82 82.0 79.7-84.3	83 82.7 80.2-85.1	83 82.5 80.4-84.6	N/A	
FRVG	% of students who ate 5 or more servings of fruits and vegetables per day during the past 7 days	5+ per day fruit/veggies (7 days)	17 17.0 15.2-19.1	17 16.7 15.3-18.1	18 18.4 16.3-20.4	21 20.6 18.8-22.4	19 19.0 17.1-21.0	NC	
78 87	Percentage of students who who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days	Soda consumption (7 days)	29 28.9 25.7-32.2	NC	NC	N/A	N/A	N/A	
79 88	% of students who drank 3 or more glasses of milk per day during the past 7 days	Milk 3+ per day (7 days)	15 14.5 12.4-16.9	17 16.7 14.5-18.8	16 15.5 13.6-17.4	20 20.4 18.3-22.4	21 20.8 18.5-23.1	N/A	
PHYSICAL ACTIVITY									
80 89	% of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days ³	Current rec amount of physical activity ³	44 44.0 40.4-47.8	N/A	N/A	N/A	N/A	N/A	
81 90	% of students who watched 3 hours or more of TV per day on an average school day	TV 3+ hours	33 32.6 28.0-37.6	36 35.8 31.7-39.8	35 34.8 31.1-38.5	31 30.5 27.0-34.0	37 36.6 32.0-41.3	N/A	
82 91	% of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day	Computer 3+ hours	23 22.9 20.5-25.5	N/A	N/A	N/A	N/A	N/A	

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Q #									
83	% of students who attended physical education PE class one or more days during an average school week	PE 1+ days avg. school week	45	38	39	44	35	37	
92			44.8	38.4	39.4	44.1	34.5	37.2	
			38.4-51.3	33.5-43.3	33.7-45.0	39.3-48.9	29.7-39.3	32.5-41.8	
DLY	% of students who attended physical education PE class daily	PE 5 days avg. school week	30	30	28	29	27	29	
PE			29.8	29.8	27.5	29.4	26.9	29.2	
92			23.4-37.1	24.0-35.5	21.2-33.8	22.9-35.9	20.4-33.3	25.8-32.7	
99	Of students enrolled in physical education PE class, % who exercise or played sports more than 20 minutes during an average physical education class	PE-exercise/sport 20+ minutes avg. PE class	45	88	86	83	83		
93			44.5	88.1	86.3	83.2	82.7	NC	
			39.8-49.4	84.2-92.1	82.4-90.1	77.7-88.6	78.8-86.6		
MEDICAL HEALTH									
102	% of students who saw a doctor or health care provider for a check-up or physical exam when they were not sick or injured during the past 12 months	Wellness visit (12 months)	63	65	65	66	62		
99			62.5	64.8	65.2	66.0	61.7	N/A	
			59.9-65.0	61.2-68.4	63.4-66.9	63.8-68.2	59.5-63.9		
100	Percentage of students who have ever been told by a doctor or nurse that they have diabetes.	Diabetes diagnosis	5	4	5				
95			4.9	4.2	4.6	N/A	N/A	N/A	
			4.0-6.1	3.0-5.4	3.3-5.9				
86	% of students who have ever been told by a doctor or nurse that they have asthma.	Asthma Diagnosis	24	20	21				
96			23.5	19.6	21.1	N/A	N/A	N/A	
			21.6-25.5	17.5-21.8	19.2-23.1				
87	% of students who had been told by a doctor or nurse that they had asthma and still have asthma	Current asthma	11						
97			11.4	N/A	N/A	N/A	N/A	N/A	
			10.0-13.1						
101	Among students who currently have asthma, % who went to an emergency room/urgent care center because of their asthma one or more times during the past 12 months	Uncontrolled asthma	23						
98			22.5	N/A	N/A	N/A	N/A	N/A	
			16.1-30.4						

3 The 2005 Dietary Guidelines for Americans recommends that youth engage in at least 60 minutes of physical activity on most, preferably all, days of the week. This indicator was changed in the 2007 survey to reflect these recommendations and a new baseline for trend will be established. For dietary guidelines, go to www.health.gov/dietaryguidelines/dga2005.