

AFTERSCHOOL SNACK PROGRAM



Linda Stull
School Nutrition Programs
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Afterschool Snack Program

To be eligible to qualify, programs:

- Must be eligible to operate NSLP
- Purpose is to provide care in afterschool settings
- Must include education or enrichment activities in organized, structured, and supervised environment
 - Must be operated by the school
 - School facilities do not need to be used

Afterschool Snack Program

Schools can start up a program at any time:

- Amend CNAP/MEGS+ at any time
- Provide sufficient information to MDE to determine eligibility
- Documentation that site is located in an area served by a school that is 50% F/R
- For all other sites, documentation of F/R eligibility based on F/R snacks claimed

Afterschool Snack Program Reimbursement

- May seek reimbursement for one snack, per child, per day
- Children eligible to participate through age 18
- No age limit for mentally or physically impaired individuals
- Sites $\geq 50\%$ F/R receive free rate for all children served

Afterschool Snack Program Times of Operation

- Can only be served after the school day has ended
- Eligibility is based on when the scheduled school day ends
 - Kindergarten program ending at noon and children remain at school under a care program described earlier
 - Split sessions – after the first session even though there is a later session

Afterschool Snack Program Requirements

- Four components:
 - Fluid milk
 - Meat/meat alternate
 - Grains
 - Fruit/vegetable/juice



- Two of the four components must be served
- Juice may not be served when milk is the only other component

Chart 3 NATIONAL SCHOOL LUNCH PROGRAM MEAL PATTERN AFTERSCHOOL SNACKS

SELECT TWO OF THE FOUR COMPONENTS FOR A REIMBURSABLE SNACK

FOOD COMPONENTS AND FOOD ITEMS ¹	CHILDREN AGES 1 and 2	CHILDREN AGES 3-5	CHILDREN AGES 6-12 ¹
Milk			
Fluid milk	4 fl oz (1/2 cup)	4 fl oz (1/2 cup)	8 fl oz (1 cup)
Vegetable or Fruit^{2, 9}			
Juice ^{4, 9} , fruit, and/or vegetable	1/2 cup	1/2 cup	3/4 cup
Grains/Breads^{3, 4}			
Bread <i>or</i>	1/2 slice	1/2 slice	1 slice
Combread or biscuit or roll or muffin <i>or</i>	1/2 serving	1/2 serving	1 serving
Cold dry cereal ⁴ <i>or</i>	1/4 cup or 1/3 oz ⁴	1/3 cup or 1/2 oz ⁴	3/4 cup or 1 oz ⁴
Cooked cereal grains <i>or</i>	1/4 cup	1/4 cup	1/2 cup
Cooked pasta or noodles	1/4 cup	1/4 cup	1/2 cup
Meat/Meat Alternate^{5, 6, 7}			
Lean meat or poultry or fish ⁵ <i>or</i>	1/2 oz	1/2 oz	1 oz
Alternate protein products ⁶ <i>or</i>	1/2 oz	1/2 oz	1 oz
Cheese <i>or</i>	1/2 oz	1/2 oz	1 oz
Egg (large) <i>or</i>	1/2 large egg	1/2 large egg	1/2 large egg
Cooked dry beans or peas <i>or</i>	1/8 cup	1/8 cup	1/4 cup
Peanut or other nut or seed butters <i>or</i>	1 Tbsp	1 Tbsp	2 Tbsp
Nuts and/or seeds ⁷ <i>or</i>	1/2 oz ⁷	1/2 oz ⁷	1 oz
Yogurt ⁸	2 oz or 1/4 cup	2 oz or 1/4 cup	4 oz or 1/2 cup

¹ Children age 12 and older may be served larger portions based on their greater food needs. They may not be served less than the minimum quantities listed in this column.

² Full strength vegetable and/or fruit juice or an equivalent quantity of any combination of vegetable(s), fruit(s), and juice.

³ Grains/Breads must be whole-grain or enriched, or made from whole-grain or enriched flour or meal that may include bran and/or germ. Cereal must be whole-grain, enriched, or fortified.

⁴ Either volume (cup) or weight (oz), whichever is less.

⁵ A serving consists of the edible portion of cooked lean meat or poultry or fish.

⁶ Alternate protein products must meet requirements in Appendix A of 7 CFR Part 210.

⁷ Nuts and seeds are generally not recommended to be served to children ages 1-3 since they present a choking hazard. If served, nuts and seeds should be finely minced.

⁸ Yogurt may be plain or flavored, unsweetened, or sweetened - commercially prepared.

⁹ Juice may not be served when milk is the only other component.

Afterschool Snack Program

Content of Meals

- Snacks must meet the meal pattern for snacks
- USDA recommends that schools offer larger portions for older children (ages 13-18) based on their greater food energy requirements



Afterschool Snack Program Record Keeping

- Total snack counts for sites qualifying for area eligibility or meal counts by type for all other sites
- Documentation of attendance on a daily basis
- Documentation of compliance with meal pattern requirements: menus and production records

Questions?

Please contact the
School Nutrition Programs Office
at 517-373-3347

or

Email your questions to:

mde-schoolnutrition@michigan.gov