

School Improvement Planning Tool: Linking Coordinated School Health (CSH) to Academic Success

If your school can better support students in some or all of these CSH components, improvement is likely in the key areas of attendance, behavior, and academic achievement.



You have a school improvement goal. Now what?

Think about strategies that can help students become better ready to learn in their classes. For example, suppose your goal is to increase the number of students who score proficient in math by five percent. Your teachers will use multiple strategies to help your students learn math – some will be academic-oriented, some will not be. Health teachers could use the Michigan Model for Health’s Social and Emotional Health unit to present social and emotional questioning, a technique that has a positive correlation with improved student achievement. This approach prepares student to more comfortably and effectively participate in class discussions in the core content areas. A strategy that math teachers could employ is the use of physical “brain breaks”; getting up and moving in class helps the brain be more receptive to new material.

After an improvement goal has been selected, the School Improvement Team must decide upon strategies, programs, and initiatives that will help students achieve the goal. For each strategy/program/initiative, you and your team will want to go through the following steps. Not only will this process help ensure funding, but it will help your school decide if you’ve chosen the right approach. (*This is an adaptation of the School Improvement planning tool provided by the Michigan Department of Education.*)

