

# FITZGERALD

## High School



THINK.RESPECT.Plan

2013-2014

HOW did we keep the momentum going?

(January through May)

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**HOW did we continue on the message in JANUARY (THEME: RESPECT your opportunities)? (Please see attachments for visuals)**

**January 21<sup>st</sup>**

We decided to feature (and support) our consortium and elective classes prior to scheduling. Attached is a powerpoint that we promoted each hour on 1/21/14.

**January 31<sup>st</sup>**

Considering our theme for the month, was RESPECT your opportunities, we featured our clubs, upcoming events, athletics, and some promising data for our students. Attached is the powerpoint that was shared with students each hour on 1/31/14.

**HOW did we continue on the message in FEBRUARY (THEME: THINK Extraordinary)?**

**February 11<sup>th</sup>**

Unfortunately, our school had done very little (if anything to acknowledge) Black History month. Discussions were led each period regarding the various influential African American leaders. We discussed how their contributions were EXTRAORDINARY and how they continue to impact us today.

1<sup>st</sup> Hour Origin of Black History Month

<http://www.youtube.com/watch?v=9IThSKYxIjU>

2<sup>nd</sup> Hour Frederick Douglas (Abolitionist)

<http://www.youtube.com/watch?v=Su-4JBEIhXY>

3<sup>rd</sup> Hour Jackie Robinson (Baseball player)

<http://www.youtube.com/watch?v=CX3tv9uKjII>

4<sup>th</sup> Hour Rosa Parks (Civil Rights Activist)

<http://www.youtube.com/watch?v=v8A9gyb5Fh0>

5<sup>th</sup> Hour King Leads the March on Washington (Civil Rights Activist)

<http://www.youtube.com/watch?v=j5RIKuH3tXM>

## February 25<sup>th</sup>

Continuing on with the theme of THINK.Extraordinary, we shared a powerpoint each class period featuring students that staff wanted to acknowledge for their extraordinary talents or traits. The last slide featured one of our alumni and her extraordinary story that was featured on NBC news and the Larry King show.

**HOW did we continue on the message in MARCH (THEME: ACTIVATE Altruism)?**

## March 11<sup>th</sup> and March 25<sup>th</sup>

For the month of March, instead of lessons we wanted to students to really engage in the theme of "Activate Altruism". Students had a choice of engaging in one of the following activities.

**VOLUNTEERMATCH.ORG** - Students were able to search for local volunteer opportunities and record on their community service logs.

OR

**(Iphone/Android) Free app Charity Miles-** Students and staff were encouraged to download the app and join the "Fitzrespect" team (Over 600 miles were logged for those Fitz members that joined.)

**HOW did we continue on the message in April (THEME: Nurture Courage)?**

## April 1<sup>st</sup>

The Activate Altruism challenge carried over into April. Teachers had expressed concerns with time (due to the Polar vortex). We did Think.Respect activities during 3<sup>rd</sup> hour only to discuss the concept of "Nurture Courage". Staff members were given two options of showing one of the two clips and leading a discussion.

Our Leadership students put together a PSA based on of a staff members experience with the suicide of a friend. Does it take courage to talk to an adult if a friend is having suicidal thoughts?

<https://www.youtube.com/watch?v=FPtemuOiwRc&feature=youtu.be>

OR...

Lead a discussion based on the attached video about a Vietnam Vet...Is he a COURAGEOUS man based on how he volunteers? Would you want him as a teacher? Etc.

<http://www.cbsnews.com/news/tough-california-teacher-has-a-tender-heart/>

**April 22, 2014**

The CSH Team came up with the idea of showing clips from students' favorite movies that were also popular books in our English classes. We were able to make a curriculum connection.

**1<sup>st</sup> Hour**

**<http://www.youtube.com/watch?v=51EbzSoTN54>**

**Harry Potter Clip**

**Follow up Question:**

**How did NEVILLE get points for Gryffindor?**

**Why is standing up to your own friends more challenging your enemies?**

**When MIGHT you need to stand up to your friends?**

**2<sup>nd</sup> Hour**

**<https://www.youtube.com/watch?v=Ce6nf-xoS5M&app=desktop>**

**Hunger Games Clip**

**Follow up Question:**

**Peeta and Katniss were about to eat poisonous berries. Can an act of defiance also be an act of courage? YES or NO and Explain with a specific example.**

**3<sup>rd</sup> Hour**

**<http://www.youtube.com/watch?v=YQi59p-2npA>**

**The Great Gatsby Clip**

**Follow up Question: Review the story of the Great Gatsby.**

**Debate question: Do "wealthier" people (such as Gatsby) also have more courage than the average person?**

4<sup>th</sup> Hour

[http://www.youtube.com/watch?v=EQLd\\_etD5RY](http://www.youtube.com/watch?v=EQLd_etD5RY)

DIVERGENT

Follow up Question: Tris was a new recruit into Dauntless (a different faction in a post-war society). She chooses to jump, not knowing what she is jumping into.

Was this a Courageous move OR was she trying to prove something to her peers?

5<sup>th</sup> Hour

<http://www.youtube.com/watch?v=16bGLMEtAww>

Of Mice and Men

Follow up Question: Review story "Of Mice and Men"

George explains at the beginning of the clip, that guys "like us don't have family or anybody". Lennie says "but we look after one another". Do you feel that because they had one another, that they were more courageous?

HOW did we continue on the message in MAY (THEME: Survive to Thrive)?

May 13<sup>th</sup>

Last month we made a ELA connection and this month we will make a Science connection. Students will learn about various species that overcome extreme obstacles to survive. The lessons will be tied back to answering the question, "How can you not just SURVIVE, but also THRIVE in this world?"

<http://www.newscientist.com/special/extreme-survival>

May 27<sup>th</sup>

For our last Think.Respect day, we will be having students analyze our MiPHY data from this year and previous years. This is not only a MATH connection, but also an opportunity to develop inquiry for ACT testing.

# FITZGERALD

## High School



THINK.RESPECT.Plan

2013-2014

**JANUARY SAMPLE ACTIVITY**

**FOCUS: RESPECT your opportunities**

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JANUARY  
"Respect YOUR Opportunities"

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1<sup>st</sup> Hour

- We are fortunate to be able to offer a wide range of classes at Fitzgerald High School.
- As you prepare for scheduling, please consider signing up for the CONSORTIUM and/or ELECTIVE classes that will be featured throughout the day in each class.

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1<sup>st</sup> Hour

- **What classes should I take while I am still in high school?**

- Accounting I and II
- Marketing I and II
- Financial Literacy
- Business Law
- Computer Application Classes
- With the clip below, please only show Business and Marketing presentation
- <http://www.fitz.k12.mi.us/fitzgerald-high-school/pages/230/curriculumcourses>
- Video: Courtesy of Mrs. Smith and the TV production class.
- Please see Mr. Krause for any questions.



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1<sup>st</sup> Hour

**Accounting/ Please see Mr. Krause**

- Foundation for all Business Classes
- Career growth especially for women and minorities
- Online assignments
- Field trip (Michigan Association of CPA High School Leadership Conference)



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1<sup>st</sup> Hour

**Marketing/ Please see Mr. Krause**

- Spartan Shop (Marketing Lab)
- Field Trip (Partridge Creek Mall)
- Marketing Concepts including:  
International Markets, Governments Role, Advertising, Display, Sales, etc



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1<sup>st</sup> Hour

**Financial Literacy/ Please see Mr. Krause**

- Simulations
- Projects
- Concepts Covered:
- Life Skills

Goals setting, college costs, paychecks, cost of living, banking, credit cards, credit scores, insurance, identity theft



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### 1st Hour

- Please show the following presentations to your students from the site below
- **Audio Recording** (See Mr. Busutil for questions)
- **Auto** (See Mr. Pollum or Mr. Romain for questions)
- <http://www.fitz.k12.mi.us/fitzgerald-high-school/pages/230/curriculumcourses>
- Video: Courtesy of Mrs. Smith and the TV Production class

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### 2nd Hour



#### Public Speaking

**Please see Mrs. Smith with any questions**

Are you planning on attending college? College admission officers look at your transcripts and consider what classes you take when considering your application. Public speaking is a great class to take to prepare you for college. It looks great on your transcripts and will help give you the confidence you need to be successful in college. Sign up for Public Speaking, a one-semester course, in order to get the advantage you need.

- With the clip below, please only show TV Production presentation (Courtesy Mrs. Smith and the TV Production class)
- <http://www.fitz.k12.mi.us/fitzgerald-high-school/pages/230/curriculumcourses>

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### 2nd Hour





#### Intro to TV

**Please see Mrs. Smith with any questions**

Looking for a fun class? Try Intro to TV Production! Students in this class make short videos and learn how to use professional video cameras, and editing software. Don't worry if you've never even used a camera before, you will learn it all! Have fun making music videos, scary movie trailers, stop motion animation, commercials and more! Students work in groups and get to be creative and silly and earn credit doing it!

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### 2nd Hour




#### Broadcast Speech

**PLEASE see Mrs. Smith with any questions**

Do you like to ask questions? Are you a people person? Have you ever watched Fitz News and thought... I can do that? Try Broadcast Speech! Students in Broadcast Speech work behind the scenes and in front of the camera, depending on what you prefer! You can interview students and teachers, make commercials and videos, and have fun doing it! This class is only one trimester, and you will have fun being part of a team working on the Fitz News show each week.

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### 3rd HOUR

- Independent Choice Project-Based Course
- No formal essays!
- Service Learning Hours
- Exciting and entertaining assignments!



- One trimester - Mrs. Davis B 222! © Experience the fun in **CREATIVE WRITING!!!**

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## LEADERSHIP

### 3rd HOUR



- Find out the kind of leader YOU are!
- Work in groups
- Community Service hour opportunities
- We learn about our leadership skills through INTERACTIVE games, icebreakers, and simulations
- Create and decide on a school-wide project that will impact the FHS.

• ONE TRIMESTER CLASS  
• Any questions? Please see Mrs. Sonnenfeld in C227

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### 3<sup>rd</sup> Hour

#### Web Design Course Offerings

**Please see Mr. Smith with any questions.**

- If you enjoy being creative and like hands-on opportunities to learn new skills that are extremely practical in a computer-driven world (as well as earn a math credit while at Fitz HS), consider taking one of our Web Design classes (**Web 1, Web 2, Advanced Web A, Advanced Web B**). Using the latest software such as PhotoShop, Flash, DreamWeaver, and more, our classes progress from beginner to more advanced levels, covering some of the very latest trends found on the internet today. Besides web development, topics include the creation of original graphics, touching up photos, editing video and sound files, and even some basic programming skills! Student websites are published regularly. Join us!

With the clip below, please only show the WEB DESIGN presentation (Video: Courtesy Mrs. Smith and the TV Production class)  
<http://www.fitz.k12.mi.us/fitzgerald-high-school/pages/230/curriculumcourses>

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### 3<sup>rd</sup> Hour

#### Exploring Computer Technology

**Please see Mr. Smith with any questions**

- Have you ever thought about building your very own “customized” computer to save money, or how to get more out of the computer that you already have? Fitzgerald offers a course just for you -- **Exploring Computer Technology**. The class provides plenty of hands-on opportunities and it's a great way to learn about, repair, and get the most out of your computer performance!

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### 4<sup>th</sup> Hour

- Please show the following presentations to your students from the site below
- Band** (See Mr. Roelandt for questions)
- Graphic Design** (See Mr. Nelson for questions)
- Pharmacy Tech** (See Mr. Williams for questions)
- <http://www.fitz.k12.mi.us/fitzgerald-high-school/pages/230/curriculumcourses>
- Video: Courtesy of Mrs. Smith and the TV Production class

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### 5<sup>th</sup> Hour

- Please show the following presentations to your students from the site below
- Physical Therapy** (See Mr. Fisher for questions)
- Pre-Engineering** (See Mr. Kmiec for questions)
- Theatre Arts** (See Mrs. Mulligan for questions)
- <http://www.fitz.k12.mi.us/fitzgerald-high-school/pages/230/curriculumcourses>
- Video: Courtesy of Mrs. Smith and the TV Production class

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**JANUARY**  
**"Respect YOUR Opportunities"**  
1-28-14

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▶ **RESPECT YOUR OPPORTUNITIES**

▶ At Fitzgerald High School, we offer a variety of sports, clubs, organizations that you can get involved in.

▶ Today, your teachers will be sharing information regarding these groups, upcoming events, and athletics.

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**STUDENT ORGANIZATIONS**

- ▶ Art Club
- ▶ Color Guard
- ▶ Concert/Marching Bands
- ▶ Generation of Promise
- ▶ National Honor Society
- ▶ Student Government
- ▶ Recycling
- ▶ S.A.D.D.
- ▶ Skills USA
- SWAG (Students With A Goal)
- F.I.T Club (Fitzgerald In Training)

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**Respect YOUR Opportunities**  
**SWAG**

Do you want to have a voice to make Fitz a better place? Come to SWAG- we meet on Wednesdays. See ms. Zuchnik or ms. Smith for details.

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**Respect YOUR Opportunities**  
**RECYCLING CLUB**

- ▶ Meets on Thursdays after school in C239. Students should be in the room by 2:45 and we are usually finished by 3:30.
- ▶ Every Thursday recycling earns students between 1-2 hours of **community service** depending on the work load for that day.
- ▶ **THAT IS 1-2 HOURS OF COMMUNITY SERVICE FOR LESS THAN AN HOURS WORK!**
- ▶ Also, if students just did recycling every week for a school year they would earn all of their community service hours needed to graduate!!

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**Respect YOUR Opportunities**  
**Generation of Promise**

- ▶ World Leaders of Tomorrow!!!
- ▶ All interested and qualified sophomores, watch for an announcement about our upcoming informational meeting Thursday February 27<sup>th</sup>.
- ▶ See Ms. Gilchrist or Mr. Bierman if you have any questions.

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## Respect YOUR Opportunities National Honor Society

- ▶ This is a select organization that students must apply to be in.
- ▶ **What does the National Honor Society do?**
- ▶ Salvation Army Toy and Food distribution
- ▶ Karmonos Pink Ribbon Walk
- ▶ March of Dimes Walk for Babies
- ▶ Adopt a Road (City of Warren)
- ▶ Afterschool Mentoring for Elementary STUDENTS

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## Respect YOUR Opportunities FIT CLUB

- ▶ Fitzgerald In Training (FIT) Club meets every Monday, Tuesday, and Thursday.
- ▶ This is a great way to stay in shape in between athletic seasons or just get in shape.
- ▶ Student are losing weight and feeling great!
- ▶ Yoga, Zumba, Swimming, and other workout strategies are used to help you feel great!
- ▶ See Mr. Busuttill , Mr. Bierman, Mr. Sonnenfeld or Mrs. Crotty if you have any questions.

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## Respect YOUR Opportunities UPCOMING EVENTS

- ▶ What is the best way to stay informed about upcoming events?
- ▶ The BEST way to stay informed on upcoming events is **to listen to the daily announcements** during your 5<sup>th</sup> hour OR **read them if they are posted in your classrooms.**
- ▶ Check out the flyers hanging in the halls.
- ▶ If you are helping to organize something...TALK ABOUT IT WITH EVERYONE...not just your friends.

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## Respect YOUR Opportunities FILM FESTIVAL

- Thursday, March 13<sup>th</sup> at 6:00 pm
- \* Tickets are \$3 at the door.
- TV students receive free admission.
- Ask your teacher if they are giving extra credit for attending!
- See Mrs. Smith for additional questions.



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## Respect YOUR Opportunities Financial Aid for COLLEGE

*MI College Goal 2014  
February 9th*  
You could lose out on thousands of dollars for college.

FAFSA applications are due MARCH 1<sup>st</sup>.

Make sure you do it right. Come to MI College Goal to have an expert help you fill out the FAFSA — FREE! On February 9<sup>th</sup> you can go to 1 of 3 locations to get assistance.

Not sure about college? Apply for the money now and decide later. If you wait, chances are you'll get less.

**Here is what you need to do:**

- Save the date, sign up for a reminder!
- Get your FAFSA PIN Number. This Personal Identification Number is how you sign your FAFSA.
- Bring a list of what you need to bring with you to the event.
- Bring your ID.

Please see Mrs. Findlay with questions!

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## Respect YOUR Opportunities WINTER PEP ASSEMBLY

- ▶ If you would like to participate in the games for the upcoming pep assembly on February 14<sup>th</sup>, please see a student government member or your class president.
- ▶ Additional questions, please see Mr. Williams.

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## Respect YOUR Opportunities Automotive Youth Educational Systems

- ▶ AYES, Automotive Youth Educational Systems, will be accepting applications for the 2014-2015 school year beginning in February. Students must be Juniors and currently enrolled in the automotive program. Applications can be picked up from Mr. Pollum in the auto shop.

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## Respect YOUR Opportunities Mr. FITZ

- ▶ SADD is once again organizing the Mr. Fitz Competition!
- ▶ Voting takes place 2<sup>nd</sup> hour February 6<sup>th</sup> - vote for one male student and one male teacher to be this year's Mr. Fitz!!
- ▶ The nominees will then compete in a penny war from February 7<sup>th</sup> - February 13<sup>th</sup> - whoever earns the most change will be named Mr. Fitz and receive the crown at the Pep Rally on Friday February 14<sup>th</sup>!!!
- ▶ Please see Mr. Smith for additional information.

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## Respect YOUR Opportunities SkillsUSA

- ▶ SkillsUSA is preparing for their regional competition.
- ▶ It will be held February 1st at Macomb Community College South Campus.
- ▶ Students will be competing in Master Technician, Electrical, Brakes, and New Car Prep.
- ▶ Come and support our students or get involved.
- ▶ For more details please see Mr. Pollum or Mr. Rowan in the Tech Building.

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## Respect YOUR Opportunities UPCOMING EVENTS

- ▶ MORE UPCOMING EVENTS.....

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## Respect YOUR Opportunities Come See The Drama Comedy Show!!



- ▶ Wednesday, February 12<sup>th</sup> 2014
- ▶ FHS Auditorium at 7pm
- ▶ Tickets \$3
- ▶ Please see Mrs. Mulligan for additional information.

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## Respect YOUR Opportunities BASKETBALL GAMES

- ▶ Friday Jan 31 @ Romeo (7pm)
- ▶ Wednesday Feb 5 @ Port Huron Northern (7pm)
- ▶ Friday Feb 7 vs. Port Huron HOME (7pm)
- ▶ MAIN GYM (5:30 VARSITY Girls and 7:00 VARSITY Boys)
- ▶ Auxiliary Gym (5:30 JV Boys and 7:00 JV Girls)
- ▶ Please remember to bring your STUDENT ID and it \$3 for FHS students to attend.

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## Respect YOUR Opportunities FHS Athletics

<u>BOYS Teams</u>	<u>GIRLS Teams</u>
▶ Bowling	• Bowling
▶ JV/Varsity Baseball	• Varsity Cheerleading
▶ JV Varsity Basketball	• JV/Varsity Basketball
▶ JV/Varsity Football	• JV/Varsity Softball
▶ Soccer	• JV/Varsity Volleyball
▶ Swimming	• Swimming
▶ Track	• Tennis
▶ Wrestling	• Track

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## Respect YOUR Opportunities Girls SOCCER

- ▶ Girls SOCCER try outs begin March 10<sup>th</sup>
- ▶ See Ms. Smith for details.
- ▶ More FHS Athletic information to come in your 4<sup>th</sup> hour!

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## Respect YOUR Opportunities FHS Athletics

<u>BOYS Teams</u>	<u>GIRLS Teams</u>
▶ Bowling	• Bowling
▶ JV/Varsity Baseball	• Varsity Cheerleading
▶ JV Varsity Basketball	• JV/Varsity Basketball
▶ JV/Varsity Football	• JV/Varsity Softball
▶ Soccer	• JV/Varsity Volleyball
▶ Swimming	• Swimming
▶ Track	• Tennis
▶ Wrestling	• Track

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## Respect YOUR Opportunities GIRLS SOFTBALL

- ▶ Softball has begun conditioning to prepare for the season that starts on March 10th.
- ▶ We will be conditioning Monday, Wednesday, and Thursday in the Aux gym, starting at 3:00
- ▶ If you have any questions, please see Mr. Smith.

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## Respect YOUR Opportunities Boys and Girls Track

- ▶ Interested in Track?
- ▶ Please be sure to get your physical done.
- ▶ Go to FIT CLUB for now
- ▶ After February Break we will meet up
- ▶ See Mrs. Blackman and Mr. Shakespeare with additional information.

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## Respect YOUR Opportunities

# FOOTBALL

- ▶ Football has weight training every Tuesday Thursday and Friday from 3-4:30
- ▶ See Coach Skop or Coach Shakespeare with any questions.

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## Respect YOUR Opportunities

# BASEBALL

- ▶ Preseason baseball training has begun.
- ▶ Any player interested in playing baseball for Fitzgerald this year are welcome to come to workouts.
- ▶ These workouts are designed to teach and hone pitching, fielding, and hitting skills.
- ▶ If you are interested in joining these workouts see Coach H in room B-219.

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## Respect YOUR Opportunities

# THANK YOU

## FITZGERALD STUDENTS!!

- ▶ This year we are seeing a decrease in the amount of discipline referrals monthly from last year.
  - September 2012/175 referrals and September 2013/158 referrals. (Down 17)
  - October 2012/662 referrals and September 2013/423 referrals. (Down 239)
  - November 2012/424 referrals and November 2013/278 referrals. (Down 146)
  - December 2012/174 referrals and December 2013/98 referrals. (Down 76)

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## Respect YOUR Opportunities

# THANK YOU

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## Respect YOUR Opportunities

# THANK YOU

## FITZGERALD STUDENTS!!

- ▶ THANK YOU Fitzgerald STUDENTS and STAFF for working together to INCREASE the opportunities for students to succeed.
- ▶ TODAY, all students will receive a Spartan Buck from their 5<sup>th</sup> hour teacher for the increase in student achievement.
- ▶ ENJOY!!!!
- ▶ THANK YOU for THINKING RESPECT!

# FITZGERALD

## High School



THINK.RESPECT.Plan

2013-2014

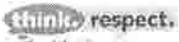
**FEBRUARY SAMPLE ACTIVITY**

**FOCUS: THINK Extraordinary**

# THINK EXTRAORDINARY

CELEBRATING OUR EXTRAORDINARY STUDENTS and REMINDING OUR SCHOOL COMMUNITY to judge a person on the "CONTENT OF THEIR CHARACTER".

IN CELEBRATION OF BLACK HISTORY MONTH



1<sup>st</sup> Hour



- Throughout the day we are acknowledging the accomplishments of our fellow students.
- An email was sent out to the staff requesting students that they felt are "Extraordinary" and they replied with the list of students you will see in 1<sup>st</sup> through 5<sup>th</sup> hour.
- We know that there are more than 15 extraordinary students in our building.
- A question to ponder... Do YOU take the time to get to know your fellow students?

1<sup>st</sup> Hour



Ms. Krouch thinks this student is extraordinary because:

Way to be a hero!

- "The first student that comes to mind for me is Kyena Hodge. Through her cooking consortium class she has shown a real talent for cooking, especially baking. Her ideas of how different foods can be put together is extraordinary. We have had many conversations about different ways to create things. Recently she told me about a baking competition that she competed in where she took 2<sup>nd</sup> place for her cheesecake. She also has been making and selling bake goods!"



1<sup>st</sup> Hour



Mr. Rowland thinks this student is extraordinary because:

Considerations today!

- "Last year Anthony Stout was the in the top 15 trumpet players in the state. He is auditioned recently for a scholarship at CMU. He is also nominated for MSBOA Honors Band based on his first division at District Solo & Ensemble."



1<sup>st</sup> Hour



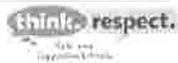
Mr. Rowth thinks this student is extraordinary:

Great work Bonnie!

- "Bonnie Keenum has the kind of positive attitude that we can all learn from. No matter what challenge come her way, she consistently works toward overcoming it. Bonnie does great things because her attitude allows her to."



1<sup>st</sup> Hour



- "We cannot walk alone. And as we walk, we must make the pledge that we shall always march ahead. We cannot turn back."  
— Martin Luther King Jr., *I Have a Dream: Writings and Speeches That Changed the World*
- 1<sup>st</sup> Hour Question for your THINK.RESPECT Sheet...
- Write a person's name down that always supports you...a family member, a friend, a teacher anyone that helps you to become a better person.

1<sup>st</sup> Hour AD

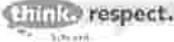


- Need to get centered? Attend the **FREE FIT Club YOGA session this Thursday** in the Aux. Gym. Please see Mr. Bussittil, Mr. Bierman, or Mrs. Crotty for additional details.
- SWAG (Students With A Goal) is proud to present the first ever **POETIC SLAM this Friday!** Our Fellow students RAP and POETRY will be shared as well as FOOD from around the world! 3:00-5:30 in the Cafeteria. See Ms. Smith (H247) or Ms. Zuchnick (D137) for if you would like to perform or attend.

# THINK EXTRAORDINARY

CELEBRATING OUR EXTRAORDINARY STUDENTS and REMINDING OUR SCHOOL COMMUNITY to judge a person on the "CONTENT OF THEIR CHARACTER".

IN CELEBRATION OF BLACK HISTORY MONTH



2nd Hour 

Mr. Williams thinks this student is extraordinary because...

- "Nazum Nahar is a person of great character. When she enters a room she adds a beautiful character and grace like no other. Her persona will carry her in life and will achieve so much in her life."

Keep it up NAZMUN!!!



2nd Hour 

Mrs. Blackman thinks this student is extraordinary ...

- "Arianna Savine is a talented singer, softball player, and overall good student. She has a great character and positive attitude that sets an example for all of us."

Keep it up Arianna!!!



2nd Hour 

Coach Skop thinks this student is extraordinary because...

- \* "Dominic Nunn (9th grade) is a great dancer! I just saw him dancing at practice the other day! He also has a great attitude and good work ethic that will be great for our football team."

Bust a move Dominic!!!



2nd Hour 

Mr. Sonnenfeld thinks this student is extraordinary...

- "Aaron Stepp, an 11th Grader. He is involved in Soccer, Wrestling, Drama, and Band. He is respected by his fellow students and teachers. He is the kind of student every peer or teacher would want in their class."

Way to lead Aaron!!!



2nd Hour 

Mrs. Pileth and Mrs. Roush thinks this student is extraordinary ...

- "Raiden Clinton is a talented singer. She has a smile that radiates and promotes a positive attitude among her peers."

Keep it up Raiden!!!



2<sup>nd</sup> Hour  think respect.  
Caring  
Respectful Schools

- "Our lives begin to end the day we become silent about things that matter."  
— Martin Luther King Jr., *I Have a Dream: Writings and Speeches That Changed the World*
- 2<sup>nd</sup> Hour Question for your THINK.RESPECT Sheet...
- What things really MATTER to you and who you are?

GET INVOLVED!!!  think respect.  
Caring  
Respectful Schools

- Need to get centered? Attend the **FREE FIT Club YOGA session this Thursday** in the Aux. Gym. Please see Mr. Bussittil, Mr. Bierman, or Mrs. Crotty for additional details.
- SWAG (Students With A Goal) is proud to present the first ever **POETIC SLAM this Friday!** Our Fellow students RAP and POETRY will be shared as well as **FOOD** from around the world! 3:00-5:30 in the Cafeteria. See Ms. Smith (H247) or Ms. Zuchnick (D137) for if you would like to perform or attend.
- Get Ready...Next week is TESTING WEEK! Do your best and Good Luck!!!!

# THINK EXTRAORDINARY

CELEBRATING OUR EXTRAORDINARY STUDENTS and REMINDING OUR SCHOOL COMMUNITY to judge a person on the "CONTENT OF THEIR CHARACTER".

IN CELEBRATION OF BLACK HISTORY MONTH



3<sup>rd</sup> Hour 

- Throughout the day we are acknowledging the accomplishments of our fellow students.
- An email was sent out to the staff requesting students that they felt are "Extraordinary" and they replied with the list of students you will see in 1<sup>st</sup> through 5<sup>th</sup> hour.
- We know that there are more than 15 extraordinary students in our building.
- A question to ponder... Do YOU take the time to get to know your fellow students?

3<sup>rd</sup> Hour 

Mr. Sonnenfeld thinks this student is extraordinary ...

Keep it up Isaiah !!!

- "Isaiah Gathings, a 9<sup>th</sup> grader, is a Football player and just all around great student. He is a role model to his peers."



3<sup>rd</sup> Hour 

Mr. Sonnenfeld thinks this student is extraordinary ...

Way to lead Lindsay!!!

- "Lindsey Bullock, a 12<sup>th</sup> grader, is a Volleyball player and Softball Player is an excellent leader and student athlete."



3<sup>rd</sup> Hour 

Mr. Sonnenfeld thinks this student is extraordinary ...

Way to lead Abraham!!!

- "Abraham Swaid is an 11<sup>th</sup> grade Soccer Player and Wrestler. He is an excellent Student Athlete that exemplifies the term Student Athlete. He knows that you have to put in the work in the classroom in order to achieve athletic goals. He has a great attitude!"



3<sup>rd</sup> Hour 

Mr. Sonnenfeld thinks this student is extraordinary ...

Way to go Dale!!!

- "Dale Dunmire is involved in Soccer, Wrestling, and takes Advanced level classes. He is an intelligent young man that realizes the importance of hard work in the classroom and outside of the classroom."



3<sup>rd</sup> Hour

"The difference between a dreamer and a visionary is that a dreamer has his eyes closed and a visionary has his eyes open"

— Martin Luther King Jr., *I Have a Dream speech*

- 3<sup>rd</sup> Hour Question for your THINK.RESPECT Sheet...
- What goal are you currently working toward?

GET INVOLVED!!!



- Need to get centered? Attend the **FREE FIT Club YOGA session this Thursday** in the Aux. Gym. Please see Mr. Bussittil, Mr. Bierman, or Mrs. Crotty for additional details.
- SWAG (Students With A Goal) is proud to present the first ever **POETIC SLAM this Friday!** Our Fellow students RAP and POETRY will be shared as well as FOOD from around the world! 3:00-5:30 in the Cafeteria. See Ms. Smith (H247) or Ms. Zuchnick (D137) for if you would like to perform or attend.
- TESTING is NEXT WEEK! Get Read and GOOD LUCK!!
- PLC DAY tomorrow!

# THINK EXTRAORDINARY

CELEBRATING OUR EXTRAORDINARY STUDENTS and REMINDING OUR SCHOOL COMMUNITY to judge a person on the "CONTENT OF THEIR CHARACTER".

IN CELEBRATION OF BLACK HISTORY MONTH



4<sup>th</sup> Hour



- Throughout the day we are acknowledging the accomplishments of our fellow students.
- An email was sent out to the staff requesting students that they felt are "Extraordinary" and they replied with the list of students you will see in 1<sup>st</sup> through 5<sup>th</sup> hour.
- We know that there are more than 15 extraordinary students in our building.
- A question to ponder... Do YOU take the time to get to know your fellow students?

4<sup>th</sup> Hour



Mrs. Branigan thinks this student is extraordinary...

Cedarian Stuart-Payne is a freshman at Fitzgerald High School. He has had one extraordinary life thus far. The doctors knew Cedarian had a serious issue with his heart even before he was born. At three days old, Cedarian underwent his first heart surgery. Two more surgeries followed by the time he was 2 years old. Originally, doctors had told Cedarian's Mom NOT to send Cedarian to school because of the risk of infection and the stress that would put on his heart. But Cedarian was much stronger than the doctors anticipated and ended up being able to safely attend school with few issues until he was in the fifth grade at Mound Park. It was then that Cedarian went into cardiac arrest and was rushed to the hospital. He spent two weeks in the ICU and underwent surgery to implant a pacemaker to better control his heart rate and to prevent another cardiac arrest. Sometime in the future, Cedarian will HAVE to have a heart transplant but right now the regimen of ten different medications taken daily allows him to safely attend school and participate in activities with his peers.

4<sup>th</sup> Hour



Mrs. Branigan thinks this student is extraordinary...

- Cedarian is an EXTRAORDINARY person not because of all the medical issues he has had to deal with but his attitude toward life in general. Cedarian is funny, engaging and eager to participate in all aspects of his life despite knowing all he will have to endure, physically, in the future.
- CEDARIAN...you are truly EXTRAORDINARY and an inspiration to all of us!!!!



4<sup>th</sup> Hour



- "I have a dream that one day this nation will rise up and live out the true meaning of its creed: "We hold these truths to be self-evident: that all men are created equal."
- Dr. Martin Luther King, I Have a Dream Speech
- 4<sup>th</sup> Hour Question for your THINK.RESPECT Sheet...
- What can WE ALL learn from Cedarian's story?

# THINK EXTRAORDINARY

CELEBRATING OUR EXTRAORDINARY STUDENTS and REMINDING OUR SCHOOL COMMUNITY to judge a person on the "CONTENT OF THEIR CHARACTER".

IN CELEBRATION OF BLACK HISTORY MONTH



5<sup>th</sup> Hour 

- Throughout the day we are acknowledging the accomplishments of our fellow students.
- An email was sent out to the staff requesting students that they felt are "Extraordinary" and they replied with the list of students you will see in 1<sup>st</sup> through 5<sup>th</sup> hour.
- We know that there are more than 15 extraordinary students in our building.
- A question to ponder... Do YOU take the time to get to know your fellow students?
- Please hand in your Think.Respect Sheet THIS HOUR for a SPARTAN BUCK!

5<sup>th</sup> hour 

Mr. Holm, Mrs. Pirrallo, and Mr. Busittl helped to bring to light one more story about an EXTRAORDINARY person....

- Please share the link (powerpoint) created by Leadership students, Ar'eyona Dozier and Tiffani Kimbrough

[https://docs.google.com/presentation/d/1l\\_AaWKC-WYeAVg1ZW1qYCSHWIP2Jn6UH9eQ1\\_311P3M/edit#slide=id.p](https://docs.google.com/presentation/d/1l_AaWKC-WYeAVg1ZW1qYCSHWIP2Jn6UH9eQ1_311P3M/edit#slide=id.p)

5<sup>th</sup> Hour 

- "I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character."

**From the "I Have a Dream" speech, Aug. 28, 1963**

- 5<sup>th</sup> Hour Question for your THINK.RESPECT Sheet...
- What is a talent or accomplishment that you have that you are proud of?

# FITZGERALD

## High School



THINK.RESPECT.Plan

2013-2014

**MARCH SAMPLE ACTIVITY**

**FOCUS: ACTIVATE Altruism**



Safe and Supportive Schools

Fitzgerald High School

MARCH: Activate Altruism

In the spirit of giving back...we are asking Fitzgerald Students/Staff to volunteer their time (and energy) in order to impact the world and our local community. Students can do this through choosing from TWO options. THANK YOU to Mrs. White for bringing these two great options to our attention!

	 <p><b>CHARITY MILES</b></p>
<ul style="list-style-type: none"> <li>• To get find local ways to VOLUNTEER, go <a href="http://www.volunteermatch.org">www.volunteermatch.org</a></li> <li>• Type in your local zip code and search for ways to volunteer that best suit your preferences</li> <li>• Share this site with your parents, friends, and family members.</li> <li>• LOG the volunteer time and hand in your Community Service sheet to the main office by April 4<sup>th</sup> to be included in helping us with our school wide goal.</li> </ul>	<ul style="list-style-type: none"> <li>• On your Iphone or Android, search for the FREE app Charity Miles.</li> <li>• Download the app</li> <li>• Create your own profile/log in.</li> <li>• Join the Fitzgerald team which is "@fitzrespect"</li> <li>• In order to start donating, choose your charity.</li> <li>• To learn more about each charity, click on the "I" located in the upper corner after selecting a charity. A short description and video is available.</li> <li>• Select whether you will walk, run, bike, walk indoors, or run indoors.</li> <li>• After a workout, hit "Finish" and then "continue" at the bottom if you do not want to share on Twitter or Facebook.</li> <li>• Share this site with your parents, friends, and family members.</li> <li>• In order to see updates you will need to log out and then back in.</li> <li>• If you have difficulty logging in after creating a profile, recreate a different profile.</li> <li>• The amount of miles tracked will be shared in the announcements through April 4<sup>th</sup>.</li> </ul>



**CHARITY  
MILES**

**think. respect.**

Safe and  
Supportive Schools

**FITZGERALD HIGH SCHOOL**

**Think.Respect MARCH: Activate Altruism**

**CHARITY MILES CHARITY LIST**

You can learn more about all these charities by clicking on the "i" in the upper right hand corner after selecting the charity.

**Partner For a Healthier America**

**RED**

**Feeding America**

**Wounded Warrior Project**

**Stand Up To Cancer**

**ASPCA**

**Habitat for Humanity**

**Alzheimers Association**

**The Nature Conservancy**

**Leukemia and Lymphoma Society**

**Every Mother Counts**

**Autism Speaks**

**Soles 4 Souls**

**Special Olympics**

**Do Something.org**

**The Michael J. Fox Foundation**

**The World Food Programme**

**Girl Up**

**Pencils of Promise**

**Shot@life**

**Achilles International**

**Nothing But Nets**

**Crohn's & Colitis Foundation of America**

**The Ironman Foundation**

**Vision Spring**

**She's the First**

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## High School



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**APRIL SAMPLE ACTIVITY**

**FOCUS: NURTURE COURAGE**

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Strict math teacher's secret identity... as a baby cuddler

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Inspirational

## Strict math teacher's secret identity... as a baby cuddler



A. Pawlowski TODAY contributor

Feb. 27, 2014 at 9:56 PM ET

With his short gray hair, watchful eyes, authoritative voice and stern manner, high school math teacher and Vietnam veteran Jim O'Connor is used to commanding respect in the classroom. So his students were surprised to learn about his nickname at the hospital where he volunteers: the baby whisperer.

O'Connor, who teaches algebra and calculus at St. Francis High School in La Cañada, Calif., a Catholic prep school for boys in suburban Los Angeles, takes a no-nonsense approach to schooling.



Courtesy Children's Hospital Los Angeles

As a "TLC Volunteer" at Children's Hospital Los Angeles, Jim O'Connor visits the patients who need a little extra care because they are lonely, fussy, scared, or have no parents. Only a handful of the hospital's 550 volunteers are given the "TLC" designation, which is reserved for the most seasoned helpers.

"If you have a class full of 32 teenage boys, you better have some discipline," O'Connor told TODAY Moms. "If you don't have control of the class, you don't have a learning environment."

Tender and loving is not the side his students generally see, so they were recently surprised to find out O'Connor is a "TLC Volunteer" at Children's Hospital Los Angeles, where he has spent several days a week for the past 20 years cuddling sick babies.

### People.com

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medication

O'Connor was first drawn to the hospital by a friend who asked him to take part in a blood drive.

With Type O negative blood — which is precious because it can be transfused into any patient — he kept returning to give blood and platelets, eventually becoming the hospital's top donor. He's given 72 gallons of blood so far.

During his visits, O'Connor kept seeing volunteers helping sick children, so he asked how he could take part and was encouraged to volunteer himself.

That's when the tough math teacher, who is not married and doesn't have kids of his own, found his other calling: comforting babies who seem to take to him as much as he takes to them.

"He holds them, feeds them, walks around with them, gets to know them and he can always coax a smile out of them," said registered nurse Sherry Nolan, the clinical manager of the medical unit at Children's Hospital Los Angeles.

"They just stare at him adoringly and he can really just get the crabbiest baby to calm down. It's amazing... He's just a natural-born cuddler."



Brian van der Brug / Los Angeles Times

Remember that tough-as-nails teacher you had in high school? Jim O'Connor is that kind of teacher. But he has a softer side, volunteering as a baby cuddler at a local hospital.

O'Connor said he was a little nervous holding the babies at first, not knowing much about them and worried about dislodging tubes attached to the ill children. But even though he's not a dad, he has lots of nieces and nephews and he has always enjoyed being around infants.

"They're beautiful; they're just dependent on people. They can do no wrong," O'Connor said.

Nolan marveled at his "special touch," speculating his deep voice might be comforting to the babies as they lie against his chest, but O'Connor insisted there's nothing magical about his approach. The infants relax because there's someone holding them, he said.

O'Connor is drawn to the babies who don't have visitors. Some parents can't come very often because they live far away, have to work or have other kids at home they have to take care of, he said. Other times, the babies may be on a "hospital hold" — waiting to be placed in foster care because they were neglected or abused.

"The kids who have nobody, those are the ones who obviously need volunteers a lot," O'Connor said. "They just want to be held by somebody."

He also helps out with the older kids and has been known to play soccer in the hallway with a young patient who's bored, said Erin Schmidt, a nurse at Children's Hospital Los Angeles.

"Jim is invaluable to us," Schmidt said.

"I can't image working without him," added Nolan. "We really do depend on him."

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O'Connor grew up in Brooklyn, N.Y. and became an engineer. His career includes three years in the U.S. Navy, when he served in Vietnam on the USS Enterprise. He's been a teacher for 38 years and now works part time and spends the other days at the hospital.



Courtesy Jim O'Connor

O'Connor teaches math at St. Francis High School in La Cañada, Calif., a Catholic prep school for boys in suburban Los Angeles.

His students at St. Francis High School knew little about his other job as a volunteer cuddler, finding him anything but cuddly.

"Everybody thinks he's being really mean" until they get used to his teaching style, senior Pat McGoldrick told the Los Angeles Times.

But when McGoldrick visited the hospital as part of a school blood drive last year, he was amazed to discover his stern teacher's softer side.

"He was like a celebrity there. Everybody knew his name," he told the newspaper.

Word spread, and not just at the school. After years of quietly volunteering, O'Connor is now getting national attention for his work. He noticed that after a CBS News video about him was played at St. Francis recently, a couple of kids who had never spoken to him before said hello. He said he puts up with reporters and interviews in hopes his students are inspired to get involved as well.

"If they've gotten something out of it, that's the main thing," O'Connor said. "If there are more people wanting to donate blood, wanting to volunteer, then that's great."

Tags: TODAY Health, inspirational, Babies

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# Extreme survival: The toughest life forms on Earth



(Image: photolibary.com)

Very few places on Earth are completely lifeless. No matter how extreme the conditions, there is almost always something that has evolved to exploit them.

Even though ice rips apart cell membranes and heat destroys cell machinery, extremes of temperature are no barrier to life. Some creatures even freeze completely and live to tell the tale. Other organisms can survive without water for decades, turning their cells to solid sugar, or live at enormous pressures that kill everything else.

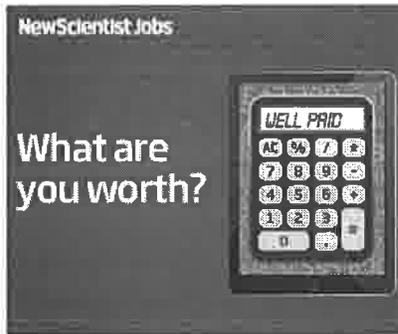
So join us, as we take a tour of some of the toughest life forms on Earth, including some that defy death itself.

### Life frozen solid



More than 80 per cent of the habitats on Earth are colder than 5 °C – but there is no shortage of species that can cope with the chill. Continue reading

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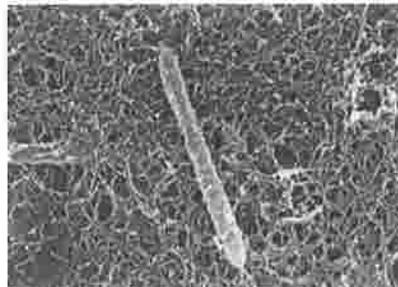
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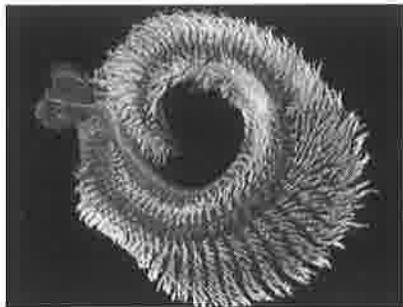
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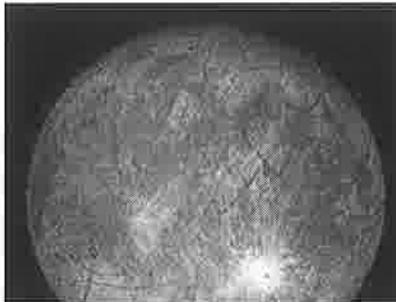
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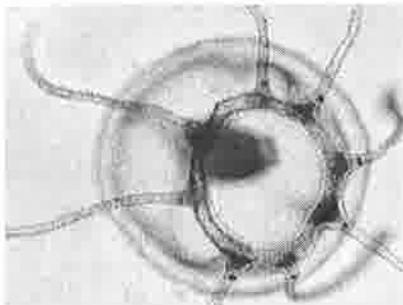
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The most extreme life-forms in the universe

These creatures set records for surviving in the most inhospitable places - their existence bodes well for finding alien life

Meet the immortals



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Just a few hundred metres below the ocean surface, proteins get bent out of shape. So how come the deepest waters are buzzing with life? Continue reading

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Zoologger: Sailfish is lethal d'Artagnan of the deep



TODAY 12:45 23 April 2014 The Atlantic sailfish's hunting strategy involves using its sword-like bill to slash its sardine prey so fast the "blade" becomes

invisible to the eye

Zoologger: Gender-bending cave insects found in Brazil



TODAY 15:10 17 April 2014 Newly discovered insects called Neotrogla are anatomically reversed: males have a vagina and the females a penis

Zoologger: Cannibal tadpoles eat the competition



TODAY 20:30 09 April 2014 Wood frog tadpoles often attack and eat each other, even though tadpole flesh isn't very nutritious. Extreme sibling rivalry may

eliminate the competition

What's bigger than a whale?



There might never be a larger animal than the blue whale, but plants and fungi can dwarf it. Continue reading

Zoologger: The blind fish that sucks it and 'sees'



TODAY 16:49 04 April 2014 For a creature with no eyes, the Mexican blind cavefish is surprisingly nimble, thanks to a unique navigation system based

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Incredible shrinking bugs



The question of how small life can get rubs up against the question of how we define life. Continue reading

Zoologger: Sex in the city no lure for urban owls



TODAY 16:37 28 March 2014 The nests of burrowing owls are packed far more closely in urban settings than in the country, but female owls are not

tempted to play away from home

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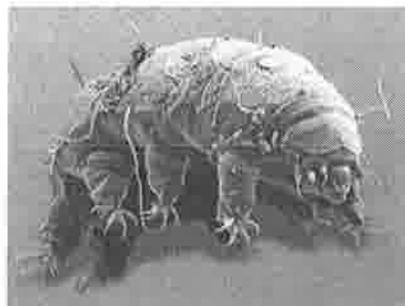


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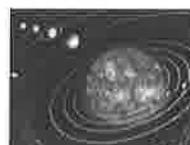
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