



# **Tobacco Prevention Education**

## ***Michigan Model for Health®***

### **Grades 7 – 12.**

## **Tobacco Grades 7-8**

### **“It's No Mystery: Tobacco Is a Killer”**

This module is designed to be used at grades 7 and/or 8. The goals of this module are that students will:

- Understand the health benefits of abstaining from tobacco use.
- Understand the health, legal, social and financial issues related to tobacco use.
- Analyze the influences to use tobacco and demonstrate ways to counter these negative influences.
- Apply their knowledge of tobacco and their skills to promote the norm of abstinence from tobacco use.
- Utilize the skills needed to abstain from tobacco use and support others who choose to abstain.
- Utilize the skills needed to support others who want to quit.

## **Tobacco Grades 9-12**

### **“Teens Campaign against Tobacco”**

This module is designed to be used at any grade in high school. The goals of this module are that students will:

- Understand the health benefits of abstaining from tobacco use.
- Apply their knowledge of tobacco in preparing a campaign to reduce or eliminate tobacco use among their peers, at youth activities and in the community.
- Utilize the skills needed to abstain from tobacco use and encourage others to abstain.
- Utilize the skills needed to quit using tobacco and encourage others to quit.