

Child and Adult Care Food Program October 2016

Welcome to Fiscal Year 2017 and the October 2016 edition of the Michigan Department of Education (MDE) Child and Adult Care Food Program (CACFP) Monthly E-Newsletter.

Fall is underway in our great state! With the change of seasons comes many opportunities to help children and adults in care to learn healthy eating habits to improve their overall health and wellness. Fall is harvest time, so take advantage of what our state provides! Crunch into a crisp Michigan apple, prepare a medley of root vegetables and squash for a healthy side dish, and visit local farmers' markets and produce vendors to vary your menus. You will be amazed at how our participants love to learn about new and healthy foods grown locally.

If you any questions, visit the [MDE CACFP website](http://www.michigan.gov/cacfp) (www.michigan.gov/cacfp) or call the CACFP office at 517-373-7391. We are happy to assist you!

What's New

Notice: Public Comment Request

MDE requests public comment on the [draft Statement and Guidance](http://www.michigan.gov/documents/mde/OGS_Expulsion_Suspension_Policy_Draft_August_1_2016-ADA_534467_7.pdf) (http://www.michigan.gov/documents/mde/OGS_Expulsion_Suspension_Policy_Draft_August_1_2016-ADA_534467_7.pdf) for Prevention of Suspension and/or Expulsion of Children Birth through Age 8 in Early Education and Care Programs which will be presented to the State Board of Education (SBE) at the November 15, 2016, SBE meeting. Please view the [Cover Memo Inviting Public Comment](http://www.michigan.gov/documents/mde/B-8_Suspension_Expulsion_SBE_Guidelines_Public_Comment_Letter_SB_ADA_534466_7.pdf) (http://www.michigan.gov/documents/mde/B-8_Suspension_Expulsion_SBE_Guidelines_Public_Comment_Letter_SB_ADA_534466_7.pdf) and provide feedback on the [Public Comment Survey](http://www.surveymonkey.com/r/V77B8FF) (http://www.surveymonkey.com/r/V77B8FF).

Team Nutrition Grant

MDE has been awarded the highly competitive Team Nutrition grant! Two things make this award special: 1) It is the 20th year in a row Michigan has received the grant - the only state in the nation to accomplish this! and 2) This is the first time a CACFP component has been included in the grant. Congratulations to the MDE Team Nutrition team!

Website and Documents Changes

CACFP staff is in the process of updating its website to make it, and all documents on the website, accessible to everyone. Contact the CACFP office if you are unable to locate information or documents or need the Word version of forms.

New Operational Memoranda

The complete list of operational memoranda can be accessed at the [MDE CACFP website](http://www.michigan.gov/cacfp) (www.michigan.gov/cacfp) under Operational Memoranda.

- [Taking Food Components Off-site in the At-Risk Afterschool Component](#) (Operational Memorandum #24-Centers). The purpose of this operational memorandum is to explain the flexibility to take certain food items off-site in at-risk afterschool programs.
- [Nutrition Requirements for Fluid Milk and Fluid Milk Substitutions in the CACFP](#) (Operational Memorandum #25-Centers; #23 FDCH). The purpose of this operational memorandum is to explain the nutrition requirements for fluid milk and fluid milk substitutes in the CACFP and includes questions and answers.

- Crediting Tofu and Soy Yogurt Products in the School Meals Programs and the CACFP
(Operational Memorandum #26 Centers; #24 FDCH). This memorandum explains how to credit tofu and soy yogurt in the National School Lunch Program (NSLP), School Breakfast Program (SBP), and the CACFP.
- Feeding Infants and Meal Patterns Requirements in the CACFP
(Operational Memorandum #27 Centers; #25 FDCH). The purpose of this memorandum is to provide guidance on feeding infants and the infant meal pattern requirements in the CACFP.

Upcoming CACFP Trainings

Upcoming in-person dates for Recordkeeping training sessions or on-line training webinars on Recordkeeping, Civil Rights, Infant Meals, and Meal Planning are available on the MDE CACFP website (www.michigan.gov/cacfp). Many exciting opportunities are coming up, so mark your calendar!

Registration is required for the in-person workshops as seating is limited. Individuals registering for CACFP workshops/trainings must create an account on the Eventbrite website. The registration process is posted on the MDE CACFP website (www.michigan.gov/cacfp) under Training. Remember to save your Eventbrite account information for future use as CACFP staff will not have access to this information. NOTE: You are not required to bring your Eventbrite "ticket" to the workshop to attend. *CACFP RESERVES THE RIGHT TO CANCEL WORKSHOPS DUE TO LOW ENROLLMENT.*

October 13, 2016, is Apple Crunch Day in Michigan!

Crunch!!!! Michigan apples taste the best! Support local agriculture by participating in the 4th Annual Michigan's Apple Crunch day! The goal this year is to have 1,000,000 Michigan crunchers! For more information, visit the Cherry Capital Foods 4th Annual Apple Crunch! website (<http://cherrycapitalfoods.com/michigan-apple-crunch>).

October is National Farm to School Month!

Celebrate National Farm to School Month (<http://www.farmentoschool.org/our-work/farm-to-school-month>) by purchasing local foods to serve to participants! The USDA's Midwest Regional Office and the Office of Community Food Systems also have very exciting opportunities to available for CACFP institutions and sponsors. The United States Department of Agriculture (USDA) is now accepting applications for the Fiscal Year (FY) 2017 Farm to School Grant Program. Information and key dates can be found on the USDA Farm to School website (<http://www.fns.usda.gov/farmentoschool/farm-school-grant-program>). Additionally, learn about the Farm to School Program in the Great Lakes by participating in the October 27, 2016, call hosted by GoodGreens. The agenda features many great examples on farm to school programs and grantees and includes many key Farm to School experts from around the Midwest, including Michigan State University's Center for Regional Food Systems' Abby Harper! Please RSVP (https://docs.google.com/forms/d/1b5omCv3EuzN2ur0-VbUO4lotpSh6Mq3IeehPvyB5rX0/viewform?edit_requested=true) to participate.

Focus on CACFP – At-Risk Afterschool Programming

As summer fades away, many child feeding sites transition from the Summer Food Service Program (SFSP) to At-Risk Afterschool Programming to provide children with healthy meals and snacks. During the school year, at-risk afterschool programs provide a safe place for children up to age 18 to be with their friends, engage in structured enrichment activities, and receive nutritious suppers and snacks after the final bell rings for the school day.

To participate, eligible sites must be in the attendance area of a school where at least half of the children are eligible for free and reduced price school meals and offer structured enrichment activities. While sites must offer structured enrichment activities, not all children have to be enrolled or involved in the educational or enrichment activities to be served nutritious meals and snacks. Children involved in school clubs or team sports may also participate. For additional information on clubs and sports teams, see the [Athletic Programs and Afterschool Meal Service Fact Sheet](http://www.fns.usda.gov/sites/default/files/Athletics.pdf) (<http://www.fns.usda.gov/sites/default/files/Athletics.pdf>) and for more information on how to participate or expand the afterschool program view the [At-risk Afterschool Fact Sheet](http://www.fns.usda.gov/sites/default/files/cacfp/CACFPfactsheet_atrisk.pdf) (http://www.fns.usda.gov/sites/default/files/cacfp/CACFPfactsheet_atrisk.pdf).

Where to Begin: the New CACFP Meal Pattern

The new meal pattern will assist child and adult care providers to create healthier environments for participants in care. The USDA is currently revising many key resources for providers to ensure compliance with Federal regulations. One resource currently available is [Nutrition and Wellness Tips for Young Children](http://www.fns.usda.gov/tn/nutrition-wellness-tips-young-children) (<http://www.fns.usda.gov/tn/nutrition-wellness-tips-young-children>) website. This website has many tip sheets available for download including important information on how to create a positive meal environment and how to support family style meals. Find strategies to encourage eating healthy foods and how to build a healthy plate with fewer added sugars. Many of the tip sheets are available in both English and Spanish and include fun activities to do with children and to share with their parents. MDE will keep you informed of revisions to other key sources of information such as the [Feeding Infants Guide](http://www.fns.usda.gov/tn/feeding-infants-guide-use-child-nutrition-programs) (<http://www.fns.usda.gov/tn/feeding-infants-guide-use-child-nutrition-programs>) and the [Crediting Handbook for CACFP](http://www.fns.usda.gov/sites/default/files/CACFP_creditinghandbook.pdf) (http://www.fns.usda.gov/sites/default/files/CACFP_creditinghandbook.pdf) as they are released. These resources are important sources of information as we transition to the [new CACFP meal patterns](http://www.fns.usda.gov/cacfp/meals-and-snacks) (<http://www.fns.usda.gov/cacfp/meals-and-snacks>). CACFP providers are to be in full compliance with the new meal patterns on October 1, 2017.

Professional Development Opportunities

Healthy from the Start Webinar: Connecting Michigan Child Care Providers with Nutrition and Wellness Programs

This training is for individuals who collaborate with, support, or train early childhood educators and child care providers such as child care consultants and child care resource and referral staff and will be held on October 12, 2016, from 2:00 p.m. - 3:30 p.m. Topics will include evidence-based strategies targeted towards child care providers to improve child nutrition and physical activity in child care settings, available nutrition and wellness programs in child care settings, and how to support child care providers with resources and technical assistance. Hosted by the Association for Child Development and Michigan Department of Health and Human Services. [Register Here](https://attendee.gotowebinar.com/register/5308232508583126273) (<https://attendee.gotowebinar.com/register/5308232508583126273>).

2016 School Nutrition Association of Michigan (SNAM) Annual Conference and Exhibit Show

The 2016 SNAM Annual Conference and Exhibit Show will be held October 27, 2016, through October 30, 2016, at the Edward Hotel and Convention Center (formerly the Royal Dearborn Hotel and Convention Center) in Dearborn, Michigan. The theme of the conference is "The Times They Are a Changin' in School Nutrition." MDE CACFP will be presenting a session on the new meal pattern. We would love to see our CACFP directors and staff at this conference. Come spend with weekend with us! You can register on the [School Nutrition Association of Michigan \(SNAM\) website](http://michigansna.org/meetinginfo.php?id=211) (<http://michigansna.org/meetinginfo.php?id=211>).