

# Afterschool Snack Program

School Nutrition Programs  
Office of School Support Services  
Michigan Department of Education

# Topic Questions Covered

1. Which snack program is right for you?
2. Which type of snack can my district or location offer?
3. How am I reimbursed for snack?
4. What are the program requirements?
5. Whom should I contact for more information?

# 1. Which Afterschool Snack Program is Right for You?

- Both School Nutrition Programs (SNP) and the Child and Adult Care Food Program (CACFP) offer afterschool snack reimbursement programs.

# 1. Which Afterschool Snack Program is Right for You?

- Picking the program that's right for you depends on several factors, including:
  - The type of institution you operate.
  - Current building participation in SNP and/or CACFP.
  - Clientele you serve.

# 1. Which Afterschool Snack Program is Right for You?

- To ensure you are making the best choice for your building or district, review the comparison document, “Comparison of Afterschool Snack Programs,” available at [www.Michigan.gov/schoolnutrition](http://www.Michigan.gov/schoolnutrition).
- Consider contacting the SNP office via e-mail or phone to determine with an expert which program makes the most sense for your center or building (contact information provided later in this presentation).

# 1. Which Afterschool Snack Program is Right for You?

- If CACFP is the best choice for you, contact the CACFP unit:  
Michigan Child and Adult Care Food Program (CACFP)  
P: 517-373-7391  
W: [www.michigan.gov/cacfp](http://www.michigan.gov/cacfp)
- If the School Nutrition Programs' Afterschool Snack Program is the best choice for you, which is operated under the National School Lunch Program (NSLP), please continue listening to the information.

## 2. Which Type of NSLP Program Can My School or District Offer?

### The program will be one of the following:

- Eligible
  - At least 50% of enrolled children at this site are eligible for free or reduced price meals based on the most recent October claim.
- Area Eligible
  - Located within the attendance area of another site that is area eligible. Have building code number and name on hand to enter into the MEGS+ application.
- Non Area Eligible
  - Collect applications and check direct certification list for all students participating.

## 2. Which Type of Program Can My School or District Offer?

- Once type of eligibility is determined, review this module and [www.Michigan.gov/schoolnutrition](http://www.Michigan.gov/schoolnutrition) to ensure program requirements can be met and staff or volunteers are able to carry out the program.
- If you or colleagues have operational concerns, address them with the School Nutrition Programs team before beginning the program.

## 2. Which Type of Program Can My School or District Offer?

- Include in or amend the School Nutrition Programs application in the MEGS+ system to note which buildings are to participate in the Afterschool Snack Program, and the month of start.



# 3. How Am I Reimbursed for Snack?

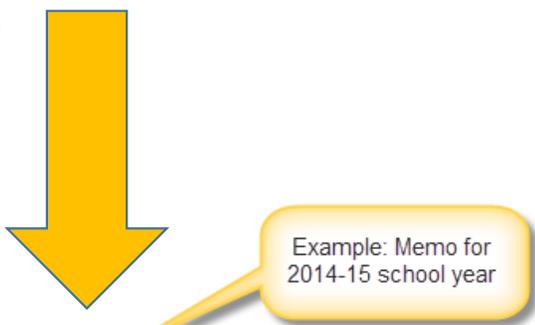
- Specific reimbursement provided according to annual U.S. Department of Agriculture (USDA) reimbursement amount and Free, Reduced or Paid status of students being claimed.
  - If site- or area-eligible, each student snack gets “Free” reimbursement rate
- Go to [www.Michigan.gov/schoolnutrition](http://www.Michigan.gov/schoolnutrition) and select “Administrative Policy Memos” to find the annual reimbursement memo.
- Reimbursement rates also indicated in monthly claim in MiND system.

## Administrative Policy Memos

These documents are in PDF format  
(Requires the free [Adobe® Acrobat® Reader](#) 5.0.)

School Year 2014-15

- [Administrative Policy #1 - Independent Review of Applications](#)
- [Administrative Policy #2 - Meal, Snack, and Milk Reimbursement Rates to School Food Authorities Effective July 1, 2014 - June 30, 2015](#)
- [Administrative Policy #3 - 60 Day Deadline for Claim Submission and Late Claim Exceptions](#)
- [Administrative Policy #4 - School Food Authority Self-Monitoring for the National School Lunch Program, the School Breakfast Program, and the Afterschool Snack Program](#)



Example: Memo for 2014-15 school year

# 4. What Are the Program Requirements?

## Eligible Ages and Other Limits:

- May seek reimbursement for one snack, per child, per day.
- Children eligible to participate through age 18.
- Age limit of 26 for mentally or physically impaired individuals.
- Must provide supervised “enrichment” activity.
- For students in “Reduced” category, charge for snack may not exceed \$0.15.

# 4. What Are the Program Requirements?

## Responsibility:

- Program must be operated by the school and not some other organization.
- School's personnel or regular school facilities do not need to be used.
- School must retain final administrative and management control.
- School may make arrangements with other organizations to perform day-to-day operations.

# 4. What Are the Program Requirements?

## “Enrichment” Activity Clarification:

- Must be supervised and structured.
- Must provide enrichment or education.
- Membership must be open to all and only limited if space, security, or licensing requirements a concern.
- Examples of allowable programs that can provide snacks:
  - All students at a school, including athletes, may participate in any after school snack program already operating at their school
  - RCCI programs on weekends or holidays that meet criteria above (contact SNP team to ensure program is allowable before starting)

# 4. What Are the Program Requirements?

## Allowable Timeframes:

- Snack must be served after school day has ended.
- Eligibility is based on when the scheduled school day ends.
  - Kindergarten program ending at noon and children remain at school under a care program described earlier
  - Split sessions – after the first session even though there is a later session
- For residential child care institutions (RCCIs), snacks may be claimed on weekends if supervised “enrichment activity” provided.

# 4. What Are the Program Requirements?

- Snacks must meet meal pattern
- Meal pattern, sample menus, and self-monitoring forms available at [www.Michigan.gov/schoolnutrition](http://www.Michigan.gov/schoolnutrition)



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## AFTERSCHOOL SNACK PROGRAM – SAMPLE 1-WEEK MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pretzels - 2 rods (0.8 oz.) 100% Juice - 6 oz.	Whole Wheat Bagel - 1 oz. Peanut Butter - 2 TB.	Apple Juice - 6 oz. Crackers - 0.8 oz.	Yogurt - 4 oz. Graham Crackers - 4 or 1 oz. (2-1/2 in. square)	Raw Vegetables - 3/4 cup (Carrots, Celery, Broccoli, Cauliflower); Yogurt Dip; Cheese Cubes - 1 oz.
Fresh Fruit - 1 med. pc. Corn Muffin - 1.2 oz.	Ham & Cheese Cubes - 1 oz. Waverly Wafers - 0.8 oz.	Plain Granola Bar - 2 oz. Milk - 8 oz.	Cottage Cheese w/Cinnamon - 1/4 cup Wheat Thins - 0.8 oz.	CheX Mix - 1 cup 100% Juice - 6 oz.
English Muffin - 1 oz. Peanut Butter - 2 Tb. 100% Juice - 6 oz.	Fresh Fruit - 1 med. pc. Triscuit Crackers - 0.8 oz.	Toaster Pastry (unfrosted) - 2 oz. Milk - 8 oz.	Banana - 1 med. Milk - 8 oz.	Oatmeal Cookies - 4 (2-5/8 in. x 1/4 in. thick) Milk - 8 oz.
Whole Grain Tortilla Chips - 1 oz. with 1/4 cup Salsa Milk - 8 oz.	Apple Slices - 2-3/4 in. Apple, Sliced Peanut Butter - 2 TB	Mozzarella Cheese Stick - 1 oz. Animal Crackers - 1 oz.	Pineapple Chunks - 3/4 cup Banana Nut Muffin - 2 oz.	Pizza Bagel Bites - 2 oz., (1 Mini-Bagel) 100% Juice - 6 oz.

### REMINDERS

To meet meal pattern for Afterschool Snacks that meet K-12 requirements, select 2 *different* components from the following 4:

- Fluid milk: 1 cup
- Full strength juice, a fruit and/or a vegetable: 3/4 cup
- Meat or meat alternate: 1 ounce or equivalent (see "Afterschool Snack Program – Meal Requirements" chart)
- Bread and/or cereal: Enriched or whole grain bread or cereal - 1 slice bread, 3/4 cup cereal or 1 ounce equivalent (see "Afterschool Snack Program – Meal Requirements" chart for more options)

### NOTES:

- Juice may not be served when milk is served as the only other component.
- Refer to *Food Buying Guide for Child Nutrition Programs* for more information on how foods credit:  
<http://www.fns.usda.gov/tn/foodbuying-guide-child-nutrition-programs>
- Refer to *Whole Grain Resource for the National School Lunch and School Breakfast Programs* (updated Jan. 2014) for more information about grain 1 ounce equivalents. Link: <http://www.fns.usda.gov/sites/default/files/WholeGrainResource.pdf>

8/2014

# 4. What Are the Program Requirements?

## Meal Pattern:

- Two (2) of four (4) components must be served.
- Minimum serving sizes (vary slightly with age):
  - 4 - 8oz fluid milk
  - ½ – 1oz meat/meat alternate
  - Total ½ - ¾ c. fruit/vegetable
  - 1 grain/bread
- USDA recommends larger portions for older children (ages 13-18).

## 4. What Are the Program Requirements?

### Meal Pattern (continued):

- No “liquid only” snacks (e.g., milk + juice or smoothie alone).
- Whole grains encouraged, though not required.
- No limits on grain-based desserts, though limits recommended.
- Unlike NSLP and School Breakfast Program, average calorie and nutrient limits not required.
- Meal pattern available at [www.Michigan.gov/schoolnutrition](http://www.Michigan.gov/schoolnutrition).

# 4. What Are the Program Requirements?

**Recordkeeping** – Keep for four (4) years or until the end of a corresponding audit:

- Total snack counts for sites qualifying for area eligibility OR meal counts by type for all other sites
- Documentation of attendance on a daily basis
- Documentation of compliance with meal pattern requirements: menus and production records

# 4. What Are the Program Requirements?

## Monitoring:

- Monitoring required twice per school year.
  - First time: Within four weeks of starting program.
  - Second time: Second half of year
  - Monitoring form: Available at [www.Michigan.gov/schoolnutrition](http://www.Michigan.gov/schoolnutrition).
  - Checked at least once every 3 years during Administrative Review of School Nutrition Programs.

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### AFTERSCHOOL SNACK PROGRAM SELF-MONITORING REVIEW

School Name \_\_\_\_\_ Agreement # \_\_\_\_\_  
School Food Authority & Title \_\_\_\_\_ Review Date \_\_\_\_\_

*One review per building MUST be completed TWO TIMES per school year.*

**Area Eligible Meal Count System**

1. Is the site area eligible?
2. Are children receiving snacks at no charge?
3. Are children receiving snacks at no charge?
4. Are snacks served to children being counted and claimed as free?

**Non-Area Eligible Meal Count System**

5. Is the site non-area eligible?
6. Does the meal count system produce an accurate count of reimbursable snacks by \_\_\_\_\_ and (aid) served to eligible children at the Point of Service?

	Yes	No	N/A
1.			
2.			
3.			
4.			
5.			
6.			

# 5. Whom Should I Contact for More Information?

Contact the Michigan School Nutrition Programs team:

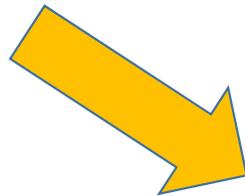
MDE School Nutrition Programs

Phone: 517-373-3347

E-mail: [MDE-SchoolNutrition@michigan.gov](mailto:MDE-SchoolNutrition@michigan.gov)

# 5. Whom Should I Contact for More Information?

- For current updated information, go to [www.Michigan.gov/schoolnutrition](http://www.Michigan.gov/schoolnutrition)
  - Scroll down to the Program Information section and click on ***Afterschool Snack Program***



## Program Information

- Smart Snacks in Schools
- Summary of USDA Policies - FY 2013-2014 
- Summary of USDA Policies - FY 2012-2013 
- National School Lunch Program
- School Breakfast Program
- **Afterschool Snack Program**
- Special Milk/Summer Camp Special Milk Program
- Summer Food Service Program
- Michigan Farm to School
- Fresh Fruit and Vegetable Program
- Team Nutrition