



***Presented By: Gloria Zunker
Grants Coordination and School Support
School Nutrition Training and Programs
August 2010***



Meeting Children's Special Food and Nutrition Needs in Child Nutrition Programs

Lesson 1: Getting to Know the Regulations

Learning Objectives

- Learn that federal regulations require schools to make reasonable accommodations for children with special dietary needs.
- Describe ways school nutrition staff can comply with the regulations.



Laws and Regulations

- Rehabilitation Act of 1973
- Individuals with Disabilities Education Act (IDEA)
- Americans with Disabilities Act (ADA)
- U.S. Department of Agriculture's (USDA) nondiscrimination regulation (7 CFR 15b)
- FNS Instruction 783-2, Revision 2, *Meal Substitutions for Medical or Other Special Dietary Reasons*



Disability

Anyone who has a physical or mental impairment, which substantially limits one or more of the major life activities, has a record of such impairment, or is regarded as having such an impairment.



IDEA

- Disability
- Special education needed
- IEP completed
- Accommodations made

Section 504

- Disability
- Special education not needed
- 504 plan completed
- Accommodations made



USDA Regulations and Guidance

Child with disability must have a licensed physician's statement that includes:

- the child's disability;
- an explanation of why the disability restricts the child's diet;
- the major life activity affected by the disability;
- the food or foods to be omitted from the child's diet, and the food or choice of foods that must be substituted.



USDA Regulations and Guidance

Child with medical conditions that are NOT disabilities must have a medical statement that includes:

- an identification of the medical or other special dietary condition which restricts the child's diet;
- the food or foods to be omitted from the child's diet; and the food or choice of foods to be substituted.



Accommodations

- Use food already purchased when possible
- May require special training
- May require professional help of a dietitian
- State agencies may be of assistance



Food Service Staff

- Keep confidentiality
- Provide substitutions and modifications
- Exercise care
- Document
- Do not overcharge
- Be consistent



Local Wellness Policy

- 2005-2006 Local Wellness Policy Administrative Policy #3
- USDA Local Wellness Policy – Team Nutrition