Michigan Cardiopulmonary Resuscitation (CPR) and Automatic External Defibrillator (AED) Training in Schools Law

December 28, 2016

Public Act 388 of 2016, the Cardiopulmonary Resuscitation (CPR) and Automatic External Defibrillator (AED) Training in Schools law was signed on December 28, 2016. This law requires CPR and AED instruction for pupils enrolled in grades 7 through 12 beginning in the 2017-2018 school year. Schools provide excellent opportunities for students to receive this training. The district is responsible for deciding how to administer this training and what resources (local and otherwise) best fit their needs.

To comply with PA 388 of 2016, schools must:

- Utilize a program of instruction based on either of the programs developed by the American Red Cross, American Heart Association, or other nationally recognized, evidence-based guidelines
- Include instruction regarding the use of AEDs
- Decide if students will receive training in psychomotor skills (hands-only CPR required in the legislation) OR if the students will be completely certified in CPR at the end of their instruction
  - If schools want their students to only receive training in hands-only CPR, as required by legislation, the certified classroom teacher is not required to be an authorized CPR/AED instructor to facilitate, provide, or oversee the instruction
  - If schools want their students to receive training that will result in a CPR certification or status, the instruction MUST come from an authorized CPR/AED instructor
- Provide students with this training one time during their enrollment in grades 7 through 12
- Locally decide if instruction is adult only or adult and infant CPR. If instruction is only provided for the process of CPR on adults, the instructor should specify the technique is different for infants

Schools that are 100% virtual (online) are exempt from incorporating the psychomotor skills into the instruction but must still provide instruction in CPR and AED use.

The complete Public Act Governing CPR and AED in schools (PA 388 of 2016) can be found on the Michigan Department of Education’s web site at MDE Health Education Website.

If you have questions about the above information, contact the Michigan Department of Education’s Health and Physical Education Consultant, Mary Teachout, by phone at 517-335-1730 or via email at TeachoutM@michigan.gov.