

2010

Capital Area Reads
One Book

Heart
in the
Right
Place

a memoir

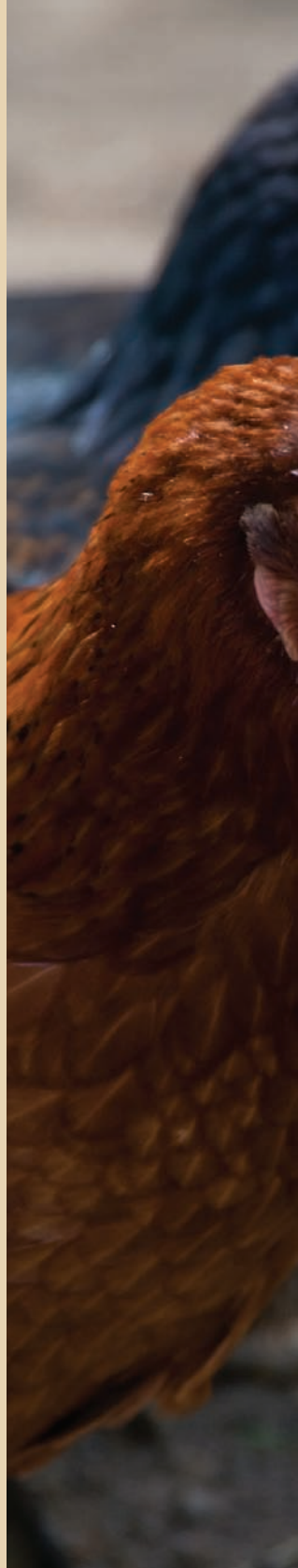
Carolyn Jourdan

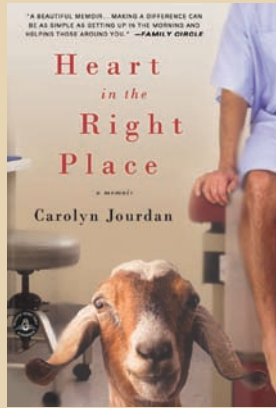


A good book is even better when people get together to talk about it. Our annual reading project is designed to encourage discussion and spark the exchange of ideas across Ingham County.

Each year, committee members read widely and debate the strengths and weaknesses of many books before agreeing on a reading experience they most want to share with the community. For 2010, they have chosen Carolyn Jourdan's best-selling memoir *Heart in the Right Place*.

CADL invites you to join others in reading and discussing Jourdan's heartwarming story. This brochure includes information about our book groups, print and online resources, and a special event featuring the author.





ABOUT THE BOOK

By turns poignant and hilarious, Carolyn Jourdan's best-selling memoir chronicles the ultimate case of "downsizing." It's the true story of Jourdan's experience leaving a high-powered career as a Senate Counsel and returning to her East Tennessee hometown, where she had agreed to help her father in his medical practice while her mother recovered from a heart attack. Anxious to return as soon as possible to her glamorous career, she intended to stay for only a few days. But as the days stretched into weeks and then months, Jourdan found herself grappling not only with a never-ending stream of unusual patients, but with questions about identity, loyalty and success.

Heart in the Right Place was honored as "A Best Book Club of 2007-2008" by Book Sense and "A Best Book of 2007-2008" by The Literary Guild. The Booklist review says, "With lavish affection, genuine respect, and exuberant humor, Jourdan offers a zestfully compassionate portrait of a poor community rich in the ways of true humanity."

Pick up a copy at any CADL location, or place a hold at cadl.org. The book is available in print or on CD.



ABOUT THE AUTHOR

Carolyn Jourdan is a former U.S. Senate Counsel to the Committee on Environment and Public Works and the Committee on Governmental Affairs (now Homeland Security and Governmental Affairs). She now lives on the family farm in East Knox County, Tennessee, with four dogs and three cats. *Heart in the Right Place* is her first book and took 19 years to write. She is currently working on a sequel. Read more about Jourdan and her work at carolynjourdan.com.

AUTHOR EVENT

Hear Jourdan talk about *Heart in the Right Place* and what her life has been like since the events of the book. Copies will be available for sale and signing.

Free tickets for the event will be available beginning March 15 at all CADL locations, or by calling (517) 367-6355.

Monday, April 19 • 7 pm

Kinawa Middle School

1900 Kinawa Dr., Okemos





ADD YOUR VOICE

Share your ideas, reactions and questions about *Heart in the Right Place* by choosing it for your book group, or by attending a discussion at one of our libraries. Find a list of suggested discussion questions at cadl.org/car.

AURELIUS

Tuesday, March 16 • 3 pm

OKEMOS

Thursday, April 15 • 12 noon

DANSVILLE

Tuesday, March 16 • 6:30 pm

SOUTH LANSING

Monday, March 29 • 6:30 pm

HASLETT (Seniors Group)

Monday, April 26 • 11 am

STOCKBRIDGE

Friday, March 26 • 12 noon

HOLT-DELHI

Tuesday, April 6 • 1 pm

WEBBERVILLE

Tuesday, March 23 • 7 pm

MASON






Wednesday, March 17 • 7 pm

WILLIAMSTON

Tuesday, March 16 • 1 pm

LEARN MORE

about the topics explored in *Heart in the Right Place* with these recommended books, audiobooks and films, all available at the library. Look for these symbols:

-  Book  Book on CD
 Downloadable book  DVD
 VHS

Health Care

Bryson City Tales: Stories of a doctor's first year of practice in the Smoky Mountains

by Walt Larimore 

It's a world where the family doctor is also the emergency physician, the coroner, and the obstetrician, and where wilderness medicine is part of the job.

The Healing of America: A global quest for better, cheaper, and fairer health care

by T.R.Reid 

Washington Post correspondent and NPR commentator Reid uses treatment of his chronic shoulder pain to compare the strengths and weaknesses of universal health care systems around the world.

*In the Land of Invisible Women:
A female doctor's journey in the Saudi Kingdom*

by Qanta A. Ahmed    

Unexpectedly denied a visa to remain in the United States, a young British Muslim doctor accepts what she hopes will be an exciting position in Saudi Arabia.





Sick Around the World (2008) 

“Four in five Americans say the U.S. health-care system needs ‘fundamental’ change. Can the U.S. learn anything from the rest of the world about how to run a health-care system...?”
 (“Sick Around the World,” *Frontline* 2611)

Life Transitions

Bait and Switch

by Barbara Ehrenreich   

The best-selling author of *Nickel and Dimed* focuses on the world of white-collar unemployment as seen through the eyes of the unemployed, forced to confront the realities of financial hardship.

The Dollmaker by Harriette Arnow  

Strong-willed, self-reliant Gertie Nevels’s peaceful life in the Kentucky hills is devastated when she and her family are thrust into the confusion and chaos of wartime Detroit.

Fitting In Is Overrated: The survival guide for anyone who has ever felt like an outsider

by Leonard Felder 

To thine own self be true. But can you do that while still being a valued part of the wider community? Bestselling author Leonard Felder, PhD, has written the first book with advice on how to be successful personally and professionally when you think, live and solve problems differently.

Half-Broke Horses

by Jeannette Walls 

The bestselling author of *The Glass Castle* has based her new novel on the life of her grandmother, who survived tornadoes, droughts, floods, the Great Depression, and heartbreaking personal tragedy.

Here If You Need Me

by Kate Braestrup 

After the death of her husband, single mom Braestrup decided to take on his dream of becoming a minister. Her mission: serving as chaplain on search and rescue missions in the Maine woods.

The Leisure Seeker by Michael Zadoorian

Recognizing that the final stage of their lives is upon them, John and Ella Robina, the former an Alzheimer's patient, the latter succumbing to cancer, sneak away to embark on an RV vacation along Route 66.

The Pursuit of Happiness

by Chris Gardner 

Successful entrepreneur Gardner traces his journey from growing up with an abusive stepfather, to life on the streets as a homeless man with a small toddler in tow, to becoming a self-made millionaire.

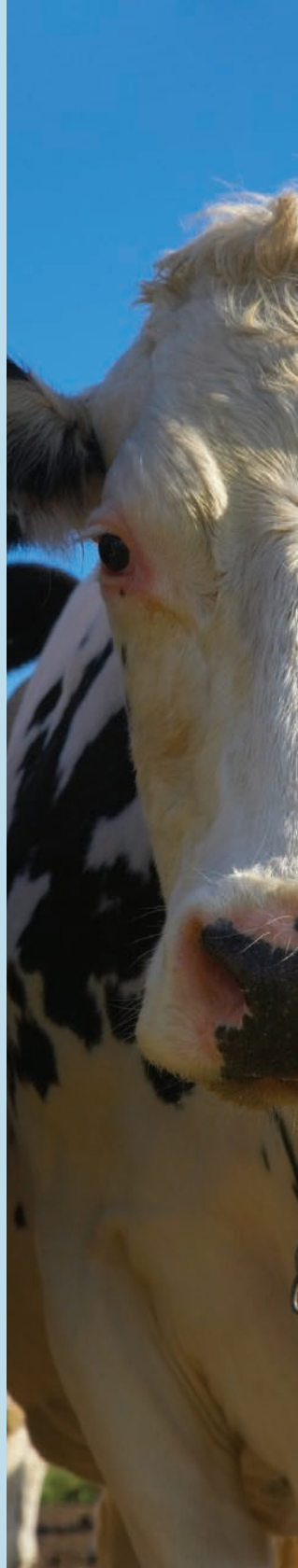
Songcatcher (2001)

A musicologist visits Appalachia and finds a treasure trove of Scots-Irish songs in the traditions of the generous but fiercely independent mountain people.

What Now?


by Ann Patchett 

From student to line cook to teacher to waitress and eventually to award-winning author, Patchett's own life has taken many twists and turns that make her exploration genuine and resonant.






Living Simply

Better Off: Flipping the switch on technology
by Eric Brende 

As part of an MIT program monitoring the impact of technology, grad student Brende spent 12 months with his wife in a Mennonite-like society. His conclusion? Technology makes life harder. (Library Journal)

Choosing Simplicity: Real people finding peace and fulfillment in a complex world

by Linda Breen Pierce 

The founder of a three-year Simplicity Study that followed the lives of 211 people takes a closer look with this book about her findings.

Disconnected (2008) 

Three college students give up their computers to see how their academic, social, and work lives are affected without Facebook, YouTube or email.

Give it Up: My year of learning to live better with less
by Mary Carlomagno 

“Each month for one year, I would choose one of my favorite things and give it up cold turkey for one month. This would become my year to live better with less.”

Living Simply With Children

by Marie Sherlock 

Sherlock emphasizes voluntary simplicity, with advice on how to replace unnecessary objects and activities, and how to celebrate the simple joys of family life.

LOCATIONS

AURELIUS

1379 S. Aurelius Road, Mason
(517) 628-3743

MASON

145 W. Ash Street, Mason
(517) 676-9088

DANSVILLE

1379 E. Mason Street, Dansville
(517) 623-6511

OKEMOS

4321 Okemos Road, Okemos
(517) 347-2021

DOWNTOWN LANSING

401 S. Capitol Avenue, Lansing
(517) 367-6363

SOUTH LANSING

3500 S. Cedar Street, Lansing
(517) 272-9840

FOSTER

200 N. Foster Avenue, Lansing
(517) 485-5185

STOCKBRIDGE

200 Wood Street, Stockbridge
(517) 851-7810

HASLETT

5670 School Street, Haslett
(517) 339-2324

WEBBERVILLE

115 S. Main Street, Webberville
(517) 521-3643

HOLT-DELHI

2078 Aurelius Road, Holt
(517) 694-9351

WILLIAMSTON

201 School Street, Williamston
(517) 655-1191

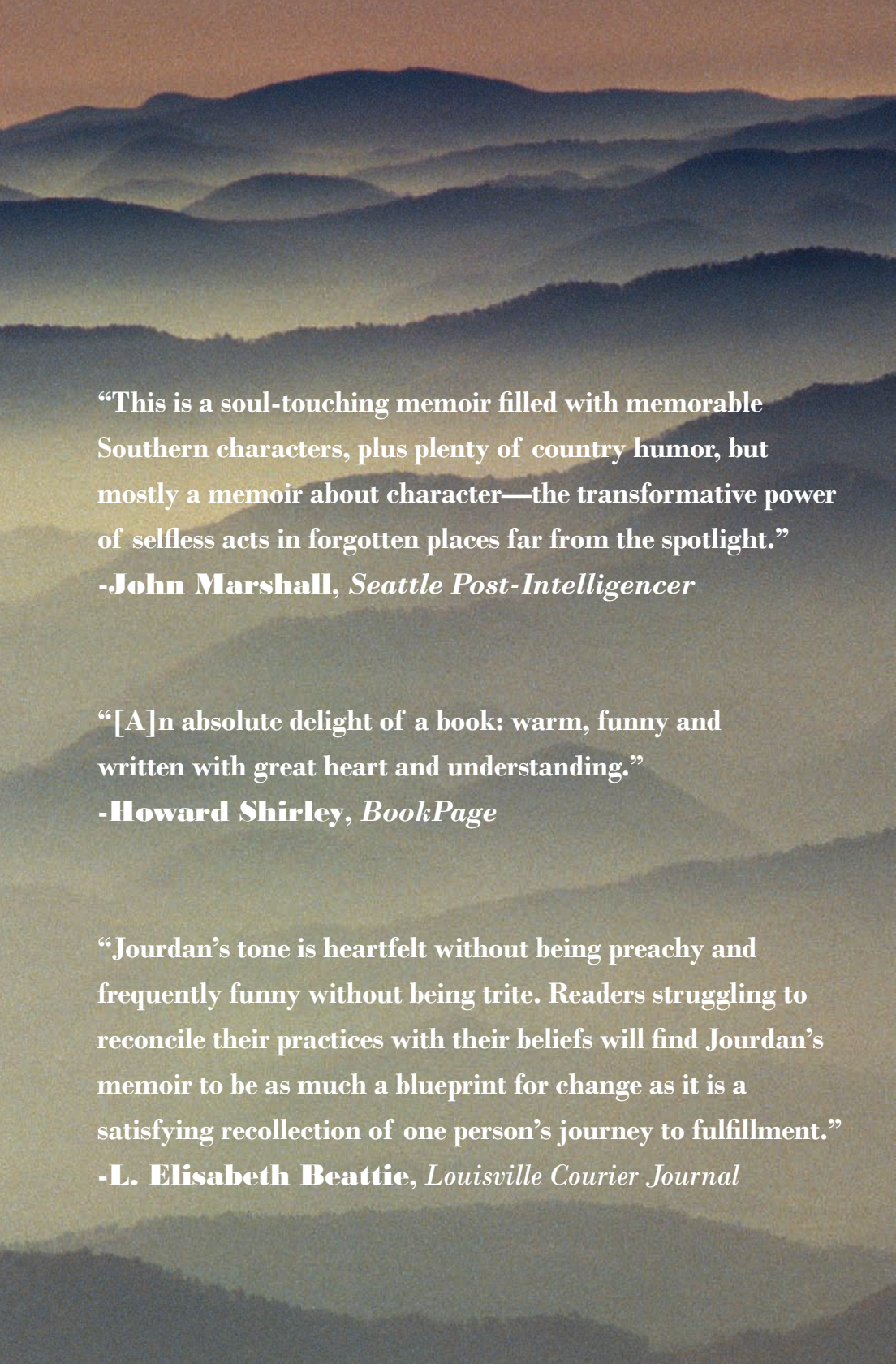
LESLIE

201 Pennsylvania Street, Leslie
(517) 589-9400

OUTREACH SERVICES

Bookmobile, Books-by-Mail,
Book Nook
(517) 367-6308





“This is a soul-touching memoir filled with memorable Southern characters, plus plenty of country humor, but mostly a memoir about character—the transformative power of selfless acts in forgotten places far from the spotlight.”

-John Marshall, *Seattle Post-Intelligencer*

“[A]n absolute delight of a book: warm, funny and written with great heart and understanding.”

-Howard Shirley, *BookPage*

“Jourdan’s tone is heartfelt without being preachy and frequently funny without being trite. Readers struggling to reconcile their practices with their beliefs will find Jourdan’s memoir to be as much a blueprint for change as it is a satisfying recollection of one person’s journey to fulfillment.”

-L. Elisabeth Beattie, *Louisville Courier Journal*

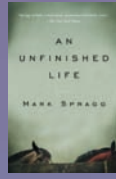
2010 Capital Area Reads Committee

Sarah Redman, Chairperson

Michele Brussov
Sara Doherty
Barbara Faiks
Lynn Harper
Eric Stanton
DiAnne Warfield



2009
Song Yet Sung
—James McBride



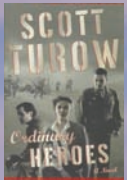
2006
An Unfinished Life
—Mark Spragg



2008
An Inconvenient Truth
—Al Gore



2005
The Watsons Go to Birmingham—1963
—Christopher Paul Curtis



2007
Ordinary Heroes
—Scott Turow



2003
How the Garcia Girls Lost Their Accents
—Julia Alvarez



Lean on Us

cadl.org

An equal opportunity employer