



Hea





THERE IS LIFE AFTER TESTS ...AND BEFORE

Coordinated School Health... Strategies Targeting school
Readiness, Obesity, Teen Pregnancy, Tobacco, Alcohol,
Drugs, Crime, Academic Performance and More

PAT COOPER, CEO
EARLY CHILDHOOD AND FAMILY LEARNING FOUNDATION
OF NEW ORLEANS
pcooper@ecflf.org

Health is Academic





NEW ORLEANS

Health is Academic





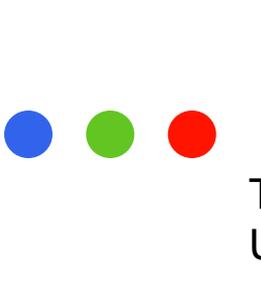
“TIRED OF THE KILLING”

**“NEW ORLEANS IS BREEDING
BOLD KILLERS....”**

**New Orleans Times-Picayune,
Jan. 25, 2009**

Health is Academic



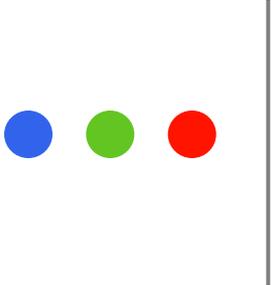


THE GOOD WE SECURE FOR OURSELVES IS PRECARIOUS AND
UNCERTAIN

UNTIL IT IS SECURED FOR ALL OF US AND INCORPORATED INTO OUR
COMMON LIFE.

Health is Academic

JANE ADDAMS 



We want to not only be the best in the state and country, but we also want to be the best for the state and country!

Health is Academic



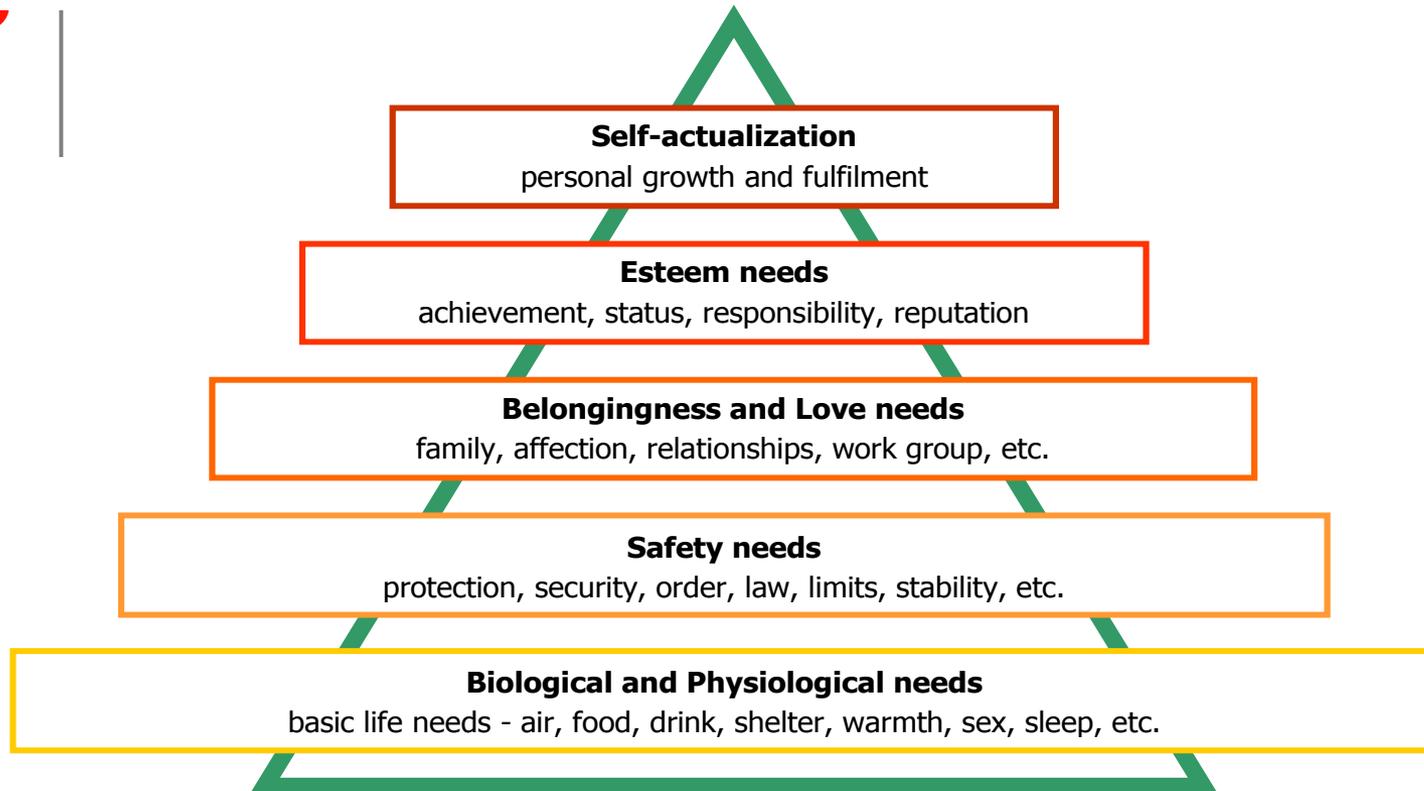


- WE ARE ALL FINE...AND OUR CHILDREN ARE ALL FINE... ***BUT MANY OF THE CHILDREN ARE NOT...***
- OUR JOB IS NOT TO BLAME...

**OUR JOB IS TO COME AS CLOSE AS WE CAN
IN GIVING ALL CHILDREN THE SAME CHANCE
AT A QUALITY LIFE THAT WE GIVE OUR OWN
CHILDREN!**



Maslow's Hierarchy of Needs



© design Alan Chapman 2001-7, based on [Maslow's Hierarchy of Needs](#)

Not to be sold or published. More free online training resources are at www.businessballs.com. Alan Chapman accepts no liability.

Maslow's original schema

Health is Academic



MASLOW AND COORDINATED HEALTH



Food and Nutrition
Counseling
Health Services
Integrated Community & School Health Promotion
Health Education
Staff Wellness
Safe & Healthy Environment
Physical Education
Academic Opportunity

Health is Academic





Three Levels of Stress

Positive

Brief increases in heart rate,
mild elevations in stress hormone levels.

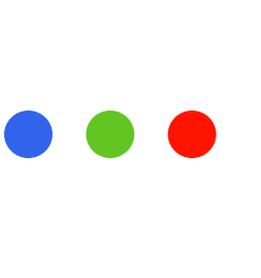
Tolerable

Serious, temporary stress responses,
buffered by supportive relationships.

Toxic

Prolonged activation of stress response systems
in the absence of protective relationships.





“100% IN...100% OUT”

THE NEW ORLEANS NEIGHBORHOOD APPROACH

(COORDINATED SCHOOL HEALTH ... ON STEROIDS)

- *IDENTIFY EACH CHILD PRENATAL TO FIVE AND SERVE WITH QUALITY CHILD CARE
- *COORDINATED SCHOOL HEALTH IN EACH K-12 SCHOOL AND CHILD CARE IN NEIGHBORHOOD
- *IDENTIFY EACH FAMILY IN NEIGHBORHOOD AND SERVE WITH COLLABORATIVE CASE MANAGEMENT AND ASSISTANCE
- *ASSESS AND TRACK

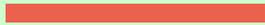
Health is Academic



New Orleans and Surrounding Areas

KEY

Central City Boundary



Zip Code Boundary



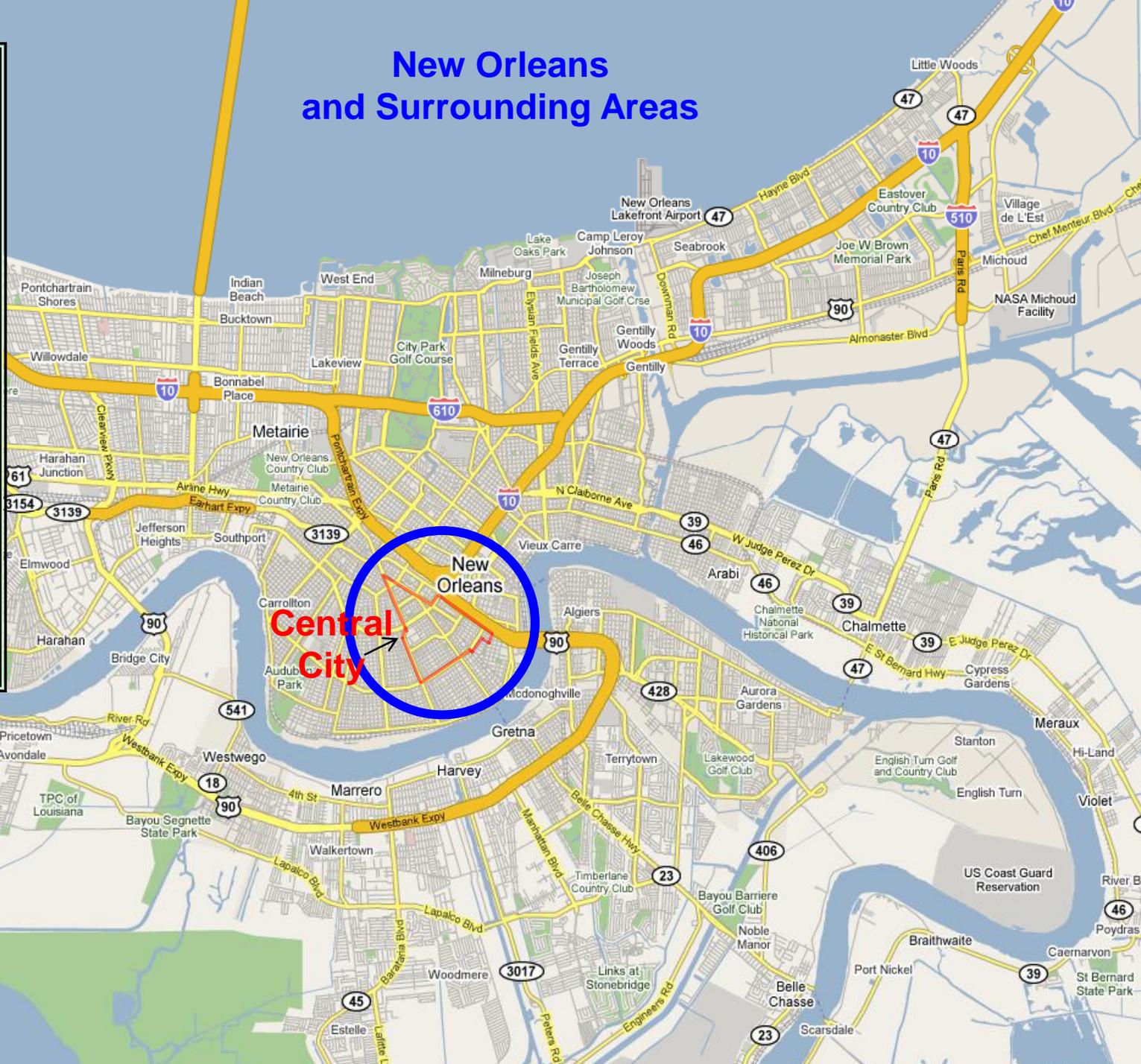
Mahalia Jackson Center/Early Childhood and Family Learning Foundation



School Facility

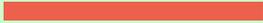


Childcare Facility



KEY

Central City Boundary



Zip Code Boundary



Mahalia Jackson Center/Early Childhood and Family Learning Foundation

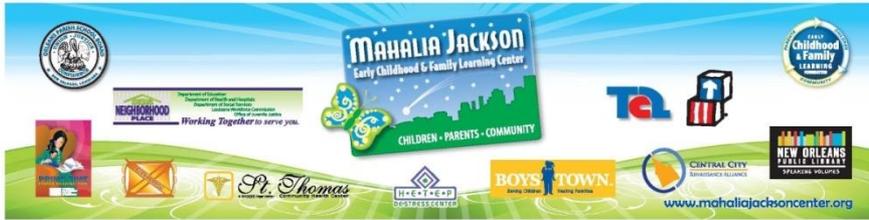


School Facility



Childcare Facility





A Louisiana Neighborhood Place

Onsite Service Providers

School

<u>Partner(s)</u>	<u>Services</u>
Orleans Parish School Board	LA4 (Pre-K) Kindergarten Special Education
Total Community Action (TCA)	Early Head Start Head Start
Early Childhood & Family Learning Foundation	Case Management Early Childhood Parenting Teen Parenting

Health & Wellness

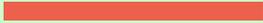
<u>Partner(s)</u>	<u>Services</u>
St. Thomas Community Health Center	General Physician Eye Care Mental & Behavioral Health
Hetep De-Stress Center, Inc.	Parenting Classes WIC Referrals De-Stress Center: ➤ Exercise ➤ Cooking ➤ Nutrition ➤ Stress Reduction

Community & Social Services

<u>Partner(s)</u>	<u>Services</u>
Department of Social Services (DSS)	Food Stamps Child Care Assistance WIC TANF Housing Assistance LIHEAP Family Services
Department of Education (DOE) Central City Renaissance Alliance	GED ABE ESL
Department of Health and Hospitals (DHH)	Medicaid/LaCHIP Mental Health Services Individual & Group Therapy Life Skills Referrals Case Management
Workforce Commission/Job 1	Job Readiness Job Training Job Placement
Office of Juvenile Justice (OJJ) Boys Town Louisiana	Youth Outreach In-home Family Services Referrals Case Management
ECFLF Central City Renaissance Alliance	Resource Center Information Desk Community Calendar Resources and Referral Computer Lab Technology Classes Government Access (Local, State, & Federal)
New Orleans Public Library	Public Library Multimedia Music/Drama/Dance Practice Rooms
LA Endowment for the Humanities Prime Time/Family Reading Time	Family Literacy
Center for African and African American Studies/SUNO	Cultural Enrichment & Aesthetics

KEY

Central City Boundary



Zip Code Boundary



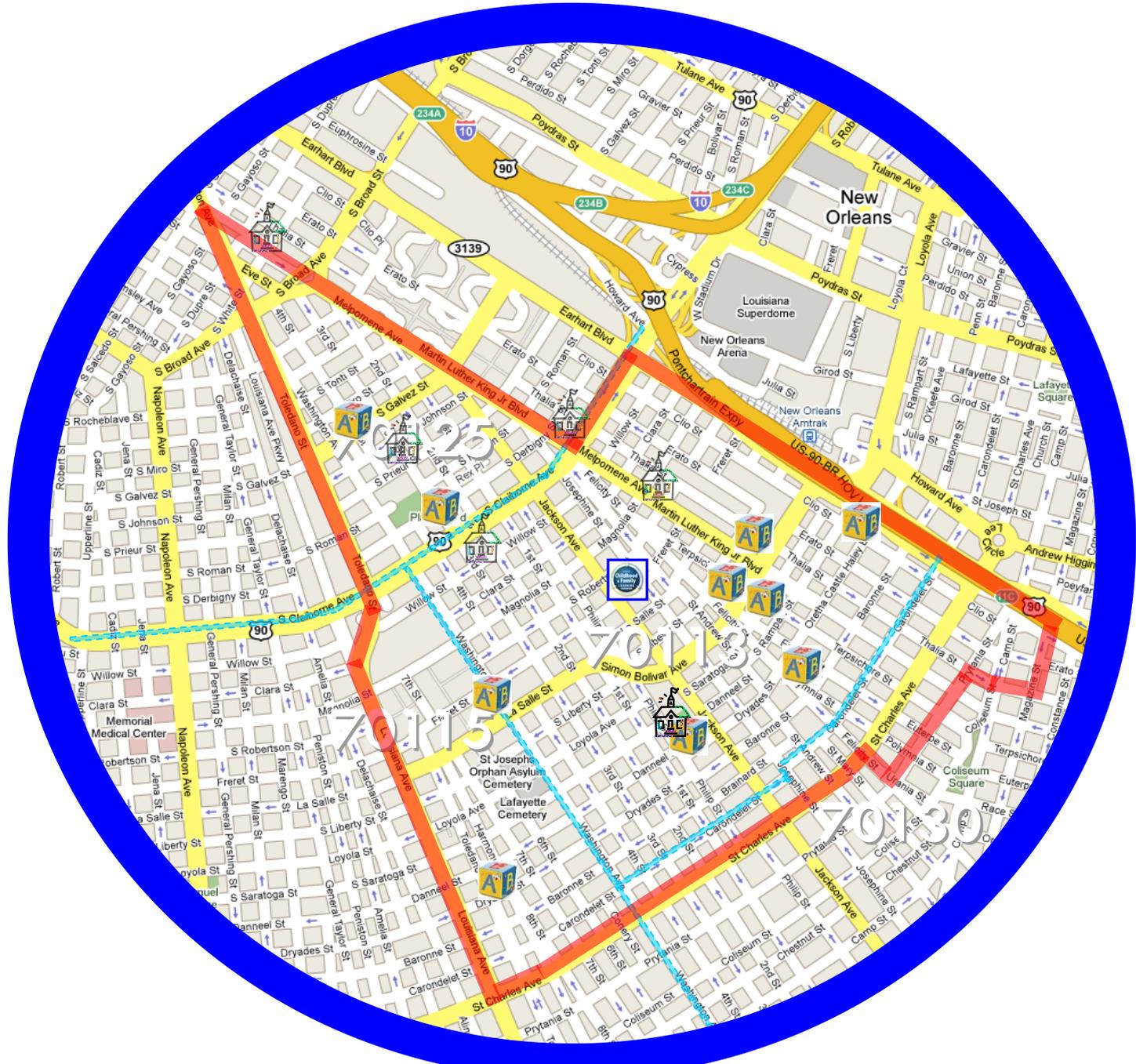
Mahalia Jackson Center/Early Childhood and Family Learning Foundation



School Facility

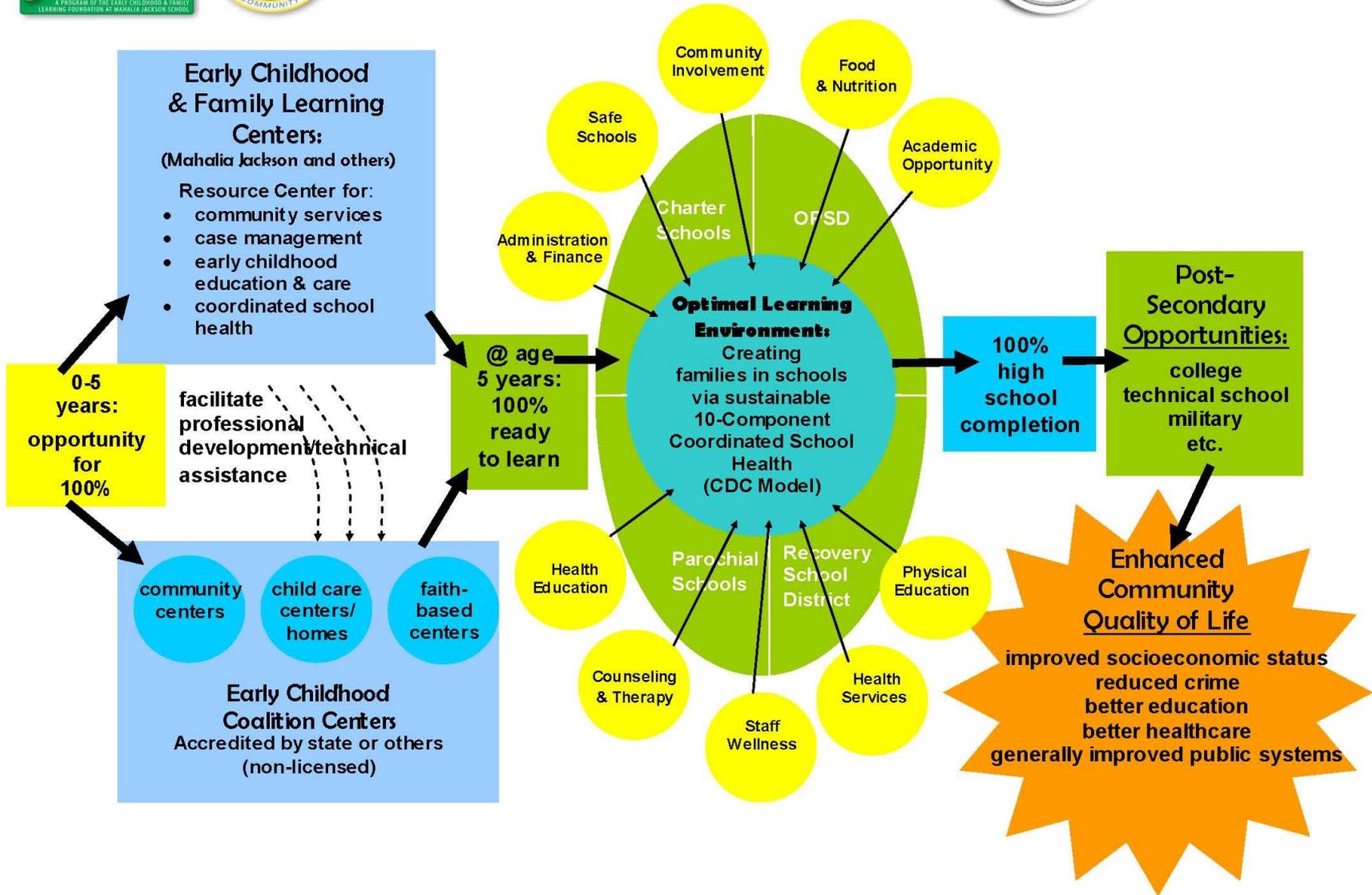


Childcare Facility



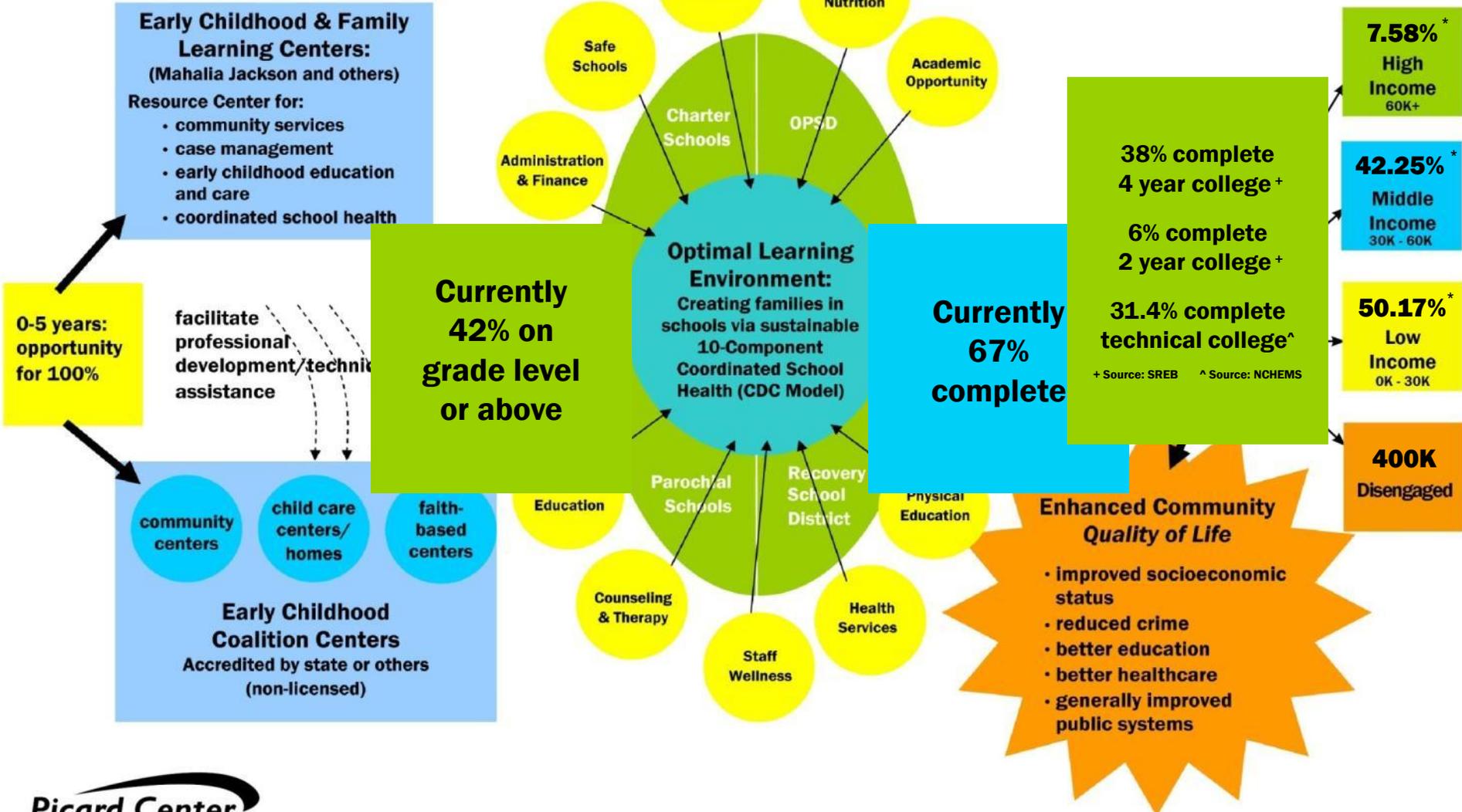


100% In ... 100% Out



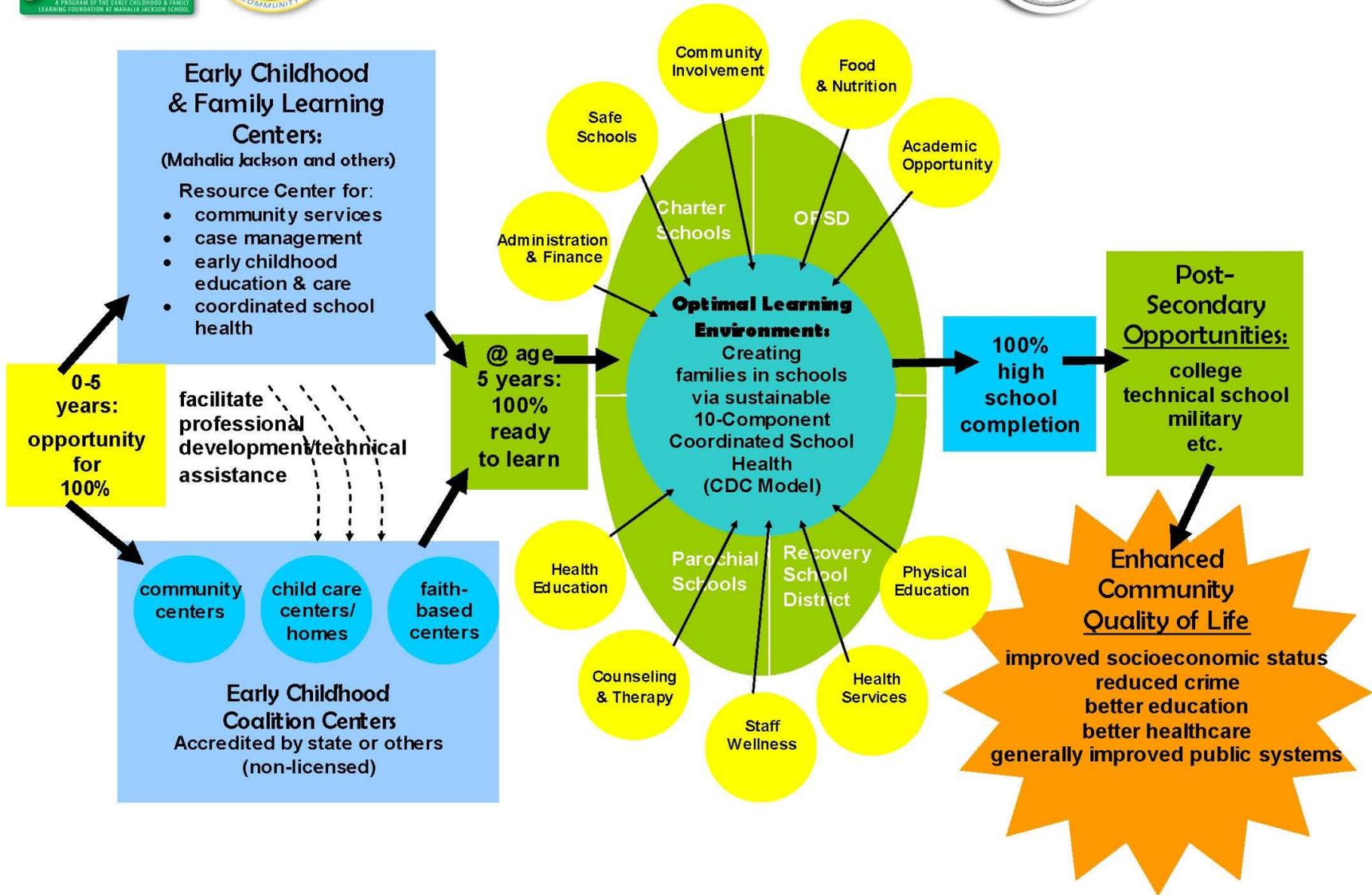
Louisiana Pathways to the Future

100% In ... 100% Out



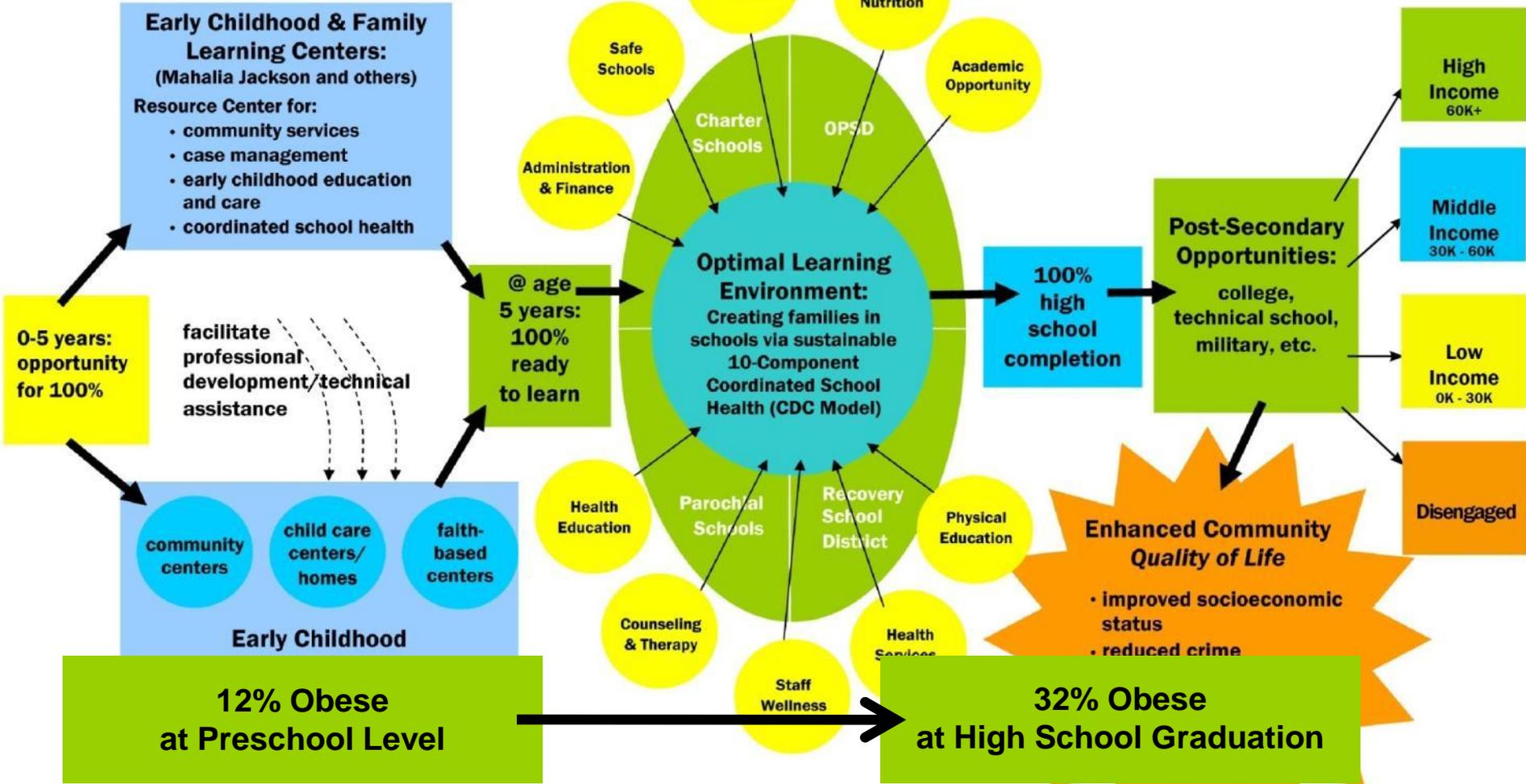


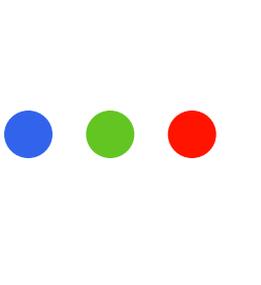
100% In ... 100% Out



Louisiana Pathways to the Future

100% In ... 100% Out





TRIED AND TRUE MODEL

West Feliciana Parish (St. Francisville)

Started this program in 1989...

Now they are consistently rated in the top five school districts in state

McComb, MS

Started the program in 1997 (85% free and reduced lunch and 89% minority...)

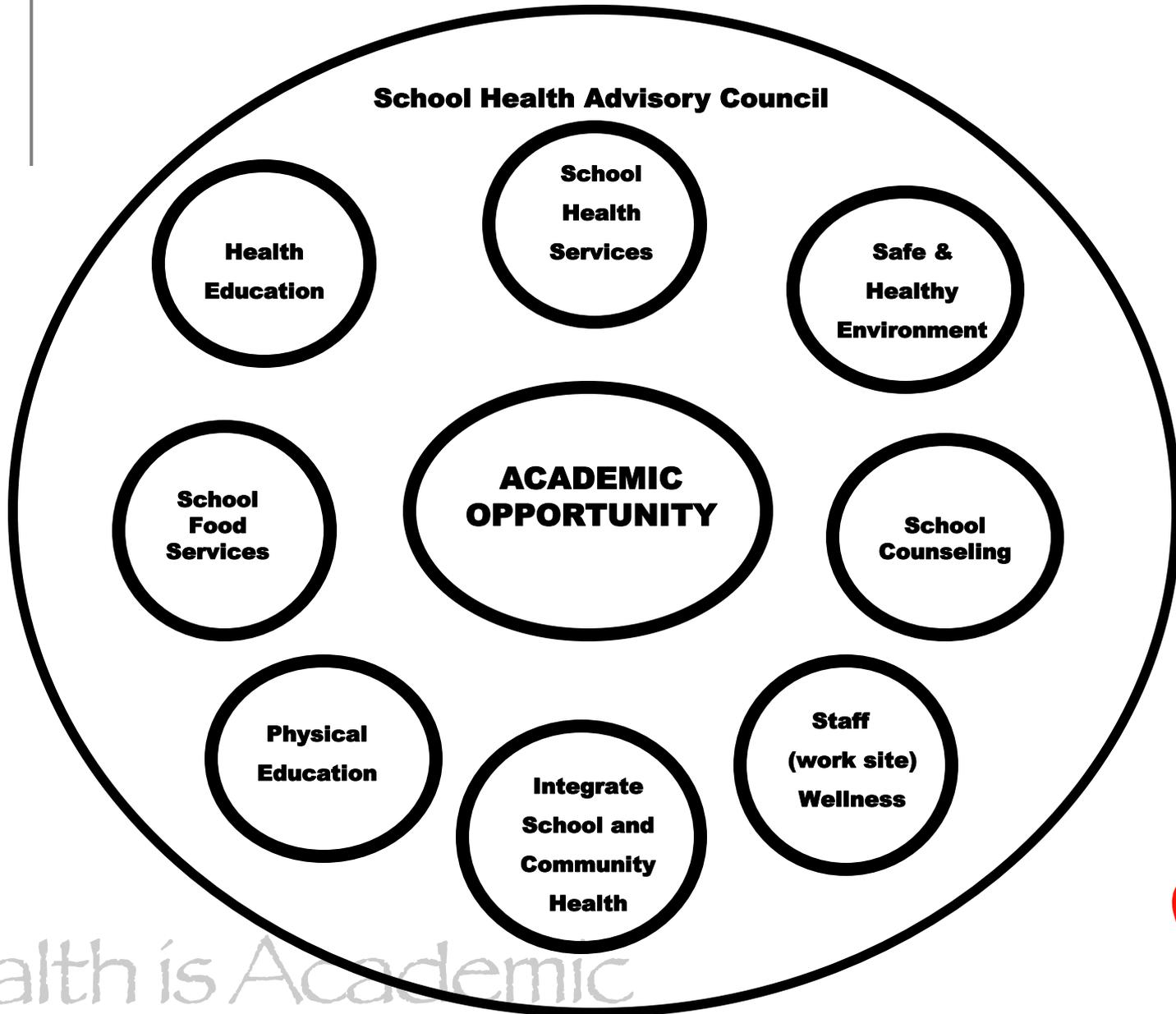
New Orleans, LA

Started Program in 2009



Coordinated School Health Program

The McComb Nine Component Model



Health is Academic



COMPONENTS: What the Model Provides:

Health Education

- Provide children with health knowledge
- Afford opportunities to put skills into practice

Health Services and Counseling

- School wide wellness programming
- Individual health care services
- Referrals to outside providers for students and staff

Physical Activity

- Provide opportunities for students and staff to be physically active on a daily basis
- Encourage students and staff to reach a health enhancing level of physical fitness and maintain a lifelong healthy lifestyle.

Food and Nutrition

- Provide healthy and culturally appropriate meals and snacks to students
- Encourage students to engage in healthy eating behaviors at and away from school.

Parent/Community Support

- Parent input and participation in student education and school activities
- Community organizations providing resources and services in schools.

Staff Wellness

- Health services
- Wellness program
- Staff development on general health topics and in their area of expertise.

School Environment

- Physically safe and healthy
- Aesthetically pleasing
- Psychosocially sound

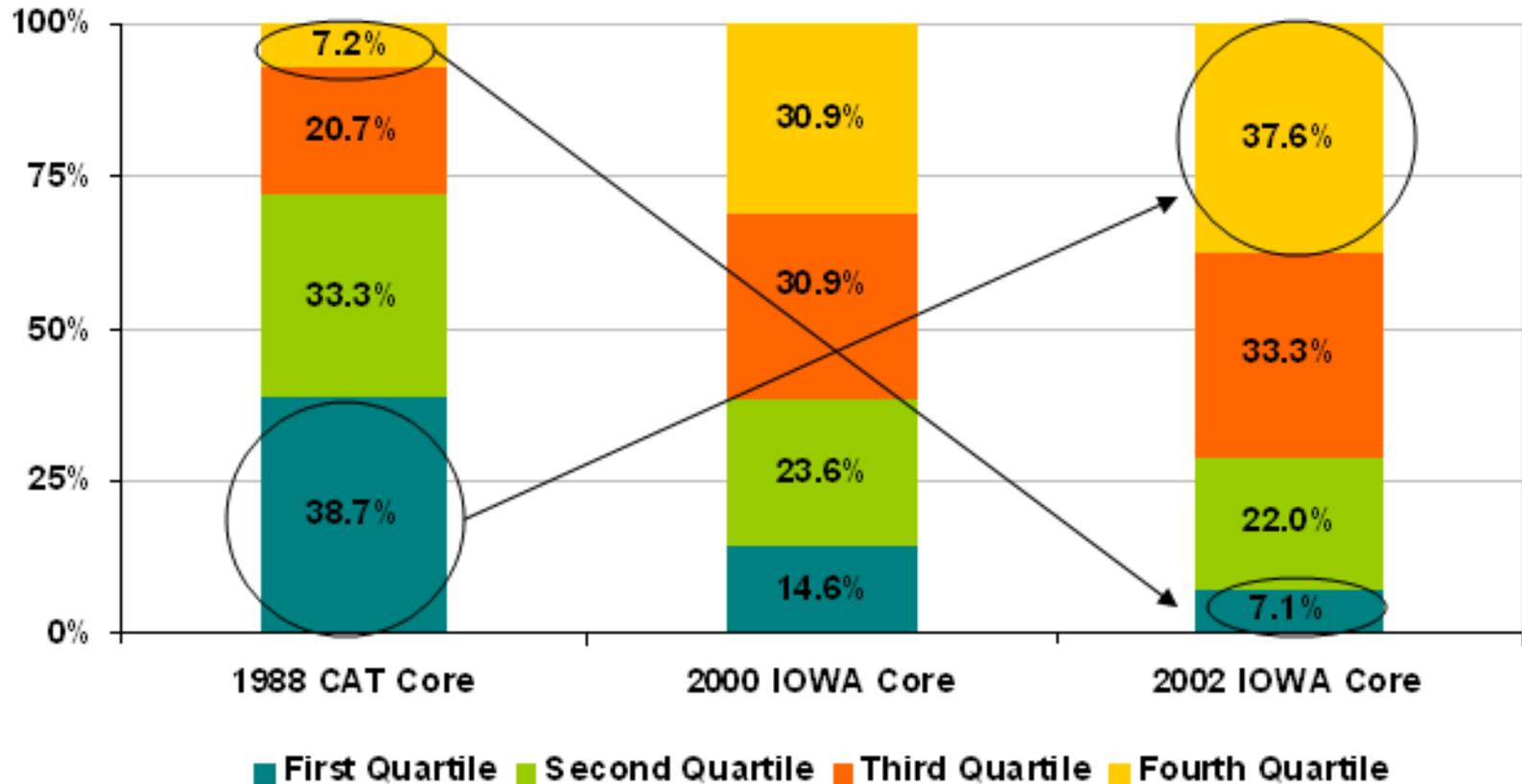
Special Services

- Enhance effective service delivery systems for students with disabilities in pilot schools
- Teen parenting
- Juvenile Offenders
- Early Childhood, Developmental Kindergarten and Continuity of Care through Fourth grade
- Positive Behavior Intervention System (PBIS)



West Feliciana Parish

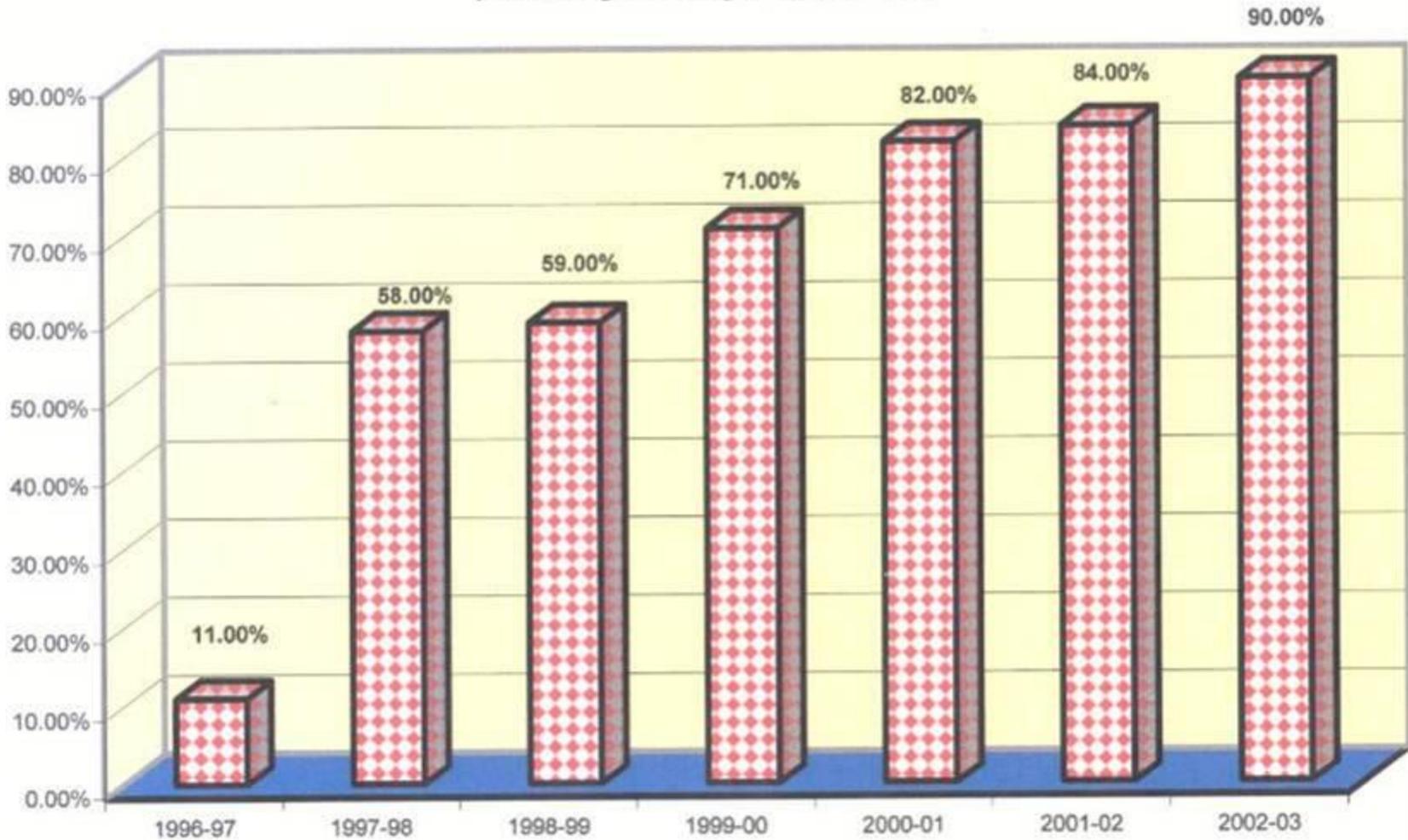
Percent of West Feliciana Students Scoring in Quartiles on Core, Grade 6



Health is Academic



McCOMB HEALTHY SCHOOLS PROJECT
FIRST GRADE READING BENCHMARK
(Percentage reading on grade level)



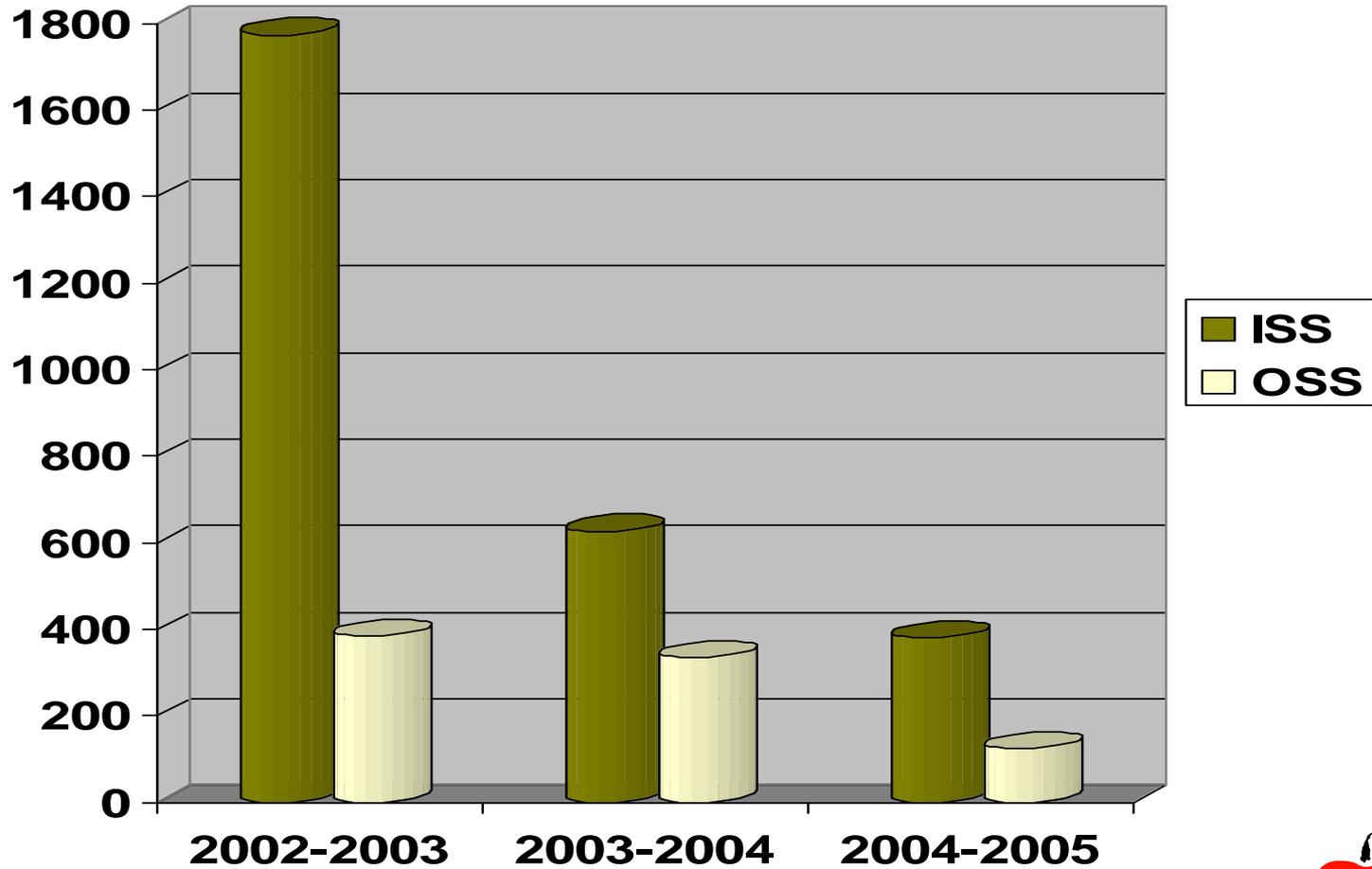
Source: Success for All Initial Screening By District

Health is Academic





Number of Suspension Days

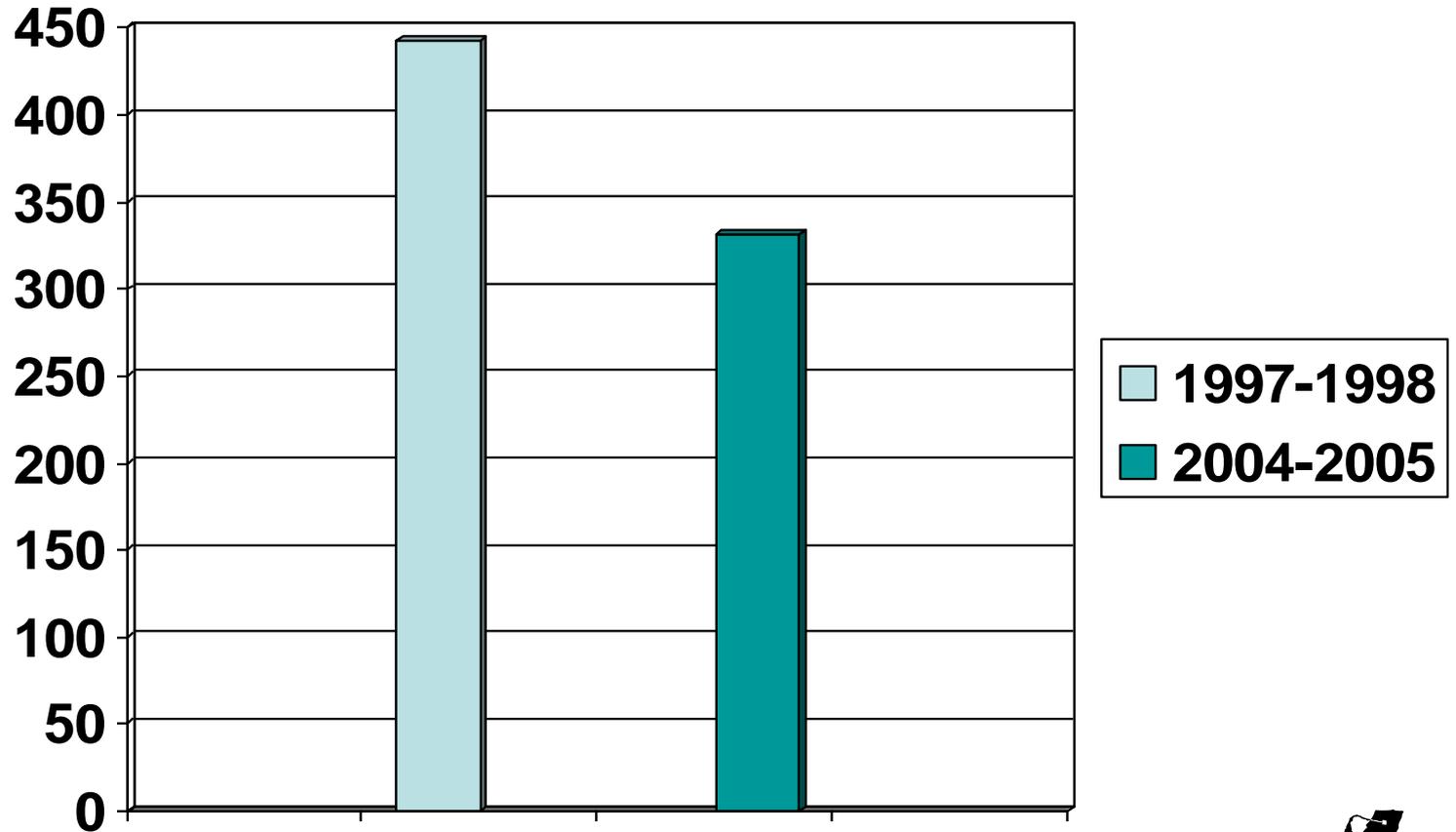


Health is Academic





Students with Disabilities



Source: Dec 1 Child Count



TEEN PREGNANCY: GOOD NEWS FOR THE PERIOD 1998-2007

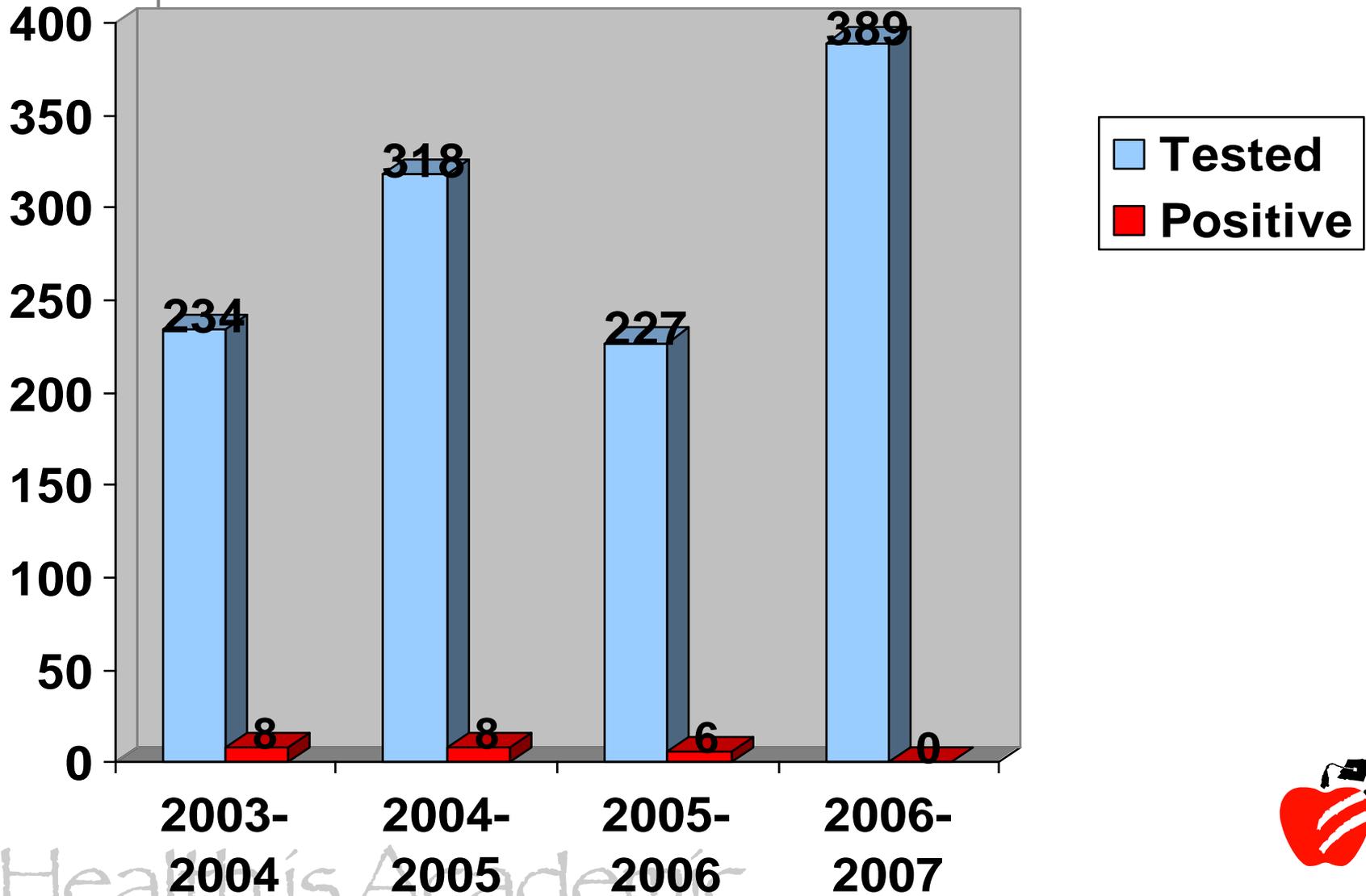
OF THE 97 TEENS ELIGIBLE TO GRADUATE WHO HAD A FIRST BABY:

- **95 (98%) GRADUATED FROM HIGH SCHOOL**
(NATIONAL AVERAGE IS ABOUT 20%)
- **3 (3.1%) HAD SECOND BABIES**
(NATIONAL AVERAGE IS 50%)
- **97% OF THE BABIES WHO STARTED KINDERGARTEN WERE ON LEVEL**
(PRIOR McCOMB AVERAGE FOR OFFSPRING OF TEEN MOTHERS WAS 43%)

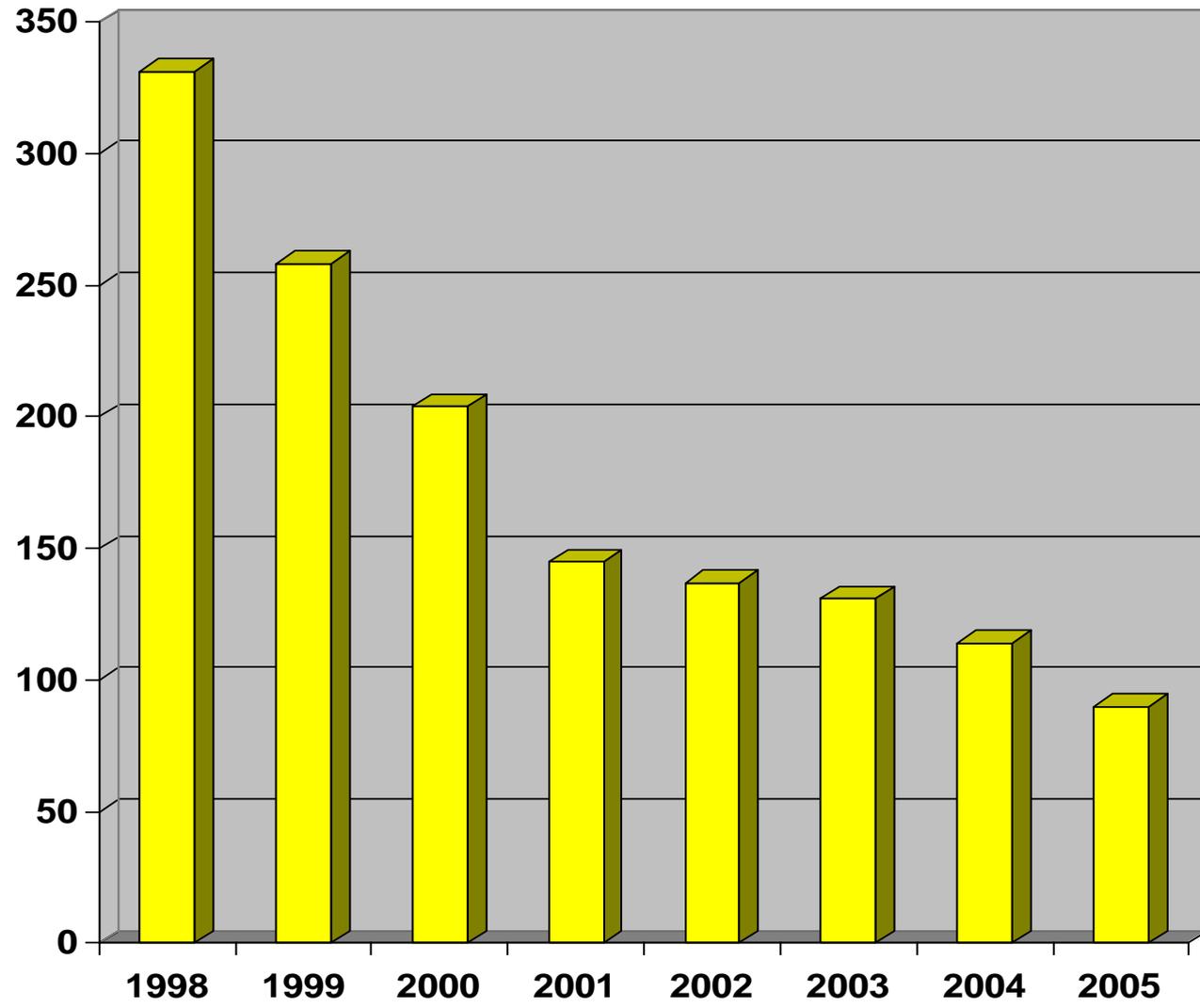


McComb High School Drug Test

Source: McComb Athletic Department



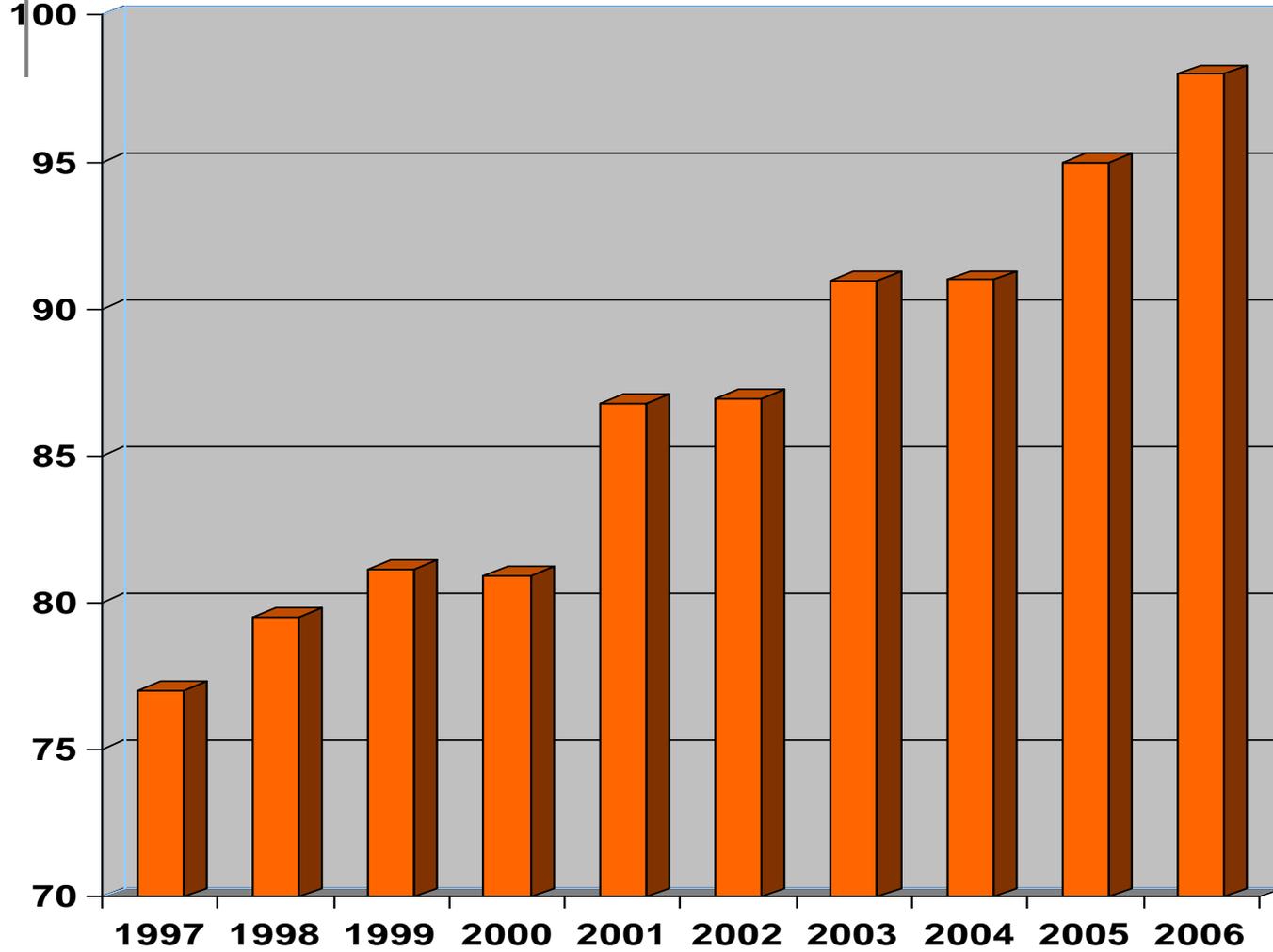
Number of Juvenile Arrests



Health is Academic



Graduation Rates



Health is Academic



The Nine Component Coordinated School Health Model (based on the CDC model)



PURPOSE: Create a school environment that enables students to learn, teachers to teach, and principals to lead more effectively.

Principals

Teachers

Students

Additional Staff Services

Assistance in meeting State and Federal Mandates

Improved School Climate

Increased Connection to Community Agencies

Improved Staff Morale

Lower Staff Absenteeism

Increased Staff Retention

Smaller Special Needs Population

Improved Student Academic Achievement

Improved Dropout, Truancy, Suspension, and Expulsion Rates

Students Enter School "Ready to Learn"

Improved Student Behavior

Real Ability to "Leave No Child Behind"

Employee Wellness Program

Improved Work Climate

Increased LEAP Scores

Higher Student Attendance

Immediate Access to Services

More In ClassTime

Improved Physical and Mental Health Outcomes

Less Risky Behaviors

Improved Relationships with Teachers/Administration

More Success in School

Health is Academic





Center of the CSHP Strategy: School Health and Wellness Team (Creates “Family” at Each School)

Members:

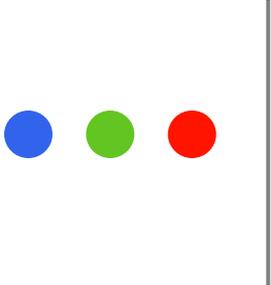
Leader: Principal or Assistant Principal
Nurse

Mental Health Therapist
Guidance Counselor

Others where appropriate (Teacher(s), student, parent, other
agency personnel)

Health is Academic





THE COORDINATED SCHOOL HEALTH ENVIRONMENT

Health is Academic





OLD

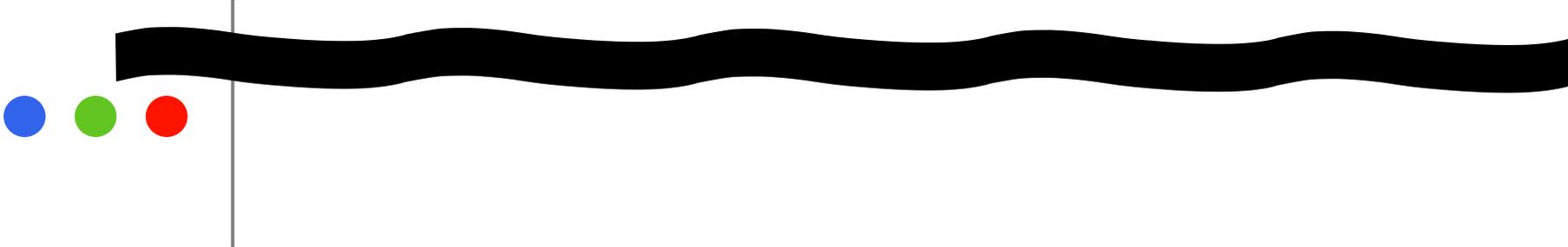
It takes an entire village to raise a
child...

NEW

We have to change the way we do business in
the village...

Health is Academic

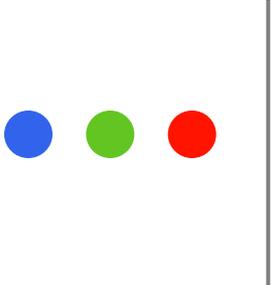




**WHATEVER THE POLITICAL
RHETORIC...ACCESS TO EDUCATION
WILL NOT SOLVE ANYBODY'S
PROBLEMS IF THE SCHOOLS TO
WHICH KIDS HAVE ACCESS ARE
OVERWHELMED!!**

Health is Academic





NOT JUST EDUCATORS' ISSUE

Health is Academic



THE ECONOMIC TRUTH IN SEQUENCE

- If children don't come to school "ready to learn" and consequently don't finish school, the public school system fails...
- If the public school system fails...all of the other public systems are overloaded and fail... the health care system fails, the mental health system fails, the corrections system fails
- If the public systems fail, the drag on the economy is immense... with less skilled workers, less productivity, higher unemployment, more crime, and higher taxes to pay for higher costs to run the already failing public systems

Health is Academic



TRACKING OF ONE OF THE PUBLIC SYSTEMS

CORRECTIONS

- 82% of America's Prisoners are high school dropouts (You have 37,000 15-19 year olds who did not graduate and not in school)
- 75% of Federal and State Prisoners fall into 2 categories
 - Former Special Education Students
 - Offspring of Teen Parents (You have 21,576 teen mothers)
(U.S. Census) (Children's Defense Fund)

MICHIGAN

- 576% Increase (Adjusted for Inflation) in Adult Corrections Costs in Michigan...from 1985 to 2008...\$305 million to \$2 billion 63 million (NASBO, 2009)
- 50,952 prisoners in 2008 compared to 17,744 in 1985...an 187% rise while the general population increased by only 10%
- 70% are 40 years of age and younger... **products of the last 40 years of education reform and the resultant dropout numbers**

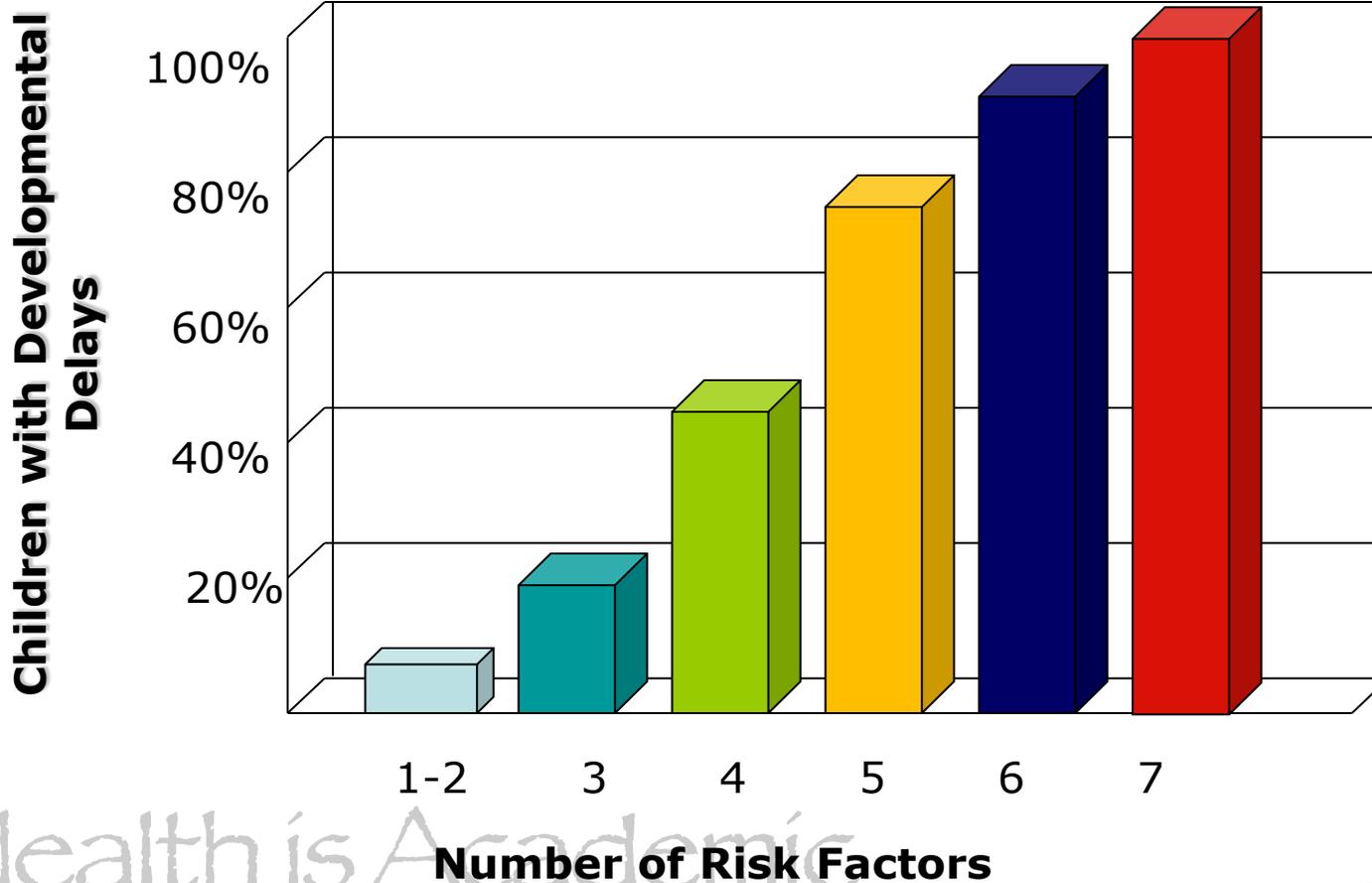
(Michigan Department of Public Safety and Corrections)



Health is Academic



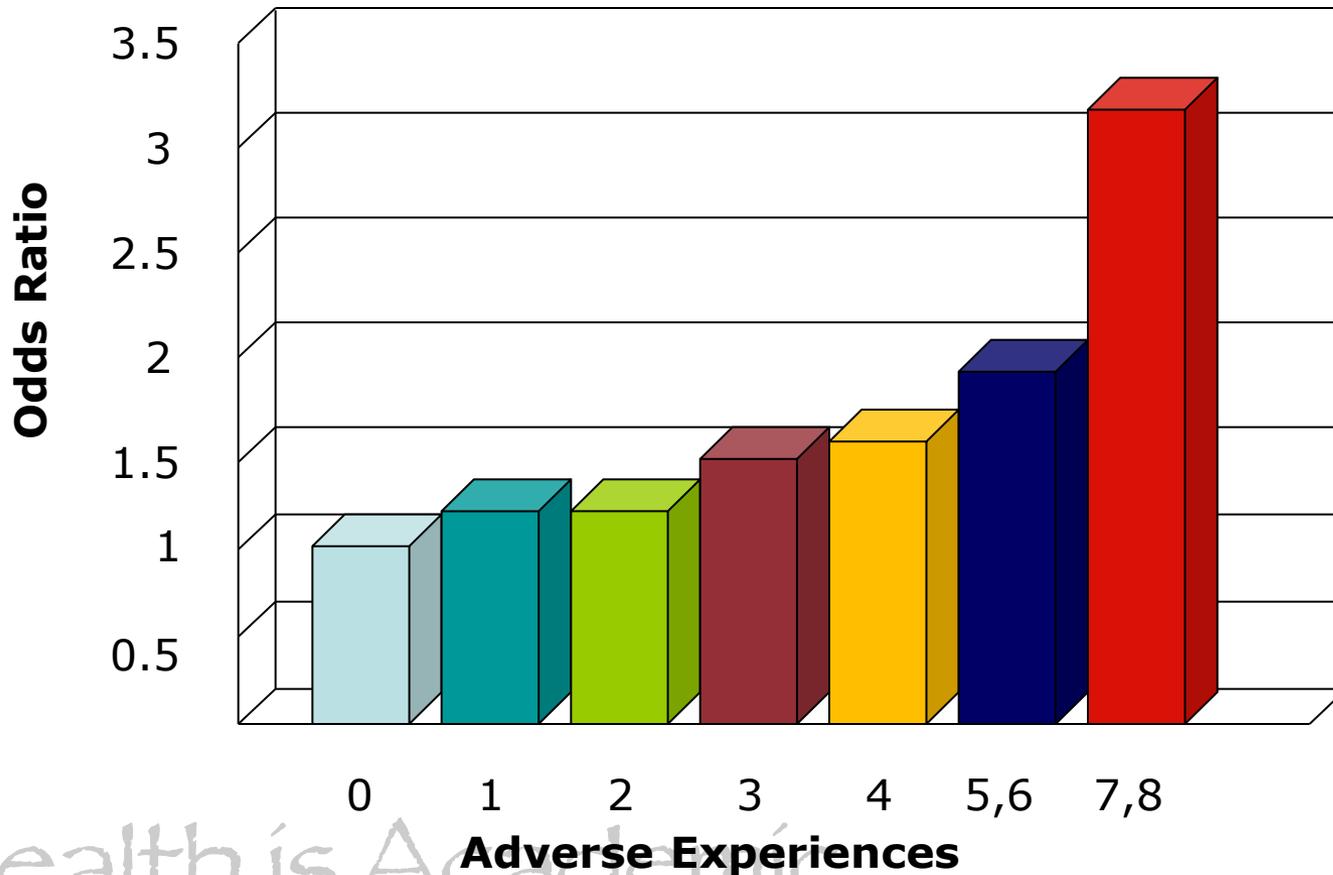
Significant Adversity Impairs Development in the First Three Years



Health is Academic



● ● ● **Risk Factors for Adult Heart Disease are Embedded in Adverse Childhood Experiences**



Health is Academic



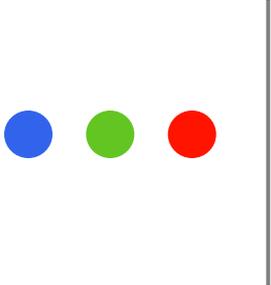
Source: Dong et al, (2004)



Initial Involvement

1. Collected Baseline Data for School and Community
2. Met with stakeholder groups (medical, law enforcement, mental health, chamber of commerce, American Cancer Society, etc.)
3. Publicized Community Meetings to answer three questions:
 - a. What do you not like about the education system
 - b. What would you like to see the education system be like?
 - c. How do you want to get there?





Meetings

- Meetings were held a minimum of twice per month for 6 months where the questions were discussed in small groups (facilitated by respected member of community and school system)
- Looked at data and pinpointed areas of concern
- Coordinated School Health discussed as reform mechanism
- Plans were presented to Superintendent and School Board with expert testimony (pediatricians, police chief, hospital administrator, etc.) to validate points.
- Committees and Councils established (Community/School Health and Wellness Support Council, Individual School Health Councils for planning and structure, School-based Health and Wellness Prevention/Intervention Teams for student care)





Funding Sources

Current \$

Attendance

Interagency
Agreements

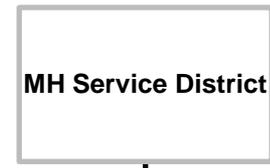
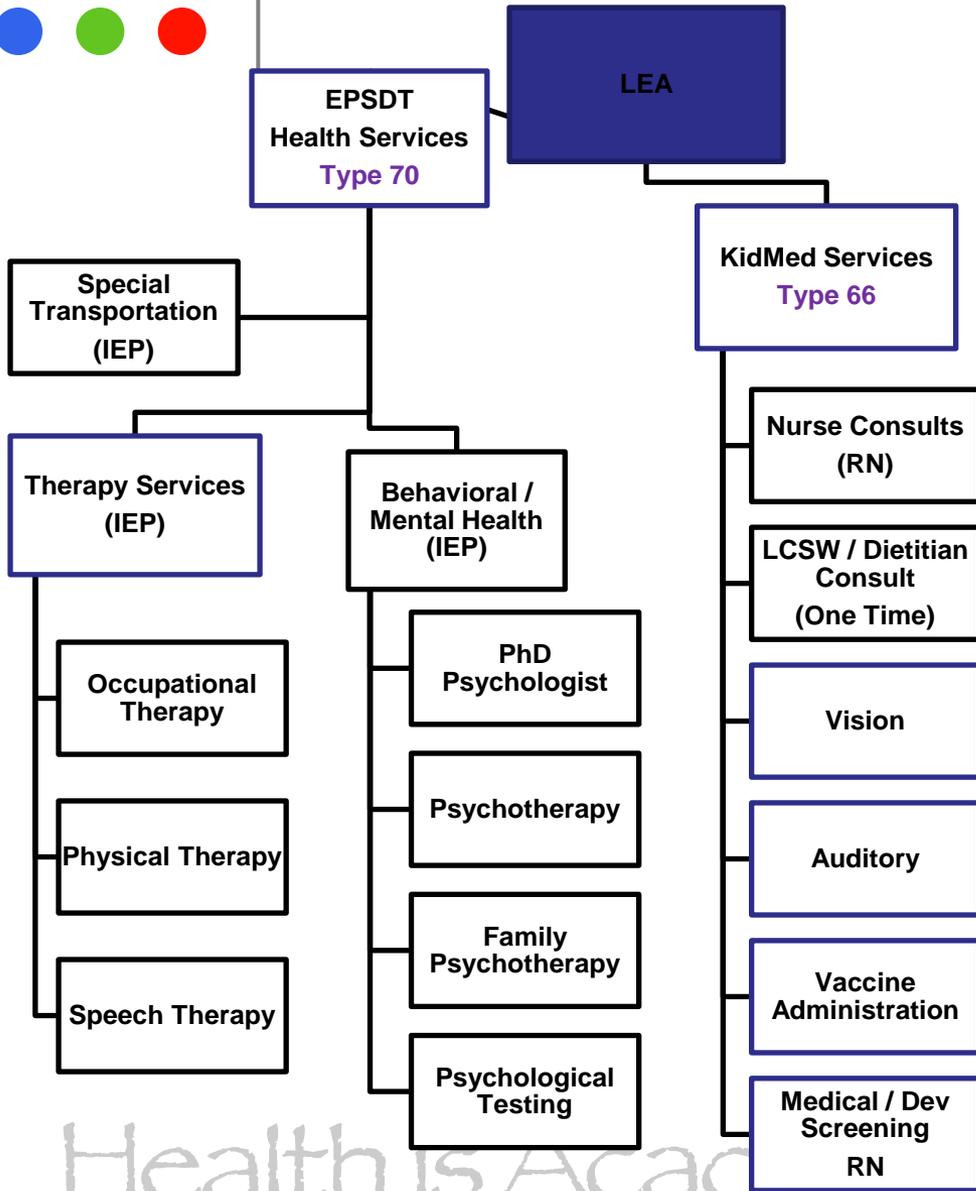
ENHANCED
MEDICAID
USE

Grants

Health is Academic

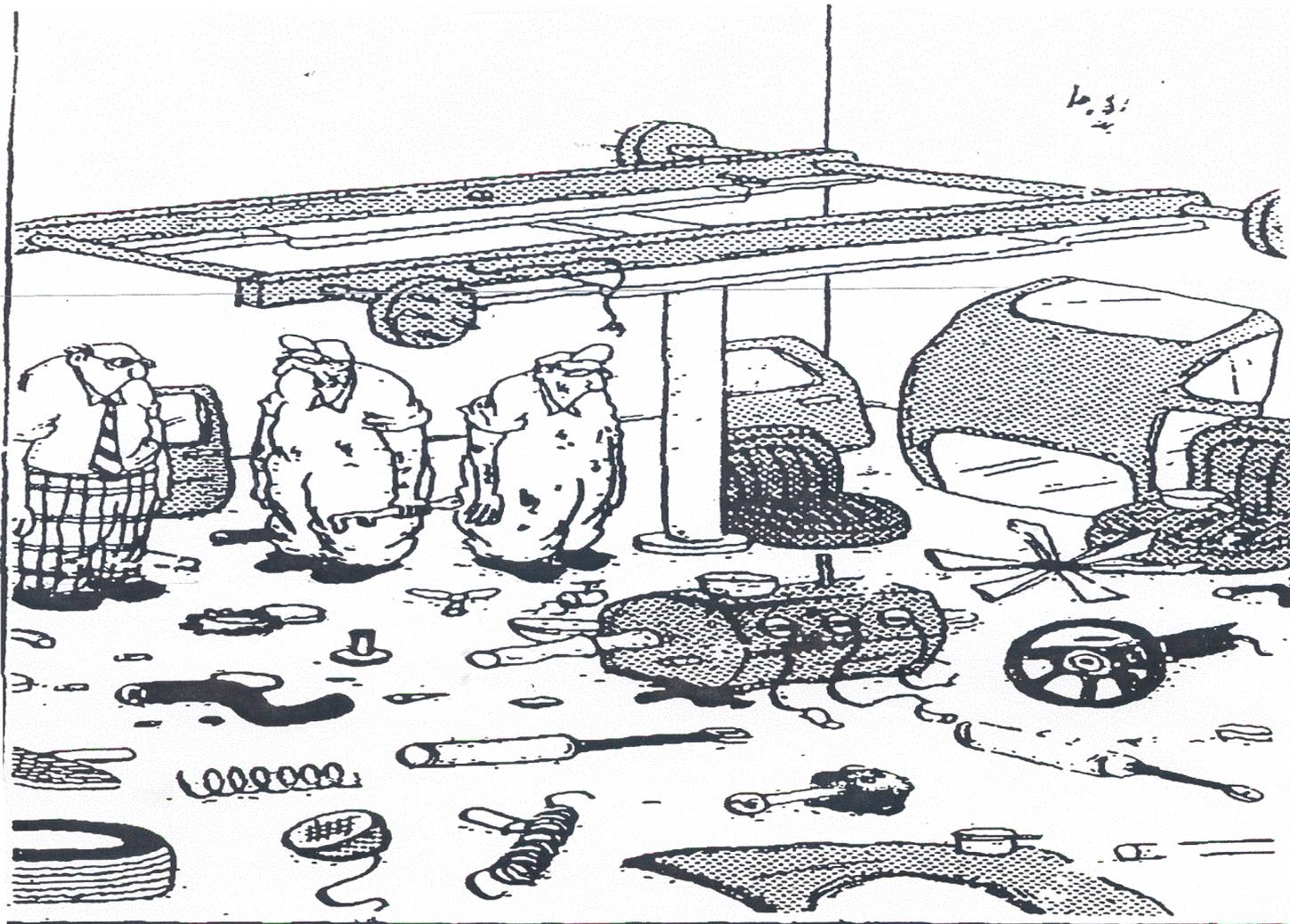


Student Services Reimbursed in School Setting



Mental Health Services





"Refresh our memory - What was the problem with your car?"

Health is Academic



HISTORICAL OPTIONS

THE INDUSTRY OF EDUCATION REFORM: (45 YRS WORTH...) RUN BY BOOK AND EVALUATION COMPANIES, LOBBYISTS, MONEY, POLITICS, POWER...AND FEATURES THE FOLLOWING.

EVER-CHANGING CURRICULUM – “THE MONEY PIT”

DRUGS: OVER-PRESCRIBED

RETENTION IN LATER GRADES: NOT EFFECTIVE... 80% CHANCE OF DROPPING OUT IF RETAINED ONCE... 100% IF RETAINED TWICE

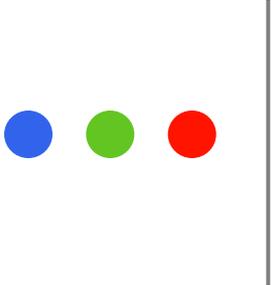
SPECIAL EDUCATION and REMEDIATION: TOO LITTLE TOO LATE...81% OF IDENTIFIED SPECIAL EDUCATION STUDENTS (EXCLUDING “SPEECH ONLY”) DO NOT FINISH SCHOOL

SUSPENSION/EXPULSION: NO DATA TO SAY THAT WORKS

**FIRST THINGS FIRST...Level the
Playing Field with
Coordinated School Health
Programs**

Health is Academic





SO WHY HAVE WE NOT FIXED EDUCATION AFTER 45 YEARS OF TARGETED EDUCATION REFORM???????

SIMPLE: 1) The wrong people are trying to fix the wrong things the wrong way with the wrong interests at heart

2) The “supposed to be leadership” people are trying to fix things in the wrong order ...with a good faith effort

3) The right people are working really hard in the trenches, watching it all happen, and having no say

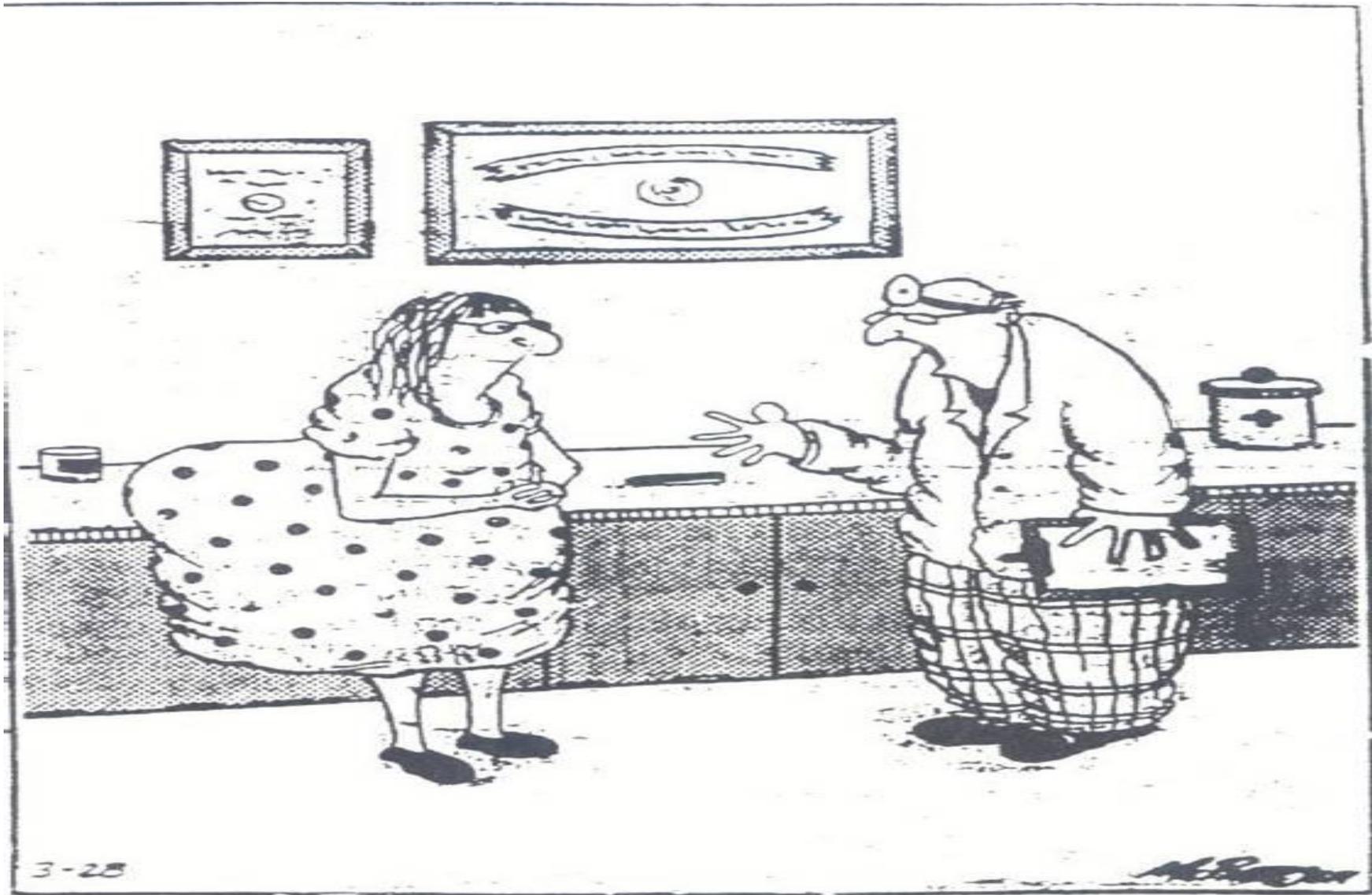




“WRONG PEOPLE”

Health is Academic





3-28

ALAN

“Right now the baby is not in the proper position for delivery, but I’m confident it will shift in time for your due date.”

© 1995 by Alan Smithee

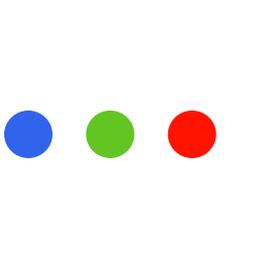
THE CAVE PEOPLE

Citizens

Against

Virtually

Everything



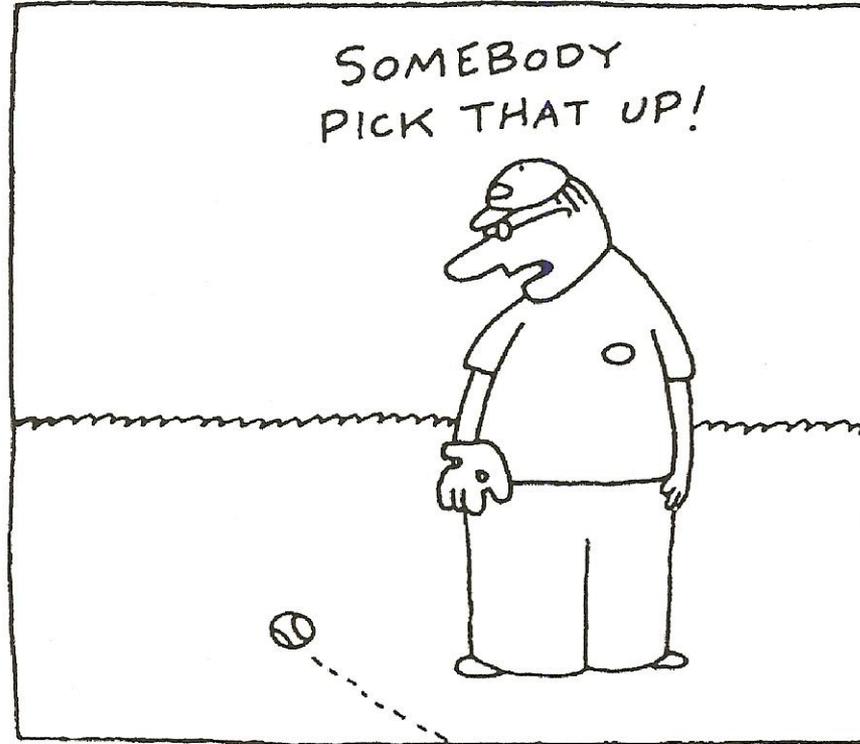
“SUPPOSED TO BE
LEADERSHIP
PEOPLE”

Health is Academic





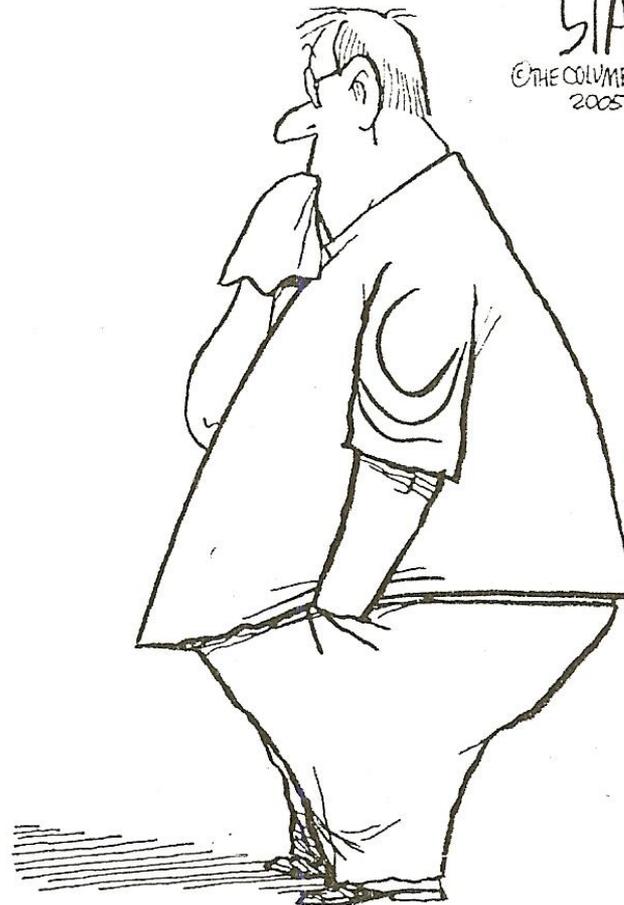
EXECUTIVE SOFTBALL LEAGUE



C. Corvelli

Health is Academic





STAHLER
©THE COLUMBUS DISPATCH
2005



“THE RIGHT PEOPLE”

Health is Academic

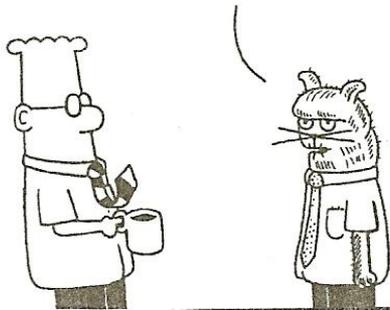


**We Do Anything That Other People Tell Us To Do,
And That, In Our Minds And Their Minds,
Supposedly Constitutes
Reform and Restructuring.**



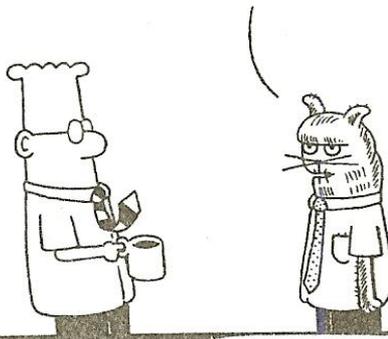
SOURPUSS

WHEN LIFE GIVES
YOU LEMONS...



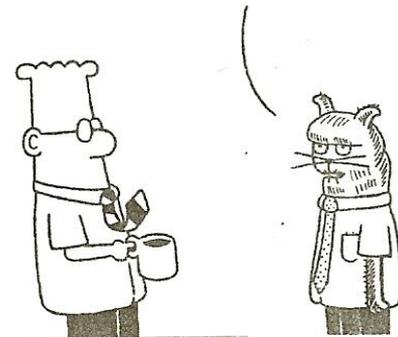
www.dilbert.com scottadams@aol.com

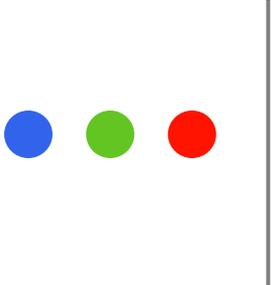
CHOKE ON 'EM
AND DIE.



12-9-05 © 2005 Scott Adams, Inc./Dist. by UFS, Inc

YOU STUPID
LEMON EATER.





FUNDAMENTAL PROBLEM:

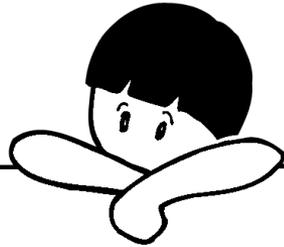
The normal accountability reform model is trying to make schools work within an economically inequitable and unjust society

FUNDAMENTAL SOLUTION:

Change the delivery parameters in schools...
We cannot wait for others to change the social setting within which schools operate

Health is Academic





TEACH ME!

**ONE CANNOT MAKE
ANOTHER
POWERLESS AND
ACHIEVE “NO CHILD
LEFT BEHIND”.....**

**...WHETHER THEY
ARE A STUDENT,
PARENT, TEACHER,
OR ADMINISTRATOR.**



Health is Academic

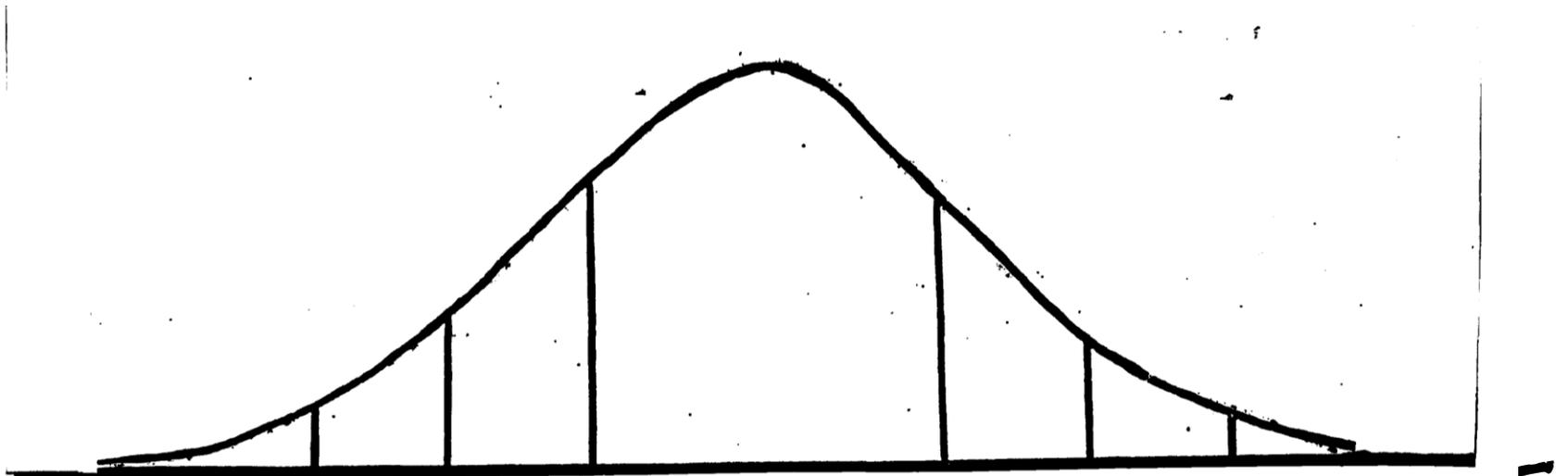


Health is Academic





"NORMAL" CURVE

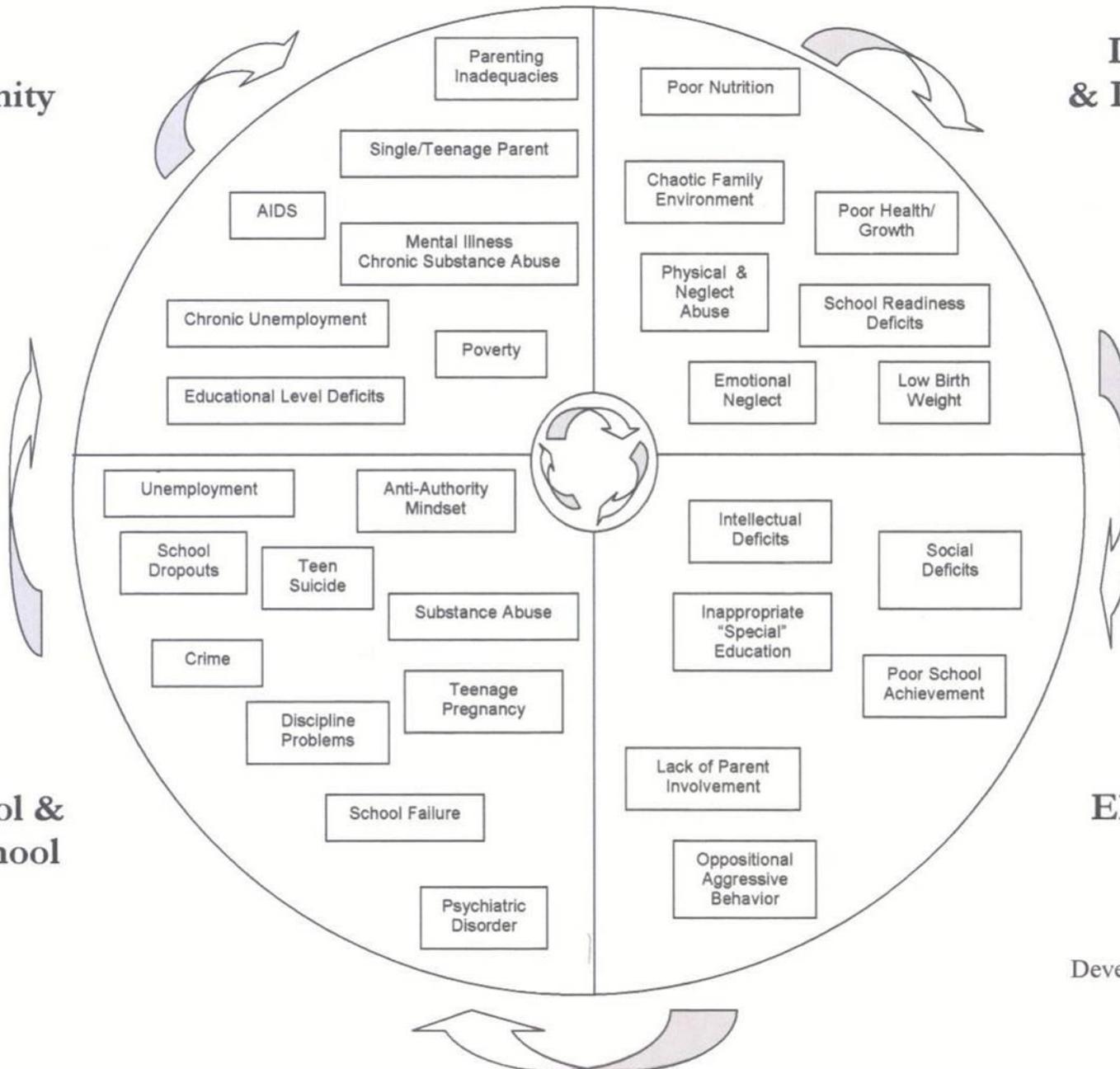


Wheel of Misfortune

Figure 1

Parents
& Community

Infancy
& Preschool



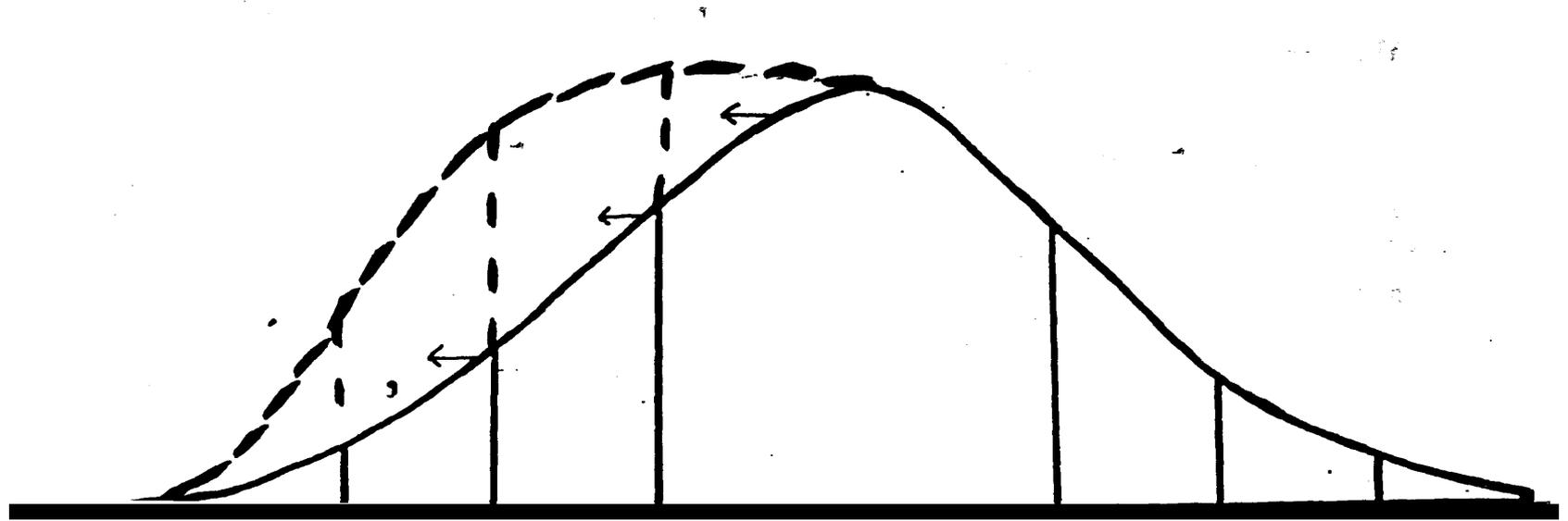
High School &
Middle School

Elementary
School

Developed by: P. Cooper
1985



ABNORMAL CURVE

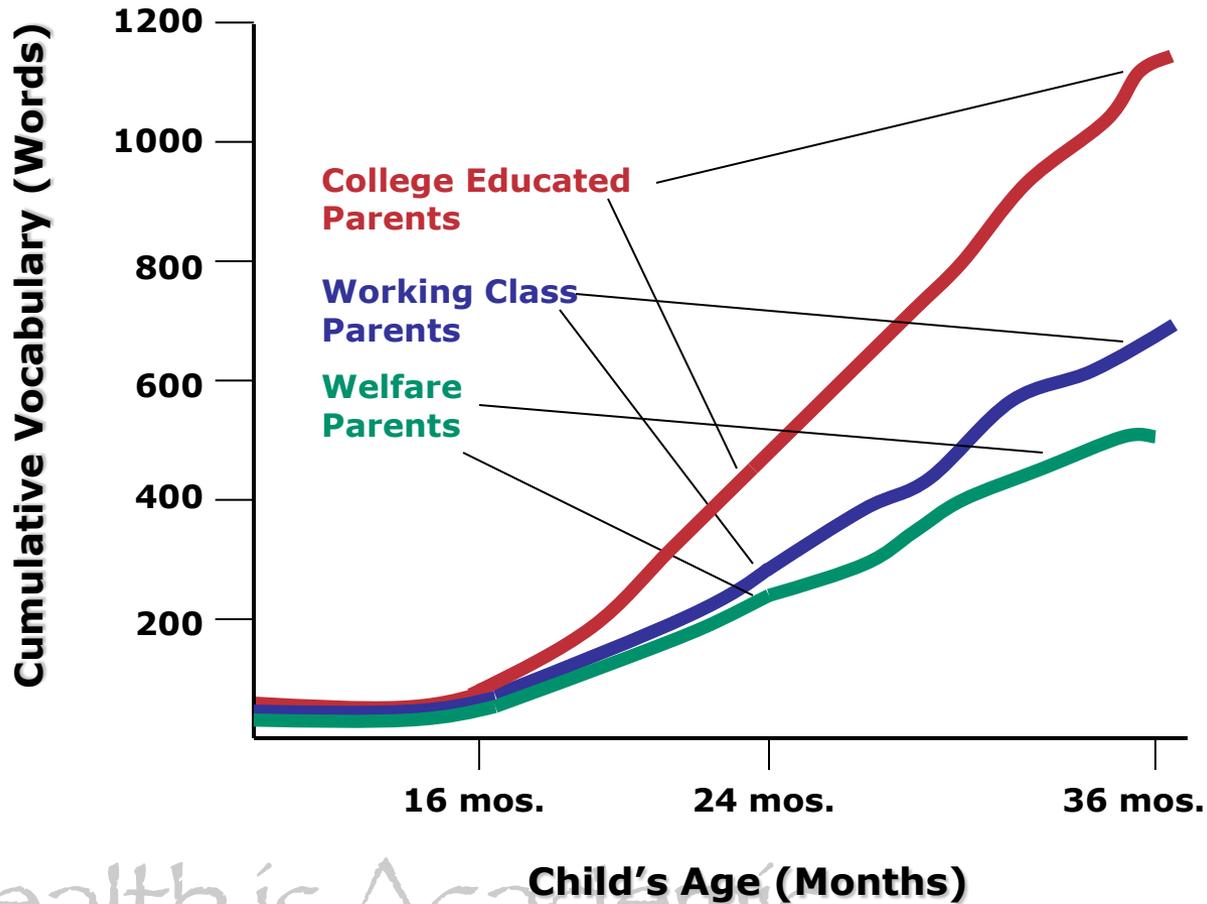


Health is Academic





Barriers to Educational Achievement Emerge at a Very Young Age



CHILDREN COMING TO SCHOOL: an education and a health problem...

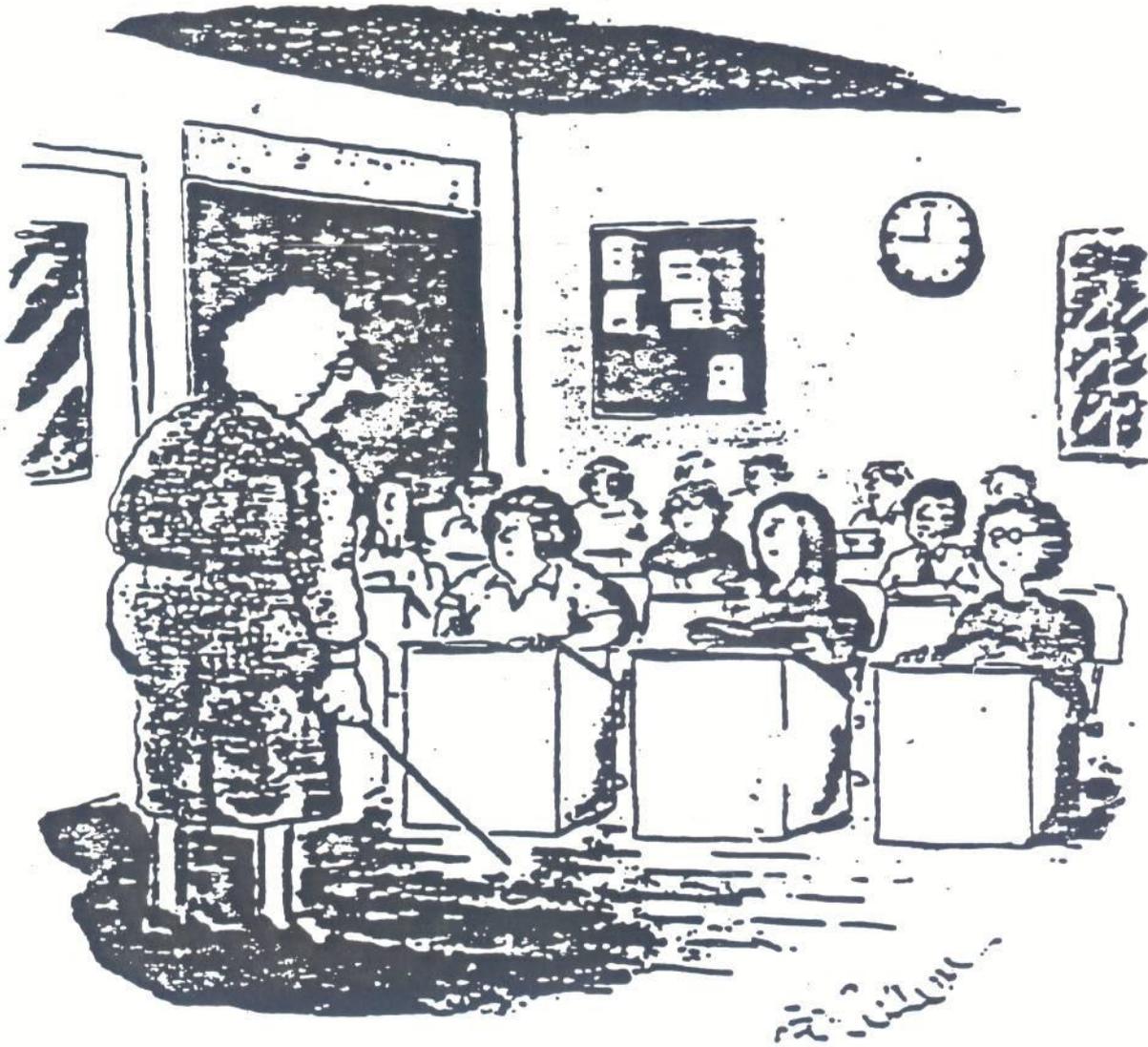
- 170,000 children in Michigan have no health insurance (go to emergency room, etc.)
- 1 of every 5 children (458,000) in Michigan live in poverty
- 40% of the eligible children in Michigan are not enrolled in a pre- K program.
- 60% OF CHILDREN STARTING PUBLIC KINDERGARTEN OR PRE-K in the public schools of Michigan are well below level (at least one year).

(Every Child Matters Education Fund, 2008)

Health is Academic



THE AUTHORITARIAN TEACHER. . . .



Healt

“Good morning class. My name is Miss Applegate.
One false move and I’ll kill you”

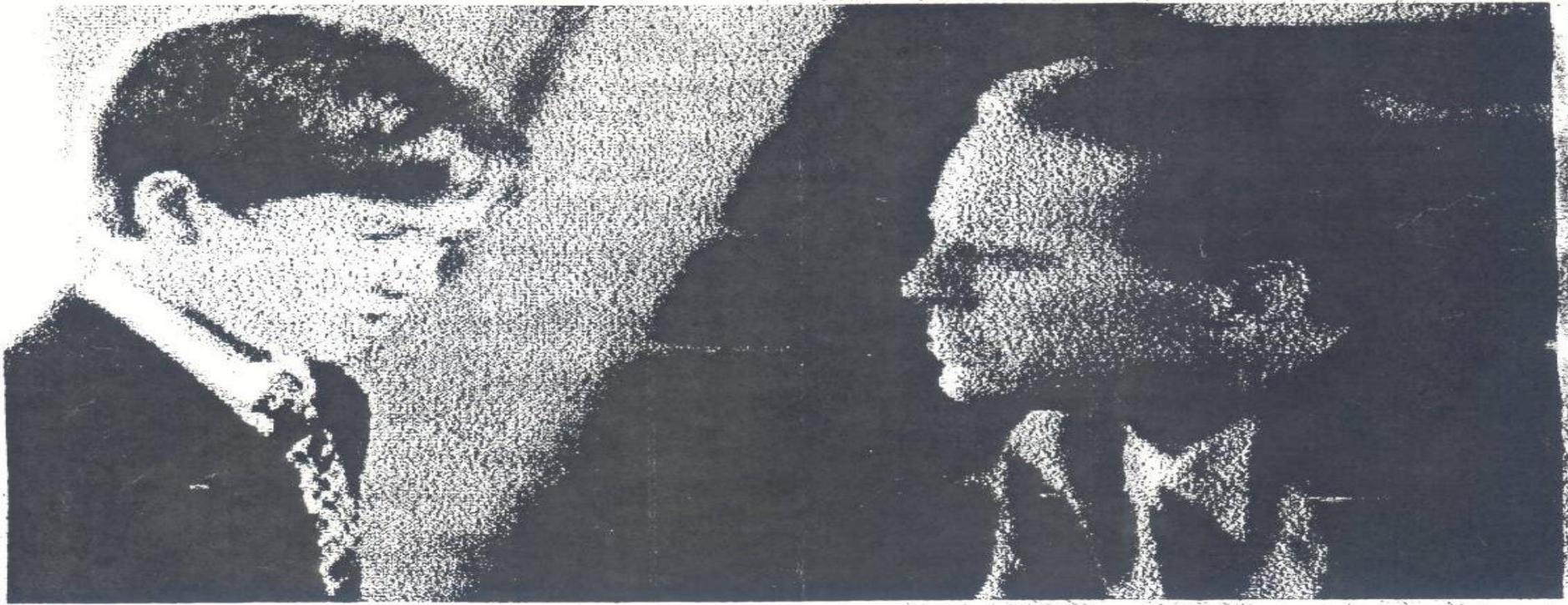




Health is Academic







**“I see stupid people...
...they’re everywhere...**

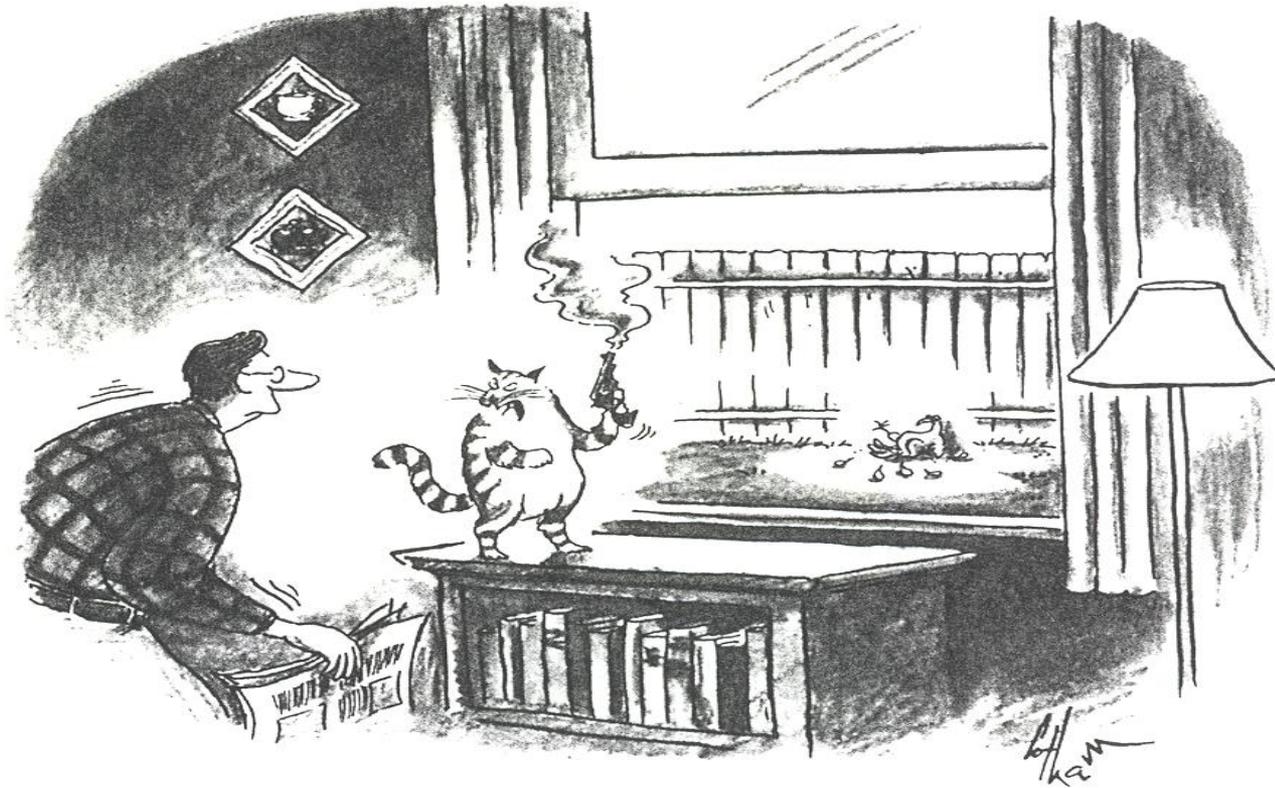
they walk around like everyone else...

They don’t even know that they’re dumb.”...

And they all work here

Health is Academic





“What the hell was I supposed to do? I’ve been declawed!”

Health is Academic



Gunman kills seven at Minnesota high school

REDBY, Minn. (AP)—The suspect in the worst U.S. school shooting since Columbine smiled and waved as he gunned down five students, a teacher and a guard, asking one of his victims whether he believed in God, witnesses said. The teen's grandfather and his grandfather's wife also were found dead, and the boy killed himself.

Reggie Graves, a student at Red Lake High School, said he was watching a movie about Shakespeare in class Monday when he heard the gunman blast his way past the metal detector at the school's entrance, killing a guard.

Then, in a nearby classroom, he heard the gunman say something to his friend Ryan: "He asked Ryan if he believed in God," Graves said. "And then he shot him."

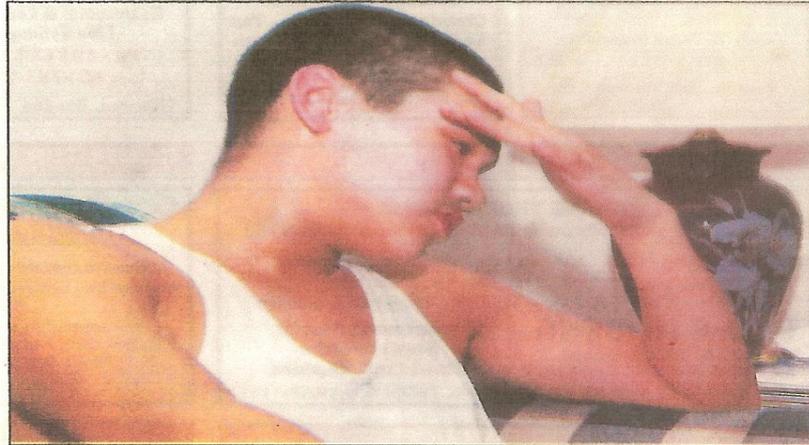
The death toll at the Red Lake Indian Reservation in far northern Minnesota made it the nation's worst school shooting since the rampage at Columbine High School in Littleton, Colo., in April 1999 that ended with the deaths of 12 students, a teacher and the two teen gunmen.

The victims included the gunman's grandfather; the grandfather's wife; a school security guard; a teacher; and five other students. At least 14 others were wounded, and two students remained in critical condition today at MeritCare in Fargo, N.D., officials said.

"There's not a soul that will go untouched by the tragic loss that we've experienced here," Floyd Jourdain Jr., chairman of the Red Lake Chippewa Tribe, told WCCO-TV of Minneapolis on today.

Police said the gunman killed himself after exchanging fire with officers. Red Lake Fire Director Roman Stately said the gunman had two handguns and a shotgun.

"We ask Minnesotans to help



ASSOCIATED PRESS

Red Lake High School student Reggie Graves recalls the gunfire at the school during an interview at his home in Redby, Minn.

'He asked (his friend) Ryan if he believed in God. And then he shot him.'

Reggie Graves

Witness to shooting

unimaginable pain by extending prayers and expressions of support," Gov. Tim Pawlenty said.

The shooter was Jeff Weise, a 17-year-old student who had been placed in the school's Homebound program for some violation of policy, said school board member Kathryn Beaulieu. Students in that program stay at home and are tutored by a traveling teacher. Beaulieu said she did-

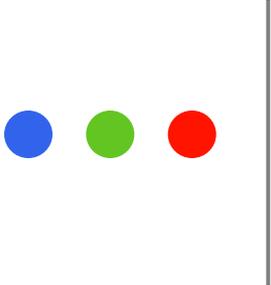
reveal it if she did.

There was no immediate indication of Weise's motive. But several students said he held anti-social beliefs, and he may have posted messages on a neo-Nazi Web site expressing admiration for Adolf Hitler.

A writer who identified himself as Jeff Weise of the Red Lake Reservation posted the messages under the nickname "Todesengel" — German for "angel of death." An April 2004 posting by him referred to being accused of "a threat on the school I attend," though the writer later said he was cleared.

Relatives told the St. Paul Pioneer Press that Weise was a loner who usually wore black and was teased by other kids. Relatives told the newspaper his father committed suicide four years ago, and that his mother was living in a Minneapolis nursing home because she suffered brain injuries in a car accident.

Beaulieu said school was can-



SCHOOLS HAVE TO BE THE INSTRUMENT NOT ONLY TO
SERVE THE CHILDREN AND PARENTS BUT TO ALSO
SERVE THE COMMUNITY!

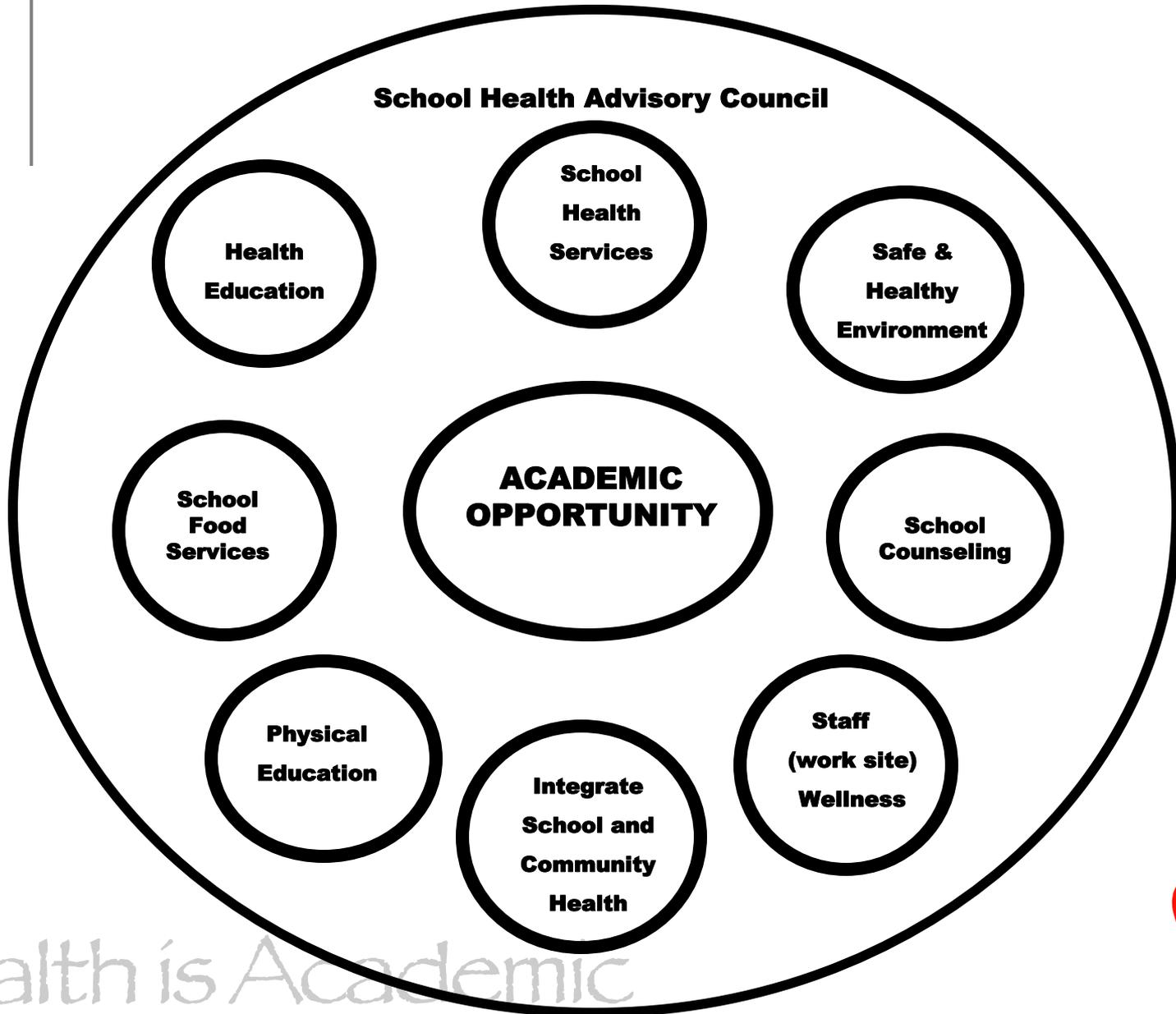
SCHOOLS HAVE TO NOT ONLY SERVE THE COMMUNITY, BUT
WE HAVE TO BUILD COMMUNITY!

Health is Academic



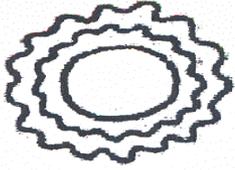
Coordinated School Health Program

The McComb Nine Component Model

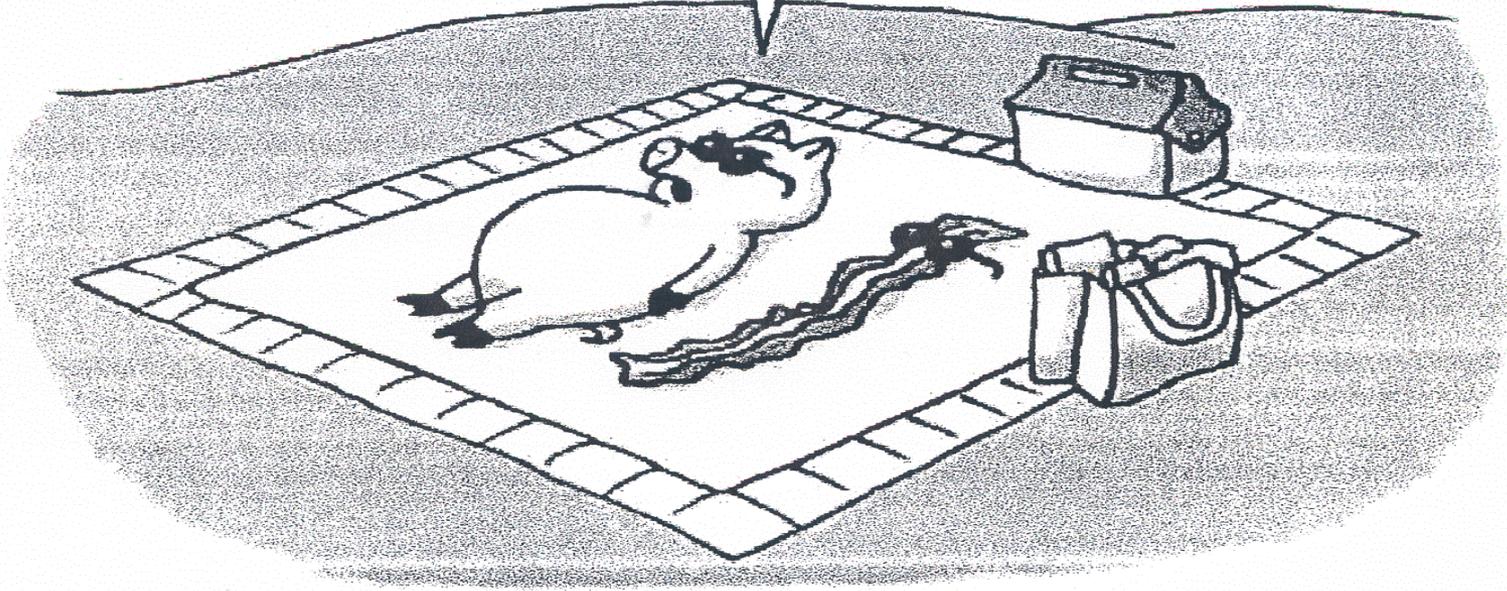


Health is Academic





MAYBE NEXT TIME YOU'LL
TRY A LITTLE SUNSCREEN...





“Each Day That You Fail to Advocate,
Each Day That You Ignore An Act Of Discrimination,
Each Day You Accept Another Injustice,
You Accept A Society That Is Going To Kill Your Children.”

(Dussault, 1977)

Health is Academic





- **COORDINATED SCHOOL HEALTH BENCHMARKS**
-
- **PHILOSOPHICAL/ INFRASTRUCTURE SET-UP**
- ADOPT MASLOW'S HIERARCHY OF NEEDS AND COORDINATED SCHOOL HEALTH PROGRAM AS REFORM MODEL
- CREATE FAMILIES IN SCHOOLS
- ADOPT DATA COLLECTION PRIORITIES AND LONGITUDINAL REPORTING
-
- **FUNDING STRATEGIES**
- ADOPT FUNDING STRATEGY OF "NOT YOUR MONEY ANYMORE"...SET UP RESTRICTED ACCOUNT IN BUDGET FOR COORDINATED SCHOOL HEALTH
- Prioritize Existing School District Funding
- Attendance (reward individual schools for increasing attendance by returning 80% of extra earned dollars each year)
- Interagency Agreements for Resources
- Medicaid Access at School Level
- Outside Grants
- **COMPONENTS:**
- **1) ACADEMIC OPPORTUNITY**
- -Health and Wellness Intervention Team at each school for case management
- -"8'th" period for mandatory after school relative to state testing program
- -Developmental kindergarten
- -Early childhood coalition w/universal early childhood
- -Universal assessment at kindergarten with data disaggregation and feedback loop to sending early childhood centers
- -Teen parenting and nurturing program
- -Extended school year with four nine weeks with Intercession remediation



Health is Academic

- 
- -No summer school
 - -PBIS with re-structured discipline policy
 - -No suspension or expulsion to home
 - -Juvenile court relationship
 - -Real alternative school with alternatives
 - Provides alternatives for behavior and academics and graduation
 - Buses to regular school for favorite classes, athletics, activities
 - GED
 - -Dual Enrollment/Variable diplomas
 - -Inclusion for students with disabilities
 - -Standardize Curriculum over time (don't change every year or two)
 - -Required school registration with all forms signed there
 - -Pertinent board policies
 - -Professional Learning Communities

 - 2) HEALTH SERVICES
 - -Nurse for 450 students
 - -Medicaid provider # (EPSDT, Spec. Ed. Admin. claiming)
 - -Crisis services
 - -Client services (facilitation of referral, transportation, communication)
 - -Family consulting
 - -Data collection and evaluation
 - -Immunizations
 - -Treatments (Doctor's Standing Orders)
 - -Classroom teaching

Health is Academic





- 3) MENTAL HEALTH AND COUNSELING

- -One therapist for 450 students
- -One guidance counselor for 450 students
- -Therapy, Counseling (individual, group, family)
- -Data collection and evaluation
- -Behavior plans and teacher follow-up
- -Depression screening and follow-up
- -Transition to and from inpatient facilities
- -Coordination of outpatient services

- 4) STAFF WELLNESS

- -Staff physicals and follow-up by nurses, hospital
- -Staff case management by nurse
- -Staff referral for mental health services (EAP)
- -Early release one day a week for learning communities, time management, stress relief
- -Extended school year schedule with 10-14 day breaks each nine weeks
- -Staff fitness rooms and school board policy to promote
- -Faculty policy on healthy snacks and drinks and meals, rewards, fundraisers
- -Phones in rooms
- -Data collection



- 
- 5) SAFE SCHOOLS
 - -Real cops (with real guns who can take you to a real jail) who are in schools and at extracurricular events with possible “looping”
 - -One police officer for every 450 students
 - -Random drug test for fifth grade up along with parent requests
 - -Relationship with youth court for incarceration within discipline plan
 - -Positive Behavior Intervention and Support (PBIS)
 - -No out of school suspension or expulsion
 - -45 day classrooms
 - -Real Alternative Schools
 - -Access to adults whose job it is to listen to and love students...not test and judge
 - -Clean and well-kept buildings and grounds...Beautiful restrooms
 - -Data collection and feedback to teachers and students
 - -Phones in classrooms

 - 6) COMMUNITY INVOLVEMENT
 - -Community summit on health and wellness and safety with data
 - -Memorandum of Understanding (MOU's) with everybody
 - -PTA with transportation
 - -Required teacher/parent contact
 - -Required in person school registration and orientation
 - --Community CSHP Committee
 - -District CSHP committee
 - -School CSHP committee
 - -Public Relations/Involvement office
 - -Placement of school programs in community facilities





- -Placement of community programs in school facilities
- -Joint programs like recreation, tutoring, youth development
- -Data collection and public reporting

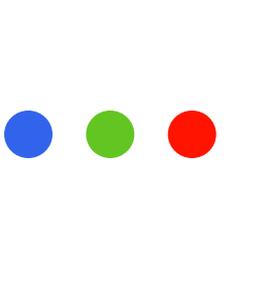
○ 7) PHYSICAL EDUCATION

- -Prek thru 12 validated curriculum with technology
- -Minimum 150 minutes of organized P.E. every week for elementary
- -Required P.E. classes for middle school and junior high
- -Two years P.E. for graduation from high school
- -Fitnessgrams K-8 with BMI

○ 8) HEALTH EDUCATION

- -Mandated K-9 curriculum
- -Nine week course each year to substitute for P.E. K-8 with required semester at 9'th
- -Technology lessons
- -Integrated teaching with nurse, therapist, police
- -Field trips for on-site inspection of health care
- -Menus in cafeteria prepared by health ed. Students
- -Health fair for students
- -Student health summit



- 
- 9) FOOD SERVICES AND NUTRITION
 - -Board policies on water, snacks, closed campus for lunch, vending, food rewards, student fund-raisers, extra-curricular and booster activities
 - -Water Machines Everywhere and Accessible All of the Time
 - -Recess before lunch
 - -Ample time for meals in cafeteria
 - -No outside ala carte machines unless healthy menu
 - -No fried foods in cafeteria
 - -farm to school food program

