

BLUE SKY HIGH SCHOOL
Workplan Progress Report Layout
Outcome Goals

Goal #: 1

Written Goal:

The percentage of students who used alcohol and marijuana in the past 30 days will decrease by 5% in the 2012 MiPHY survey results.

Numbers served:

<u>Target Population</u>	<u>Estimate</u>	<u>Actual</u>
High School Students	153	148
Teachers	35	33
Support Staff	5	7
Administrative Staff	3	0
Parents	0	0
Other (please specify)	0	0

Activity:

Intervention: Eliminating Barriers for Learning

Blue Sky HS will host the Eliminating Barriers for Learning professional development training. Staff will be involved in "booster" sessions regarding workshop information that correlates mental health issues to substance abuse problems.

Select the choice indicating progress made.

Met In Progress Not Met

Explanation of progress on activity:

- Provide a detailed explanation of progress for each activity in the space provided based on the selected level of completion. Please refer to results of your evaluation data in the narrative.

Blue Sky HS held an Eliminating Barriers for Learning professional development training for staff on October 12, 2011. 33 teachers and 7 support staff attended the training. Of those participating, 50% of the respondents reported on the post-surveys that they were more confident identifying ways that student mental health affects the classroom environment after the training. 44% of the staff reported that they were more confident identifying risk factors for mental health problems after the training.

We did not meet our progress in this goal because we did not have an opportunity for "booster trainings" during the school year. Our Building Liaison was hired in January, and we ran out of time to coordinate a well-planned training for staff. We are very interested in scheduling boosters for staff in the second year of the grant and intend to work with our S3 coach to include them in our 2012-13 application.

Evidence of activity supporting project goal:

- Describe how this activity and your evaluation data have impacted your progress towards your goal.

Based on our 2012 MiPHY results, there was a slight decrease (3%) in our 11th graders' 30 day-use of alcohol and a 6% decrease in their 30-day use of marijuana from the previous MiPHY survey. Unfortunately we saw an 8% increase in 9th graders' 30-day use of alcohol and 3% 30-day use of marijuana. It is evident this professional development activity was helpful to staff, but didn't address our goal. We need to incorporate strategies in addition to staff training to provide comprehensive substance abuse prevention programming.

Activity:

Intervention

Michigan Model Lessons

All of the Michigan Model Substance Abuse lessons will be taught each semester in the Health classes.

Select the choice indicating progress made.

- Met In Progress Not Met

Explanation of progress on activity:

- Provide a detailed explanation of progress for each activity in the space provided based on the selected level of completion. Please refer to results of your evaluation data in the narrative.

We are excited to say that we met the progress for this activity. The two certified health teachers taught the Michigan Model curriculum in their classes both semesters, reaching a total 148, 9 – 11th grade students. We did not request that they fill out an implementation record of the lessons the teachers taught, but we do plan to ask teachers to record each of the lessons completed next year. The students completed pre and post-test surveys in their classes. 33% fewer of the students answering the post-survey reported smoking marijuana regularly. However, 6% of the students reported in the post-survey that they drank alcohol on one or more occasions since receiving the Michigan Model lessons. It is evident that this is a goal we need to continue to work on with a comprehensive prevention approach, particularly with our incoming 9th graders.

Evidence of activity supporting project goal:

- Describe how this activity and your evaluation data have impacted your progress towards your goal.

The health teachers are very capable in their teaching and the Michigan Model curriculum is very good. The CSH team realizes that we need to continue the skills based lessons, but also find ways to reinforce the message through the year and with students who aren't taking the health class. We have seen mixed results on the MiPHY related to substance use. Our CSH team will examine the data and current programming to determine how to plan comprehensively and intentionally to address substance abuse prevention.

Activity:

Intervention: Skill based activities for 9th graders in their advisory classes

Blue Sky HS will develop an advisory period for the 9th graders. During that advisory, staff will conduct skill-based activities at least once per week to reinforce the ATOD lessons in Michigan Model. Staff on other days will help students with homework and check in with them on how they are doing socially and emotionally.

Select the choice indicating progress made.

Met In Progress Not Met

Explanation of progress on activity:

- Provide a detailed explanation of progress for each activity in the space provided based on the selected level of completion. Please refer to results of your evaluation data in the narrative.

Unfortunately, we were not able to implement this activity at all. As mentioned previously, we were not able to hire our Building Liaison until January. Second semester started shortly after she was hired. We did not have the staff to design and organize the activities for the advisory periods.

We continue to believe that this activity will be an important addition to our substance abuse prevention goal.

We are currently working on an action plan to implement the 9th grade advisory periods in our next application and begin the advisories at the beginning of the 2012-13 school year.

Evidence of activity supporting project goal:

- Describe how this activity and your evaluation data have impacted your progress towards your goal.

We did not make progress toward our goal with this activity.

Uploads

- **Evaluation** - Please upload your Excel evaluation template that was provided to the building liaison from MDE. (required)
 - Please follow all instructions included with that template.
- **Optional**, other support documents, as needed.