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MICHIGAN MENUS

What Are Michigan Menus?

Michigan Menus were developed as a tool for schools to provide nutritious meals to students that meet the Michigan Nutrition Standards for School Meals, the 2005 Dietary Guidelines for Americans, and the HealthierUS School Challenge criteria. When you prepare nutritious meals that appeal to students and introduce new foods to students, it promotes healthier eating by students.

Getting Started

You can use the lunch menu, breakfast menu, and snack examples in this section of the Playbook to help you plan and implement Michigan Menus.