

*Michigan*  
**Adult Cardiac Protocols**  
HYPOTHERMIA CARDIAC ARREST

Date:

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***Hypothermia Cardiac Arrest***

**Pre-Medical Control**

**MFR/EMT/SPECIALIST/PARAMEDIC**

1. Follow **General Pre-hospital Care Protocol**.
2. Assess body temperature. If temperature is greater than 30° C (86° F), follow **Cardiac Arrest – General Protocol**
3. If pulseless, begin CPR.
4. Protect against heat loss.
5. Apply heat packs, if available, to axillae, groin, and neck.
6. Administer warmed humidified oxygen, if possible.

**SPECIALIST/PARAMEDIC**

7. Administer warmed NS IV/IO, if possible.

**PARAMEDIC**

8. Follow appropriate **VF/VT or Asystole/PEA Protocols EXCEPT:**
  - A. Limit defibrillation to a single attempt.
  - B. Medication Administration: follow appropriate cardiac arrhythmia treatment protocol with 1 round of medication.

**EMT/SPECIALIST/PARAMEDIC**

9. Initiate transport and contact Medical Control to consider transport to closest facility capable of performing cardiac bypass for rewarming.

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