

# Medical Monitoring Project (MMP)

PROVING FOR A HEALTHIER COMMUNITY

## About Us

- MMP is a surveillance program designed to learn more about the experiences and needs of people living with HIV. It is supported by the Centers for Disease Control and Prevention (CDC) and conducted by local health departments.
- MMP helps determine how many people with HIV are receiving care and what needs are unmet.

## What We Did

- From 2009 to 2014, MMP interviewed 939 HIV-positive adults receiving care in Michigan. Their responses reflect their experiences during the 12 months prior to the interview.



## What We Learned

### Characteristics of HIV-Positive Adults in Care in Michigan, 2009-2014

- 76% were male and 22% were female
- 51% were men who have sex with men
- 57% were black/African-American, 53% were white, and 5% were Hispanic or Latino
- 48% had public insurance only, 36% had private insurance, and 10% had Ryan White coverage only
- 44% had a household income at or below the poverty line
- 9% experienced homelessness
- 49% were currently smokers
- 21% engaged in binge drinking

## HIV Treatment & Prevention Among HIV-Positive Adults in Care in Michigan, MMP 2009-2014\*

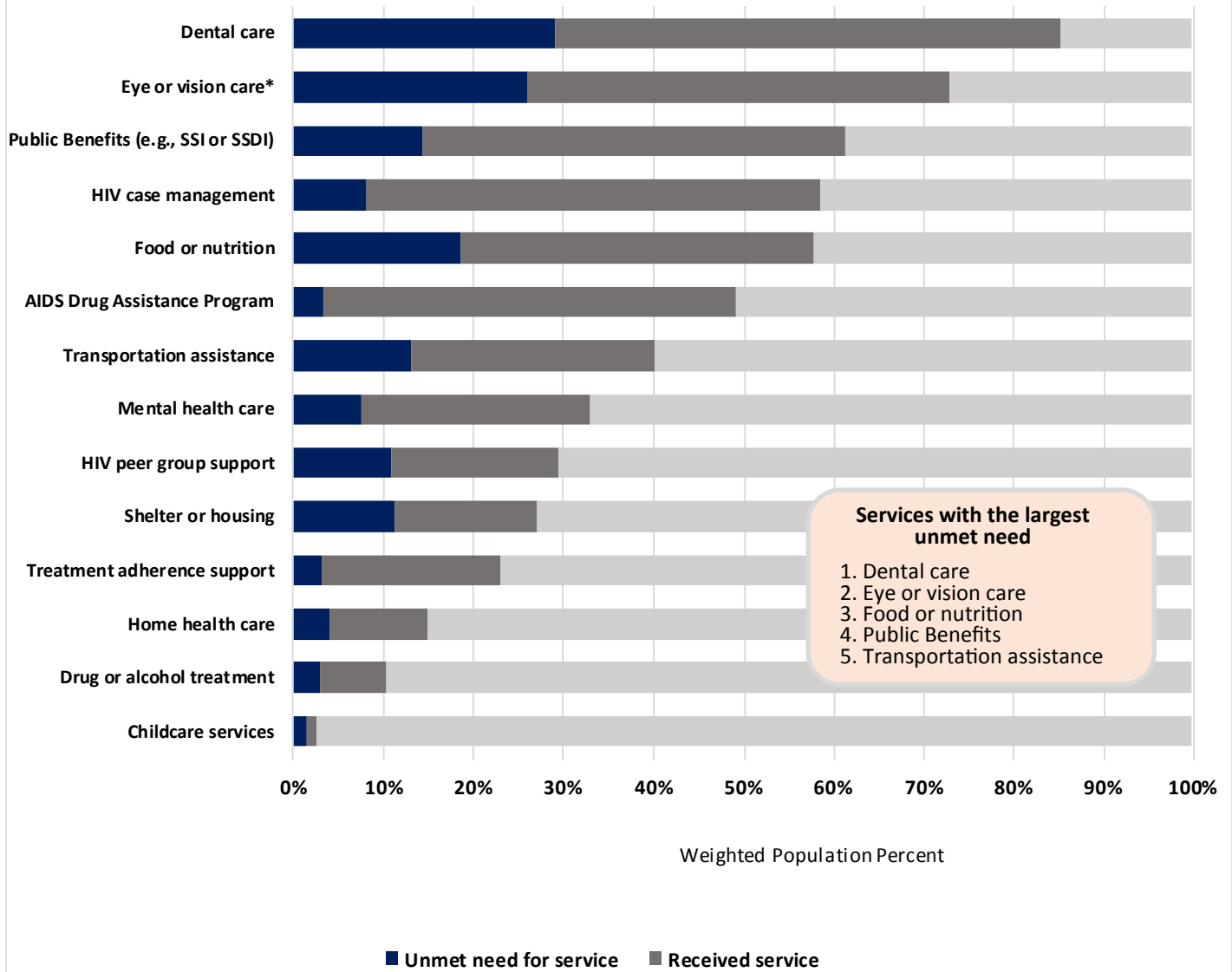
Characteristic	Taking HIV Medication <sup>3</sup>	Undetected Viral Loads <sup>2,5</sup>	Received HIV Prevention Education <sup>3,7</sup>
<b>Total</b>	<b>81%</b>	<b>69%</b>	<b>44%</b>
<b>Age</b>			
18-29 years	76%	49%	71%
30-39 years	81%	57%	53%
40-49 years	82%	68%	43%
≥50 years	82%	79%	34%
<b>Gender</b>			
Male	83%	70%	45%
Female	75%	66%	41%
<b>Race/Ethnicity</b>			
Black/African-American	77%	61%	50%
Hispanic/Latino	79%	68%	56%
White	88%	82%	35%
<b>Sexual Behavior</b>			
Men who have sex with men	84%	67%	43%
Men who have sex with women	85%	68%	49%
Women who have sex with men	75%	63%	38%

\*All data are from the past 12 months unless specified otherwise; <sup>1</sup>Antiretroviral therapy; <sup>2</sup>Documented in the medical record; <sup>3</sup>Self-reported; <sup>4</sup>Past three days;

<sup>5</sup>All viral loads in past 12 months undetectable or <200 copies/ml; <sup>6</sup>Received free condoms, not counting those given by a friend, relative, or sex partner;

<sup>7</sup>Given by a healthcare provider

Met and Unmet Needs for Services among HIV-Positive Adults in Care in Michigan, Medical Monitoring Project, 2009 – 2014



\*Eye or vision care data only available in 2013 and 2014  
**Abbreviations:** SSI = Supplemental Security Income; SSDI = Social Security Disability Insurance.

**For more information:**

[www.cdc.gov](http://www.cdc.gov) → HIV/AIDS → Statistics Center → Surveillance Systems → MMP

[www.michigan.gov/medmonitor](http://www.michigan.gov/medmonitor)



**Questions? Contact us:**

Michigan Department of Health and Human Services  
 333 S. Grand Ave. P.O. Box 30195



**Principal Investigator:**

James Collins  
[Collinsj12@michigan.gov](mailto:Collinsj12@michigan.gov)