TB Evaluation of Immigrants & Refugees

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*This guide was adapted from “TB Evaluation of Immigrants and Refugees” document produced by the Kentucky Department of Public Health. That document can be found in the forms and teaching sheets listing of the CCSG at http://chfs.ky.gov/dph/Local+Health+Department.htm.
Evaluation of Immigrants and Refugees for Tuberculosis

The Local Health Department (LHD) Tuberculosis (TB) Coordinator or TB Nurse will assure that immigrants or refugees with TB Classification (Class A, B1, B2 or B3) start an appropriate medical evaluation within 30 days of their arrival in Michigan, and complete the evaluation within 90 days of their arrival in Michigan.

RECEIVING IMMIGRANT/REFUGEE HEALTH ASSESSMENT NOTIFICATIONS:

For LHDs without direct access to the EDN System

* If unsure whether your LHD has direct EDN access, contact MDHHS TB Epidemiologist at 517-373-2084

MDHHS TB Program staff will receive notifications of immigrant and refugee arrivals from EDN and retrieve the EDN documents containing medical and contact information. MDHHS TB Program staff will notify the LHD of immigrant or refugee’s arrival by creating a “Refugee Health Assessment” case in the MDSS. All EDN documents will be attached in the “Notes” tab.

For LHDs with direct access to the EDN System

LHD TB Coordinator or TB nurse will receive notifications of immigrant and refugee arrivals from EDN and retrieve the EDN documents containing medical and contact information.

PERFORMING IMMIGRANT/REFUGEE FOLLOW-UP:

LHD TB Coordinator or TB nurse will:

1. Contact the refugee or immigrant within 3 days of receiving the EDN documents, and schedule an appointment for evaluation.
   a. Step 1 – Make a telephone call within 24 hours of receipt of documents.
      *If no phone number available, proceed directly to step 2.
   b. Step 2 – If no response to phone call within 7 working days, send a letter to the home address listed in the EDN documents. If the only address listed is for a sponsor agency, contact the sponsor agency to verify the patient’s address.
   c. Step 3 – If no response to letter within 10 working days, make a home visit to all Class A and B1, and high-risk B2 and B3 immigrants or refugees. High-risk Class B2 and B3 include all children under 5 years of age and individuals over 5 years of age who are immune-suppressed, malnourished, or have comorbidities such as diabetes or silicosis.

2. Assess the patient as described in the table “TB Follow-up Recommendations for Arrivals with a TB Class Condition.”
   a. Assess for signs and symptoms of TB.
   b. MDHHS strongly recommends ordering an interferon gamma release assay for *Mycobacterium tuberculosis* (IGRA) if:
1. The patient is >5 years of age and received a tuberculin skin test (TST) prior to immigration, regardless of the result; OR

2. An IGRA result prior to immigration is not clearly documented in the EDN documents.

c. Obtain a chest x-ray (CXR) if warranted, as described in the table “TB Follow-up Recommendations for Arrivals with a TB Class Condition.”

3. If diagnostic work-up is completed by a physician other than your medical director, assure that 1) the assessment is complete and 2) a decision is made whether to treat for LTBI or TB disease.

4. Complete the TB Follow-up Worksheet according to the table “Instructions for Completing the EDN TB Follow-up Worksheet” below, ensuring that all required questions are answered.

5. For LHDs without direct access to EDN:

   - Return completed TB Follow-up Worksheets to the MDHHS TB Program within 90 days by uploading them to the MDSS “Refugee Health Assessment” case.

For LHDs with direct access to EDN:

   - Submit data from the EDN Follow-up Worksheet to the CDC EDN System.
# TB Follow-up Recommendations for Arrivals with a TB Class Condition

<table>
<thead>
<tr>
<th>Arrival’s Class Status</th>
<th>TB Follow-up Recommendations</th>
</tr>
</thead>
</table>
| **TB Class A – active TB disease** | - Contact the MDHHS TB Epidemiologist at 517-373-2084 for guidance.  
- Consider this patient to have active TB disease (suspected or confirmed).  
- Review pre-immigration medical exam and treatment documentation.  
- Conduct pre-immigration medical exam and treatment documentation.  
- Collect sputum for AFB smear and culture if patient is able to produce. Obtain chest x-ray (CXR) and interpret with attention for TB.  
- Provide HIV counseling, testing, and referral. If HIV test is refused, reoffer HIV testing monthly while on treatment.  
- Continue or revise treatment regimen based on review of overseas medical information and results from domestic evaluation. Treatment must be provided using directly-observed therapy (DOT).  
- If diagnosis of TB Disease is confirmed, report it to the MDHHS TB Program by creating a confirmed case in the MDSS within one business day. |
| **TB Class B1 –** | - Review pre-immigration medical exam and treatment documentation.  
- Conduct full medical evaluation for TB disease.  
- If the patient is >5 years of age and does not have an interferon gamma release assay (IGRA) result documented in their overseas medical information, perform an IGRA. If the patient is <5 years of age, perform a TST regardless of BCG history or previous TST result.  
- If overseas or domestic IGRA or TST is positive and the date of the overseas CXR is more than 6 months prior to the date of the domestic medical evaluation, obtain a new CXR. If the patient has signs or symptoms compatible with TB disease, obtain a new CXR. Contact the MDHHS TB Epidemiologist at 517-373-2084 with any questions.  
- If the CXR is suspicious for TB, collect 3 sputum specimens at least 8 hours apart for AFB smear and culture.  
- If TB Disease is diagnosed, report it to the MDHHS TB Program by creating a confirmed case in the MDSS within one business day. Treatment must be provided using DOT.  
- If LTBI is diagnosed, preventive treatment is strongly recommended. Educate the patient about the benefits of LTBI treatment.  
- Offer HIV counseling, testing, and referral. If HIV test is refused, reoffer HIV testing monthly while on treatment. |
### TB Follow-up Recommendations for Arrivals with a TB Class Condition

<table>
<thead>
<tr>
<th>Arrival’s Class Status</th>
<th>TB Follow-up Recommendations</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>TB Class B2 – LTBI</strong></td>
<td>⊘ Review pre-immigration medical exam and treatment documentation.</td>
</tr>
<tr>
<td>- (TST ≥10 mm induration)</td>
<td>⊘ Consider this patient to have latent TB infection (LTBI).</td>
</tr>
<tr>
<td></td>
<td>⊘ Evaluate for signs and symptoms of active TB disease that may have developed since their pre-immigration exam.</td>
</tr>
<tr>
<td></td>
<td>⊘ If the patient is &gt;5 years of age and does not have an interferon gamma release assay (IGRA) result documented in their overseas medical information, perform an IGRA. If the patient is &lt;5 years of age, perform a TST. If the domestic IGRA is negative and the patient is asymptomatic, they are unlikely to have LTBI. No further evaluation or treatment is recommended.</td>
</tr>
<tr>
<td></td>
<td>⊘ If overseas or domestic IGRA or TST is positive, obtain a new CXR. If the patient is HIV-positive or has signs or symptoms compatible with TB disease, obtain a new CXR regardless of IGRA or TST result.</td>
</tr>
<tr>
<td></td>
<td>⊘ Offer HIV counseling, testing, and referral. If HIV test is refused, reoffer HIV testing monthly while on LTBI treatment.</td>
</tr>
<tr>
<td></td>
<td>⊘ It is the standard of care to recommend treatment to all patients diagnosed with LTBI. If used, the three-month isoniazid-rifapentine regimen must be delivered using DOT.</td>
</tr>
</tbody>
</table>

| **TB Class B3 – TB Contact** | ⊘ This person is a pre-immigration contact to a confirmed case of active TB. |
| - Contact overseas to a confirmed case of TB | ⊘ If the patient is >5 years of age, administer an IGRA. If the patient is <5 years of age, perform a TST. |
|                                    | ⊘ If the IGRA or TST is positive or if patient has signs/symptoms compatible with TB disease, obtain a CXR and complete evaluation to rule out TB disease. |

### NOTE:

- Pregnancy is not a medical contraindication for treatment of LTBI or of active TB disease.
- An IGRA is preferred for testing persons who have received BCG.
- A TST is preferred for testing children aged less than 5 years.
- A TST administered prior to 6 months of age may yield a false negative result.
## Instructions for Completing the EDN TB Follow-up Worksheet

The TB Follow-up Worksheet is used to document the initial evaluation of an arrival with a TB Class Condition. A complete evaluation requires a diagnosis and, when indicated, a treatment start date.

### Sections A & B
Demographic & Jurisdictional Information
- Pre-populated

### Section C
- **Date of Initial U.S. Medical Evaluation**
  - Record the date of the initial evaluation.

- **TST and/or IGRA**
  - Administer a tuberculin skin test (TST) or draw blood for an IGRA.
  - Record the TST placement date, mm induration (not redness), and interpretation.
    - For persons with TB Class B1 Conditions or TB-related abnormalities on CXR, a TST reading of $\geq 5$ mm is considered positive.
  - Record the date, brand, and results of IGRA, if used.
  - Record if there was a history of previous positive TST or IGRA.

- **U.S. Review of Pre-Immigration CXR**
  - Arrivals should bring their pre-immigration CXR film(s) or disk with them to their exam.
  - If the pre-immigration CXR is not available, mark “No.”
  - If the pre-immigration CXR did not have the patient’s name and date of birth, mark “Not Verifiable.”
  - Record your (or your physician’s) interpretation of the pre-immigration CXR.
  - Do not copy the overseas panel physician’s interpretation of the pre-immigration CXR into the EDN follow-up worksheet.

- **U.S. Domestic CXR**
  - Record the interpretation of the CXR ordered by your medical director or your consulting physician.
  - Do not copy the overseas panel physician’s interpretation of the pre-immigration CXR into the EDN follow-up worksheet.
  - If your medical director or consulting physician does not perform a CXR, mark “No.”

- **Comparison**
  - Compare the pre-immigration CXR to U.S. CXR and choose one option that best represents your impression of the comparison.
  - If the pre-immigration CXR is not available, mark “Unknown.”
Instructions for Completing the EDN TB Follow-up Worksheet

The TB Follow-up Worksheet is used to document the initial evaluation of an arrival with a TB Class Condition. A complete evaluation requires a diagnosis and, when indicated, a treatment start date.

<table>
<thead>
<tr>
<th>Section</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>- U.S. Review of Pre-Immigration Treatment</td>
<td>Record your interpretation of pre-immigration TB treatment based on review of pre-immigration documents and information provided by the patient.</td>
</tr>
<tr>
<td>- U.S. Microscopy/Bacteriology</td>
<td>If you or your physician collect specimen(s) for AFB smear and culture, document the specimen type, collection date, and results. Report suspected pulmonary or extrapulmonary TB disease to the MDHHS TB Program within one working day. Do not wait for culture confirmation.</td>
</tr>
<tr>
<td>Section D</td>
<td>Record the date when your medical director or consulting physician has completed the evaluation, or you have determined that they cannot complete the evaluation for one of the reasons listed.</td>
</tr>
<tr>
<td>- Evaluation Disposition Date</td>
<td>If the evaluation was completed, check the box “Completed evaluation”. Indicate whether treatment was recommended, and if so for LTBI or TB disease. If the evaluation was initiated but not completed, check the box “Initiated Evaluation / Not completed.” Choose the reasons(s) why evaluation was not completed from the list provided; check all that apply and write or enter other reasons beside “Other, specify.” If the evaluation was never initiated, check the box “Did not initiate evaluation.” Choose the reason(s) why evaluation was never initiated from the list provided; check all that apply and write or enter other reasons beside “Other, specify.”</td>
</tr>
<tr>
<td>- Diagnosis</td>
<td>Mark the box corresponding to the CDC diagnostic classification as listed. Treatment is inappropriate for diagnoses of Class 0 or 1. The EDN system will create an error message if treatment is recommended for either of these diagnoses. If diagnosis is Class 3, mark the site(s) of disease and contact the MDHHS TB Epidemiologist at 517-373-2084 to complete section D4.</td>
</tr>
</tbody>
</table>
## Instructions for Completing the EDN TB Follow-up Worksheet

The TB Follow-up Worksheet is used to document the initial evaluation of an arrival with a TB Class Condition. A complete evaluation requires a diagnosis and, when indicated, a treatment start date.

### Section E  U.S. Treatment Initiated

- **Only complete this section if treatment was recommended in question D2.**
- If treatment was initiated, mark “Yes,” and for “If Yes,” specify for TB disease or LTBI.
- **Treatment must comply with CDC recommendations.** Patients diagnosed as Class 2 or Class 4 should receive treatment unless contraindicated. Consult the MDHHS TB Program at 517-335-8165 if uncertain which regimen to prescribe.
- Treatment for Class 3 should rely on directly-observed therapy (DOT) and be provided through the patient’s local health department.
- If treatment was not initiated, mark “No,” and for “If No, specify the reason,” mark the appropriate boxes. Check all that apply and enter other reasons next to “Other (specify).”
- **LHDs without direct EDN access:** if treatment was started, contact the MDHHS TB Epidemiologist when treatment is completed or ended. Leave E3-E4 blank until that time.

<table>
<thead>
<tr>
<th>Treatment Start Date</th>
<th>Only complete this section if treatment was initiated.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Specify the date that treatment was started (mm/dd/yyyy).</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>U.S. Treatment Completed</th>
<th>Leave this section blank until treatment has stopped.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>For LHDs without direct EDN access:</strong> submit the worksheet to MDSS with this section blank. Submit an updated worksheet, with this section completed, after treatment is completed or ended.</td>
</tr>
<tr>
<td></td>
<td><strong>For LHDs with direct EDN access:</strong> save the worksheet in EDN, but do not “submit” until treatment has completed or ended.</td>
</tr>
<tr>
<td></td>
<td>Mark the appropriate box to indicate whether treatment was completed or if it is unknown whether treatment was completed.</td>
</tr>
<tr>
<td></td>
<td>If treatment was not completed, mark “No,” and for “If No, specify the reason,” mark the appropriate boxes. Check all that apply and enter other reasons next to “Other (specify).”</td>
</tr>
<tr>
<td></td>
<td>If treatment was completed, specify the date next to “Treatment Completion Date:” (mm/dd/yyyy).</td>
</tr>
<tr>
<td></td>
<td>If treatment was initiated but not completed, specify the date treatment ended (date patient stopped taking treatment) next to “Treatment End Date:” (mm/dd/yyyy).</td>
</tr>
</tbody>
</table>