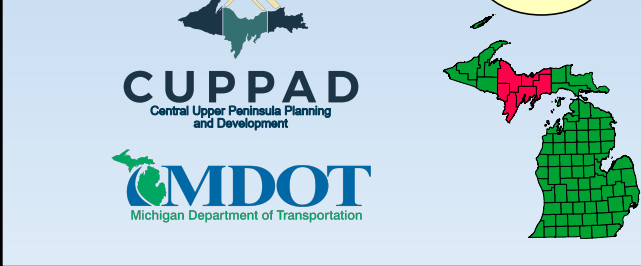


Superior Region Central

Road and Trail Bicycling Guide



Counties of:
**Alger - Dickinson - Delta
Marquette - Menominee
Schoolcraft**



TRANSPORTATION NETWORK
Vehicle Traffic Volume* - Minimum per hour
Light (below 2,500)
Medium (2,500 - 10,000)
Heavy (above 10,000)
Ferry
Rail
*Traffic volumes are estimated on an average 24-hour period. Rush hour (peak period) traffic volumes can be much greater than at other times of the day. Traffic volumes also vary by season.
*Minor roads generally have lower traffic volumes but road width and surface type may make them more comparable to the main roads. Consult road construction for more information.

BICYCLE AND SHARED USE PATHS
Improved Shared Use Regional Path
Unimproved Shared Use Regional Path
Local Shared Use Path
North Country Trail
U.S. Bicycle Route
Recreational Trail

RECREATIONAL FACILITIES
Park/Public Recreation Area
Biking
Boat Launch
Campground
Cross Country Skiing
Drinking Water
Hiking
Marina
Picnic Area
Restroom
Shower
Swimming

POINTS OF INTEREST
Airport
Hospital
Carpool Parking Lot

LAND USE
County Boundary
Federal Land
National Forest
Incorporated City/Village Limit
Lake or Water
Park (Local or County), Preserve, or Wilderness
State of Michigan Land
River or Creek

SERVICES
CITY/VILLAGE NAME
City/Village Name
Place Name
Full Service (food and lodging)
Some Services (food or lodging)
Enjoins Services

LEGEND

TRANSPORTATION NETWORK
Vehicle Traffic Volume* - Minimum per hour
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MAP INFORMATION

The Central Upper Peninsula Planning and Development Regional Commission produced this map in collaboration with the Michigan Department of Transportation, regional and local government agencies, and nonprofit organizations.

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To order additional maps, please visit the Michigan Department of Transportation website at: www.Michigan.gov/MDOT-biking and select "Maps and Brochures" then "View and Order MDOT Road and Trail Biking Maps".

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2950 College Avenue
Escanaba, MI 49829
(906) 786-9234
www.cuppadd.org

Michigan Department of Transportation
Bureau of Transportation Planning
425 West Ottawa St.
PO Box 3050
Lansing, MI 48909

Superior Region Office
1818 3rd Ave. North
Escanaba, MI 49829

MDOT
Michigan Department of Transportation
U.S. Department of Transportation
Federal Highway Administration

TOURISM RESOURCES

Alger County Chamber of Commerce
129 E. Munising Hwy.
Munising, MI 49862
(906) 387-2138
www.algercounty.org

Bays de Noc Convention and Visitors Bureau
230 Ludington St.
Escanaba, MI 49829
(800) 533-4386
www.visitescanaba.com

Delta County Chamber of Commerce
1001 N. Lincoln Rd.
Escanaba, MI 49829
(906) 786-2192, (888) DELTAMI
www.deltami.org

Dickinson Area Chamber of Commerce
600 S. Stephenson Ave.
Iron Mountain, MI 49801
(906) 774-2002
www.dickinsonchamber.com

Marinette/Menominee Area Chamber of Commerce
601 Marinette Ave.
Marinette, WI 54143
(715) 735-6681
www.mandmchamber.com

Lake Superior Community Partnership
501 S. Front St.
Marquette, MI 49855
(906) 226-6591
www.marquette.org

Marquette Country Convention and Visitors Bureau
117 West Washington St.
Marquette, Michigan 49855
(906) 228-7749, (800) 544-4321
www.travelmarquetteinmichigan.com

Schoolcraft County Chamber of Commerce
1000 West Lakeshore Dr.
Manistiquie, MI 49854
(906) 341-5010, (888) 819-7420
www.schoolcraftcountychamber.org

BICYCLE RESOURCES IN MICHIGAN

Michigan Department of Natural Resources
MDNR promotes the development of trail systems throughout the state. They work with local agencies in trail development, planning, design, and administer a number of funding programs. Parks and Recreation division: (517) 284-7275.
www.Michigan.gov/DNR

League of Michigan Bicyclists
LMB is a non-profit membership organization, which promotes bicycling for recreation and transportation in Michigan. The LMB organizes annual Shoreline Bicycle Tours, publishes an annual poster calendar of cycling events statewide, distributes general cycling information and educates children and adults on safe cycling. The LMB works with MDOT and other state and local agencies to improve conditions for bicycling in Michigan. (517) 334-9100 or (888) MI-BIKES.
www.lmb.org

Michigan Mountain Biking Association
MMBA promotes responsible mountain biking and works toward the goals of common land access and natural resources protection.
www.mmba.org

Michigan Department of Transportation
MDOT provides maps and other information on safe bicycling as well as guidance on how to transport bicycles on ferries and major bridges.
www.Michigan.gov/MDOT-biking

Michigan Trails and Greenways Alliance
MGTA is dedicated to helping people and communities develop, connect, and promote trails for a healthier and more prosperous Michigan. MTGA is the statewide voice for nonmotorized trail users, working with both public and private partners at the state and local levels to enhance and expand Michigan's network of trails and greenways. The nonprofit works to advance Great Lake-to-Lake Trails throughout the state.
www.michigantrails.org

WHERE TO RIDE

On the Road
Bicycles are permitted on all Michigan highways and roads EXCEPT limited-access freeways or unless otherwise posted. Bicycles are allowed on all road systems including those in state forests, state parks, national forests and national parks.

State Parks
Bikes are currently allowed on all paved and non-paved roads in Michigan state parks. Bikes may also be ridden on designated bike paths. Mountain bikes are allowed only on marked trails designated for mountain-bike use. For general recreation questions, please e-mail DNR-ParksAndRecreation@Michigan.gov or call the Michigan Department of Natural Resources, Parks and Recreation Division at 517-284-7275 (517-284-PARK). www.Michigan.gov/DNR

State Forests
Bicycles are allowed on most state forest trails. For general recreation questions, please e-mail DNR-ParksAndRecreation@Michigan.gov or call the Michigan Department of Natural Resources, Parks and Recreation Division at 517-284-7275 (517-284-PARK). www.Michigan.gov/DNR

State Game Areas
Bicycles are allowed on designated trails and areas in state game areas. For general recreation questions, please e-mail DNR-ParksAndRecreation@Michigan.gov or call the Michigan Department of Natural Resources, Parks and Recreation Division at 517-284-7275 (517-284-PARK). www.Michigan.gov/DNR

Local Trail Systems
Many communities have developed their own trail systems. Rules and regulations vary by each individual trail and community. Contact the appropriate jurisdiction for more information.

Wilderness Areas
Bicycles are considered to be mechanical devices and are therefore prohibited in national wilderness areas.

WHERE TO RIDE

National Forest Trails
Bicycles are allowed on National Forest trails except where posted. Some trails may be open to foot traffic only. www.fs.fed.us/dnr

North Country Trail
The entire North Country Trail is open to hiking, however, only portions are open to mountain biking. North Country Trail Association at (616) 897-5987 or toll-free at (866) 445-3628.
www.northcountrytrail.org

Ferry Crossings
Contact Grand Island Ferry Service at (906) 387-2600.
www.grandislandup.com/visit-grand-island-mi.php

BEFORE YOU USE THIS MAP
This map has been developed by the Central Upper Peninsula Planning and Development Regional Commission as an aid to bicyclists and is not intended to be a substitute for a person's use of reasonable care. The user of this map bears full responsibility for their own safety. CUPPAD makes no express or implied guarantee as to the safety or condition of the roads and paths shown and has no responsibility for maintaining them. Conditions indicated on the map are subject to change. Be prepared to make your own assessment of traffic, roads, and trails and plan routes appropriate to your riding skills. All public and private entities and persons involved in the creation of this map disclaim responsibility and shall not be answerable or held accountable in any manner for loss, damage, or injury that may be suffered as the result of the use of this map.

BIKE SAFETY

Bikes and State Law
Ride with Traffic
Motorists are not looking for bicyclists riding on the wrong side of the road. State law requires that cyclists ride with the flow of traffic.

Ride as far to the Right as Practicable
Bicyclists should keep as far to the right as practicable, moving left to avoid hazards and to position themselves in the appropriate designated through or turn lanes.

Keep to the Right and Ride Only Two Abreast
No more than two bicyclists shall ride side by side on a public roadway. When riding in a group, form a single file line when other road users are present.

Use Lights and Reflectors at Night
State law requires a front white light visible for 500 ft. and a red reflector visible for 600 ft. at night. A flashing rear light is recommended. More reflectors and stronger lights make you more visible.

Always Yield to Other, Slower Trail Users
When operating on a shared use trail or sidewalk, bicyclists must yield the right of way to pedestrians and shall give an audible signal before overtaking and passing a pedestrian. When overtaking, announce your intentions by saying "passing on your left" or ringing your bell.

Carrying Items
If you plan on carrying any packages, bundles or objects, you must be able to keep both hands on the handlebars. A variety of racks, packs, and trailers can be fitted to your bicycle to transport goods.

Use Hand Signals
Hand signals tell pedestrians and motorists what you intend to do. It is state law that you use signals.

RECOMMENDED BIKE SAFETY

Be Courteous and Respectful on Trails
Show courtesy to all trail users. Adhere to trail hours and restrictions. Respect the rights of property owners along the trail.

Always Wear an Approved Helmet
Always have your helmet fitted and adjusted properly. Helmets should fit snugly so they do not move around while riding.

Wear Appropriate Clothing
Wear light, bright and/or reflective clothing at all times of the day and night to improve your visibility. Dress in layers and bring gear for unforeseen changes in weather.

Watch for Cars
Always assume that motorists do not see you. Keep an eye out for cars pulling into traffic from parking spaces, driveways, and intersecting streets. Make eye contact to assess your safety before proceeding in front of a vehicle. Watch out for car doors opening into the travel lane.

Watch for Hazards
Watch out for sewer grates, slippery manhole covers, oil pavement, snow, and ice. Cross railroad tracks at right angles.

Safety Accessories
Water bottles, tire repair kits, mirrors, locks and first aid kits help make each trip safer and the bicyclist more self-sufficient.