



6TH ANNUAL MICHIGAN'S PREMIER MENTORING CONFERENCE

November 16, 2011
Lansing Center

WORKSHOP SESSION 2

1:30 – 2:45 P.M.

Foster Care Mentoring Panel Discussion

Facilitated by Kristen Kremer, Bethany Christian Services

Join us for a panel discussion on the foster care system with the experts – youth in foster care who are matched with a mentor and foster care alumni. During this workshop, panelists will discuss their experiences with the foster care system, what it means to “age out” of foster care, what youth in foster care need from mentors, and how mentors can help youth in foster care successfully transition to independent living. This workshop will provide you with unique insight that will help your mentoring program better support mentees in the foster care system and mentors of youth in foster care.

Going the Distance: Supporting and Retaining Mentors

Michelle Soucy, Consultant

Mentor retention is always important, but especially crucial when mentoring hard to-reach youth. Retention strategies begin before the match is made, require continuous effort, and are embedded in all aspects of programming. This session will explore key program practices that influence match retention and success.

**This session is designed for new program staff and National Service members.*

“It’s not what I expected”: Understanding and Preventing Early Relationship Endings

Dr. Renée Spencer, Boston University School of Social Work

Mentoring, by definition, evokes a sense of timelessness. However, general estimates are that fewer than half of the relationships established last even to their initial time commitment. In this workshop, we will examine the factor contributing to early endings and discuss strategies for ending mentoring relationships well.

Modeling Healthy Lifestyles – Train the Trainer

Marcy Bishop Kates, Owner/Manager, Incu-Bake, LLC

With one in three children overweight or obese in this country, the health of America’s kids is under the microscope and, for the first time in our history, children born now will not live as long as their parents. First Lady Michelle Obama has launched her Let’s Move Campaign and Jamie Oliver’s Food Revolution brought the school cafeteria to television. Mentors can play an instrumental role in helping our youth make healthy choices. This train the trainer session will teach you how to train your mentors on how to model and talk about healthy lifestyles to their mentees. You will leave this session with simple resources you can share with your mentors.

Strategic Training & Facilitation (all day track)

Craig Bowman, Common Ground Consulting

This session will provide participants with an opportunity to refine their training design skills by working with others from the field. This interactive session is designed for participants who design and/or deliver workshops, training sessions, or other types of presentations, and will rely heavily on the insights and experiences of the participants. Those attending should come prepared to ask questions and share their knowledge. The session will include both small and large group work as well as opportunities for participants to share training tools and techniques.

**This session is limited to 40 participants. You must register on the registration page.*