



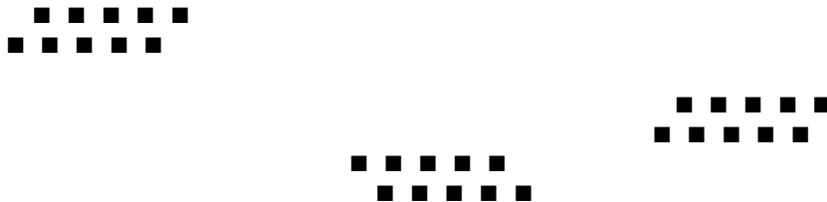
*“CHOICES FOR INDEPENDENCE:
MODERNIZATION OF THE OLDER AMERICANS
ACT”*



THE 20th ANNUAL CONFERENCE
OF THE
AREA AGENCIES ON AGING
ASSOCIATION OF MICHIGAN

May 30 & 31, 2007

Kellogg Hotel and Conference Center
Michigan State University
East Lansing



WELCOME TO THE AAAAM CONFERENCE

This conference will meet the training needs of professionals working with older adults and people with disabilities. In this invitation, you will find a summary of the program, including 4 general sessions and 24 workshops. Continuing education credits are pending for social workers, adult foster care owners and administrators, and nursing home administrators. Approval for nursing contact hours is pending from the Michigan Nurses Association.

You can attend one day or both days, with registrations accepted on a first-come, first-served basis. Call the Kellogg Hotel at 1-800-875-5090 by May 5 to make your room reservation. A special \$92 single/double rate is available—mention our conference.

Sponsorships are available for those who wish to exhibit; details are available later in this booklet. For more information, call Mary Ablan or Mollee Neff at (517) 886-1029.



PROGRAM AT A GLANCE

Wednesday, May 30

8:00— 9:00am Registration & continental breakfast
9:00—10:30am Keynote Speaker: Josefina Carbonell
11:00— 12:30 pm Workshops
12:30— 2:00pm Luncheon session: Debra Lindstrom-Hazel
Livable Communities
2:30— 4:00pm Workshops

Thursday, May 31

8:00— 9:00am Registration & continental breakfast
9:00—10:30am Opening Session: Charlie Sisson, Massachusetts
11:00—12:30pm Workshops
12:30— 2:30pm Luncheon Session: Stephanie Stein, Wisconsin
2:30— 4:00pm Workshops



PLANNING COMMITTEE

Tina Abbate Marzolf, MSA, Area Agency on Aging I-B
Mary Ablan, MA, MSW, Area Agencies on Aging Association
Kathy Boles, BS, Valley Area Agency on Aging
Lynn Kellogg, MPA, Region IV Area Agency on Aging
Carlton Nogle, MSW, Tri-County Office on Aging
Kay Thiede, RN, MSN, Tri-County Office on Aging

CONFERENCE AGENDA

Wednesday, May 30



8:00-9:00 am Registration & continental breakfast

9:00-10:30 am Opening Session

NEWER DIRECTIONS FOR THE OLDER AMERICANS ACT

Josefina Carbonell, Assistant Secretary for Aging
Administration on Aging, Washington, D.C.

With the 2006 reauthorization of the Older Americans Act, the Administration on Aging has embarked on exciting new directions to prepare for the aging Baby Boomers and long term care reform. Hear about the "Choices for Independence" initiative, new AoA partnerships, and other efforts to modernize the Older Americans Act.

11:00-12:30 pm Workshops

■ PERSON-CENTERED PLANNING 101

Carolyn Lejuste, Michigan Disability Rights Coalition
Terri Cady, Mid-Michigan Center for Independent Living
Learn the basics and background of person-centered planning—a process for supporting the individual receiving services based on the individual's preferences, choices and abilities.

■ MEDICAID LTC ELIGIBILITY PART I

Jo Murphy, Area Agency on Aging of Western Michigan
Lauretta Murphy, Miller Johnson Law Firm, Grand Rapids
This advanced session will cover the complicated twists and turns of Medicaid LTC asset rules. Designed for care managers, options counselors and others already knowledgeable about LTC eligibility.

■ SELF-DETERMINATION PART I

Tari Muniz, Office of LTC Supports & Services
Participants will be introduced to the concept of consumer self-determination, embraced by advocates and government agencies as an innovative program design that puts consumers in charge of their own services.

- **PAYING PRIVATELY FOR LONG TERM CARE**
 Dianne Carlson, Region IV Area Agency on Aging, St. Joseph
 Pam Curtis, Senior Resources, Muskegon
 Jane Church, Office of LTC Supports & Services
 Hear how two AAAs have moved into the private pay market; Care Connections provides custom consultations, service arrangement and packaged billing services. Also learn about initiatives encouraging advance planning for LTC expenses.

- **THE CONSUMER VOICE IN QUALITY MANAGEMENT**
 RoAnne Chaney, Michigan Disability Rights Coalition
 Pam McNab, Michigan Department of Community Health
 Marion Owen, Tri-County Office on Aging, Lansing
 How do you improve the quality of your programs? Ask consumers! Learn about the POSM survey tool implemented in the MI Choice waiver program.

- **SENIOR CENTER STRATEGIES FOR HEALTHY AGING**
 Jim McGuire, Area Agency on Aging I-B, Southfield
 Lanette Aamon, Waterford Senior Center
 Marye Miller, Older Persons Commission, Rochester
 Learn about a senior center-AAA partnership that led to the creation of the Foundation Wellness Fund, along with a partnership between a senior center and a local hospital.

12:30-2:00 pm Presentation and Lunch (included in registration)
WHAT'S GOOD FOR THE ELDER ONE IS GOOD FOR EVERYONE—CREATING LIVABLE COMMUNITIES
 Debra Lindstrom-Hazel, Western Michigan University
 Is your community preparing for the Senior Boom? Hear about AARP's efforts to promote livable communities, including research findings that establish a link between the qualities of livable communities and the ability to age successfully.

2:30-4:00 pm Workshops

- **NUTS & BOLTS OF CREATING LIVABLE COMMUNITIES**
 Dan Doezema, Michigan Office of Services to the Aging
 Kara Lamarre, Northeast MI Community Service Agency
 Dona Wishart, Otsego Commission on Aging
 This workshop will describe the components of a livable community effort, and how a team approach can help put the pieces together. This session will showcase the Community

For a Lifetime Toolkit, and the Elder Friendly Community Recognition Program developed by the Office of Services to the Aging.

- **MICHIGAN PARTNERS ON THE P.A.T.H.**
Sherri King, Michigan Office of Services to the Aging
Bonnie Hafner, Area Agency on Aging of Western Michigan
This session will give participants an overview of the Stanford Chronic Disease Self-Management program. Attendees will participate in a PATH session. Repeats on May 31.
- **HEALTHY IDEAS**
Suzann Ogland-Hand, Pine Rest Christian Mental Health
Sally Steiner, Michigan Office of Services to the Aging
Managing chronic conditions can be done with our minds as well as our bodies. Hear about this effective program helping people to manage depression.
- **UPDATE ON MEDICARE PRESCRIPTION DRUGS**
Stacey Platte, Medicare Medicaid Assistance Program
Yes, Part D is up and running, but it's being fine-tuned all the time. You need to know the latest in the administration of the prescription drug benefit. Designed for participants already knowledgeable about Part D. Repeats on May 31.
- **MEDICAID LTC ELIGIBILITY PART II**
Jo Murphy, Area Agency on Aging of Western Michigan
Lauretta Murphy, Miller Johnson Law Firm, Grand Rapids
This advanced session will cover the latest changes in Medicaid regulations and invites participants to bring their challenging cases and try to 'stump the experts.' Designed for care managers, options counselors and others already knowledgeable about LTC eligibility.
- **SELF-DETERMINATION PART II**
Tari Muniz, Office of LTC Supports & Services
Sara Aikman, Tri-County Office on Aging, Lansing
Will describe the mechanics of implementing self-determination options, and how it has been integrated into the MI Choice waiver program.
- **HEALTHY EATING**
Mary Noel, Michigan State University
Learn about the impact of aging on nutrition, nutritional issues with diabetes, and weight loss and the elderly.

Thursday, May 31



8:00-9:00 am Registration & continental breakfast

9:00-10:30 am Opening Session

LONG TERM CARE REFORM IN MASSACHUSETTS

Charlie Sisson, Coastline Elderly Services, New Bedford, MA

Learn about another state's approach to reforming LTC, and the strong aging-disability partnerships that have been instrumental to its success.

11:00-12:30 pm Workshops

■ BUILDING BRIDGES: AGING-DISABILITY PARTNERSHIPS

Speakers to be announced

The aging and disability networks are getting together at the local level to improve services to both groups and make long term care reform a reality. Partnerships in the Upper Peninsula and Flint areas will be described.

■ UPDATE ON SINGLE POINTS OF ENTRY

Mike Head, Office of LTC Supports & Services

Earlene Traylor-Neal, LTC Connection, Detroit

SPEs are up and running! Learn the latest about SPE implementation in Michigan.

■ ROCKING THE BOAT ON GUARDIANSHIP

Brad Geller, Michigan Office of Services to the Aging

Did you know that Michigan has the highest rate of guardianship in the nation and many advocates think it's overused? Learn about other alternatives to guardianship from an attorney who is an expert on the subject.

■ CONSUMERS AS EMPLOYERS

Maureen Sheahan, Paraprofessional Healthcare Institute

Rob Curtner, Michigan Department of Community Health

Darlene Kauffman, graduate of train-the-trainers program

Twenty consumers participated in a new train-the-trainers series in 2006 learning how to support consumers in self-directed care, or needing assistance in building effective relationships with paid caregivers. Learn what consumers need to know to be effective employers.

■ **HEALTHY AGING**

Kathy Boles, Valley Area Agency on Aging, Flint
Steve Banks, Hasselbring Senior Center, Flint
Walking, exercise, healthy eating and health education are components of this foundation-funded program that assisted seniors up to 102 years of age. Hear about the three-way partnership that made this program a reality.

■ **MEANINGFUL CONNECTIONS WITH PEOPLE WITH DEMENTIA**

Marci Cameron, Michigan Department of Community Health
Chris Curtin, Chris Curtin Associates LLC
Learn about a train-the-trainer manual being developed to enhance the skills of direct care workers assisting people with dementia. Video vignettes will be used for group discussion.

12:30-2:30 pm Presentation and Lunch (included in registration)

LONG TERM CARE REFORM IN WISCONSIN

Stephanie Stein, Milwaukee County Department on Aging
Wisconsin has been a leader in LTC reform efforts, with the “Family Care” initiative implemented in the 1990s. This session will provide an overview of the Family Care pilot in Milwaukee, outcomes achieved and lessons learned.

2:30-4:00 pm Workshops

■ **HOME HEALTH AIDE APPRENTICESHIPS**

Maureen Sheahan, Paraprofessional Healthcare Institute
Chris Curtin, Chris Curtin Associates LLC
Marcia Peterson, Harbor Home Health
Michigan home health agencies are piloting a new apprenticeship for aides that provides 150 hours of entry-level training along with specialty areas such as dementia and hospice. Find out why these agencies believe the investment will pay back in retention, quality of care and marketing.

■ **DEMENTIA COMPETENCIES**

Jennifer Burley & Jean Barnas, Alzheimer’s Association
This workshop describes a user-friendly guide detailing the knowledge and skills needed to provide ideal dementia care. The guide is written in plain English for direct care workers and their supervisors.

- MICHIGAN PARTNERS ON THE P.A.T.H.
Sherri King, Michigan Office of Services to the Aging
Bonnie Hafner, Area Agency on Aging of Western Michigan
This session will give participants an overview of the Stanford Chronic Disease Self-Management program. Attendees will participate in a PATH session.

- “MRS. SMITH—YOU DON’T HAVE TO SUFFER”
Leslie Simons, Sparrow Hospital Pain Clinic, Lansing
Improve your skills in helping consumers deal with pain. Will explain the plethora of instruments available to assess pain, educating the consumer, and the resources available in the community.

- UPDATE ON MEDICARE PRESCRIPTION DRUGS
Stacey Platte, Medicare Medicaid Assistance Program
Yes, Part D is up and running, but it’s being fine-tuned all the time. You need to know the latest in the administration of the prescription drug benefit. Designed for participants already knowledgeable about Part D.



Interested in exhibiting at the conference?

All sponsors receive an exhibit space in the same large ballroom that accommodates meals, refreshment breaks and general sessions. Sponsors can participate in all conference activities including general sessions, workshops and meals. Attendees visiting every exhibit can enter a raffle and receive valuable prizes. For more information, call Mary Ablan or Mollee Neff at (517) 886-1029.

■ BRONZE SPONSOR —\$250

- Exhibit space with one skirted table
- Acknowledgement in the conference program
- Your organization promoted on signs

■ SILVER SPONSOR —\$750

- Exhibit space with one skirted table
- Acknowledgement in the conference program
- Your organization promoted on signs
- Your brochure distributed in the conference folder

■ GOLD SPONSOR —\$1500

- Introduce featured speakers
- Exhibit space with one skirted table
- Acknowledgement in the conference program
- Your organization promoted on signs
- Your brochure distributed in the conference folder

■ PLATINUM SPONSOR —\$3000

- Sponsor a workshop
- Introduce featured speakers
- Exhibit space with one skirted table
- Acknowledgement in the conference program
- Your organization promoted on signs
- Your brochure distributed in the conference folder

WORKSHOP REGISTRATION

Please send this form with your conference registration.

Wednesday, May 30

Morning workshops:

- Person-Centered Planning 101
- Medicaid LTC Eligibility Part I
- Self-Determination Part I
- Paying Privately for LTC
- The Consumer Voice in Quality Management
- Senior Center Strategies for Healthy Aging

Yes, I plan to attend the luncheon (included in registration).

Afternoon workshops:

- Nuts & Bolts of Creating Livable Communities
- Michigan Partners on the P.A.T.H.
- Healthy Ideas
- Update on Medicare Prescription Drugs
- Medicaid LTC Eligibility Part II
- Self-Determination Part II
- Healthy Eating

Thursday, May 31

Morning workshops:

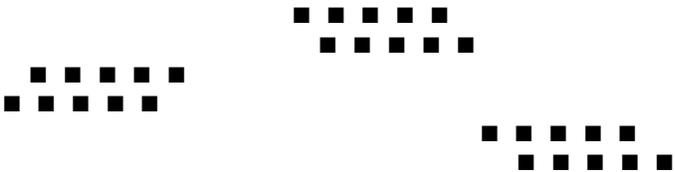
- Building Bridges: Aging-Disability Partnerships
- Update on Single Points of Entry
- Rocking the Boat on Guardianship
- Consumers as Employers
- Healthy Aging
- Meaningful Connections With People With Dementia

Yes, I plan to attend the luncheon (included in registration).

Afternoon workshops:

- Home Health Aide Apprenticeships
- Dementia Competencies
- Michigan Partners on the P.A.T.H.
- "Mrs. Smith—You Don't Have To Suffer"
- Update on Medicare Prescription Drugs

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