
PROGRAM INVITATION

AREA AGENCIES ON AGING
ASSOCIATION OF MICHIGAN

PRESENTS

GETTING BETTER WITH AGE

25TH
ANNUAL
CONFERENCE

MAY 17 & 18, 2012

KELLOGG HOTEL AND CONFERENCE CENTER
MICHIGAN STATE UNIVERSITY
EAST LANSING, MICHIGAN

PROGRAM AT A GLANCE

Thursday, May 17

- 8:00— 9:15am Registration, continental breakfast, exhibits
9:15—12:30pm General Session: Integrated Care
12:30— 1:30pm Lunch
1:30— 2:30pm Workshops
2:30— 3:00pm Refreshment break and visit exhibits
3:00— 4:00pm Workshops
4:00— 6:00pm Happy Hour sponsored by Critical Signal Technologies

Friday, May 18

- 8:00— 9:15am Registration, continental breakfast, exhibits
9:15—12:30pm General Session: Preventing Rehospitalizations
12:30— 1:30pm Lunch
1:30— 2:30pm Workshops
2:30— 3:00pm Refreshment break and visit exhibits
3:00— 4:00pm Workshops
4:00 pm Conference ends

PLANNING COMMITTEE

Mary Ablan, MA, MSW, Area Agencies on Aging Association
Carlton Nogle, LMSW, Tri-County Office on Aging
Jill Vatter, RN, BSN, Tri-County Office on Aging

CONTINUING EDUCATION CREDITS

This conference is approved by the Michigan Social Work Continuing Education Collaborative. Applications have also been submitted for nurses, nursing home administrators, and adult foster care owners and administrators. The notations—*N*, *SW*, *NHA*, *AFC*—after every title indicate which groups will be able to get credits for attending that session, if approval is granted. For session objectives, bibliographies and more information, go to www.mi-seniors.net.

Thursday, May 17



8:00-9:15 am Registration

Exhibits and continental breakfast in Big Ten A

9:15 am -12:30 pm General Session—Big Ten B

INTEGRATING CARE FOR PEOPLE ON MEDICARE AND MEDICAID

N, SW, NHA, AFC

Richard Miles and Susan Yontz, Michigan Medicaid

Kari Sederburg MPA, Michigan Office of Services to the Aging

Rick Murdock MHSA, Michigan Association of Health Plans

Mike Vizena MBA, Michigan Association of Community Mental Health Boards

Dohn Hoyle BA, The ARC Michigan

This opening session covers all you want to know about Michigan's plan to integrate health care, mental health services and long term care into one capitated, managed care system. Includes impact of Integrated Care on the MI Choice Waiver and the aging network.

12:30-1:30 pm Lunch—Big Ten B

The group luncheon allows participants to network informally with colleagues and sponsors. Prizes awarded for visiting all exhibits.

1:30-2:30 pm Workshops

■ **CREATING CONFIDENT CAREGIVERS, PART I** *N, SW, AFC, NHA*

Sally Steiner LMSW, Michigan Office of Services to the Aging

Carey Sherman PhD, University of Michigan

Learn about the health factors that put dementia caregivers at risk and how CCC helps. Covers eligibility guidelines.

■ **INDEPENDENCE AND DIGNITY RENEWED!** *N, SW, NHA, AFC*

Lynn Kellogg MPA, Region IV Area Agency on Aging, St. Joseph

Kathy Boles BS, Valley Area Agency on Aging, Flint

Explains the Older Americans Act, changes in the Act being considered by Congress, and how advocates can weigh in.

This session repeats on May 18.

- **AFTER WE'RE GONE** *N, SW, NHA, AFC*
 Dohn Hoyle BA, The ARC Michigan, Lansing
 Explores issues faced by adults with developmental disabilities and their aging parents in planning for the future. Describes a special curriculum developed for this group and outcomes achieved.

- **SENIORS COUNT!** *N, SW, AFC, NHA*
 Karen Schrock MS, Adult Well-Being, Detroit
 Tom Jankowski PhD, Institute of Gerontology, Wayne State University
 Highlights the importance of data in local advocacy efforts and how to develop a coalition that uses data for advocacy purposes.
 This session repeats.

- **ALTERNATIVES TO GUARDIANSHIP** *SW, AFC, NHA*
 Brad Vauter JD, Elder Law of Michigan, Lansing
 Michigan has the highest number of guardianships in the U.S. because other options are not understood or used. Learn about the other options such as protective orders and limited guardianship.
 This session repeats.

3:00-4:00 pm Workshops

- **CREATING CONFIDENT CAREGIVERS, PART II** *N, SW, NHA, AFC*
 Tammy Rosa BS, U.P. Area Agency on Aging, Escanaba
 Ruth Almén MSW, Alzheimer's Association, UP Region
 This workshop explains the components of the CCC curriculum and the importance of "contented involvement" for people with dementia and caregivers. Includes a guided imagery exercise.

- **SENIORS COUNT!** *N, SW, AFC, NHA*
 Karen Schrock MS, Adult Well-Being, Detroit
 Tom Jankowski PhD, Institute of Gerontology, Wayne State University
 Highlights the importance of data in local advocacy efforts and how to develop a coalition that uses data for advocacy purposes.

- **MANAGING CHRONIC PAIN** *N, SW, AFC, NHA*
 Sherri King MA, Michigan Office of Services to the Aging
 Learn the differences between acute and chronic pain, and non-medication strategies to assist individuals with chronic pain management. Repeats on May 18.

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4:00-6:00 pm HAPPY HOUR in Big Ten A&B *Open bar and hors d'ouvres*
Sponsored by Critical Signal Technologies
Diamond Sponsor

Friday, May 18



8:00-9:15 am Registration
Exhibits and continental breakfast—Big Ten A

9:15 am -12:30 pm General Session—Big Ten B
PREVENTING REHOSPITALIZATIONS *N, SW, NHA, AFC*
Nancy Vecchioni MSN, Michigan Peer Review Organization, Farmington Hills
Laura Appel BA, Michigan Health and Hospital Association, Lansing
Jason Maciejewski MPA, The Senior Alliance, Wayne
Jim McGuire MSW, Area Agency on Aging I-B, Southfield
Josephina Carbonell BA, Independent Living Systems LLC, Miami, FL
Jeffrey King BS, BSN, MBA, Independent Living Systems LLC, Miami, FL
This session will outline the factors causing unnecessary
rehospitalizations, government and private efforts to address the
problem, and the roles of key stakeholders, including Area Agencies
on Aging.

12:30-1:30 pm Lunch—Big Ten B
The group luncheon allows participants to network informally with
colleagues and sponsors. Prizes awarded for visiting all exhibits.

1:30-2:30 pm Workshops

- **INDEPENDENCE AND DIGNITY RENEWED!** *N, SW, NHA, AFC*
Lynn Kellogg MPA, Region IV Area Agency on Aging, St. Joseph
Kathy Boles BS, Valley Area Agency on Aging, Flint
Explains the Older Americans Act, changes in the Act being considered by Congress, and how advocates can weigh in.

- **WHAT BABY BOOMERS WANT IN HOUSING** *SW, NHA, AFC*
Laurie Cummings MS, Michigan State Housing Development Authority
Tom Jankowski PhD, Institute of Gerontology, Wayne State University
Learn about MSHDA's efforts to plan for future senior housing needs and what research shows about baby boomer preferences.

- **PERSONAL CARE AIDE COMPETENCY** *N, SW, NHA, AFC*
Clare Luz PhD, Department of Family Medicine, Michigan State University
Examines the critical need for increasing the personal care aide workforce and a new federal initiative to set standards for training and competency. Sponsored by the Michigan Society of Gerontology. This session repeats.

- **BEST PRACTICES IN ELDER DENTAL CARE** *N, SW, NHA, AFC*
Elisa Ghezzi DDS, PhD, Coalition for Oral Health for the Aging
Jackie O'Connor BS, Area Agency on Aging of Western Michigan
Hear about the seven myths of aging teeth and a cost-effective AAA-dental practice partnership that served older adults with dental care needs. This session repeats.

- **PHYSICIAN ORDERS FOR LIFE-SUSTAINING TREATMENT (POLST)**
N, SW, NHA, AFC
Sheila Gomez MA, MPH, LMSW, Allegiance Health System, Jackson
Bethany Eisch RN, Area Agency on Aging of Northwest Michigan
Advance directives have been around for years, so why aren't they used more? This workshop provides insights and explains a new tool called POLST that addresses many of the problems. This session repeats.

3:00-4:00 pm Workshops

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VISIT OUR WEBSITE AT WWW.MI-SENIORS.NET

Cancellation Policy

The registration fee, minus a \$30 processing fee, will be refunded if the registration is cancelled by May 1st. No refunds will be made after this date. Individuals who do not attend, but have registered without paying, will be billed \$90 per day to cover food costs incurred by their registration.

**These sponsors are supporting
the AAAAM's 25th Annual Conference.**

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Michigan State Housing Development Authority—Gold Sponsor

Advanced Care of Jackson—Silver Sponsor

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Harmony Information Systems—Bronze Sponsor

Home Health Depot of Brighton—Bronze Sponsor



**To add your name to this list, go to www.mi-seniors.net for more information.
Benefits include an exhibit, acknowledgement in the conference program,
signage and more.**

CONFERENCE REGISTRATION

Call 1-800-875-5090 for an overnight room reservation. A special \$96 single/double rate is available through April 16—mention our conference.

Name: _____

Agency: _____

Address: _____

City/State/Zip: _____

Email: _____ Phone: _____

Earlybird Registration (deadline is April 17)

Both days _____ \$220 (member & associate member)
_____ \$260 (non-member)

One-day
___ May 17 or ___ May 18 _____ \$120 (member & associate member)
_____ \$140 (non-member)

Registration after April 17

Both days _____ \$260 (member & associate member)
_____ \$300 (non-member)

One-day
___ May 17 or ___ May 18 _____ \$160 (member & associate member)
_____ \$180 (non-member)

Allergies or special dietary needs:

**Return to: AAAAM
6105 W. St. Joseph, Suite 204
Lansing, MI 48917
Phone (517) 886-1029, fax (517) 886-1305**

WORKSHOP SELECTIONS

Send this form with your conference registration.

Thursday, May 17

1:30 - 2:30 pm workshops:

- Creating Confident Caregivers, Part I
- Independence and Dignity Renewed!
- After We're Gone
- Seniors Count!
- Alternatives to Guardianship

3:00-4:00 pm workshops:

- Creating Confident Caregivers, Part II
- Seniors Count!
- Managing Chronic Pain
- Alternatives to Guardianship

Friday, May 18

1:30 - 2:30 pm workshops:

- Independence and Dignity Renewed!
- What Baby Boomers Want in Housing
- Personal Care Aide Competency
- Best Practices in Elder Dental Care
- Physician Orders for Life-Sustaining Treatment (POLST)

3:00-4:00 pm workshops:

- Personal Care Aide Competency
- Best Practices in Elder Dental Care
- Managing Chronic Pain
- Physician Orders for Life-Sustaining Treatment (POLST)

ADA ACCOMMODATIONS

If you require accommodations to permit your attendance or participation, please send a written request by April 17 to Lynn Gustafson by mail (AAAAM, 6105 W. St. Joseph, Suite 204, Lansing, MI 48917) or email at lynn@mmapinc.org.