

## Michigan's Adult Abuse and Neglect Prevention Training Program

In 2004, Michigan was awarded \$1.5 million by the federal Centers for Medicare & Medicaid Services (CMS) to develop an abuse and neglect *prevention* training program (CMS Grant No. 11-P-93042/5-01). The Adult Abuse and Neglect Prevention (AANP) Training Program was designed for Direct Access Staff (DAS)<sup>1</sup> to prevent, identify, and report adult abuse and neglect. An important specific goal of the AANP was to expand existing adult abuse and neglect prevention curricula, typically focused on detection and reporting, to emphasize *prevention* through staff empowerment, culture change and person-centered care. This was achieved by establishing a strong state-community-academic partnership between the Michigan Office of Services to the Aging, Michigan State University, BEAM (a wholly owned subsidiary of MPRO) and the AANP Curricula and Advisory Committees.

### AANP accomplishments include the following:

1. Developed four distinct AANP training curricula including: a four-hour, in-person Preventing Adult Abuse and Neglect (PAAN); an eight-hour, in-person Adult Abuse and Neglect Prevention (AANP); an eight-hour, in-person Supervisor training and; twelve one-hour Facilitator Instructional Modules (FIMS), available online at **Michigan's Adult Abuse and Neglect Prevention Training Program** and **PHI**.
2. Introduced and equipped 55 experienced trainers to deliver the new curricula.
3. Scheduled and conducted 459 training sessions for 156 different provider entities.
4. Trained 7,804 long-term care DAS statewide in how to identify and address individual triggers for abuse and neglect as well as how to identify and report abuse and neglect.
5. Evaluated program impact; MSU findings include:
  - a. Dramatic gains in knowledge as indicated by statistically significant positive changes in the pre- and post-test scores of 4,638 DAS on over half of the test items.
  - b. Application of such knowledge in work settings over a sustained period, as indicated by a longitudinal telephone survey of a subset of DAS who participated in the AANP. Specifically,
    - (i) Ninety-two percent indicated that the AANP improved their ability to recognize abuse.
    - (ii) Nearly half (48%) stated that they actually reported suspected abuse more often because of the AANP training.
    - (iii) Ninety-one percent of respondents perceived that the AANP training improved their ability to prevent potentially abusive situations from developing.
    - (iv) Sixty percent of DAS had used prevention techniques learned in the training and of these, 96 percent indicated that it helped prevent an abusive situation from occurring.

With the assistance of PHI, the AANP training program is being promoted in Michigan and the Midwest with additional resources and interest. For more information, contact Hollis Turnham, Midwest Director at [hturnham@phinational.org](mailto:hturnham@phinational.org), or 517-327-0331. For more information about any of the current four curricula, contact Catherine Macomber, Consultant, at [macombe2@charter.net](mailto:macombe2@charter.net).

Michigan State University will continue to analyze data. For questions regarding data collection and findings, contact Clare Luz, Ph.D., AANP Principal Investigator, at [luz@msu.edu](mailto:luz@msu.edu).

<sup>1</sup>Direct Access Staff (DAS): Anyone that has direct contact with adults requiring long-term care services. This includes (but is not limited to) nurses, nurse aides, physicians, therapists, housekeepers, maintenance, janitorial, dietary, all levels of home health care, adult foster care residential staff and staff of state operated psychiatric hospitals, and intermediate care facilities for persons with mental retardation.