

## **MICHIGAN COMMISSION ON SERVICES TO THE AGING**

University Center at Gaylord, Gaylord, Michigan

October 17, 2008

### **Minutes**

#### **CALL TO ORDER**

Chairperson Kennedy called the meeting to order at 10:00 a.m. and reiterated the role of the Commission, followed by the Pledge of Allegiance. Mr. Keith Elliott from the Otsego House Adult Day Program played The Star Spangled Banner on his harmonica for the Commission.

Chairperson Kennedy, on behalf of the Commission, thanked the Otsego County Commission on Aging and the University Center at Gaylord for hosting today's meeting and public hearing. A special thank you was extended to Dona Wishart and Mr. Keith Elliott.

#### **ROLL CALL**

The roll call was taken and a quorum was present.

#### **COMMISSION MEMBERS PRESENT**

Owen Bieber, Cheryl Bollinger, Mary Gardner, Rose Gill, Kathleen Johnston-Calati, Jerutha Kennedy, Chun-Keung Leung, Thomas Rau, Anthony Pawelski, Amne Talab, Ramesh Verma, Janice Wilson, and James Wright

#### **COMMISSION MEMBERS ABSENT (Excused)**

Joan Budden and Donald Newport

#### **COMMISSION MEMBERS ABSENT (Un-excused)**

None

#### **OSA STAFF PRESENT**

Sharon Gire, Cindy Albrecht, Eric Berke, Dan Doezema, Bonnie Graham, Wendi Middleton, and Sally Steiner.

#### **VISITORS/GUEST PRESENT**

Cheryl Borowick, Bonnie Forbes, Mary Fox, Mary Jergenson, John Panci, Greg Piaskowski, Laurie Sauer, Rick Simon, Dona Wishart

#### **APPROVAL OF AGENDA**

Commissioner Wright made the motion to approve the agenda. Commissioner Pawelski seconded the motion. The motion was approved unanimously by voice vote.

#### **APPROVAL OF COMMISSION MINUTES**

Commissioner Wilson made the motion to approve the minutes from the

September 19, 2008 meeting. Commissioner Rau seconded the motion. The motion was approved unanimously by voice vote.

### **INFORMATION FROM INDIVIDUALS CONCERNING AGENDA ITEMS**

Laurie Sauer, Director of Region IX Area Agency on Aging (AAA), welcomed and thanked the Commission for traveling to Gaylord.

### **OSA DIRECTOR'S REPORT**

Director Gire welcomed everyone to the meeting and updated the Commission on the following:

- Received approval from the Administration on Aging (AoA) for two grants, the Expansion of the Nursing Home Diversion Grant and the Alzheimer's Disease Demonstration Grants to States (ADDGS).
- Discussion has begun on Fiscal Year (FY) 2010 budget.
- National Area Agencies on Aging Association (N4A) sponsored an open discussion for state directors and area agency directors on Project 2020 for our region.
- Attended N4A State Directors meeting.
- Appointed to the National Association of State Units on Aging (NASUA) Policy Committee.
- Attended a grand opening of Presbyterian Village called Mill Creek Village in Battle Creek.
- On November 21, 2008 OSA will be celebrating its 35<sup>th</sup> Anniversary with an open house.

### **BUSINESS ITEMS**

#### **Approval of Administration on Aging (AoA) Grant Awards to the Area Agencies on Aging: Alzheimer's Disease Demonstration Grants to States (ADDGS)**

Sally Steiner, OSA staff, requested Commission approval of AoA grant awards to the area agencies on aging (AAA) for the 2008 ADDGS for Evidence-Based Intervention in the amount of \$656,193 over three years beginning September 30, 2008 and ending September 29, 2011. Also, permission was requested to adjust these awards up to 10%, based on final budget approval and federal fund availability.

Ms. Steiner stated the project will implement the Savvy Caregiver Program for family caregivers of persons with dementia and creates a cadre of master trainers with five AAAs and local providers. Ms. Steiner noted the five AAAs are: Region IV AAA, Tri-

County Office on Aging (PSA 6), Region IX AAA, AAA of Northwest Michigan (PSA 10), and U.P. AAA (PSA 11).

Ms. Steiner explained in detail the Savvy Caregiver Program and how it will be implemented in Michigan.

A motion was made by Commissioner Wilson to approve the AoA Grant Awards to the AAA as presented. The motion was seconded by Commissioner Bollinger. Commission approved with a 13-0-0 vote.

A discussion followed on how and why these five area agencies on aging were chosen to participate in this grant. Further discussion continued on the budget and allocation of costs for OSA administration and AAA participation.

### **Approval of Amendment to the Medicare/Medicaid Assistance Program (MMAP) Grant FY 2008-09**

Wendi Middleton, OSA staff, requested Commission approval of Amendment to the Medicare/Medicaid Assistance Program (MMAP) Grant for FY 2008-09 in the amount of \$44,586.

Ms. Middleton stated the Commission previously approved a grant to MMAP, Inc. in the amount of \$1,607,100 for operation of the MMAP for the period beginning April 1, 2008 and ending March 31, 2009. This year the Office of Services to the Aging received an additional \$44,586 in funding for the following purposes: core amount of \$18,980, one-time funding for increased outreach in the amount of \$9,199 and a performance award in the amount of \$16,407.

A motion was made by Commissioner Bieber to approve the Amendment to the MMAP Grant FY 2008-09 as presented. The motion was seconded by Commissioner Rau. Commission approved with a 13-0-0 vote.

### **INFORMATION AND COMMENTS**

#### **State Advisory Council (SAC) Update**

Commissioner Pawelski, Chair of the SAC, updated the Commission on the SAC meeting held on October 9, 2008. Commissioner Pawelski stated they had presentations from Dan Doezema OSA staff on "Communities for a Lifetime", and Marcie Cameron from the Recovery Council. A discussion on senior centers took place. A brief discussion on what changes in the meeting format could be made to assist SAC members in staying for the entire meeting. Suggestions included adjusting the meeting time frame and changing the agenda to complete all business prior to lunch. Commissioner Pawelski commented the SAC is very productive given the size of the group and noted the next meeting will be on November 13, 2008. The location of the meeting is yet to be determined.

### Nursing Home Diversion (NHD) Grant

Bonnie Graham, Wendi Middleton, and Eric Berke, OSA staff, updated the Commission on the implementation of the first year of the NHD Grant. Ms. Graham noted that OSA has been awarded a second 18-month grant application from AoA for \$649,398 to build on the work and success of its current NHD program. The three current partner AAAs and potentially seven new AAAs will collaborate with OSA to implement NHD2. Ms. Graham noted the goal of the project remains to transform Michigan's aging network to fully embrace and support Person-Centered Thinking (PCT) and self-direction (SD), to re-engineer the existing infrastructure to support PCT and SD, and direct the use of federal, state and local funding sources to serve NHD eligible individuals at imminent risk of nursing home placement and their caregivers.

Ms. Graham covered the specific objectives of the new grant, including developing new and modifying existing state standards, policies and protocols for rapid referral/service and availability of flexible service options, including SD for non-Medicaid eligible older adults, including veterans, and their caregivers. Ms. Graham also reviewed the recently completed analysis of data collected from the NHD Triggering form on individuals referred for program services.

Ms. Middleton talked about NHD training activities conducted to support NHD services. To date, training on PCT and culture change has been provided to Information and Assistance staff and leadership of the three AAA partners. The first of two trainings for care managers will be conducted in the coming week. Surveys, interviews and focus groups have been conducted to support and guide the development of the curriculum for the trainings.

Mr. Berke discussed the NHD grant as it pertains to policies and procedures. Mr. Berke stated it would free our partners from constraints of the existing operating standards. To date, the OSA Minimum Service Standard for Information and Assistance has been modified to reflect PCT for the AAA partners. NHD has also been incorporated into the area plans of the three AAA partners. Efforts will continue to revise standards and protocols to support PCT and SD in the coming months.

A brief discussion followed.

### Otsego County Commission on Aging

Dona Wishart, Assistant Director and Aging Specialist for the Otsego County Commission on Aging (OCCoA), shared her knowledge of Otsego County and talked about the growth of the county and the importance of all its citizens. Ms. Wishart talked about all the services offered by Otsego County Commission on Aging. Ms. Wishart noted that OCCoA provided over 50,000 meals to 781 clients and in-home services (respite, personal care, homemaking) to 248 clients in the past year. She also discussed the Otsego House adult day care program that serves 12 to 18 clients a day and more than 16,000 hours of service each year. Ms. Wishart noted that 37 older adults from neighboring communities also participate in day program activities. In addition, Ms. Wishart stated that OCCoA utilizes the services 300-400 volunteers to

provide its services and programs. Ms. Wishart discussed the importance of the Otsego County senior tax millage and indicated that many of the services and programs provided by OOCOA would not be possible without this support.

Ms. Wishart briefly discussed how technology impacts our lives today and introduced Mary Fox from Otsego County Commission on Aging who gave a presentation on a Technology and Aging Project called TAP. This is research-based project is being developed in collaboration with the Michigan State University School of Social Work and is designed to help older adults learn and use technology as a means to maintain contact with family and friends, as well, provide access to information.

#### Other

Commissioner Verma asked if OSA was aware of how other state units on aging are organized and operate within the United States. Director Gire noted that funding is allocated to other SUA by formula and with the same expectations as in Michigan. She noted, however, that organizational structures can vary.

Commissioner Gardner updated the Commission on efforts have a handicap accessible ramp at the Capitol. She also noted her participation on a Long Term Care committee that brings together many different representatives and consumers. OSA staff conducted a presentation on aging network services at the last committee meeting.

Commissioner Wilson announced the Area Agency on Aging 1-B will be holding a Caregiver Expo on Saturday, October 18.

#### **ANNOUNCEMENTS**

The next meeting of the Commission on Services to the Aging will be held at 10:00 a.m. on November 21, 2008, at the Office of Services to the Aging. Following the meeting OSA will host a 35<sup>th</sup> Anniversary celebration.

The next meeting of the State Advisory Council will be November 13, 2008.

#### **ADJOURN**

A motion to adjourn was made by Commissioner Pawelski and seconded by Commissioner Bollinger. Chairperson Kennedy adjourned the meeting at 12:21 p.m.