

## ROLE PLAY

**Mary, a direct care worker from The Home Care Agency has just arrived at the home of Mrs. Right. She is there to prepare lunch and dinner and clean the house.**

**Mary:** “Hi, Mrs. Right. How are you today?”

**Mrs. Right:** “I am really hungry. Can we have lunch soon? It’s almost 12:30.”

**Mary:** “Sure, Mrs. Right. I will get to work on that now.”

***Mary walks into the kitchen. On the counter is a package of chicken breasts. The package is partially thawed. She goes back into the living room.***

**Mary:** “Mrs. Right, can you tell me about those chicken breasts?”

**Mrs. Right:** “I got those out of the freezer early this morning when I took my pills.”

**Mary:** “Mrs. Right, you can’t leave things on the counter to thaw, especially chicken! You can get really sick eating chicken thawed that way.”

**Mrs. Right:** “But, I wanted chicken tonight; it doesn’t matter, I never got sick thawing meat that way.”

**Mary:** “Well, I know what’s best. The chicken is in the refrigerator and it’s going to stay there!”

***Mary returns to the kitchen and puts the chicken into the refrigerator. She warms up the soup and makes a sandwich.***

**Mary:** “I have your lunch ready. Do you want me to help you to the bathroom before you eat?”

**Mrs. Right:** “That would be fine.”

***After Mrs. Right is finished using the bathroom, Mary gets a clean hand towel out of the cupboard.***

**Mary:** “Here is a towel to dry your hands.”

**Mrs. Right:** “I don’t need to wash my hands. I am fine.”

**Mary:** “You are going to be eating now. It’s important to wash your hands before you eat.”

**Mrs. Right:** “I’m fine. Help me to the kitchen.”

***Mary and Mrs. Right arrive in the kitchen. Mrs. Right sits down at the table and Mary brings her food over.***

**Mrs. Right:** “Look in the cupboard. I think I have a can of green beans to eat with the chicken for dinner.”

**Mary:** “Here it is. Mrs. Right, this can has an expiration date of 1997.”

**Mrs. Right:** “Canned goods are fine forever. I don’t know why you are so fussy.

**Mary:** “I am just concerned about your health and well being. Here is a can of green beans that have not expired. I’ll use those instead.”

**Mrs. Right:** “I guess that would be fine. I am finished with my soup. You can leave the leftovers in the pan for a few hours so it doesn’t warm up the refrigerator.”

**Mary:** “I’ll put the soup in a couple of small containers instead. They will cool faster, and they won’t warm up the refrigerator if I put them in.”

**Mrs. Right:** “That’s OK, I guess.”