

THE IMPORTANCE OF FOOD

1. What is your favorite food-related memory? _____

2. What food or foods would you miss the most? _____

3. Describe the atmosphere of a restaurant that you especially like.

4. What foods are culturally important to you and your family?

5. What role do you play in family meals?

6. When your family comes together for a special occasion, are there dishes that specific people usually bring? _____
Why or how did these traditions happen? _____

7. What dish do you prepare for your clients that they especially like?

8. Who taught you to cook? _____

9. What strategies do you use if you are preparing meals for a client for several days? _____

