

Housing with services & assisted living

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NATIONAL ACADEMY
for STATE HEALTH POLICY

Housing w/services array

- Service coordination
- Cluster care
- On site service capacity
- Licensed assisted living (Homes for Aged, Adult Foster Care)

MA Supportive Housing Program

- Case management
- On site service coordinator
- 24/7 personal care services
- Homemaker and laundry services
- Medication reminders
- Social activities & at least one meal per day

[www.mass.gov/?pageID=elderssubtopic&L=3&L0=Home
&L1=Housing&L2=Supportive+Housing&sid=Elders](http://www.mass.gov/?pageID=elderssubtopic&L=3&L0=Home&L1=Housing&L2=Supportive+Housing&sid=Elders)

[www.hcbs.org/moreInfo.php/nb/doc/1178/The_Massachus
etts_Supportive_Housing_Program](http://www.hcbs.org/moreInfo.php/nb/doc/1178/The_Massachusetts_Supportive_Housing_Program)

NJ: Assisted living programs

- Service provider agency is licensed
- Serve tenants in publicly subsidized housing units – Medicaid and private pay
- Care management - county offices on aging
- Requirements for administrator, record keeping & reporting
- 24/7 on site staff

<http://www.state.nj.us/health/healthfacilities/documents/ltc/regnjac836.pdf>

ALP services

- Personal care
- Nursing
- Pharmaceutical services
- Dietary
- Social work services
- Arranging transportation to appointments
- Dining and/or meal preparation
- Financial management

Waiver services in ALPs

- Personal care
- Homemaker
- Chore
- Attendant care
- Medication administration
- Social activities
- Skilled nursing
- On going assessment
- Health monitoring
- Transportation

Key issues

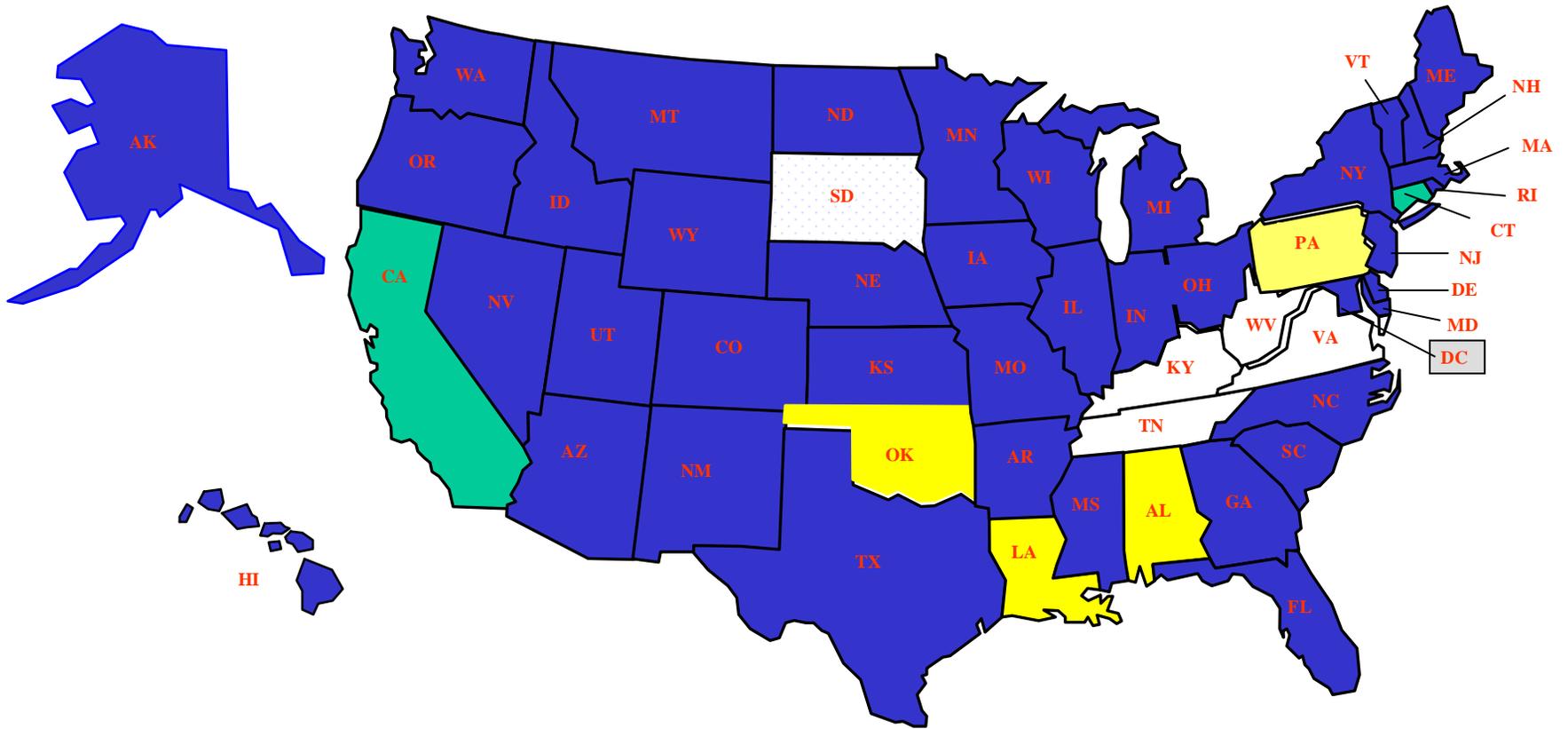
- How many tenants need services?
- Is the building licensed?
- Who provides services?
- Who receives payment for services?

Key issues...

- Case management, care plan and oversight
- Service coordinator role
- On site service capacity
- Quality assurance and oversight

Medicaid assisted living coverage

- 1915 (c) Waiver only 29 states
- Medicaid state plan only 7 states
- Waiver and state plan 6 states



Public subsidy issues/options

- **SSI**
 - Room and board only, or
 - Room and board and personal care services
- **Medicaid service options**
 - Regular Medicaid state plan
 - 1915 (a) state plan amendment
 - Waiver approaches
 - HCBS Waiver - 1915 (c)
 - Managed care - 1115

Medicaid state plan coverage

- Cannot cover room and board
- States cannot readily control spending
- Entitlement program but may control provider type (FL, SC plan amendment)
- Eligibility is based on need for a service
- Available statewide - amount, scope, duration

Medicaid waiver coverage

- Cannot pay for room and board
- No entitlement - can limit population served, spending
- Can serve residents with income < \$1911/month in 2008
- Services include meal preparation and serving costs
- Must meet nursing home level of care
- Waive amount, scope, duration

Recurring Question

- Can you project base 1915 (c) waiver slots?

NOOOOOOOOOOOOOOOOOO!!!!!!!

Cover R&B under Medicaid?

- Requires change in statute
- Basis in nursing home reimbursement
 - Weakens non-institutional preference
- Shifts costs from Federal SSI to states
 - SSI benefit: personal needs allowance only
- Likelihood of raising rates????

Rate setting options

Flat rates	Each facility paid the same amount regardless of needs
Flat rate by setting	Flat payment varies by single occupancy apt, double occupancy apt and rooms
Tiered rates	3-5 payment levels based on ADLs, cognition, health needs
Case mix system	Mirror NF acuity based payment systems; acuity based > five levels
Care plan or fee for service	Payment determined by the tasks performed, units of service, price per unit

Factors that affect rates

- Level of care criteria
- Acuity and the provider's business model
- Licensing threshold & admission/retention
- Room & board payment policy
 - Limited or negotiated
- Family supplementation
- Impact of rent subsidies

Examples of methodologies

- Time study and cost centers
 - Washington
- ADLs, behavior and cognition
 - Oregon, Ohio
- Points
 - Indiana
- Percent of NF costs by region
 - Illinois

Oregon Service Priority Levels 2008

Level	Service	R&B	Total
Level 5	\$2,052.00	\$494.70	\$2,546.70
Level 4	\$1,662.00	\$494.70	\$2,156.70
Level 3	\$1,271.00	\$494.70	\$1,765.70
Level 2	\$ 962.00	\$494.70	\$1,456.70
Level 1	\$ 727.00	\$494.70	\$1,221.70

Texas daily rates

TILE	Apartment	Double Occ Apt	Non Apt
AL 1	\$67.76	\$60.76	\$42.21
AL 2	\$62.80	\$55.81	\$37.25
AL 3	\$56.04	\$49.05	\$30.50
AL 4	\$58.63	\$51.64	\$33.08
AL 5	\$52.40	\$45.42	\$26.86
AL 6	\$50.68	\$43.69	\$25.13

Ohio

	Tier 1	Tier 2	Tier 3
Factors	\$49.98	\$60.00	\$69.98
Cognitive	Occasional prompts	Daily cuing & prompts	Ongoing cuing, prompts, redirection
Rx admin	Independent	Supervision assistance	Administration
Nursing	No individualized, scheduled care by nurse	Weekly and/or monthly care by licensed nurse	Daily nursing care
ADLs	Up to 2.75 hours service/day	2.75-3.35 hours service/day	More 3.35 hours service/day

Indiana

Level	Daily rate
Level 1: < 36 points	\$62.74
Level 2: 36-60 points	\$71.85
Level 3: 61-75 points	\$80.93

Building on 'Doors'

1. ADLs	Bed mobility, transfers, toilet use & eating
2. Cognitive performance	Short-term memory, skills for daily decision making
3. Physician involvement	Under care for unstable condition
4. Treatments & conditions	At least one of nine conditions
5. Skilled rehab therapies	Speech, OT, PT
6. Behavior	Wandering, physical/verbal abuse, inappropriate behavior
7. Service dependency	Currently receiving services in a NF or waiver program

Family supplementation

- **Allowed in 25 states**
- **Prohibited in 12 states**
- **Considered unearned income for SSI**
 - **Should be paid to facility rather than beneficiary**
- **Federal SSI benefit reduced one-third**

Issues....

- **Which model:**
 - **Housing with services**
 - **Licensed assisted living**
- **Waiver level of care**
- **Setting Medicaid rates**
- **Affordability and access**