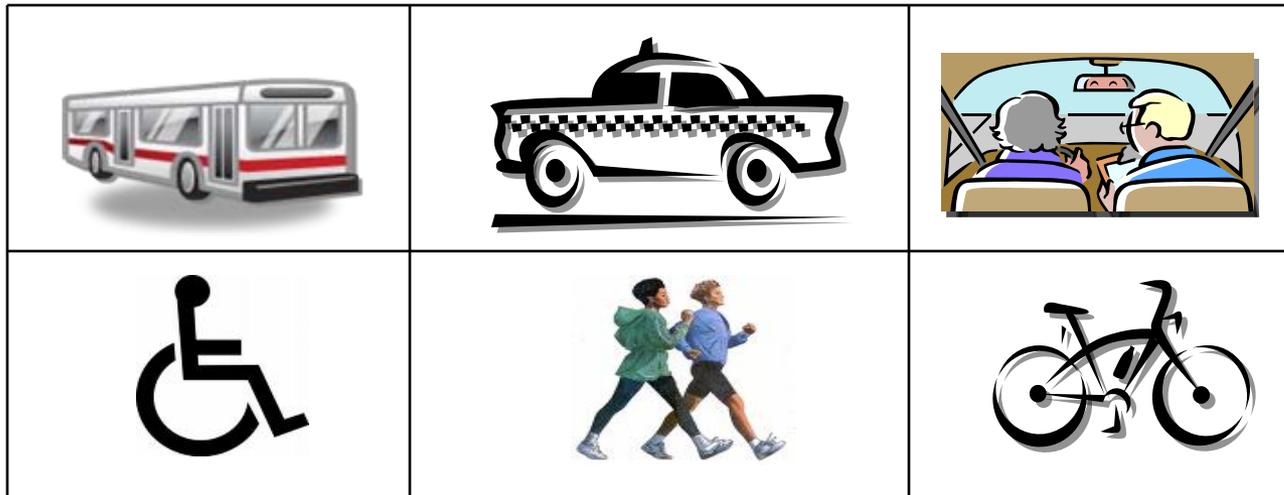


Mobility Options Counseling

Michigan Traffic Safety Summit

3/22/2011



Roberta Habowski, Area Agency on Aging I-Γ

Funding provided by:



Introduction and Purpose

- **Mobility is crucial to maintaining Quality of life**
- **Mobility decisions are as unique as the individuals involved – there is no “one size fits all” solution**
- **Our goal is to help seniors drive as long as safely possible and/or transition to mobility options when driving is no longer an option**

Statistics

- Older drivers account for about 15% of licensed drivers, but cause only 7% of all traffic crashes
- By 2030, one in five motorist will be age 65 or older
- In MI, from 2001-2010, there was a 17% increase in licensed adults age 65 +, and a 95% increase in adults between 90-99

**Most of us will outlive our ability to drive by
7-10 years!**

Driving Abilities

- Cognitive



- Visual



- Physical



Medical Conditions

Visual

- Cataracts
- Glaucoma
- Macular Degeneration
- Diabetic Retinopathy
- Decreased night vision/glare recovery time
- Decrease in depth perception

Medications

Neurological

- Stroke
- Dementia
- Alzheimer's
- Parkinson's

Other

- Diabetes
- Heart conditions
- Arthritis
- General aging issues

Safety Issues

Am I / my loved one safe to drive?

- What is prompting question
- Any “near misses” or unexplained damage to the vehicle
- New medical diagnoses/condition/medication
- Lost or confused while driving
- Suggest a “ride along,” or refresher course

Evaluations

- Private – in home
- Low cost, confidential
- Commercial schools
- Hospital rehab

Hospital Driver Rehabilitation

- Very in-depth evaluations
- Need for training on special equipment
- Generally must have physician's referral
- Stroke/Dementia/Alzheimer's
- Some vision issues

Specialized Equipment

- More than wheelchair lifts
- Use only licensed providers
- May need a prescription
- May need training
- New vehicles – auto manufacturers may offer partial reimbursement



Licensing Issues

- Renewals
- Referrals
- How to report unsafe driver



STATE OF MICHIGAN
 TERRI LYNN LAND, SECRETARY OF STATE
 DEPARTMENT OF STATE
 LANSING

REQUEST FOR DRIVER EVALUATION

As provided by Section 257.320 of the Michigan Vehicle Code, the Department of State may schedule a driver assessment reexamination on a driver based on evidence of physical infirmities or disabilities, vision deficiencies, convulsive seizures, blackouts, episodes, or for other reasons that may affect the person's ability to operate a motor vehicle safely. Please provide a description of an incident or pattern of behavior, or other evidence which you believe justifies an evaluation. **All sections of this form must be completed.**

(SECTION 1)

INFORMATION ABOUT THE DRIVER:
 (Please print or type all information.)

Today's Date:	Driver's Full Name: (As it appears on license)	Driver License Number:	Date of Birth:
Street Address:	City:	State:	Zip Code

(SECTION 2)

Explain why this driver should be scheduled for an evaluation. Please be specific. (Additional space is provided on the back of this form.)

(SECTION 3)

REQUESTER INFORMATION:

This section must be completed and signed or the request will not be processed. The Department does not accept anonymous requests. Requests by private citizens to remain confidential will be respected to the extent permitted by Michigan and Federal law.

YOUR SIGNATURE IS REQUIRED TO PROCESS THIS REQUEST. (Please print or type other information.)

Requester's Name and Agency: (If applicable)			
Street Address:	City:	State:	Zip Code:
Telephone Number:	Requester's Signature:		Date:

How/when to Discuss Driving Concerns

- Begin discussions early, before there is a need
- Talk about it along with financial retirement, end of life choices, power of attorney
- Use family/friends/current events to start conversation
- Express concern for their and others safety

- 
- Be respectful
 - Be specific when possible
 - Use “I” messages
 - Discuss with physician
 - Have an action plan
 - “We Need to Talk” – AARP

When Driving Is No Longer an Option

- Grieving process
May need counseling
- Make/review action plan
Provide a list of public, private and personal options
- Assist in finding deliveries/home services
Any other services needed

When a Loved One Will Not Stop Driving

- Enlist help of family doctor
- Complete and submit OC-88 form to Secretary of State
- Disable the vehicle
- Remove/sell vehicle

Did You Know?

More than half of all non-drivers age 65 and over stay at home in a given day, often because they do not have transportation options – only half of Americans age 65 and older have access to public transportation.

Transportation Plan

- Involve the transitioning driver
- Remind them they still have control
- Plan for driving retirement just like you would financially
- Change lifestyle
- Help them use the internet to shop

Key Transportation Issues

- Basic information
- Curb to Curb Service
- Door through Door Service
- Special equipment needs
- Cost constraints
- Is need on-going
- Suggest making a “Transportation Plan”

Local Community Transportation Plan

Type of Alternatives	Name and phone number	Area Serviced	Days, Hours of Services	Cost
Public Bus Service				
Local Paratransit Service (curb to curb)				
Senior Transportation Only (no assistance) (door to door)				
Taxi Service				
Other Services Available (medical, volunteers, civic groups, veterans)				

Personal Transportation Network

Friend, family or neighbor	Name	Address	Phone number	Likely Destinations
1.				
2.				
3.				
4.				

My Transportation Plan

Activity	Time and Frequency	Location	First Choice	Alternative
Medical appts.				
Pharmacy				
Groceries				
Other shopping				
Activies				
Church				

Questions?

FOR MORE INFORMATION,
PLEASE VISIT OUR WEBSITE:

www.aaalb.com

or call 800-852-7795



Advocacy • Action • Answers on Aging