FISCAL YEAR 2003
CHILD AND ADULT CARE FOOD PROGRAM
OPERATIONAL MEMO #12

TO: Child and Adult Care Food Program Sponsors

FROM: Susan Perkowski Anderson, Director
       Office of School Support Services

DATE: February 7, 2003

SUBJECT: Mealtime Memo for Child Care

Enclosed are three issues of the Mealtime Memo for Child Care. The titles are
AConvenience Foods Provide Nutritious Options, AFeeding Toddlers Can Be a Challenge, and
AAdults Influence What Children Eat. A

Developed by the National Food Service Management Institute, this publication reinforces the
importance of the Food Guide Pyramid and emphasizes that physical activity will help children
grow healthy. Subsequent issues of the Mealtime Memo for Child Care will be provided when
published.

If you have any questions regarding this publication you may contact the Child and Adult Care
Food Program staff at (517) 373-7391.