



## 2013 CLASS SCHEDULE

[Detroit Area Agency on Aging Service Area](#) – *Cities – Detroit, Hamtramck, Highland Park, Grosse Pointe, Grosse Pointe Park, Grosse, Pointe Shores, Grosse Pointe Woods, Grosse Pointe Farms, Harper Woods*

**Every Tuesday – Jan. 8 through Feb. 12**

Fairlane Senior Care & Rehabilitation  
15750 Joy Road, Detroit 48228  
2 p.m. to 4 p.m.

**Every Tuesday – Feb. 26 through April 2**

True Love Missionary Baptist Church  
8130 Tireman, Detroit 48204  
6 p.m. to 8 p.m.

**Every Tuesday – April 23 through May 28**

Matrix Human Services at Patton Recreation Center  
2301 Woodmere, Detroit 48209  
10 a.m. to 12 p.m.

**Every Tuesday – June 4 through July 9**

Henry Ford Health System  
1 Ford Place, Detroit 48202  
6 p.m. to 8 p.m.

**Every Wednesday – April 17 through May 22**

Christ Church Grosse Pointe  
61 Grosse Pointe Blvd., Grosse Pointe Farms 48236  
2 p.m. to 4 p.m.

**Contact the Alzheimer's Association, Greater Michigan Chapter at 248-996-1053 to register for the above classes.**

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Area Agency on Aging 1-B Service Area – Counties – Livingston,  
Macomb, Monroe, Oakland, St. Clair, Washtenaw

**Every Monday – April 8 through May 13**

Visiting Nurse Association  
1430 Military Street, Suite A, Port Huron  
6 p.m. to 8 p.m.

**Every Tuesday – March 5 through April 9**

Be Our Guest Adult Day Services  
202 East Grand River Ave., Suite 103, Howell  
4 p.m. to 6 p.m.

**Tuesday – June 11, 18, 25 and July 9, 16, 23**

Frenchtown Senior Citizen Services  
2786 Vivian Road, Monroe  
1 p.m. to 3 p.m.

**Every Wednesday – Feb. 6 through March 13**

Evangelical Homes of Michigan  
Memory Support Center at Brecon Village  
101 Brecon Drive, Saline  
2 to 4 p.m.

**Every Wednesday – March 6 through April 10**

SarahCare Adult Day Center-Lakeside  
13425 19 Mile Road, Suite 500, Sterling Heights  
1:30 to 3:30 p.m.

**Every Thursday – March 14 through April 18**

Waterford Senior Center  
Encore Adult Day Service  
3621 Pontiac Lake Road, Waterford  
10 to 12 p.m.

**Every Thursday – March 21 through April 25**

Dorothy & Peter Brown Jewish Community  
Adult Day Program at JVS  
29699 Southfield, Southfield  
10 to 12 p.m.

**Every Friday – April 26 through May 31**  
Jewish Senior Life Services  
6710 W. Maple Road, West Bloomfield  
10 a.m. to 12 p.m.

**Contact the Area Agency on Aging 1-B at 800-852-7795 to register for the above classes.**

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**[The Senior Alliance, Inc.](#)** – *Counties – Wayne County except the cities served by 1A.*

**Contact The Senior Alliance, Inc. at 734-722-2830 for more information.**

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**[Region 2 Area Agency on Aging](#)** – *Counties – Jackson, Hillsdale, Lenawee*

**Contact Region 2 Area Agency on Aging at 800-335-7881 for more information.**

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**[Region 3-A Area Agency on Aging](#)** – *County – Kalamazoo*

**Contact Region 3-A Area Agency on Aging at 269-373-5147 for more information.**

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**[Region 3B Area Agency on Aging](#)** – *County – Barry, Calhoun*

**Contact Region 3B Area Agency on Aging at 269-966-2450 for more information.**

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**Branch-St. Joseph Area Agency on Aging** – *Counties – St. Joseph, Branch*

**Every Thursday – Feb. 14 through March 21**

Burnside Senior Center  
65 Grahl Drive, Coldwater  
4 p.m. to 6 p.m.

**Contact the Branch-St. Joseph Area Agency on Aging at 517-278-2538 to register for the above classes.**

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**Region IV Area Agency on Aging** – *Counties – Berrien, Cass, Van Buren*

**Every Tuesday – Feb. 26 through April 2**

Region IV Area Agency on Aging  
2900 Lakeview Avenue, St. Joseph  
5:30 p.m. - 7:30 p.m.

**Every Thursday – April 18 through May 23**

Help for Southwest Michigan Advocacy Center  
16170 Red Arrow Highway, Union Pier  
1 p.m. - 3 p.m.

**Contact Dawn Tyler, Caregiver Trainer, at 800-442-2303 or [DawnTyler@AreaAgencyonAging.org](mailto:DawnTyler@AreaAgencyonAging.org) to register for the above classes.**

**Every Wednesday – May 1 through June 5**

Low Center Cass County Council on Aging  
60525 Decatur Rd.  
Cassopolis, MI 49031  
12:30 p.m. - 2:30 p.m.

**Every Wednesday – July 10 through 31 and Aug. 14, 28**

Lakeland Hospital  
Niles, MI 49120  
5:30 p.m. - 7:30 p.m.

**Contact Dona Billey-Weiler at 269-445-8110 to register for the above classes.**

**Valley Area Agency on Aging** – *Counties – Genesee, Lapeer, Shiawassee*

**Every Wednesday – Feb. 13 through March 20**

Memorial Healthcare  
2 West Conference Room  
826 W. King Street  
Owosso, MI 48867  
2 p.m. - 4 p.m.

**Every Thursday – March 7 through April 11**

Lapeer County Community Mental Health  
1570 Suncrest Drive  
Lapeer, MI 48446  
4:30 p.m. - 6:30 p.m.

**Every Wednesday – April 17 through May 29**

Owosso Senior Center  
300 N. Washington Street  
Owosso, MI 48867  
2 p.m. - 4 p.m.

Contact the Central Michigan Alzheimer's Association at 800-272-3900 or 989-839-9910 or email [patricia.meyer@alz.org](mailto:patricia.meyer@alz.org) to register for the above classes.

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**Tri-County Office on Aging** – *Counties – Clinton, Eaton, Ingham*

**Every Wednesday – Feb. 20 through March 27**

Delta Township District Library  
5130 Davenport Drive  
Lansing, MI 48917  
2 p.m. - 4 p.m.

**Every Tuesday – April 23 through May 28**

Tri-County Office on Aging  
5303 South Cedar, Suite 1,  
Lansing, Michigan, 48911  
4:30 p.m. - 6:30 p.m.

Contact Linda Davis at 517-887-1447 or [davis@tcoa.org](mailto:davis@tcoa.org) to register for the above classes.

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**Region VII Area Agency on Aging** – Counties – Bay, Clare, Gladwin, Gratiot, Huron, Isabella, Midland, Saginaw, Sanilac, Tuscola

**Every Wednesday – Beginning May 1**

Gladwin County Commission on Aging  
1 p.m. – 3 p.m.

**Every Wednesday – Beginning May 8**

Gladwin County Commission on Aging  
6 p.m. – 8 p.m.

Call 989-426-5450 to register.

**Every Monday – Beginning April 29**

Harbor Beach Community Hospital  
6 p.m. – 8 p.m.

**Every Tuesday – Beginning April 30**

Marlette Hospital  
10 a.m. – Noon

Call 989-673-4121 to register.

**Every Tuesday – Beginning April 30**

Golden Horizons Adult Day Care  
10 a.m. to Noon

**Every Thursday – Beginning July 11**

Golden Horizons Adult Day Care

6:30 p.m. – 8:30 p.m.

Call 989-892-6644 to register.

**Contact Region VII Area Agency on Aging at 800-858-1637 for more information.**

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**[Area Agency on Aging of Western Michigan](#)** – *Counties – Allegan, Ionia, Kent, Lake, Mason, Mecosta, Montcalm, Newaygo, Osceola*

**Contact the Area Agency on Aging of Western Michigan at 616-456-5664 or 888-456-5664 for more information.**

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**[Region IX Area Agency on Aging](#)** – *Counties – Alcona, Arenac, Alpena, Cheboygan, Crawford, Iosco, Montmorency, Ogemaw, Oscoda, Otsego, Presque Isle, Roscommon*

**Contact the Region IX Area Agency on Aging at 989-356-3474 for more information.**

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**[Area Agency on Aging of Northwest Michigan](#)** – *Counties – Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, Wexford*

**Contact the Area Agency on Aging of Northwest Michigan at 231-947-8920 for more information.**

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[Upper Peninsula Area Agency on Aging \(UPCAP\)](#) – Counties – Alger, Baraga, Chippewa, Delta, Dickinson, Gogebic, Houghton, Iron, Keweenaw, Luce, Mackinac, Marquette, Menominee, Ontonagon, Schoolcraft

**Contact UPCAP at 906-786-4701 for more information.**

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[Senior Resources](#) – Counties – Muskegon, Oceana, Ottawa

**Contact Senior Resources at 231-739-5858 or 800-442-0054 for more information.**

