



CREATING CONFIDENT CAREGIVERS®

2016 CLASS SCHEDULES

The following list of Creating Confident Caregivers® programs is based on scheduled programs. Classes are weekly for six weeks. Please contact the Area Agency on Aging to register or inquire about future dates or other locations.

The program is free, but registration is required.

[Detroit Area Agency on Aging](#) – Cities – Detroit, Hamtramck, Highland Park, Grosse Pointe, Grosse Pointe Park, Grosse, Pointe Shores, Grosse Pointe Woods, Grosse Pointe Farms, Harper Woods

Thursdays, March 10 – April 14, 2016
Services for Older Citizens
158 Ridge Road
Grosse Pointe Farms, MI 48236
1:00 p.m. – 3:00 p.m.

To register, contact Carolyn Van Dorn at 313-642-1122
Email: cvandorn@nursingunlimitedonline.com

Thursdays, April 7 – May 12, 2016
NSO-Senior Support Coordination Program
Northwest Activities Center
18100 Meyers
Detroit, MI 48235
10:00 a.m. – 12:00 p.m.

To register, contact Nafeesa Johnson at 313-864-7828
Email: njohnson@nso-mi.org

Wednesdays, May 25 – June 29, 2016
St. Patrick Senior Center
58 Parsons St.
Detroit, MI 48201
1:00 p.m. 3 – p.m.

To register, contact Adrainne Piner at 313-831-2520
Email: a.piner@stpatsrctr.org

[Area Agency on Aging 1-B](#) – Counties – Livingston, Macomb, Monroe, Oakland, St. Clair, Washtenaw

Contact the Area Agency on Aging 1-B at 800-852-7795 to register and for more information.

[Region 3-A Area Agency on Aging](#) – County – Kalamazoo

Contact Patti Stratton, LLMSW, at Region 3-A Area Agency on Aging at 269-373-5141 for more information. Email: psstra@kalcountry.com

[Region 3B Area Agency on Aging](#) – Counties – Barry, Calhoun

Contact Region 3B Area Agency on Aging at 269-966-2450 for more information.

[Branch-St. Joseph Area Agency on Aging](#) – Counties – St. Joseph, Branch

Contact the Branch-St. Joseph Area Agency on Aging at 517-278-2538 for more information.

[Region IV Area Agency on Aging](#) – Counties – Berrien, Cass, Van Buren

Call 269-983-0177 or 800-442-2803 for program information.

[Valley Area Agency on Aging](#) – Counties – Genesee, Lapeer, Shiawassee

Contact Valley Area Agency on Aging at 810-239-7671 for program information.

[Tri-County Office on Aging](#) – Counties – Clinton, Eaton, Ingham

Tuesdays, March 1 – April 5, 2016

ALIVE

800 W. Lawrence Ave.

Charlotte, MI 48864

2:00 p.m. – 4:00 p.m.

To register, contact Linda Davis at 517-887-1447 or email davis@tcoa.org

[Region VII Area Agency on Aging](#) – Counties – Bay, Clare, Gladwin, Gratiot, Huron, Isabella, Midland, Saginaw, Sanilac, Tuscola

Contact Region VII Area Agency on Aging at 800-858-1637 for more information.

[Area Agency on Aging of Western Michigan](#) – Counties – Allegan, Ionia, Kent, Lake, Mason, Mecosta, Montcalm, Newaygo, Osceola

Contact the Area Agency on Aging of Western Michigan at 616-456-5664 or 888-456-5664 for more information.

[Region 9 Area Agency on Aging](#) – Counties – Alcona, Arenac, Alpena, Cheboygan, Crawford, Iosco, Montmorency, Ogemaw, Oscoda, Otsego, Presque Isle, Roscommon

Contact Region 9 Area Agency on Aging at 989-356-3474 for program information.

[Area Agency on Aging of Northwest Michigan](#) – Counties – Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, Wexford

Saturdays, March 19 – April 23, 2016
West Shore Medical Center Education Center
Meeting Room A
1465 E. Parkdale Ave.
Manistee, MI 49660
10:00 a.m. – 12:00 p.m.

Sundays, April 3 – May 15, 2016
(No class on May 8)
Fife Lake Community Library
77 Lakecrest Ln
Fife Lake, MI 49633
2:00 p.m. – 4:00 p.m.

Mondays, April 4 – May 9, 2016
Area Agency on Aging of NW MI
1609 Park Drive
Traverse City, MI 48686
5:30 p.m. – 7:30 p.m.

Mondays, April 11 – May 16, 2016
Belle Oakes Living Center
2nd floor social room
2353 S. Lachance Rd.
Lake City, MI
5:30 p.m. – 7:30 p.m.

Wednesdays, April 20 – May 25, 2016
Friendship Centers of Emmet County
1322 Anderson Rd.
Petoskey, MI 49770
2:00 p.m. – 4:00 p.m.

Contact the Area Agency on Aging of Northwest Michigan at 1-800-442-1713 or 231-947-8920 to register or for more information

Upper Peninsula Area Agency on Aging (UPCAP) – *Counties – Alger, Baraga, Chippewa, Delta, Dickinson, Gogebic, Houghton, Iron, Keweenaw, Luce, Mackinac, Marquette, Menominee, Ontonagon, Schoolcraft*

Contact Tammy Rosa at 1-800-338-7227 to register. Dial 2-1-1 or visit us on the web at www.upcap.org for program information.

Senior Resources – *Counties – Muskegon, Oceana, Ottawa*

Contact Senior Resources at 231-739-5858 or 800-442-0054 for more information.

