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LANSING

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FOR IMMEDIATE RELEASE

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St. Joseph County Recognized as an “Age-Friendly” Community

LANSING, Mich. – The Michigan Office of Services to the Aging (OSA) through the Commission on Services to the Aging has designated St. Joseph County as a “Community for a Lifetime” (CFL), in recognition of their efforts to become more age-friendly.

“I want to personally thank St. Joseph County for their commitment to become a more age-friendly community by participating in the Community for a Lifetime program. Their efforts should be commended and will certainly help improve the lives of those living in their communities.” said OSA Director Kari Sederburg.

Established in 2007, the CFL is part of a nationwide effort to respond to the needs of a rapidly aging population. To qualify for CFL recognition, a community conducts a self-assessment or initiates an improvement that meets the program’s aging-friendly goals.

St. Joseph County assessed itself on many issues, including safety and security, walkability, and access to health care, transportation, housing, commerce, and enrichment activities. Strengths include:

- A detailed online senior resource directory
- Multiple educational and leadership opportunities for older adults
- A range of programs available for home repair and home modification
- Multiple recreational opportunities and several regional festivals and events
- Senior employment opportunities are supported and facilitated locally

Contact Lynn Coursey, executive director of the St. Joseph County Commission on Aging, at 269-279-8083 for more information.

Contact OSA at 231-929-2531 or visit www.michigan.gov/osa for more information about the CFL program.

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