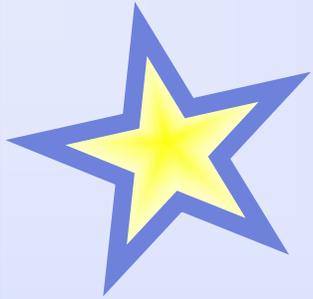


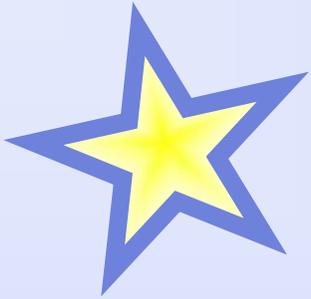
# **Generation With Promise**

**WELCOME: Year I Kick-Off  
Award Schools (2007-08)**



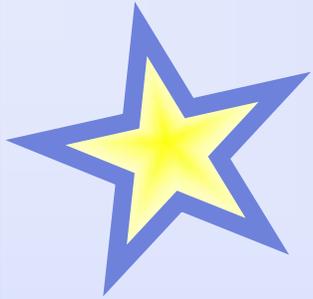
# Introductions

- **Project Director: Kimberlydawn Wisdom, MD**
- **Generation With Promise Leadership Team**
- **Participating Districts**
  - Benton Harbor**
  - Detroit**
  - Hamtramck**
  - Highland Park**
  - Pontiac**



# Meeting Goals

- **Share information about required project activities, timelines and budget guidelines**
- **Meet the GWP staff ... they are ready to assist you!**
- **Obtain materials and forms to get started**
- **Answer your questions and explain next steps**



# **Congratulations to our award-winning schools**

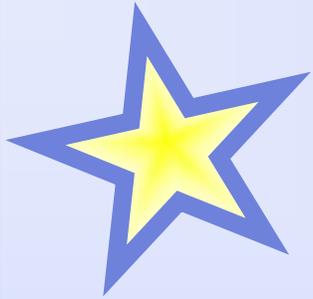
**Fair Plain Renaissance and Hull Middle  
Schools (Benton Harbor)**

**Kosciuszko Middle (Hamtramck)**

**Barber Focus School (Highland Park)**

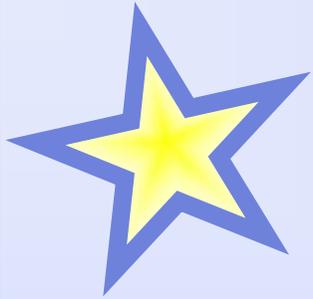
**Burns, Nichols, Trix, Hutchins/McMichael  
K-8 Schools; Taft Middle (Detroit)**

**Madison Middle (Pontiac)**



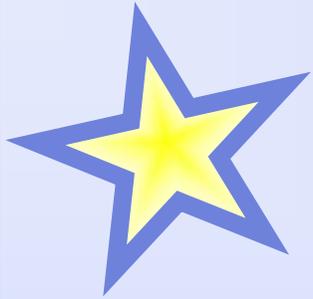
## Quick Facts about the Award Schools

- **10 schools = 4,845 students**
- \* **Mean free/reduced eligibility = 69%**
- \* **Race: 87% African American, 8% Caucasian, 3% Hispanic, 2% Other**
- \* **3 have onsite health centers**
- \* **4 have onsite family resource centers**
- \* **4 have received previous health grants**



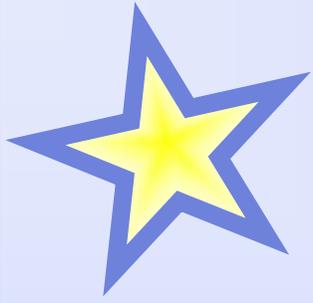
## **GWP Goal: Positive change at 3 levels**

- **Develop/implement school health policies**
- **Improve school environments (more opportunities for students to make healthy choices)**
- **Student behaviors (nutrition, physical activity, tobacco avoidance, leadership skills)**

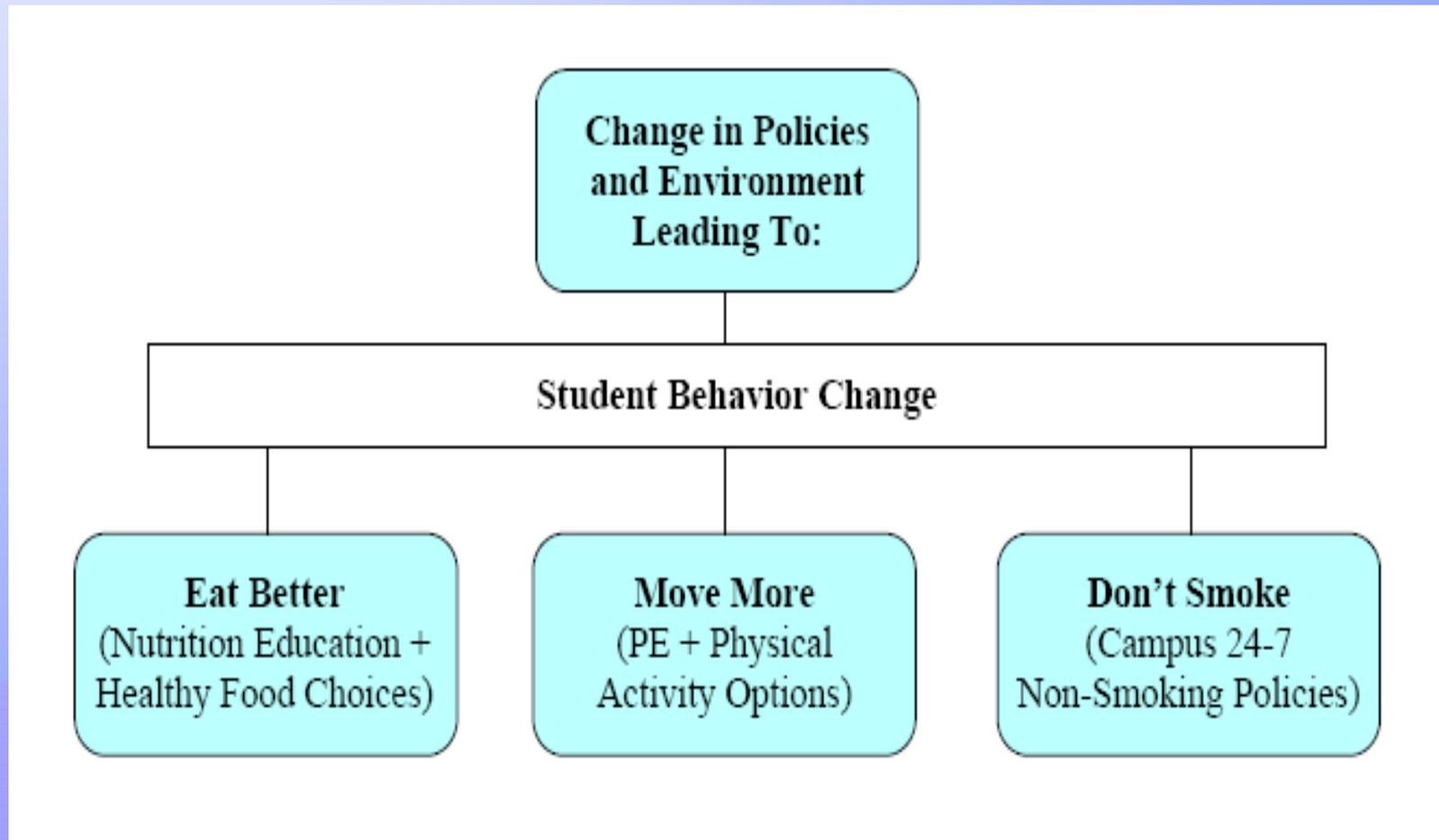


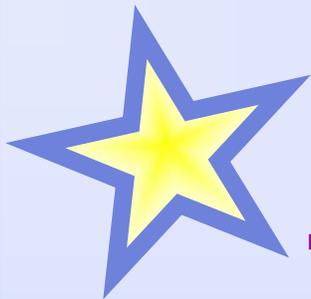
## Long-Range Goal

***Decrease risk for chronic disease and incidence of obesity, promote healthier schools and communities, and develop health care advocates and leaders.***

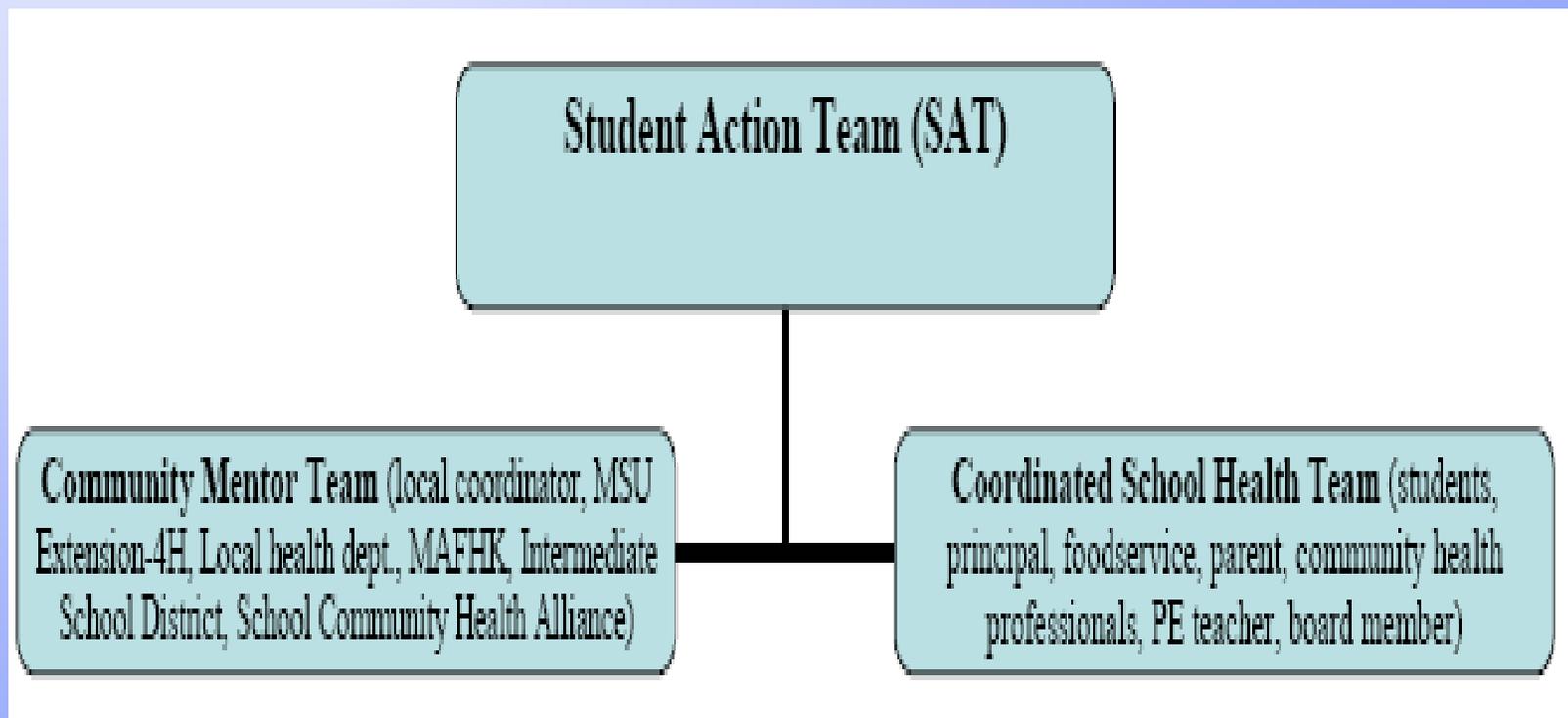


# GWP targets 3 health behaviors of youth





...& uses a 3-team approach





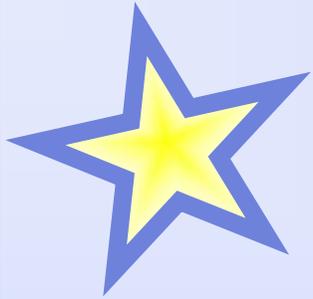
**GWP Grant is administrated by the  
Office of the Surgeon General,**



**with support from these PARTNERS:**



**Governor's Cities of Promise**



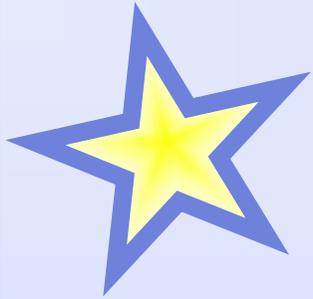
# Year I Awards

- Schools serving middle students in Detroit, Highland Park, Pontiac, Hamtramck, and Benton Harbor were eligible to apply
- 19 schools applied; 10 received awards
- Schools can apply for funding for two more years for a total of \$75,000
- 4 new schools will be added in Year II
- In addition to \$25K, schools receive resources, digital cameras, training, student incentives, budget for Student Action Teams, student leadership training and funding to attend the annual Youth Summit.



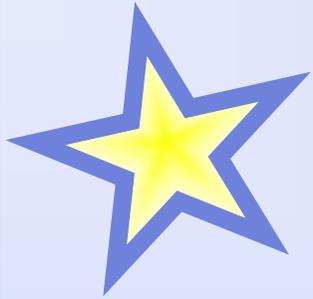
# What Do Schools Do?

- **Form School Health Team, complete Healthy School Action Tool, develop Action Plan and Budget**
- **Form Student Action Teams representing student body**
- **Select and involve community mentors to assist students**
- **Students complete health survey and fitness testing**
- **Implement a 24/7 tobacco-free campus policy**
- **PE and health teachers attend training and receive resources**
- **Students participate in Youth Summit & leadership training**



# Assistance is Provided

- **Full-time project manager  
Barbara Blum**
- **Local project coordinators:**
  - Patricia Blake-Smith (SE Michigan) and ½ time Assistant Coordinator (TBD)
  - Lisa Peeples-Hurst (Benton Harbor) and Shannon Larry-Burton (Assistant Coordinator)
- **Consultants: evaluation, leadership, fitness, and cultural competence**
- **Communications specialist**



# Role of Students

- **Active members of Coordinated School Health Teams**
- **Join Student Action Teams; decide how to spend team budget**
- **Lead by example; positive role models and change agents ... make healthy choices**
- **Develop promotion/media campaign in their schools and possibly communities**
- **Attend Leadership Workshops**
- **Plan and attend annual Youth Summit**
- **Assist other schools with positive change (Years II and III)**



## **Superintendent:**

- **Attend kick-off meeting each year**
- **Support involvement of building principals**
- **Update school board about project successes**

## **Principal:**

- **Active member of Coordinated School Health Team**
- **Help recruit community mentors and form SATs**
- **Work with evaluation team to facilitate data collection**
- **Attend meetings (beginning and end of each year)**

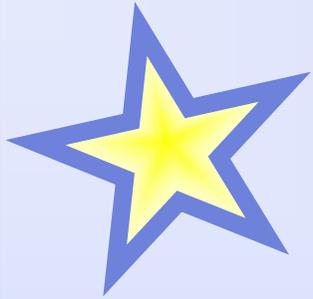
## **Coordinated School Health Team Leader:**

**schedule team meetings, communicate with local project coordinator**

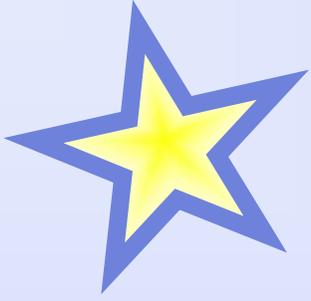


## **How will districts benefit?**

- **Teacher training, resources and support**
- **Productive Coordinated School Health Team**
- **Support to implement Local Wellness Policy**
- **School environment becomes “healthier”:  
Students enjoy opportunities and support to  
make healthy choices and become school  
health leaders**

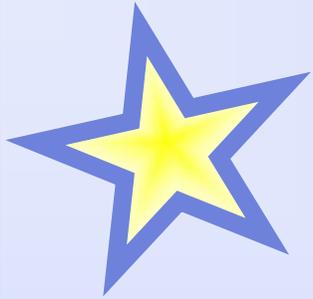


**BREAK for Media Event!**



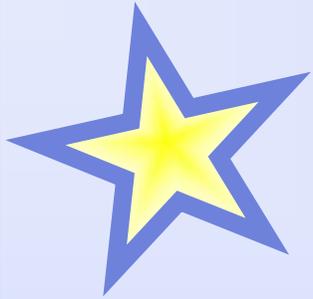
# **Overall Guidance Document**

**Timeline, key activities, and  
reporting forms**



## **Required Activity: Form a Coordinated School Health Team**

- **Required members: principal, project coordinator, students, parents, PE/health teachers, community member, and foodservice director or manager**
- **Recommended members: school nurse, parent organization rep, counselor, school board member, other teachers, MSU Extension or health department representatives**
- **Sign-up sheet distributed at first meeting**



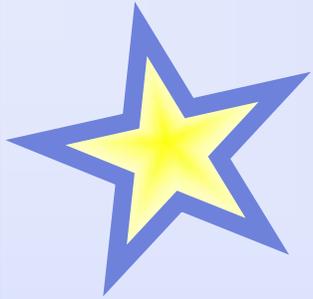
## **Required Activity: Assess School Environment**

- **Complete Healthy School Action Tool**
- **Review District Wellness Policy**
- **Develop Action Plan and Budget**
- **HSAT Meeting Sign-up Sheet distributed at this meeting**



## **Required Activity: Form a Student Action Team (SAT)**

- **Must be representative of student body (gender, academic performance, grade levels)**
- **Assisted by local project coordinator and community mentors**
- **Members participate on Coordinated School Health Teams; assist develop and implement action plan**
- **Meet about 5 times per year; has small budget**



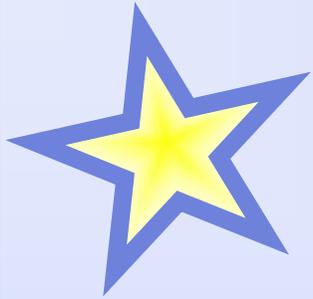
## **Required Activity: Form a Community Mentor Team (CMT)**

- **Required members: project coordinator and principal**
- **Represent businesses, organizations or agencies that are committed to student health and/or leadership**
- **Provide a link between school and community**
- **Offer support, advice or resources to Student Action Team**
- **Attend CMT orientation and at least one other meeting**



## **Required Activity: Implement a 24/7 Tobacco-free Campus Policy**

- **Involve youth in advocacy activities leading to the adoption of a 24/7 tobacco-free policy**
- **Involve students in enforcing the 24/7 tobacco-free policy**



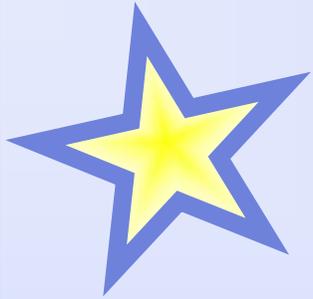
## **Required Activity: Surgeon General Recognition Program**

- **Application is due February 1, 2008**
- **Schools are recognized at Eat Smart + Play Hard = Smart Students conference in April (Traverse City)**
- **Project coordinators assist with application**
- **Flyer in packet**



## **Required Activity: Select 2 activities from the “Menu”**

- **Healthy eating options**
- **Physical education/activity**
- **Tobacco policy and education**



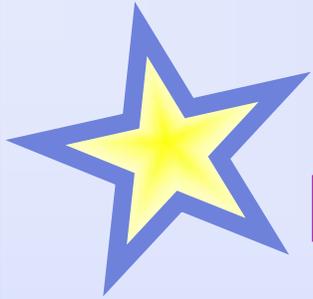
# Leadership Component

- **Student Action Teams will participate in workshop and receive support from leadership consultants**
- **Student body will receive more general training**
- **Adult teams (CSHT and CMTs) will also receive training on working with youth**



## **Youth Summit**

- **Planned by students, Coordinated School Health Team and Community Mentor Team members**
- **Tentatively scheduled for March 2008**



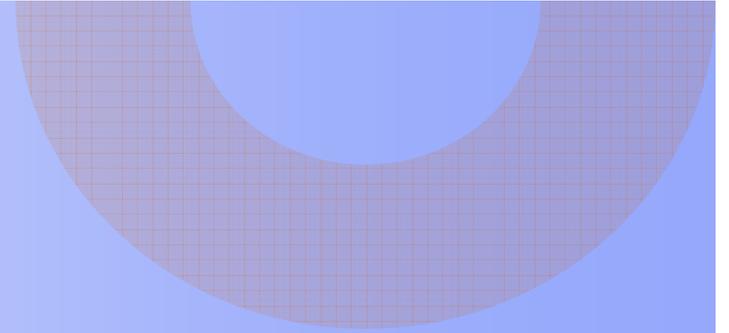
## **Required Activity: Teacher Training**

- **PE Teachers (Exemplary Physical Education Program)**
- **Health Teachers: Michigan Model Training (Physical Activity, Tobacco, Nutrition)**

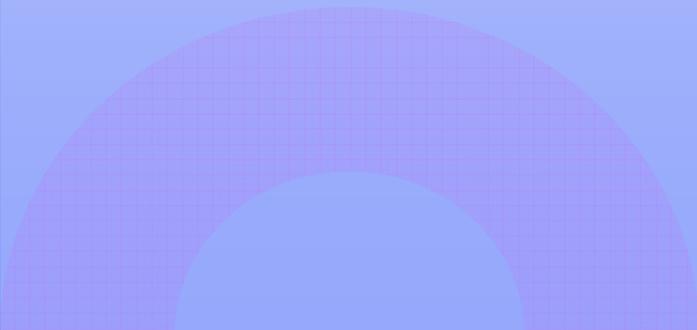


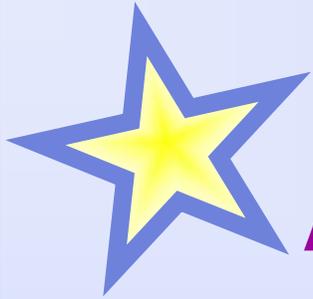
## **Required Activity: Enroll in Team Nutrition**

- **What is Team Nutrition?**
- **Enrollment form in your packet**



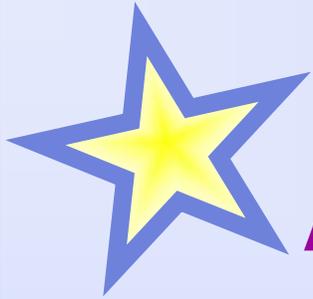
**Break for Lunch!**





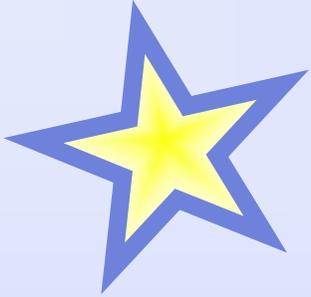
# Assessment Component

- **Parent Information Sheet**
- **Consent Forms (all team members)**
- **Team Tracking Sheets**



# Assessment Component

- **Cultural Competence**
- **PE Assessment (fitness levels)**
- **Student health behaviors and leadership skills**



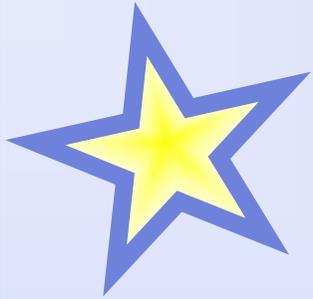
# Progress Reports

- **Due: February 15, May 15, July 30**
- **First report:**
  - **Team rosters**
  - **School assessment and action plan**
  - **Progress to date**
  - **Project evaluation/feedback**



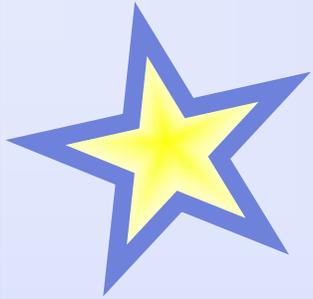
# Financial Guidelines

- **Allowable expenses**
- **Preliminary budget (\$2,000)**
- **Memo of Agreement (MOA) – first check will come after this is received**
- **3 other even-payments will be sent after Progress Reports and FSRs are received**
- **FSRs are due at the same time as Progress Reports (Feb. 15th, May 15th, July 30th)**



# Next Steps

- **First Coordinated School Health Team meeting**
- **Parent information sheet distributed**
- **Informed consent (all teams)**
- **Schedule your assessment/HSAT meeting**
- **Schedule data collection at each school**



**Your questions??**