

# Hiking/Backpacking Trail Safety and Etiquette

- Leave no trace – pack it in; pack it out.
- Be prepared – bring food, water and a first-aid kit.
- Plan your route and leave a plan with a friend or family member.
- Be courteous to others on the trail – you never know when you'll meet a new friend.
- When interacting with horses on the trail:
  - Stop, stand back and speak to the rider, who will tell you how to pass safely.
  - Hikers moving quickly and quietly can scare horses so always give a spoken warning before you pass.

If you love Michigan's trails, get involved and join your local trail organization!



[Michigan.gov/DNRTrails](https://Michigan.gov/DNRTrails)

